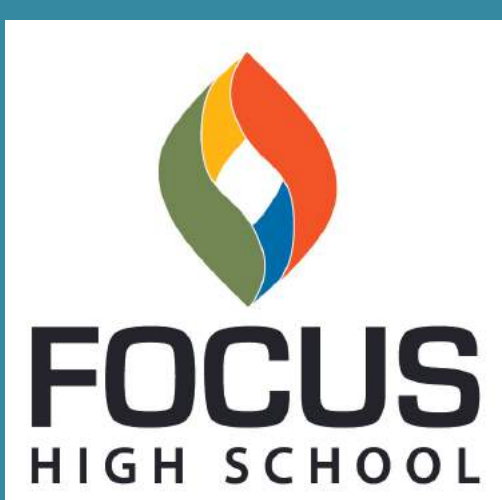


fenestra

A window to our culture of learning and sharing

PURANI HAVELI EDITION VOLUME III DEC-2021



Curious Minds, Caring Hearts

Glimpses inside



Pre primary corridor



Art Room



Computer Lab



Ground Floor



Play zone



Library

Leader's Message

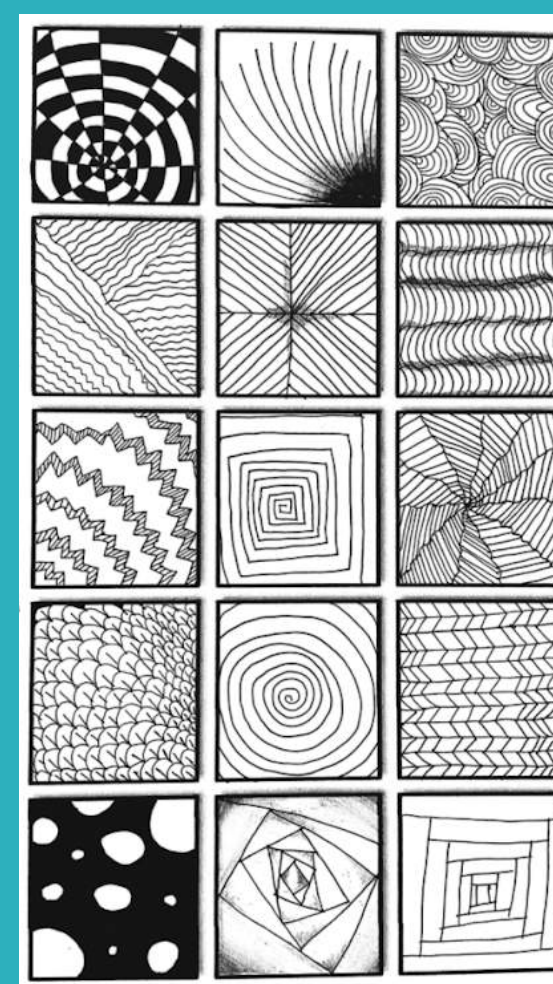
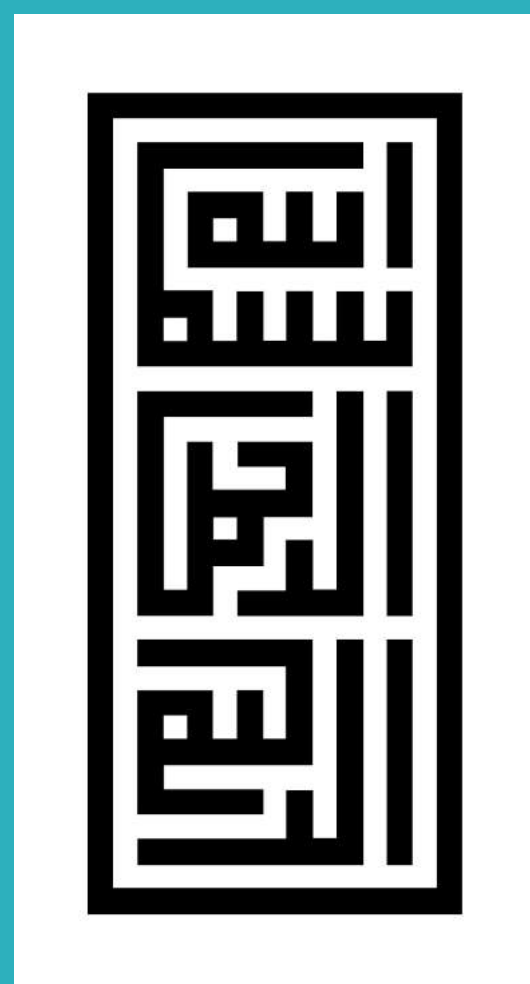
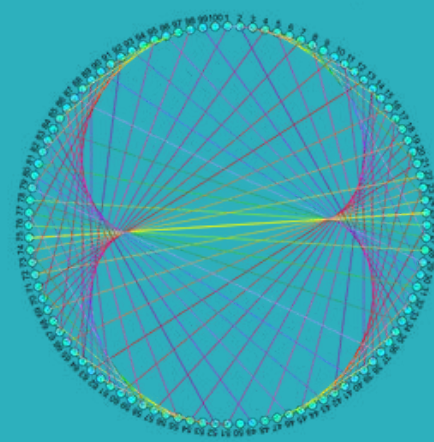
Focusing inward: the pen as a tool for spiritual growth

By Minhaj Arastu, Principal

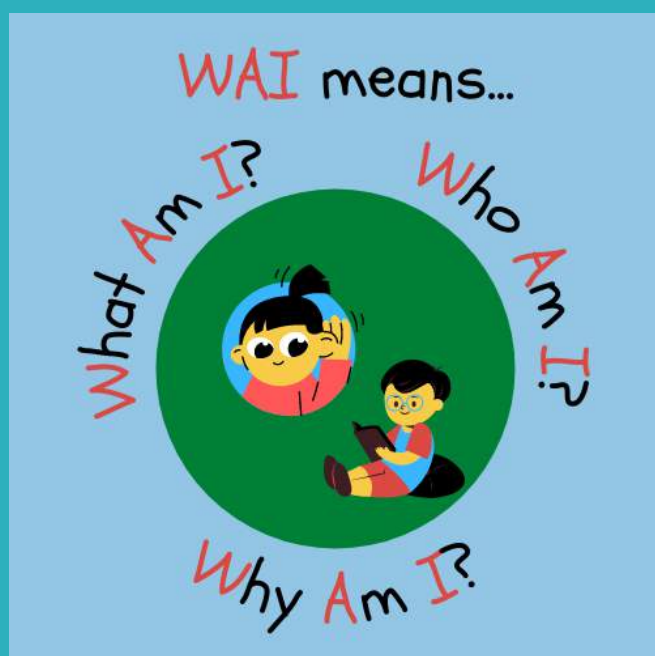
We always knew that the pen is mightier than the sword. But, its might does not only come from media, books and speeches that convince an opponent. The pen has a very silent power as well: the power to bring mind and body into creative harmony.

In the Fenestra of November 2020, I had explained that our school is committed to holistic education, especially its spiritual dimension. Because of the pandemic, we were not able to implement the curriculum. But, we were able to start developing elements of this programme.

One requirement of the spirituality curriculum was to give it a name and an orientation. Because the core beliefs of the programme revolve around God, the soul, and the purpose of our life, we settled on the name 'WAI'.



Leadership Team



All the ancient spiritual traditions emphasise that to inquire about WAI, we must clear the clutter from our mind to make room for pure intentions. I had written in the previous article that, "We will create time, place, and methods for establishing our intentions and purifying our minds before any action or event, such as the school day, lessons, meetings, meals, etc."

