



Fenestra

A window to our culture of learning and sharing

VOLUME 8

APRIL 2025, PURANI HAVELI, EDITION



BUILDING 21ST CENTURY LEADERSHIP SKILLS

HUMAYUN ABEDI, DIRECTOR CURRICULUM

In the 21st century, with Artificial Intelligence (AI), we presume that the rapidly changing world will replace most jobs with its competencies—ability to work, resourcefulness, and “quick solutions.”

However, we often forget that this is created by humans themselves. A human being has infinite potential to create or develop endless possibilities, while machines, i.e., AI, do not. We also have to believe that machines cannot replace their creator. Retrospectively, while AI can work for an individual or work as an individual, it has no ability to understand human social factors and to lead a group of members or a team; rather, it follows instructions and procedures according to the algorithms scripted to achieve the assigned tasks without the precision of knowledge.

Now, can you guess the skill that will be irreplaceable by any machine in this era or in the future? Guessing? There is one critical 21st-century skill that is the need of the hour: “Leadership.”

Leadership can be defined as the ability to manage people, teams, and groups of employees to fulfil their tasks as per the requirements of an organization to drive any business. However, the point to understand and ponder is that leadership is not just about managing people and getting things done. In fact, leadership is an ideology of an organisation and the leader who guides a team or a group of people. If leadership is merely about chasing people and ensuring tasks are completed on time, then it can be replaced by many machines as needed.

Whereas if a leader is ideological, they motivate people to work, become ethical team leaders, and create a culture of self-driven employees. It should be enticing for employees to come to the office every morning with the level of energy and enthusiasm to work daily from login to logout. Finally, the attitude should be to “let us explore infinite possibilities and learn” rather than performing the same tasks repeatedly.

In the horizons of schools, leadership should be developed in teachers, parents, and students. A school leader must help these stakeholders realise that we all have to lead in our roles, together or individually, to work with/for the child according to his/her learning needs.

For **teachers**, leadership should involve coaching, supporting, and providing guidance. It is also the responsibility of teachers to create a safe environment, set an ethical culture, and foster a culture of competence, commitment, respect, and value for each other in the workplace.

Parents should partner with the school as leaders for their children at home by motivating them, creating a learning environment, providing caring supervision, being open-minded, and serving as a bridge between the school and their child(ren)'s learning. This AY 2024-25, we had the opportunity twice to schedule **parent committee meetings**. Parents' involvement, enthusiasm, and overwhelming feedback shone through, and they were very concerned about the learning process of their child(ren).



Student Agency was initiated at FHS-PH to allow students to take ownership, come forward, and design their learning atmosphere according to their interests and needs, making learning more impressive and engaging. Students' participation was phenomenal, and we received positive feedback about every department. The ideas and requests have been appreciated, considered and implemented immediately.

These kinds of initiatives/platforms instill or stimulate leadership skills by encouraging students to come forward, discuss in groups, reach agreements, and feel a sense of ownership of “our school.”

At FHS, we create leaders with an ideal ideology of leading teams through our unmatched culture of lifelong learners, creative thinkers, and self-motivated staff members. Because we train staff to lead, not to follow, we teach them how to train others, not to be trained by others. We inspire them to be ahead of others rather than devaluing them; we encourage them to compete with themselves rather than pulling others down. We trust them to explore their ideas and share with others, but not to be stagnant with what they know. It is said that if we want to kill any employee's spirit, they should be kept aloof from learning new strategies and not be involved in engagements and leave it to themselves.

We focus on developing competent 21st century leaders who will not only lead schools within the community but also be prepared to lead schools around the world.

NEED OF MONTESSORI EDUCATION IN TODAY'S WORLD

ZAINAB ASGHAR, PRE PRIMARY COORDINATOR

For survival, growth, progress and to become valuable members of society, our children should have strong communication, powerful critical thinking, remarkable collaboration and a high level of creativity. These skills will equip our children to become successful in personal as well as professional life.

The main purpose of Montessori education is to help each child develop, achieve and master essential life skills. Dr. Maria Montessori believed that the ability to master educational skills exists in all children, and once attained it enables them to succeed not only in school but also in life. The principal purpose of this education is to develop the child's natural thirst for knowledge, to develop a sense of order, nurture functional creativity,

boost self confidence and importantly assist in developing structure, independence and confidence in learning. Care, love and attention along with a proper learning environment are crucial to help the child in learning.

Current research confirms the importance and benefits of Montessori education for the children of this generation. As educators and parents, we wish and desire the best for our children in life. This pedagogy will boost the children to become independent in developing social connections and in making children understand the importance of interconnection and correlation with all living organisms in the world.

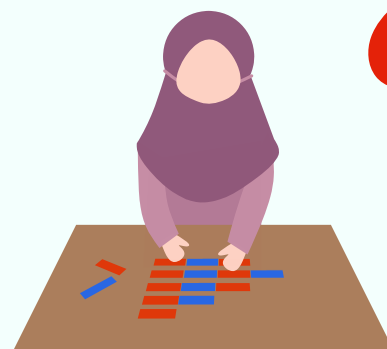
Dr. Maria Montessori's life work and philosophy encourages us to understand that children are the key to a more peaceful world and how Montessori education is more vital and important than it was ever before. The trained Montessori guides have an understanding of children and how they engage with the world around them.

By exploring these concrete materials, in the prepared environment, children learn abstract concepts and are able to solve problems that prompt self corrections. This enables the child reach a deeper level of understanding and approach the world with more curiosity. Children get inspired to explore the world and know more about all the people and their culture, which in turn inculcates in them the ability to build gratitude.



and a sense of wonder for what humankind has discovered and created.