So let us use the pen, one of the most potent tools granted by our Creator, to silence worldly and egoistic noises and to focus inward. Here are four fascinating examples of pen activities with which you can experiment. Take a small piece of drawing paper, a fine tipped pen, and open your heart to discover inner worlds.

See if you can identify each example of pen art. Find out more about them and create your own beautiful examples.



Minhaj Arastu
Principal



Alamdar Ali
VP Operations



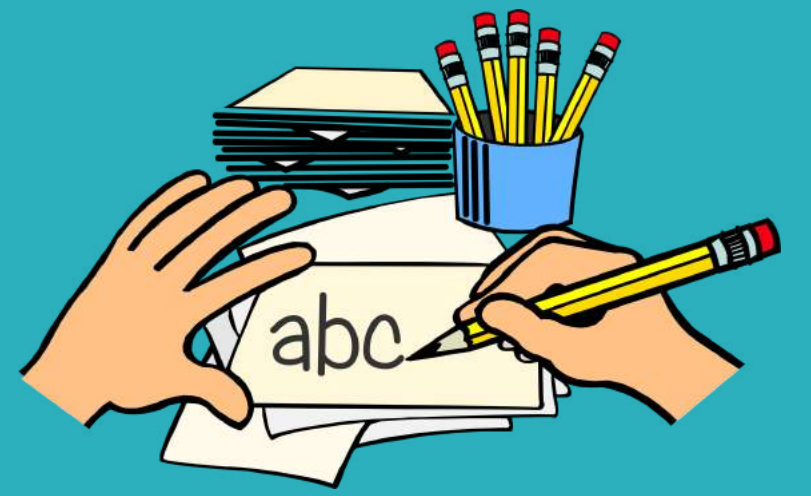
Asma Zaidi
VP Curriculum



Humayun Abedi
VP Curriculum



Pre primary in Action



Isolating sounds -PP1



Sorting Activity -PP1



Fun with Paints -PP1



Tracing Sand Paper Letters



Fun with 2D shapes



Reading Aloud C1



Story Telling



Children's Day Special

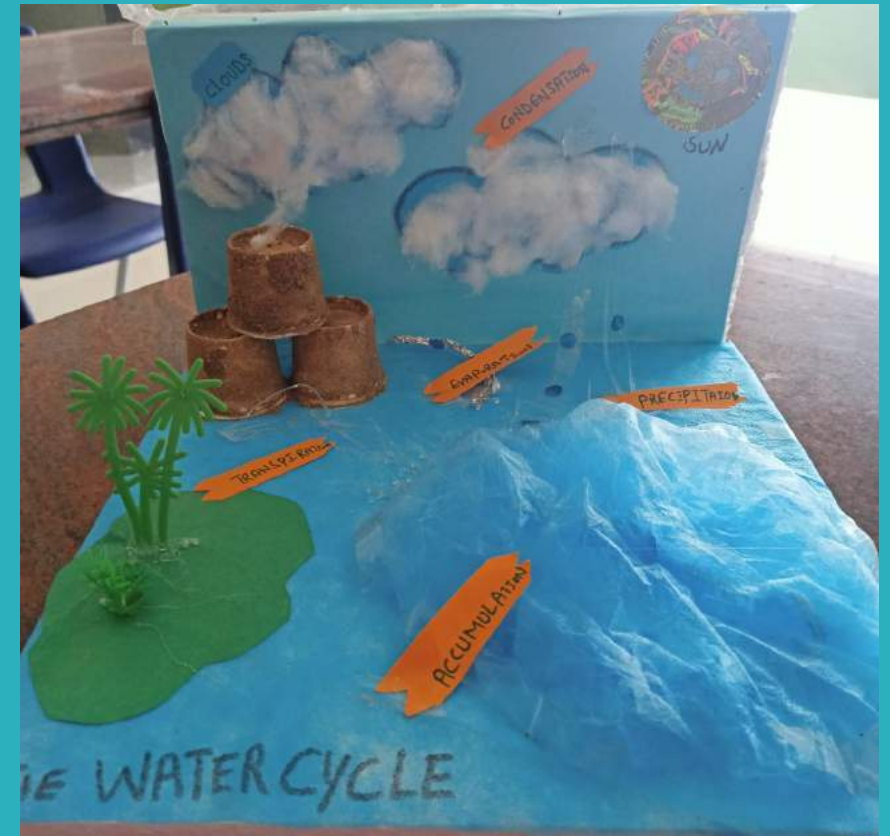
JOY OF LEARNING is Scien-Tastic

High School Science Activities

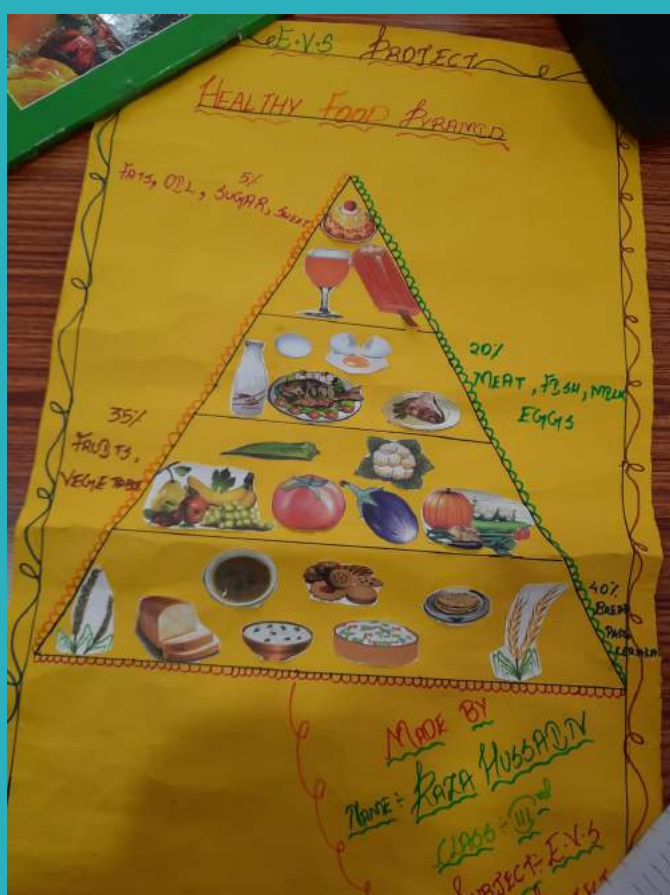
A classroom where 'joy of learning' exists is one in which students are given appropriate levels of challenges and one in which they are able to make their own decisions about learning. Planning is an important aspect for teaching, especially if the lesson has to be child centric. Planning helps teachers to assess the student's ability and to differentiate in class.

While teaching, it's important to leave some questions unanswered and arouse curiosity. We should give enough time for children to think and answer thought provoking questions. This leads to life long learning and some scien-tastic classroom memories.