Unlike traditional classrooms, where the teacher teaches the same lesson to all the children in the class, in the Montessori set up the teacher bases the lessons on the needs of the individual student. This allows for the children to develop further in their areas of interest and work on their weak points through targeted lessons. The adult or the teacher in the classroom will ensure that the students are having a choice to work on their project of interest and also see learning outcomes are met.



Another integral component of the Montessori classroom is collaboration and social learning. Children are encouraged to negotiate, share, mediate and compromise, which results in self regulating the natural social tensions resolved primarily by the children. The mixed age group ranging 3 years allows for mentorship and leadership development. The younger children will look up to older peers for assistance and inspiration. Helping develop habits of persistence and initiative are essential for leadership qualities. which is the core principle of Montessori education.

Dr. Montessori recognized the potential within every child. Montessori pedagogy stimulates and makes the child ready for all future learning processes. Her work for children will continue to flourish and encourage children to reach their highest potential and find their own place in the world.

IMPORTANCE OF SHOW AND TELL

SUKAINA RAJANI, LEAD TEACHER MONTESSORI A

Show and tell is an activity in early childhood education, often seen in preschools. While it may seem simple, children bringing in an item from home and talking about it, this activity plays a critical role in the development of young learners. It fosters growth in various areas including language development, confidence, social skills, and cognitive development.

ENHANCES LANGUAGE AND COMMUNICATION SKILLS

One of the most significant benefits of show and tell is that it develops their language and communication skills. When a child brings an item and presents it before his/her peers, they are encouraged to talk about it, describing its appearance and why it is special. This allows children to use words and phrases to express themselves clearly and confidently.

By participating in show and tell, children also learn to organize their thoughts and articulate them in a coherent manner. They expand their vocabulary by learning new words from peers and teachers, which helps improve both receptive and expressive language skills.

BUILDS CONFIDENCE AND SELF-ESTEEM

For many young children, standing in front of their peers and speaking can be intimidating. Show and tell provides a safe and supportive environment for children to practice public speaking. Over time, as they become more accustomed to presenting to their classmates, their confidence and self-esteem grow.

Successfully presenting their item and receiving positive feedback from teachers and classmates can significantly boost a child's self-worth. This sense of accomplishment encourages children to engage more actively in future activities and take on challenges with greater resilience.



PROMOTES SOCIAL AND EMOTIONAL DEVELOPMENT

Show and tell is a social activity that encourages interaction among children. As they take turns sharing their items, they learn to listen to others, ask questions, and offer praise. These interactions are essential in developing good social skills, such as taking turns, respecting others' opinions, and understanding different perspectives. Additionally, show and tell can help children express their emotions. When they talk about something that is important to them—whether it's a toy, a photograph, or a piece of artwork, they have the opportunity to share their feelings and experiences. This can enhance their emotional awareness and help them build empathy for others.

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ENCOURAGES CURIOSITY AND CRITICAL THINKING

The show and tell format invites children to think critically about the items they bring in. They may ask themselves questions such as: "Why is this important to me?" "What can I tell others about it?" or "What makes it unique?" This encourages children to think more deeply about the world around them and makes them more curious about the objects they encounter.

Teachers may also ask thought-provoking questions, prompting children to think critically and reflect on the significance of the items. This process nurtures curiosity, problem-solving, and creative thinking, all of which are vital for cognitive development.

STRENGTHENS LISTENING AND OBSERVATIONAL SKILLS

Listening is just as important as speaking during a show and tell activity. Children learn how to actively listen to their peers and engage with others in meaningful conversations. This process helps improve attention span and enhances the ability to retain information.

Moreover, children also develop observation skills. When classmates share their items, children learn to pay attention to small details, such as textures, colors, or shapes, and how these details relate to the broader context of the object. These observation skills are crucial for later academic learning.

STRENGTHENS PARENT-CHILD CONNECTION

In many cases, show and tell involves collaboration between parents and children. Children often bring in items that are provided or helped to be chosen by their parents. This collaboration can strengthen the bond between parent and child, as it encourages communication about what matters to the child.

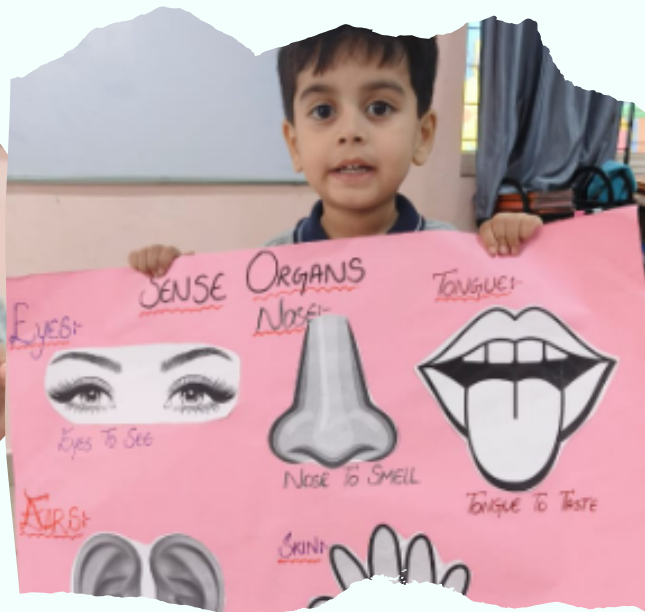
Moreover, show and tell provides parents with a window into their child's world, allowing them to see what their child is interested in and how they are developing in terms of communication, confidence, and social skills. Parents can also play a role in fostering these skills at home, reinforcing the lessons learned during the activity.