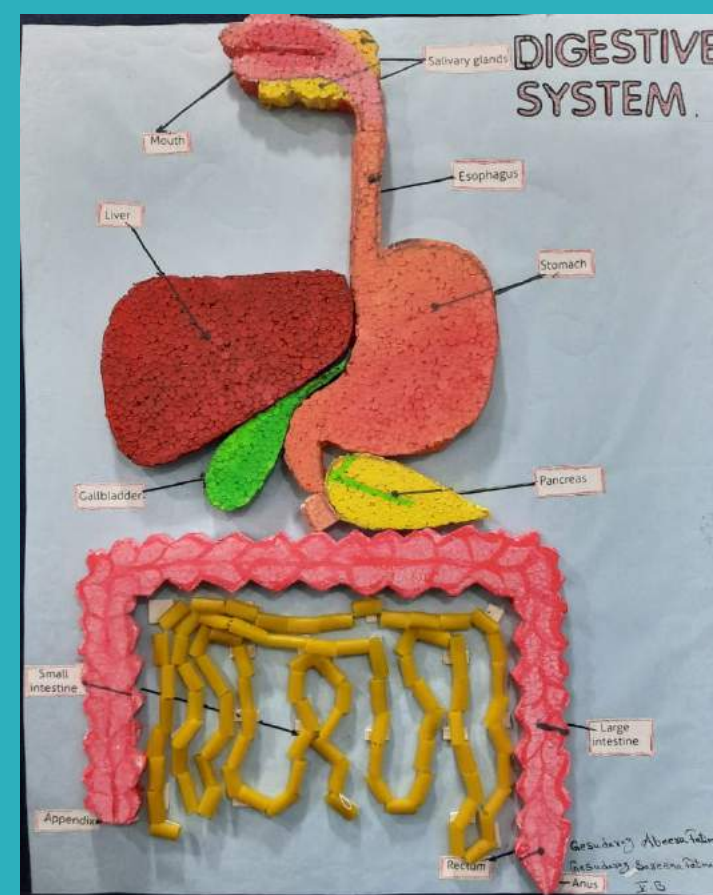
Ms. Summaiya Majeed EVS Teacher



Syeda Zainab Ravi C-6B



Raza Hussain -3A



Gesudaras Abeera-5A



Abdul Faheem -5A



Counting Numbers!

Make it Count;

Numbers, numbers
everywhere are found,
I wish you'd stop
following me around,
Numbers tell me what's my age,
And how many people in its cage,
People reach the height of success,
Using numbers in their plan of progress,
Numbers, numbers, in every race,
Numbers leave a remarkable trace!

Mohd Sameer,
Primary Math Teacher

Math Riddles :

Q1- Mary has 7 daughters and each of them has a brother. Can you figure out the total number of kids Mary has?

Q2:- If you had five mangoes and two bananas in one hand and four bananas in the other hand, what would you have?

Q3:- Add the number to the number itself and then multiply by 4. Again divide the number by 8 and you will get the same number once more. Which is that number?

Q4:- It takes 12 men 12 hours to construct a wall. Then how long will it take for 6 men to complete the same wall?

Q5:- You are given a telephone and asked to multiply all the numbers on the device's number pad. What will be the answer?

ANSWERS.

Q1 Ans:- 8 kids because the sisters have just one brother in common.

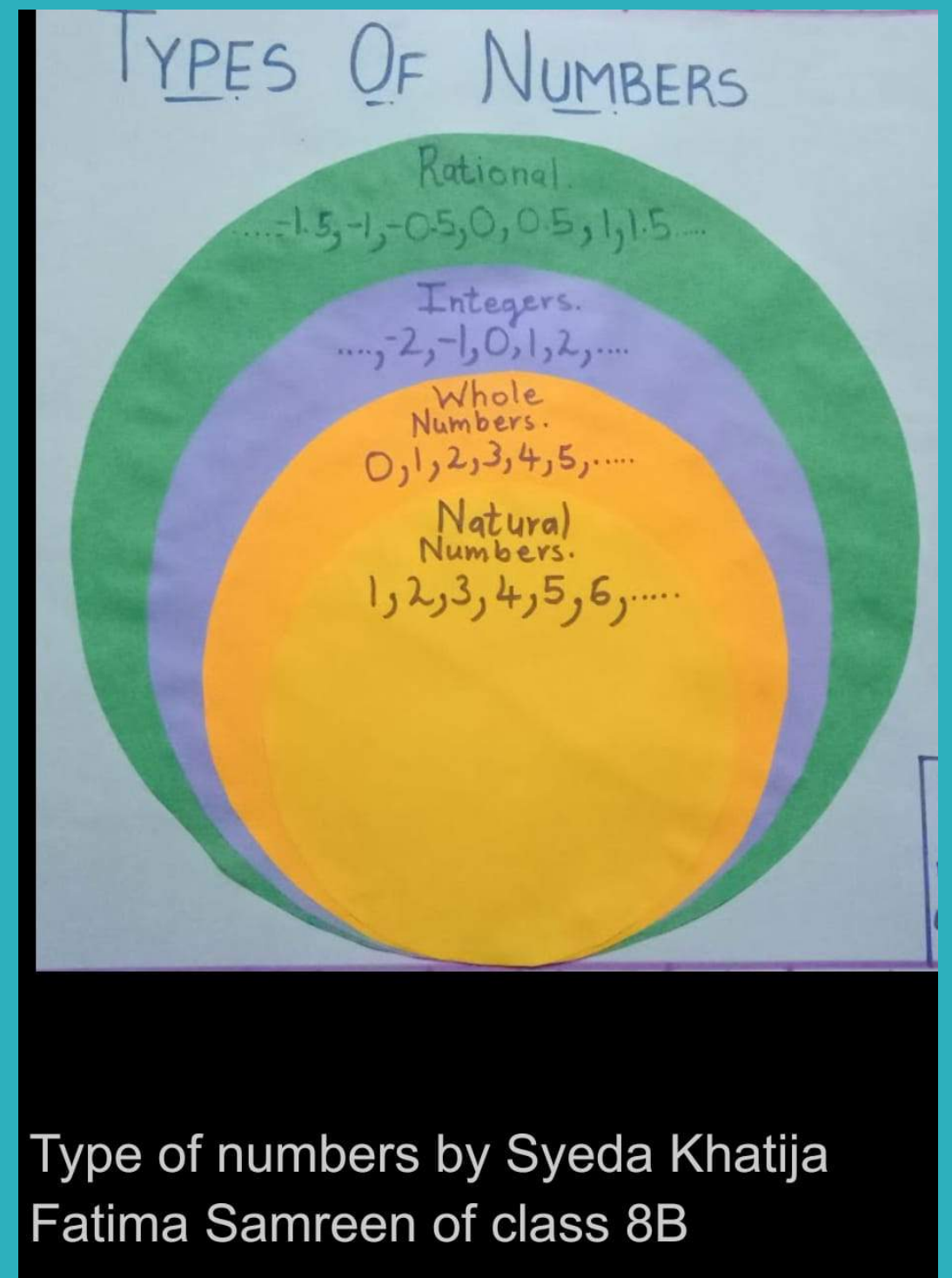
Q2 Ans:- Very large hand.

Q3 Ans:- Any Number.