Conclusion

Show and tell is not just a fun classroom activity; it is a crucial tool in the early years of education. Through this activity, children develop important skills in language, communication, social interaction, and self-expression.



It supports their cognitive development, boosts their confidence, and fosters a sense of community in the classroom. Whether it's building self-esteem or nurturing curiosity, show and tell provides young learners with opportunities to grow in a well-rounded, holistic way. By engaging in this activity, children are better prepared to navigate the world with strong social, emotional, and intellectual foundations.



MONTESSORI CURRICULUM - THE FIVE AREAS OF LEARNING

SAFA BILGRAMI, LEAD TEACHER MONTESSORI B

The Montessori curriculum is a unique way of teaching, it encourages the development of independence, creativity, and a love of learning. Through a range of activities, it aims to help each child's natural development. The following are the five learning areas:

1. Practical life
2. Sensorial
3. Mathematics
4. Language
5. Cultural



PRACTICAL LIFE

In Montessori education, practical life activities are essential for developing important life skills. These activities include:

- **Care of the Person:** Tasks that focus on personal hygiene and self-care, such as brushing teeth, washing hands, dressing, and buttoning clothes.
- **Caring for the Environment:** Activities that teach children to take care of their surroundings, like sweeping, wiping surfaces, and caring for plants.
- **Grace and Courtesy Lessons:** These lessons help children learn how to interact respectfully with others, including saying "please" and "thank you," waiting for their turn, and offering help.
- **Practical Exercises:**
 - Pouring: Practicing pouring liquids from one container to another.
 - Sorting: Organizing objects by color, size, shape, etc.
 - Sewing buttons: Enhancing fine motor skills and focus.
 - Carrot peeling: Using real tools to prepare food, which encourages coordination.
 - Serving: Learning to serve food or drinks, which promotes independence.
 - Mirror polishing: Paying attention to detail and practicing care.

These activities help children develop important skills, such as concentration, independence, and coordination, while preparing them for all other areas of learning. They also foster responsibility, attention, and a sense of achievement.

SENSORIAL

Sensorial materials help children develop cognitive abilities and enhance overall intelligence. By the use of sensorial materials Children refine their senses by laying a strong foundation for learning skills like reading, writing, and mathematics. For instance, a child who learns to identify various sound variations using sound cylinders will be better prepared to recognize slight differences in phonetic sounds. Similarly, grasping small knobs on materials strengthens fine motor muscles, which are essential for writing. By engaging their senses to explore materials that vary in size, color, shape, texture, and scent.

Dr. Montessori recognized the potential within every child. Montessori pedagogy stimulates and makes the child ready for all future learning processes. Her work for children will continue to flourish and encourage children to reach their highest potential and find their own place in the world.



LANGUAGE

In a Montessori classroom, language is taught by phonetics. Children begin by learning single letter sounds using sandpaper letters alongside different objects. As they become familiar with few sounds, they progress to blending exercises with the moveable alphabet. Gradually, metal insets are used to enhance pencil control and support the development of writing skills.



MATHEMATICS

The use of math materials helps children grasp mathematical concepts in a simple manner. Examples include number rods, sandpaper numbers, number boards, number beads, tiles, and games. Each activity builds on the previous one, gradually leading the child from concrete understanding to more abstract numerical thinking.



CULTURE

The cultural area in a Montessori classroom is filled with hands-on learning in geography, history, nature, and science. Children explore their place in the world through engaging geography materials, while history helps them understand the concept of change. Simple daily activities, like observing the seasons, tracking the weather, and updating the calendar, give them a sense of time's rhythm. They also get to add their own discoveries to the nature area, making learning personal and interactive. A special tradition takes place on birthdays. A sun is placed on the floor, and the birthday child carries a globe, walking around it to celebrate their journey through the years.



IMPORTANCE OF STORYTELLING IN EARLY YEARS

KANEEZ ABBAS, ASSISTANT TEACHER MOTESSORIC

Storytelling is a powerful tool for students, offering a range of benefits that enhance their learning and personal development. Through storytelling, students can better engage with the material, retain

information, and develop critical thinking skills. It allows them to connect emotionally with the subject matter, which can lead to a deeper understanding of complex ideas. By creating and sharing stories, students also improve their creativity, communication and writing abilities. As students are encouraged to see the world from different perspectives, it also helps them build confidence in speaking and sharing ideas. Overall storytelling nature's essential skills and encourages a more active, enjoyable learning experience.



TECHNIQUES OF STORY TELLING

1. Ask Question: Encourage by asking what do you think happens next? Or how would you feel if you were that character?
2. Use Simple Language and Clear Plotlines: Children benefit from straightforward language and easily understandable story structures.
3. Use Expressive Voice and Body: Modulate your tone, pitch and volume to convey emotions and actions.
4. Engage Multiple Senses: Appeal to various senses by incorporating sound, textures, or even tastes related to the story.



IMPORTANCE OF READING IN EARLY CHILDHOOD

MASOOMA BATOOL NAQVI, LEAD TEACHER MONTESSORI D

Reading in Early Childhood is incredibly important for a child's cognitive, emotional, and social development. Encouraging reading in the early years by creating a reading environment will benefit the child. Here are some important aspects of reading.

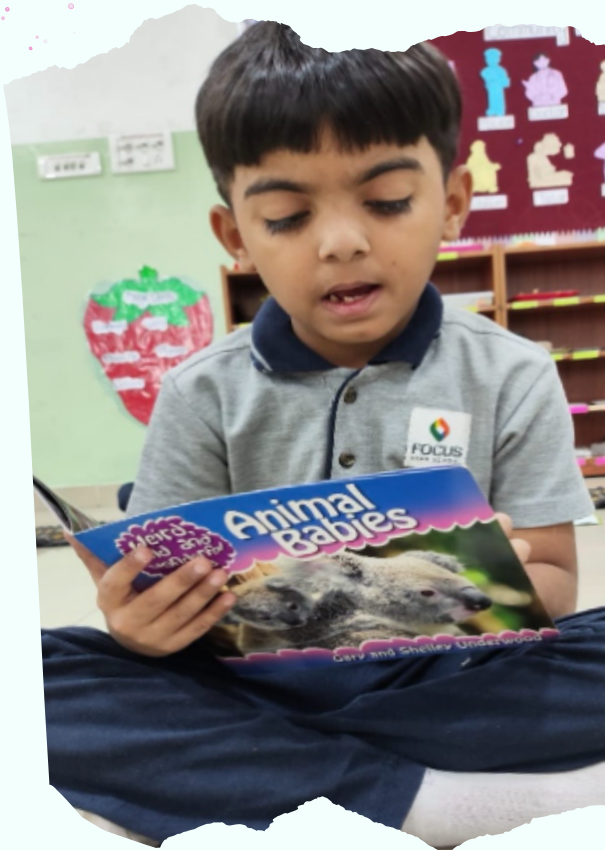
LANGUAGE SKILLS:

Reading plays a crucial role in language skills development. It introduces children to new vocabulary, and phrases, framing sentences, and enhances communication skills. These elements together form a solid foundation for strong language development.

BRAIN DEVELOPMENT:

Reading stimulates brain activity, promoting healthy development and improving concentration, memory, and critical thinking. Reading helps them to think critically and creatively, encouraging curiosity and learning throughout life. It also enhances vocabulary and language skills, fostering better communication abilities. Overall, reading plays a vital role in cognitive growth and development.





IMAGINATION AND CREATIVITY:

Reading sparks imagination, creativity, and critical and analytical thinking. It encourages children to embark on imagining new ideas and perspectives of the literacy world. Children learn to think critically about various situations, encouraging them to analyze motives and understand different perspectives, it helps them to foster innovative thinking but also enhances their abilities to think critically.



EMOTIONAL INTELLIGENCE:

Through the act of reading, children develop empathy, understanding different characters, emotions, feelings, experiences, and motivations, and fostering a deeper connection to the feelings of others. They also learn to manage their own emotions in different situations in their own lives.

ACADEMIC SUCCESS:

Early reading habits are linked to better academic performance as children develop essential skills for learning, such as phonetics, comprehension, and study habits. Reading exposes children to diverse cultures, traditions, and lifestyles, broadening their understanding of cultural awareness and world information.

To encourage reading in early childhood:

- Read aloud regularly, using inflection, expression, and sounds.
- Create a cozy reading corner and special reading time.
- Be a reading role model, letting children see you enjoy reading.
- Reading together, taking turns, and encouraging discussion.
- Praise children for their reading efforts, progress, and achievements.

Daily reading practice in early childhood will create a love for it and set the child on a lifelong journey of learning, growth, and development. It also helps them stay calm and composed, promoting better sitting tolerance. Engaging with stories not only sparks imagination but also fosters a sense of routine and focus, essential skills as they grow.

INCORPORATING 21ST-CENTURY SKILLS IN EARLY YEARS

RABAB FATIMA, LEAD TEACHER CLASS 1

Why Are 21st-Century Skills Important?

21st-century skills are essential for students to adapt to our ever-changing world. Just as a river flows with change, humans must also adapt and grow. While concepts and facts may fade over time, skills remain with us for life. Skills shape individuals, making them capable, independent, and ready for the future. That is why, in early childhood education, we focus on developing these skills from the very beginning.



These skills help children succeed in all aspects of life, regardless of the career path they choose. They foster transformation across education, technology, global trade, and society.

KEY 21ST CENTURY SKILLS

Some of the essential 21st-century skills include:

- Critical Thinking & Problem-Solving
- Collaboration & Leadership
- Agility & Adaptation
- Initiative & Entrepreneurialism
- Effective Oral & Written Communication
- Curiosity & Imagination

THE 4CS OF 21ST CENTURY LEARNING

CRITICAL THINKING

Encouraging critical thinking helps children analyze information, make decisions, and solve problems effectively.

Activity: Present children with a simple challenge, such as crossing an imaginary river. Let them brainstorm and test different solutions, like stepping on pretend stones, building a bridge, or using a pretend boat.

CREATIVITY & INNOVATION

Creativity encourages children to think of new ideas and find unique ways to express themselves.

Activity: Children crafted pouches using wool and a cross-stitch mat, developing fine motor skills and creativity. They also explored different materials to create clay fossils, enhancing their imagination and scientific curiosity.



COLLABORATION

Collaboration teaches children to work effectively with others, respect different opinions, and value teamwork.

Activity: Children worked in groups to assemble a puzzle, each contributing a piece to complete the whole, reinforcing teamwork and cooperation.