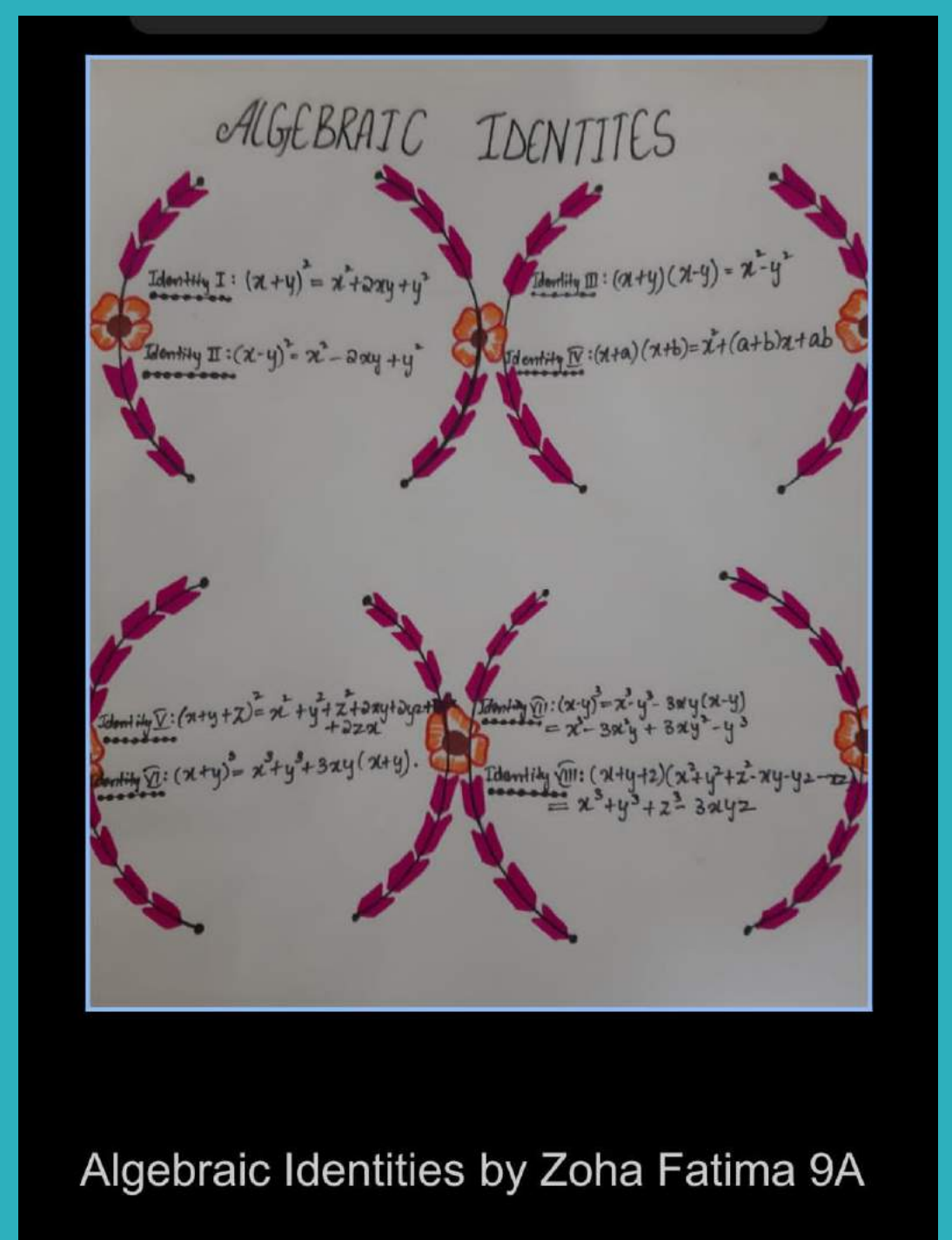
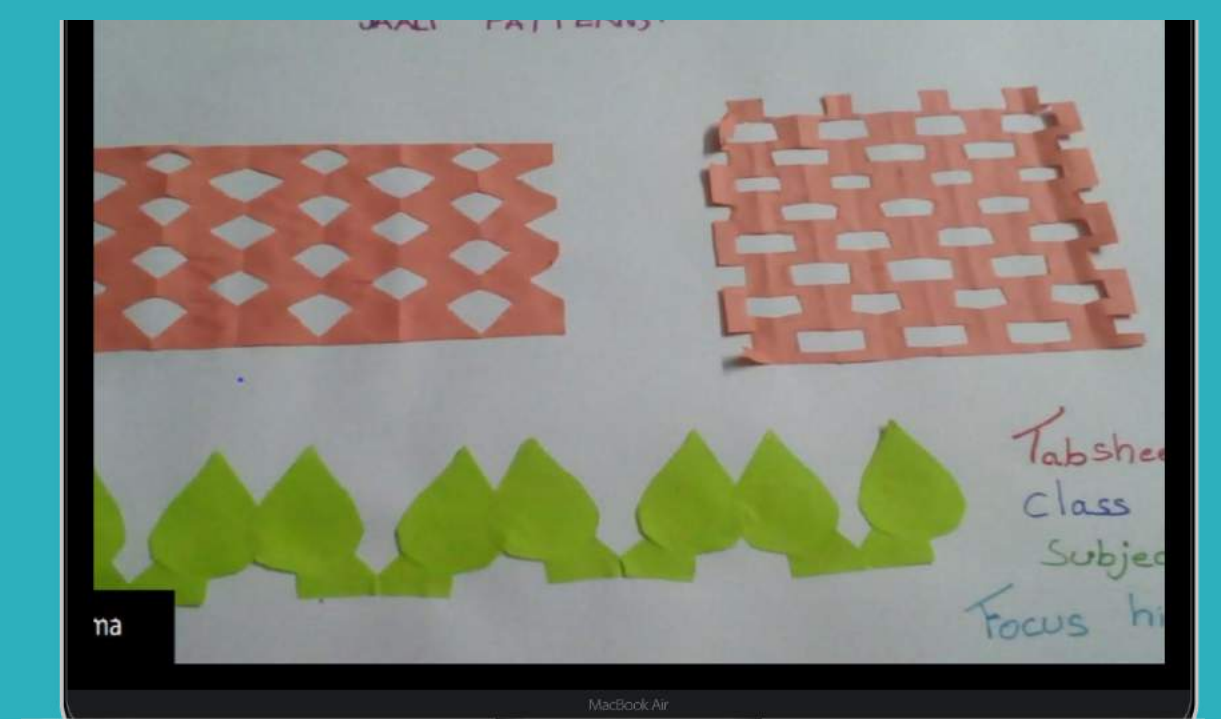
Q4 Ans:- No time! There is no need to construct it again as the job is already done.

Q5 Ans:- Zero (As the number pad contains number 0, when you multiply any number by zero, the answer will be zero).