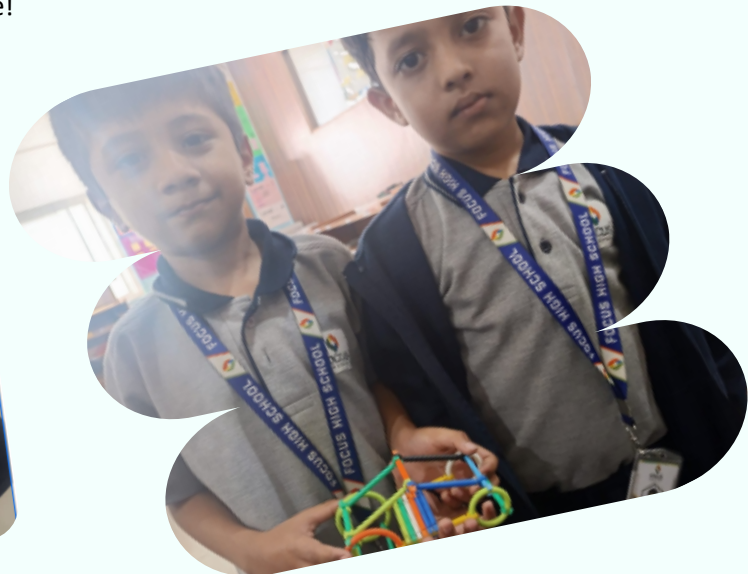
COMMUNICATION

Effective communication includes speaking clearly, listening attentively, and expressing ideas confidently.

Activity: During Show and Tell, children brought objects from home and described them to the class, improving their confidence and articulation. In Story Retelling, they listened to a short story and then narrated it in their own words, strengthening comprehension and expression.

By developing these skills, children become creative, active, expressive, inquisitive, collaborative, and inclusive individuals. These skills empower them to navigate the world with confidence and curiosity, laying the foundation for lifelong learning and success.

Incorporating 21st-century skills in early childhood education is not just about preparing children for school—it's about preparing them for life!



IMPORTANCE OF HEALTHY DIET AND EXERCISE

MURAD UNNISA, ASSISTANT TEACHER

It is very important for children to have a healthy diet to make sure they get all the nutrients and energy. Their body needs to grow, maintain a healthy weight, to develop properly and feel energetic. Good nutrition can help children focus and concentrate better in school and other activities. If children don't get required nutrients they need from their diet, then this could affect their development. It is the responsibility of parents to give their children a healthy and proper diet. Children learn by observing, so make sure you're eating a variety of fruits, vegetables and whole grains yourself. If parents are having a healthy diet, kids will also follow them.

Make sure your child drinks plenty of water throughout the day and avoid giving them sugary drinks, ice creams, chocolates and all processed foods. Choose healthy food items such as fruits, vegetables, whole grains, fish, milk, boiled eggs, nuts and dried fruits. Eating right may also help your child prevent excess weight and childhood obesity.





EXERCISE

Regular exercise is super important for children because it helps them grow strong, stay healthy and even learn better. It's like giving their body and mind a boost. Children who exercise regularly are also better able to handle physical and emotional challenges. Exercise keeps the body fit and makes children less likely to become lazy. Encourage children for regular physical activities which they enjoy like running , swimming ,playing outdoor games, yoga etc. Physical activities can help children to be active throughout the day and better sleep at night. Exercise should be part of our daily routine. As eating healthy diet and sleeping on time is important for our body ,exercise and yoga is also equally important for our body to be fit. Children who exercise regularly will be fit and don't get tired easily and he /she will be able to perform better in the academy.



प्रारंभिक वर्षों में गतिविधि सामग्री का महत्व और बच्चों की संवेदनशील क्षमता

ROZINA UMMATI, HINDI TEACHER

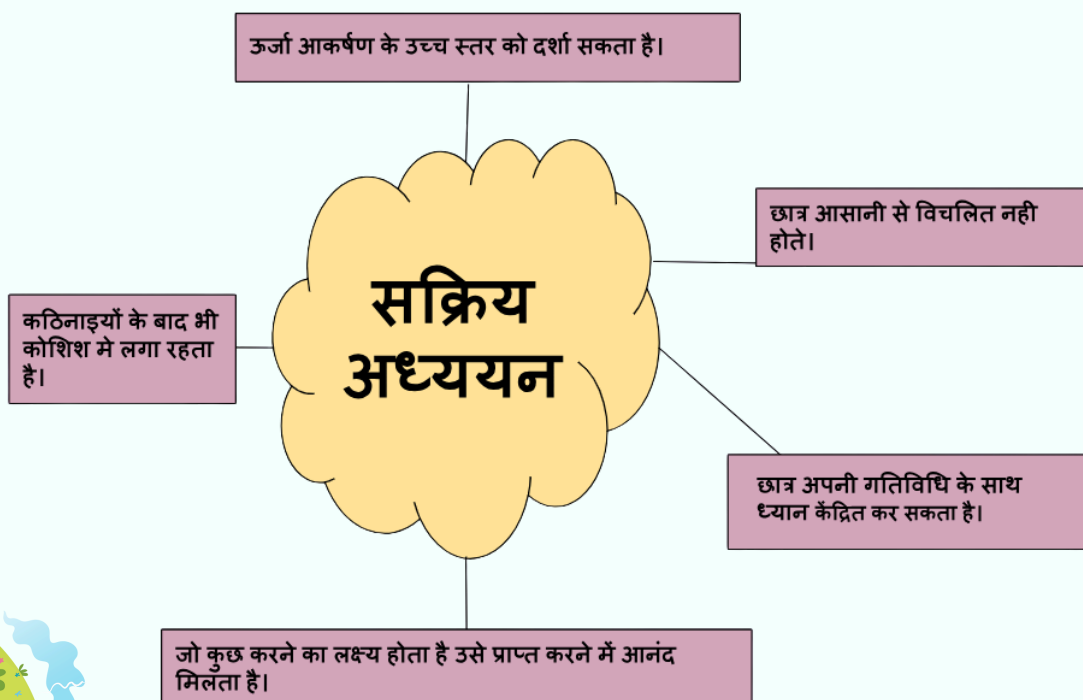
बच्चों के प्रारंभिक जीवन में गतिविधि सबसे महत्वपूर्ण भूमिका निभाता है। बच्चा ० से ८ वर्ष तक के ये समय में अपना जीवन कैसे व्यतीत करता है, उसके पूरे जीवन पर आधारित हो जाता है। जीवन में सबकुछ सीखने की क्षमता इन्हीं शुरुआती वर्ष पर निर्भर करती है। ० से ३ वर्ष का समय बच्चे अपने माता-पिता और परिवार के साथ रहकर अलग-अलग अनुभव के साथ खुद अपनी गति से विकसित होता रहेता है, लेकिन ३ वर्ष के होते ही विद्यालय में प्रवेश हो जाते हैं और उनके विचारों का संसार खुलने लगता है। इसलिए ३ से ६ आयु वर्ग के बच्चे विभिन्न प्रकार के अनुभवों के माध्यम से शिक्षा को प्राप्त करते हैं और अधिक से अधिक जानकारी को प्राप्त करने की चाहत रखते हैं। लेकिन ये अनुभवों को हम दिल चस्प बनाना चाहते हैं तो हमें बच्चों को शिक्षा देते समय गतिविधि सामग्री का उपयोग करना होगा और सामग्री से बच्चों को अधिक लाभ प्राप्त करने का मौका देना होगा।