Fatima Mohamed C9A



Type of numbers by Syeda Khatija Fatima Samreen of class 8B



Algebraic Identities by Zoha Fatima 9A

اُردو کا مستقبل

شिक्षک दिवस

اُردو ہے میرا نام
میں خسرو کی پہیلی
میں میٹر کی ہمراس ہوں
غالب کی سہیلی

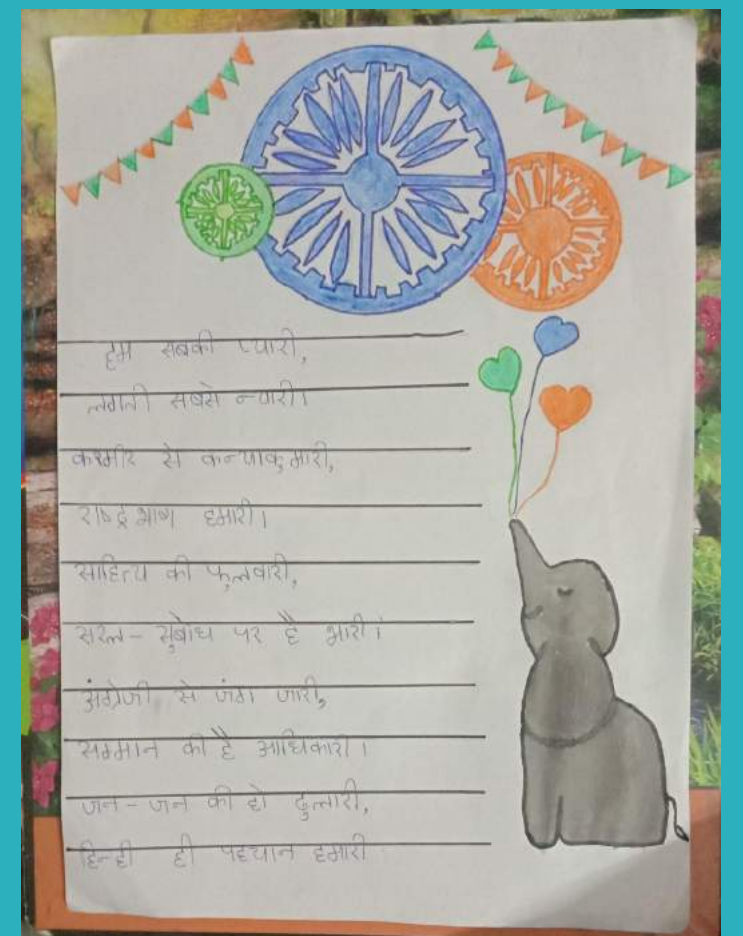
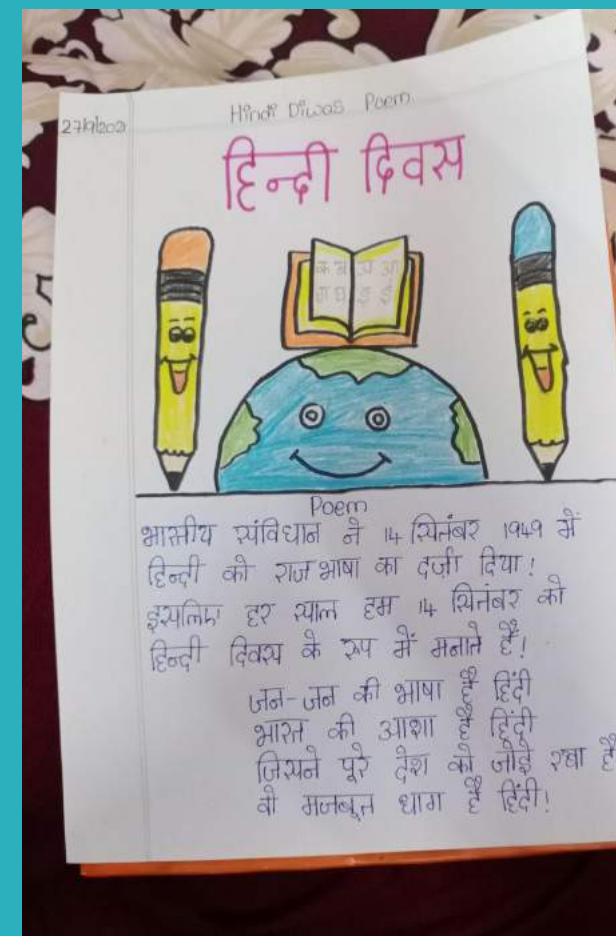
دُنیا بھر میں शिक्षک दिवस کو महत्वपूर्ण दिन کے रूप में मनाया जाता है। क्योंकि यह गुरु के सम्मान में मनाया जाने वाला दिन है। भारत के पूर्व राष्ट्रपति, विद्वान, दार्शनिक और भारत रत्न से सम्मानित डॉ सर्वपल्ली राधाकृष्णन का जन्म 5 सितंबर 1888 को तमिलनाडु के तिरुमनी में हुआ था। उन्हीं की याद में इस तारीख को हम टीचर्स डे के रूप में सेलिब्रेट करते हैं।

यह दिन सभी शिक्षकों के सम्मान और आभार प्रकट करने का दिन है। देशभर में, स्कूल, कॉलेज, हायर एजुकेशनल इंस्टीट्यूट से लेकर कोचिंग सेंटर्स में डॉ राधाकृष्णन को श्रद्धांजलि देकर इस दिन को मनाया जाता है। हमारा विद्यालय - फोकस उच्चा विद्यालय, पुरानी हवेली में भी शिक्षक दिवस बड़ी धूमधाम से मनाया गया। सभी अध्यापक को सम्मानित किया गया।

गुरु गोविंद दोउ खड़े, काके लागू पाँय ।
बलिहारी गुरु आपने, गोविंद दियो मिलाय ॥

अर्थ - कबीर दास जी इस दोहे में कहते हैं कि अगर हमारे सामने गुरु और भगवान दोनों एक साथ खड़े हों तो आप किसके चरण स्पर्श करेंगे? गुरु ने अपने ज्ञान से ही हमें भगवान से मिलने का रास्ता बताया है इसलिए गुरु की महिमा भगवान से भी ऊपर है और हमें गुरु के चरण स्पर्श करने चाहिए ।

धन्यवाद।



اُردو کے معنی لشکر کے ہیں۔ اُردو کو یہ اعزاز حاصل ہے کہ اس زبان کو کسی ایک قوم علاقے یا نسل نے جنم نہیں دیا بلکہ واقعہ یہ ہے کہ اردو نے مختلف قوموں کے رحم سے اپنی ایک قوم تخلیق کی ہے۔ دلی کے اطراف واکناف میں اسکا جنم ہوا۔ برس برس کے عمل دخل کے بعد یہ زبان تشکیل پائی ہے۔ حضرت امیر خسرو اس کے پہلے شاعر مانے جاتے ہیں۔ شاعر و ادیبوں نے اردو زبان کی ترقی و اشاعت میں اہم کردار ادا کیا ہے۔ اب یہ زبان ہندوستان کی ہے پایاں خدمت انجام دے رہی ہے۔ اس نے جنگ آزادی میں اہم رول ادا کیا ہے۔ عصر حاضر میں مختلف محکموں شعبوں میں اس کا چلن کم ہوتا جا رہا ہے۔ تعلیمی اداروں میں انگلش سے تعلیم حاصل کرنے کو ہی ترجیح دی جا رہی ہے۔ اردو کو عوام سے جوڑنا ضروری ہو گیا ہے۔ جب تک عوام کو اردو سے ہم آہنگ نہیں کریں گے۔ وہ کیسے ترقی پائے گی؟

افراد کے ہاتھوں میں ہے اقوام کی تقدیر
ہر فرد ہے ملت کی مقدر کا ستارہ
اردو کو بنیادی سطح سے فروغ دینا ضروری ہے۔ لہذا اس ضمن میں چند گزارشات پیش خدمت ہیں۔

۱۔ سب سے پہلے گھریلو ماحول کو اردو سے آشنا بنایا جائے۔ ماہرین کا کہنا ہے کہ چھوٹے بچوں میں ایک ساتھ تین زبانیں سیکھنے کی صلاحیت ہوتی ہے۔ کیا ہی اچھا ہو کہ ان میں سے ایک زبان اردو ہو۔
۲۔ اسکولوں میں دوسری یا تیسری زبان کے طور پر اردو کو منتخب کیا جائے۔ اور بچوں کو تقریری و تحریری مقابلوں میں اعلیٰ تیاریوں میں ذاتی دلچسپی لی جائے۔

۳۔ بچوں کو اردو کے قریب لانے کے لیے جدید ترین وسائل کا استعمال کیا جائے۔ اور شاندار لب و لہجے کے فنکاروں کی آوازوں کا سہارا لیکر کارٹون تخلیق کیے جائیں اور کہانیاں ریکارڈ کی جائیں۔ بچوں کے علاوہ بڑوں پر بھی کچھ ذمہ داریاں عائد ہوتی ہیں۔ مثال کے طور پر

۱۔ اپنے اردو دان حلقہء احباب میں برقی پیغامات ہمیشہ اردو میں ہی لکھیں۔

۲۔ اردو محفلوں میں غیر ضروری اور بیجا انگریزی سے پرہیز کریں۔

۳۔ اپنے روئے سے نئی نسل کو یہ پیغام نہ دیں کہ غیر زبان میں مہارت ہی کمال شخصیت ہے۔ ہاں جب آپ غیر اردو دان طبقے کے ساتھ ہوں تو شوق سے حسب ضرورت و ذائقہ دیگر زبانوں کا بھر پور استعمال کریں۔

قابل مبارک باد ہیں وہ لوگ اور ادارے جو اردو کے مستقبل کے لیے کوشاں ہیں۔

اور خاموشی کے ساتھ اپنے حصے کی شمع جلاتے جاتے ہیں۔
میں اکیلا ہی چلا تھا جانب منزل مگر
لوگ ساتھ آتے گئے اور کارواں بنتا گیا

صدیقہ شاہین
پرانی حویلی کیمپس

నక్క - మానవుడు

Language Activities

ఒకసారి ఒక అడవిలో ఒక నక్కను కొందరు వేటగాళ్లు తరుముకుంటూ వస్తారు. ఆ నక్క ఒక పెద్ద పొద చాటున దాక్కుంటూ పక్కనే చెట్టు కొడుతున్న వ్యక్తిని చూసి తాను అక్కడ దాక్కున్నట్లు చెప్పవద్దని బ్రతిమిలాడింది. ఆ పెద్దమనిషి సరేనని అంటాడు. ఇంతలో వేటగాళ్లు వచ్చి ఇటు ఏమన్నా నక్క వచ్చిందా అని అడుగుతారు. వెంటనే ఆ వ్యక్తి రాలేదని నోటితో చెప్పతూ చేతితో ఆ పొద చూపిస్తాడు. ఇదంతా గమనిస్తున్నా ఆ నక్క మెల్లిగా వేరే పొదలో దాక్కుంటుంది. వేటగాళ్లు ఆ పొదలో చూచి నక్క లేదనుకొని వెళ్లిపోతారు. వెంటనే ఆ నక్క పొద నుంచి బయటకు వచ్చి ఆ వ్యక్తితో "ఓ మానవుడా! నీవెంత మోసగాడివి నమ్మించి ద్రోహం చేస్తావా! నీ కంటే జంతువుల మైన మేమే నయం" అని చీదరించుకొని. వెళ్లిపోతుంది పైకి తియ్య తియ్యగా మాట్లాడుతూ చెడు చేసే వారిని జంతువులు కూడా చీదరించు కుంటాయి.

వివరణ: స్నేహం చేస్తూనే మన చెడు కోరుకొనేవారు ఉంటారు (వీరికి దూరంగా ఉండాలి)

వారితో స్నేహం చేయకూడదు. మనం కూడా ఇతరులతో స్నేహం నటిస్తూ వారికి చెడు చేయకూడదు.

మనకు ఇష్టం లేకపోతే వారితో మాట్లాడటం మానేయాలి. ఇలాంటి పనులు మన జీవితంలో చెడు ప్రవర్తనగా మిగిలిపోతాయి. అందువలన చిన్నతనం నుండి మంచి ప్రవర్తన కలిగి ఉండాలి. త్రికరణశుద్ధి లేని జీవితం వ్యర్థము. తలలోని ఆలోచనలు, మనసులోని భావాలు, చేతులతో చేసే విన్యాసాలు - ఈ మూడింటి ఏకత్వమే శీలము.

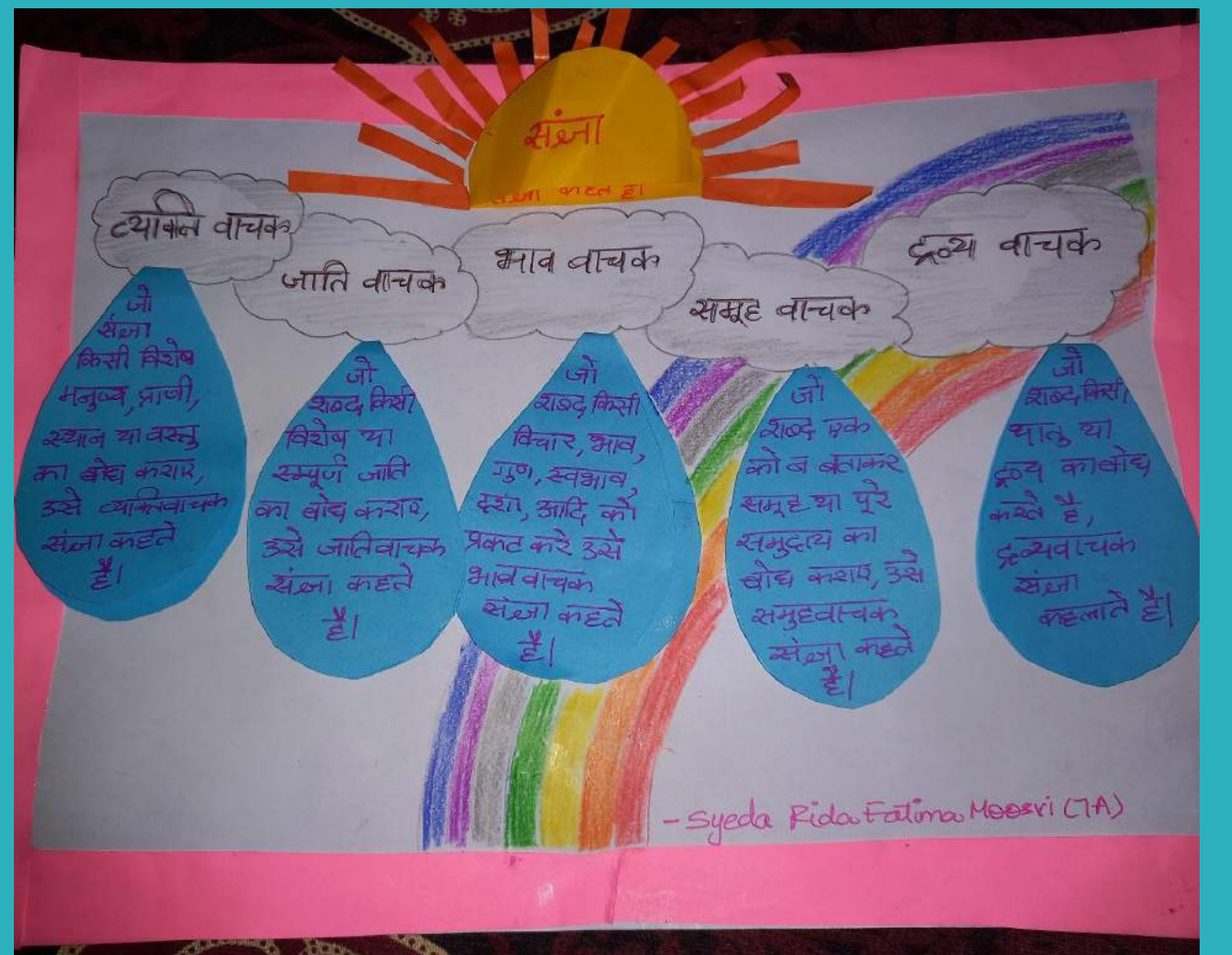
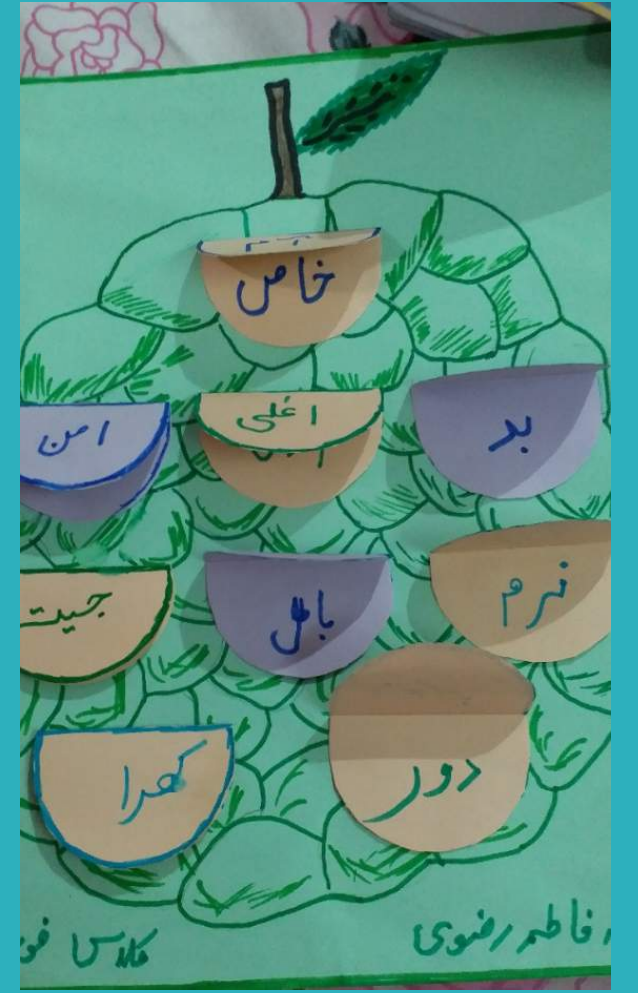
మీ మనస్సు ఎక్కడికి వెళుతుందో మీ శక్తి అక్కడికి అనుసరిస్తుంది.