गतिविधि सामग्री का महत्व

शिक्षा देने के पूर्व विषय संबंधी हस्त गतिविधि की सामग्री को तैयार कर छात्रों को अच्छी समझ के लिए सामग्री द्वारा व्यस्त करने से वे शारीरिक और मानसिक रूप से सक्रिय हो सकते हैं और दिलचस्पी के साथ विषय को अच्छे से समझ सकते हैं। सामग्री का उपयोग करने से बच्चों का शारीरिक और मानसिक विकास होने में सहायक होता है। विषय संबंधी सामग्री के साथ छात्र संलग्न हो जाते हैं और विषय ज्ञान आसानी के साथ अर्जित कर सकते हैं।

सामग्री के द्वारा सीखने के अधिक लाभ





మంచి ప్రవర్తన

P. SUKANYA, TELUGU TEACHER

ప్రస్తుత కాలం లో పిల్లలలో మంచి ప్రవర్తన అనేది చాలా ముఖ్యమైనది.

ఉదాహరణకు ; పిల్లలు పెద్దవాళ్ళతో మంచి ప్రవర్తన తో ఉండాలి, అనగా వాళ్ళుచెప్పిన మాటను వినాలి.

వాళ్ళ ను గౌరవించాలి , వాళ్ళకు కావలసిన సహాయం చేయాలి ,

ఇంకా తల్లితండ్రుల మాటలను వినాలి.

ఇంట్లో అమ్మ కు చిన్న చిన్న సహాయం చేయాలి.

పిల్లలు తల్లితండ్రులు అప్పుడప్పుడు ఇచ్చిన కొద్ది కొద్దిగా డబ్బు లను అనవసరం గా ఖర్చు పేట్టకుండా పొదుపు చేసుకోవాలి.

ఇలా పొదుపు చేయడం వలన అవసరం ఉన్నప్పుడు ఉపయోగా పడుతుంది.

ప్రతి రోజు పొద్దున్నే నిద్రలేవాలి, పళ్ళను చక్కగా తోమాలి, చక్కగా స్నాన్నం చేయాలి.

ఉతికిన బట్టలు కట్టాలి.

ఆరోగ్యమైన ఆహారం తిసుకోవాలి.

ప్రతి రోజు బడికి వెళ్ళాలి.

బడిలో ఉపాధ్యాయులకు గౌరవం ఇవ్వాలి.

ఉపాధ్యాయులు చెప్పిన మాటను వినాలి.

చక్కగా చదువు కోవాలి అందరితో కలసి మెలసి ఉండాలి.

ప్రస్తుతం బొమ్మలో చుపిస్తున్నట్టు ; విద్యార్థులు ఉపాధ్యాయురాలు చెబుతున్న అక్షరాలను శ్రద్ధగా రాస్తున్నారు.

విద్యార్థులు ఒకరికొకరు సహాయం చేసుకుంటున్నారు.

మరి ఒక విద్యార్థ బోజనం చేసిన తరువాత చక్కగా శుభ్రపరుస్తుంది.

ఇలా ప్రతి పిల్లలలో మంచి ప్రవర్తన అనేది ప్రస్తుత కాలం లో చాలా ప్రధానమైనది.





COMMUNITY INTERNSHIP PROGRAM

LULU FATIMA, TTC COORDINATOR

The Community Internship Program, launched by Focus Education Services in November 2025, is designed to train and support parents in becoming educators for the upcoming academic years. This flexible program allows parents to choose from three 3-hour time windows: 8 AM to 11 AM, 11 AM to 2 PM, and Monday to Thursday for internship and observation, with a theory session on Fridays. This structure ensures that the theory learned can be effectively applied in the classroom.

The one-year internship program is currently running successfully across three campuses, covering all grade levels. Trainees are paired with experienced teachers based on their subject area and grade level, ensuring effective learning and understanding of teaching concepts. Exposure to the classroom environment provides a deeper understanding of lesson delivery. There is a strong possibility of being appointed as a teacher after completing the course or even earlier for the next academic year, if the trainee demonstrates the necessary skills required for the role.