దీక్ష : ఈరోజు నుంచి నేను పైకి మంచిగా మాట్లాడుతూ నా మనసులో చెడు గా ఆలోచించను .

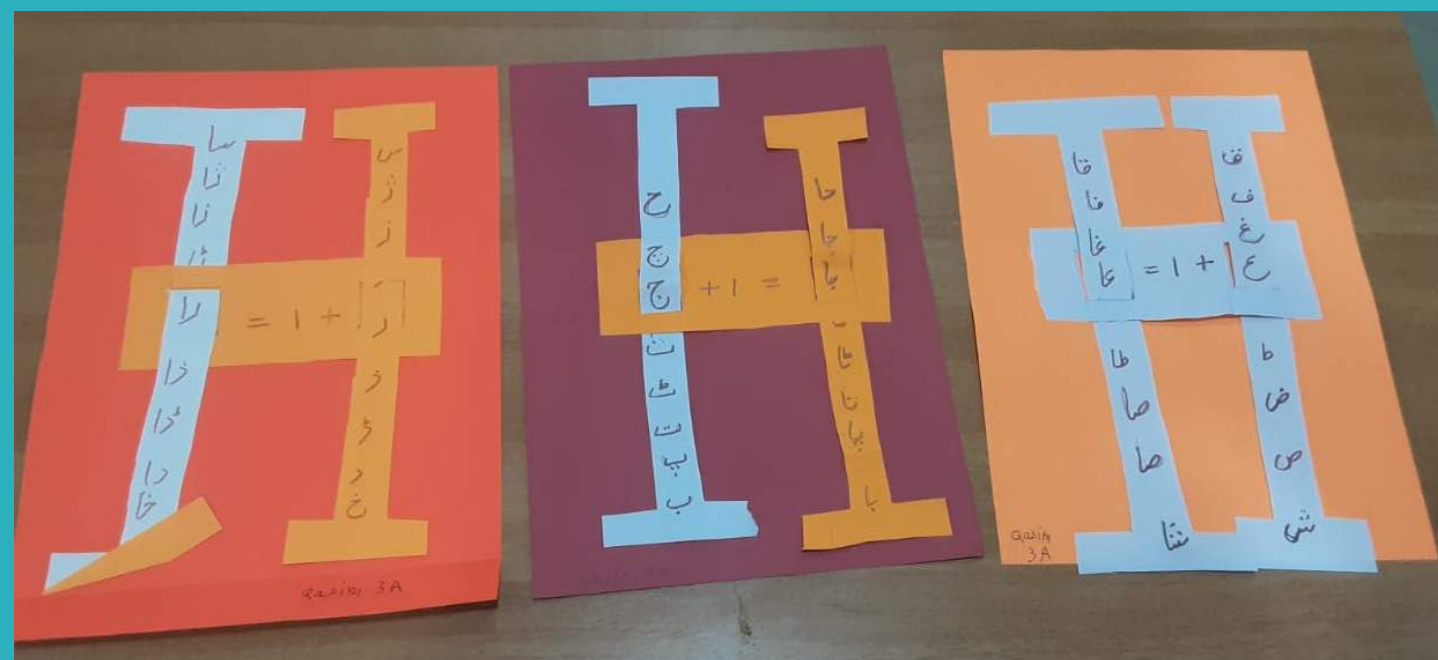
ఉదాహరణ: మనకి ఎవరి మీ దైనా కోపం వచ్చినా, చెడు ఆలోచన వచ్చినా, తిట్టాలి అనిపించినా, వెంటనే మనసులో భగవంతునితో పంచుకోవాలి. అప్పుడు ఆ చెడు ఆలోచన నెమ్మదిగా తగ్గిపోతుంది.

వాక్య విభూతి: నోరు మంచిదైతే ఊరు మంచిదవుతుంది.

నీతి: కపటాన్ని విడిచి, మనసులో తలచినదే చెప్పటం, చెప్పినదే చేయటం మనిషికి కీర్తి.



కే. వరలక్ష్మి (ఉపాధ్యాయురాలు)
Telugu Teacher



Students' voice

A Teacher

A teacher is the second mother of a child. Without teachers, a school is incomplete. Teachers are the biggest resource for our learning. They not only teach subjects but also teach us values and ethics.

“A good teacher can inspire hope, ignite the imagination, and instil a love of learning.” – Brad Henry

I am glad to have wonderful teachers who teach in an interesting and creative way. Be it online or offline class, teachers make the class lively and effective. Apart from sharing knowledge, they also patiently clear all the doubts and solve our issues. I thank all my teachers for being so kind and helpful all the time.