We have already appointed several candidates from this program as teachers for the next academic year. If you are interested in joining our next training window, we will begin in June.

DURATION: 1 YEAR

CERTIFICATION:

1 Year Experience Certificate from Focus High School upon successful completion of the course.





TESTIMONIALS OF THE TRAINEES

SALEHA BEGUM

The Community Internship Program has helped me transform into a completely different person. It has enabled me to understand teaching methods in an effective way, manage the classroom, create lesson plans, connect with students, and much more. Thanks to this program, I now have a clear understanding of teaching methods. As we all know, teaching is a divine vocation; it is an act of God.



RABAB FATIMA

An excellent initiative taken by Focus Education Services for educated housewives, offering free teacher training programs that not only provide skills for fulfilling careers but also foster personal growth and offer a great opportunity to connect with and contribute to our communities. Most importantly, it has provided me with valuable classroom management techniques.



ISHRATH JAHAN

The Community Internship Program helped me develop my skills as a professional teacher. It provided me with a real-time opportunity to work, learn, and interact in a more productive environment.

SHABANA FATIMA

The Community Internship Program helped me greatly in terms of teaching aspects. It improved my level of confidence and knowledge through both theory and practical classes. I would like to thank the management of Focus High School for this wonderful program.

SYEDA AMENA MAHVEEN - EMPOWERING YOUR TEACHING

I am very privileged to be a part of this Community Internship Training. This training is an amazing opportunity to explore our strengths, skill up, and enhance our competency with students. It covers pedagogy, designing lesson plans, and the usage of digital tools to make our teaching more effective.



PERSISTENCE AND RESILIENCE

SAIRA FATIMA, COUNSELOR

Have you seen or observed a plant grow from an unexpected, unfathomable dark and hard ground. A place where hope isn't prevalent and expectations need to be lowered. We made our little plantlings grow out of the mental and societal cages throughout the year and one significant example would be of the very special Sports day. A sports day for Special needs students varying from developmental delays, physical deformities, Intellectual disabilities, Autism to Learning disabilities, conducted on 10th January 2025.

We wouldn't learn the meaning of the words- resilience and persistence in a better way than we did during this term. Let us look at the road we took, milestones we touched and the hurdles we crossed to make children become competent and confident in the sports day.

PLANNING OF SPORTS:

We know as trainers of Special needs children that our children are capable of being and having a sports day which contained mainstream Sports. Each game and each display were inclusive of children with the varied abilities they possessed, making sure each child gets to participate equally in the sports day.



INITIAL PREPARATION:

We started preparing the children from November, each child was tested for his individual ability to participate in the mainstream sport. Identifying the two extremes of the scale was still easy, the uphill battle was estimating if the child can learn the sport within the span of 2 months and perform with the same confidence as others.

PRACTICE:

Initial practice required students to understand the 'how' of the sports, looking at the process, understanding how they need to stay in the lane, put the steps forward, play and learn the positioning of each move that would get them closer to perform the task alone.





PLAY:

Day by day, as familiarity grew, children were enjoying the sports and engaging with curiosity to better themselves and help others get in the zone of competition. From practicing in rooms to performing on the field, pride in persistence was the smallest significant unit that was most radiantly apparent.

PERFECTION:

With immense practice, control, differentiation and determination children were performing with joy and independence. By the end of the 2 month practice trial, the pride was clearly seen on the faces as smiles extended from ear to ear.



PERFORMANCE:

We had an interplay of displays and competitions in our Sports day, ranging from our curricular topics- wild animals and vehicles, where the students displayed the hand-made concepts, to co-curricular topics- Sports display which had 10 Nationwide sports.

Mainstream games like Tug of war, lemon race, shot put throw were the horse men of the show. Displays like Getting ready for school and Walking on a path with hurdles were differentiated based on the levels of children, these games improved occupational domain and ADL (activities of daily living) skills.

We met the end of the day, with peace and pride knowing we did our best, may we try again better tomorrow.



STUDENT LED THEMATIC ASSEMBLIES



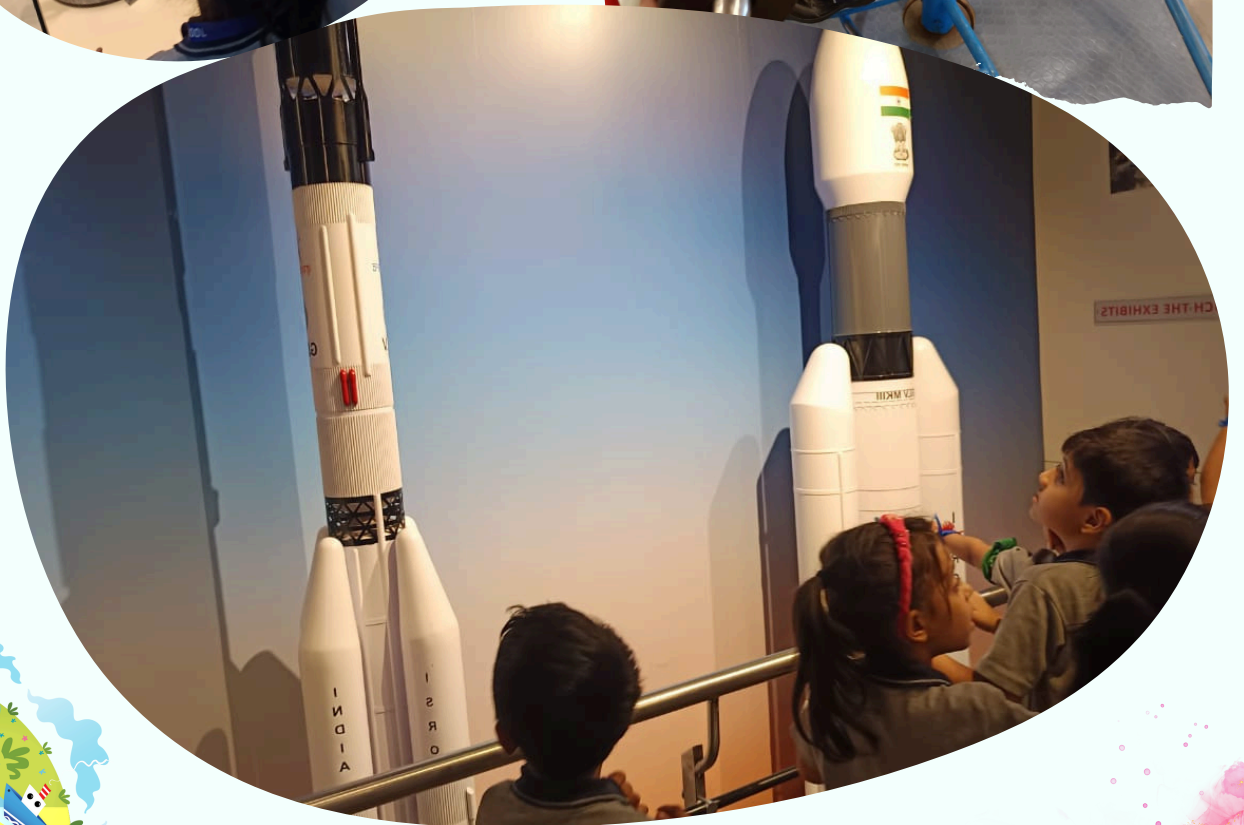
UNIT END CELEBRATIONS





FIELD TRIP & EXCURSIONS





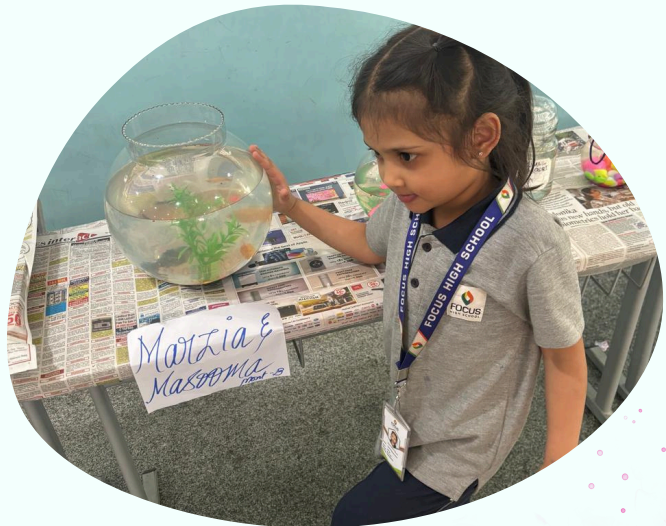
COLOR DAY CELEBRATIONS



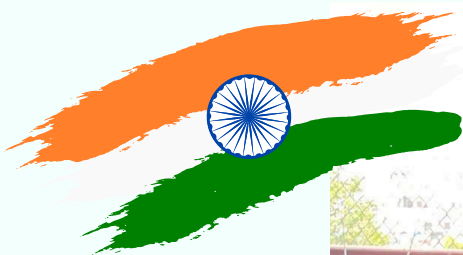
PET DAY CELEBRATIONS



Pet
Day



INDEPENDENCE DAY AND REPUBLIC DAY



SPORTS DAY 2024 - 2025













FOCUS TEACHER TRAINING CENTRE
LIFELONG LEARNERS WHO CAN ESTABLISH MERCY AND JUSTICE IN THE WORLD

PRE PRIMARY, PRIMARY & HS PROGRAMS

Our training centre offers multiple courses for those who want to become educators in Early Childhood, Primary, and High School education. These courses will help you learn various aspects of education. Not only are these courses certified, but they also offer a deeper understanding of all the essential areas of teaching.

We also have trainees from other states, such as Leh and Ladakh, to whom we conduct weekly online sessions. For practical training, we are partnered with other schools. During this training, our trainees will have the opportunity to learn, apply, and integrate their knowledge.

PRE-PRIMARY TEACHER TRAINING COURSE

1. AIECCE (All India Early Childhood Care & Education)
2. JNCTE (Jawaharlal Nehru Council for Technical Education)
3. Focus Teacher Training Centre Certification

These certifications are not only valid within our country but also internationally. If the skills learned during the course are absorbed well, they can be applied once you become an educator. Our rigorous training helps trainees acquire knowledge in many important concepts. This training program is structured to cover areas such as:

- | | |
|---------------------------------|---------------------------|
| 1. Internship & Weekly sessions | 4. Educational visits |
| 2. Portfolio work | 5. Events and conferences |
| 3. Observation at other schools | 6. Showcase Event |

SHORT TERM COURSE

This course will help you understand various pedagogical practices. Many people opt for this course to kick-start their teaching careers after learning the essential areas and skills required for teaching.

DURATION OF THE COURSE: 1 YEAR

CERTIFICATION: FOCUS TEACHER TRAINING CENTRE CERTIFICATION

KEY FOCUS AREAS:

- Classroom Management
- Lesson Planning
- Pedagogical Practices
- English Communication
- ICT Skills



ADMISSIONS ARE OPEN

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