By Razia Fatima C5B

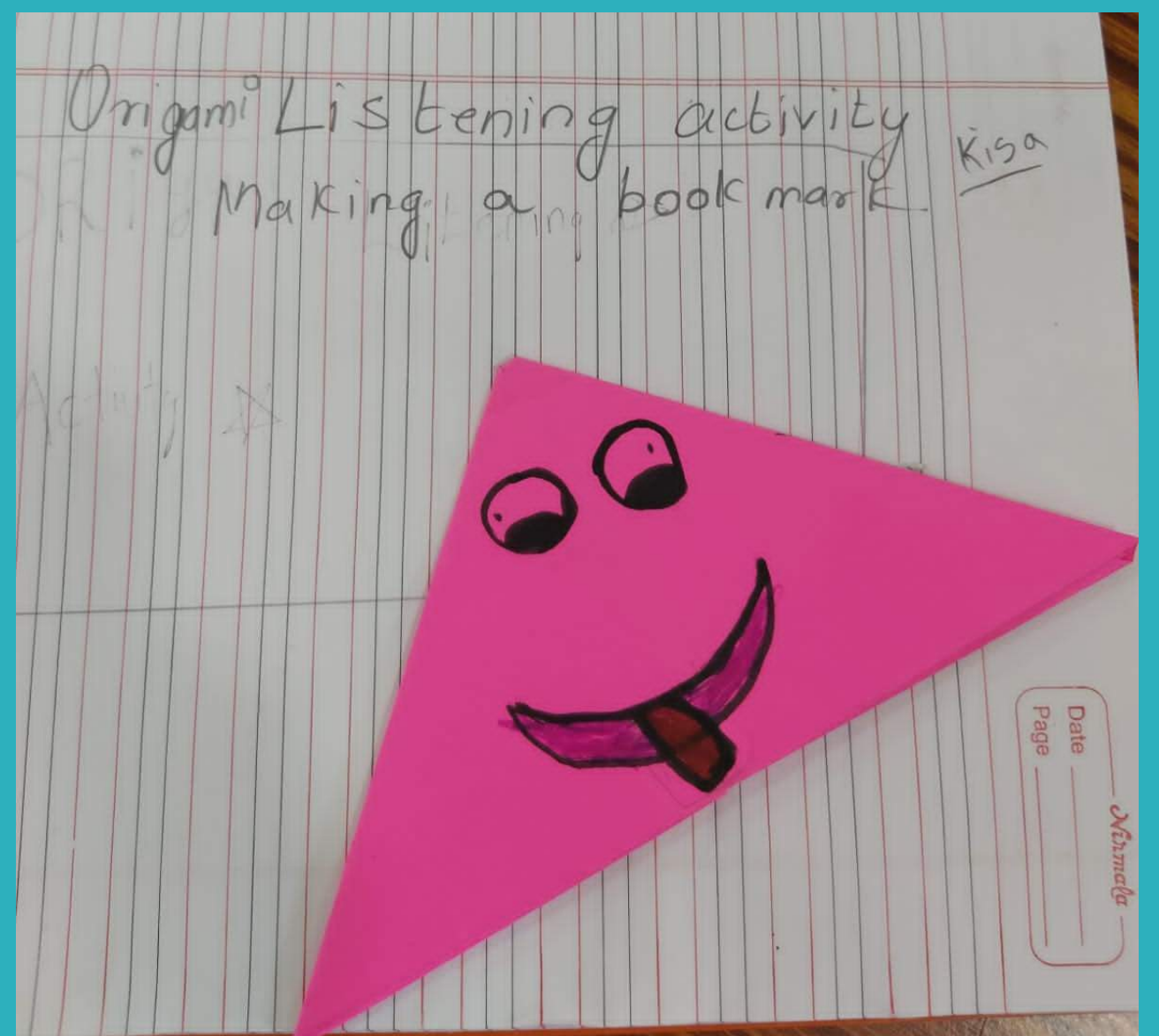
Reading Marathon

Initially when we were asked to read books for the “Reading Marathon”, it sounded boring and uninteresting. Later, when my teacher started talking about the benefits and importance of reading, I thought I will give it a try and read few books. I started reading, soon I understood that my teacher was not wrong. It created a lot of interest, and I started reading more and more books.

Now, I can say that reading is very important. It helped improve my vocabulary and strengthen my spelling. Moreover, I utilized my time effectively. I thank my teacher for conducting the “The Reading Marathon” and letting us know the benefits of reading.

By Imam Ahmed C5B

Listening Activity



Zehra Razvi C5B



Students' Voice

My teachers

People say that there is no age for education and learning. Yes, it's true. The learning process continues until the day you die.

We learn from what is being taught to us. A parent is a child's first teacher. Whereas the teachers are said to be the second parents.

After parents, it is the teacher whom the kids look up to.

Parents make their children a better person, a better daughter, or a better son. Teachers play an important role in shaping the life of the students. They are the ones who turn a student into a better student, better competitor, a good friend, and most important a better citizen of the country. Teachers are the ones who guide students towards the right path. They encourage them, make them identify their abilities, motivate them to aim for higher goals in life. They help them in achieving those goals.

I believe that behind every successful student or a person there is a TEACHER. "Mother is the child's first teacher and Teacher is a Mother Forever!".

Fatima Mohammed C9A

Morning Assembly

Morning assemblies give a wonderful start to the day. In my opinion, morning assembly signifies unity. All the teachers and students gather in the school auditorium for wonderful presentations. Every class presents something on a particular topic on their respective days. The things which are common in all the morning assemblies are prayer, pledge, news, and the National Anthem.

The Assembly gives us an opportunity to build our confidence by speaking in front of an audience and sharing our ideas. We can also express our feelings and thoughts in the assembly. It becomes a medium for communicating and sharing thoughts, ideas and opinions.

I have learned many things when I got an opportunity to prepare for the assembly. Listening to presentations made by others can be informative. It gives me a chance to go beyond my textbook, and explore the world. It is different from all the things we do during the rest of the day. The Morning Assembly opens my mind and allows me to think and reflect on myself and the world surrounding me.

In the assembly, we get an opportunity to participate and perform co-curricular activities. The assembly teaches discipline and appropriate social behavior. It also develops our listening skills. We enjoy the light-hearted jokes, riddles, brainteasers, and some dramas. Students are more creative during the morning assemblies and each class tries to outdo others. A bit of competition combined with excitement is all that makes this experience worth going through. Finally, I would like to say that morning assembly is an important part of a child's school life.

Sirat Zehra C9A



Students' Voice

Why are physical schools necessary?

Advantages of attending a physical school

Promotes collaborative learning. It helps in developing students' competence, confidence, and improves social skills. Collaborative learning increases a student's self-awareness. Inside a classroom, students experience social interactions with peers and establish a rapport with teachers. This is very important for a child's overall development. The physical presence of a teacher keeps the students motivated through interactive and interesting activities.

Disadvantages of online teaching

Mental Stress - Increasing anxiety and depression due to being at home with the same people for a long time. It leads to "Zoom Fatigue, which refers to feelings of exhaustion after long Zoom classes or video conference calls." The home environment is good for relaxation but not for learning complex concepts and debatable topics. Skills like presenting viewpoints can only be acquired in physical classes.

Physical Stress:- It has been observed that due to continuous online classes there is information overload. Constant screen time causes problems of eyes like dry eyes, itchy eyes, and headaches. It's more challenging for students to learn new information through online mode, and even though they are just sitting in front of the computer, they feel like they are physically tired. The physical education period at school is completely missed in online classes. Sitting for long hours in uncomfortable positions at home results in backache and body pain. There is little or no scope for slow learners and they are easily left without expressing their feelings or problems to the teacher.

Learning gaps:- limitations are also observed in clarification of doubts, quality of conduction, assessment limitation, clearing doubts which indirectly leaves the introvert and shy children behind.

Now that I have experience of both physical and online classes, I feel going to school every day is really healthy and a lot of fun.

Kauser Fatima

C9A



Morning Assembly C9



**Winner of Arts competition
Kaneez e Zehra C6B**



Students' Voice

Importance of trees

They are very important, valuable, and necessary to our lives. They give us two important life essentials that are food and oxygen. Apart from keeping us alive with oxygen, there are many other benefits we get from trees. The entire world is taking steps to prevent deforestation and planting trees.

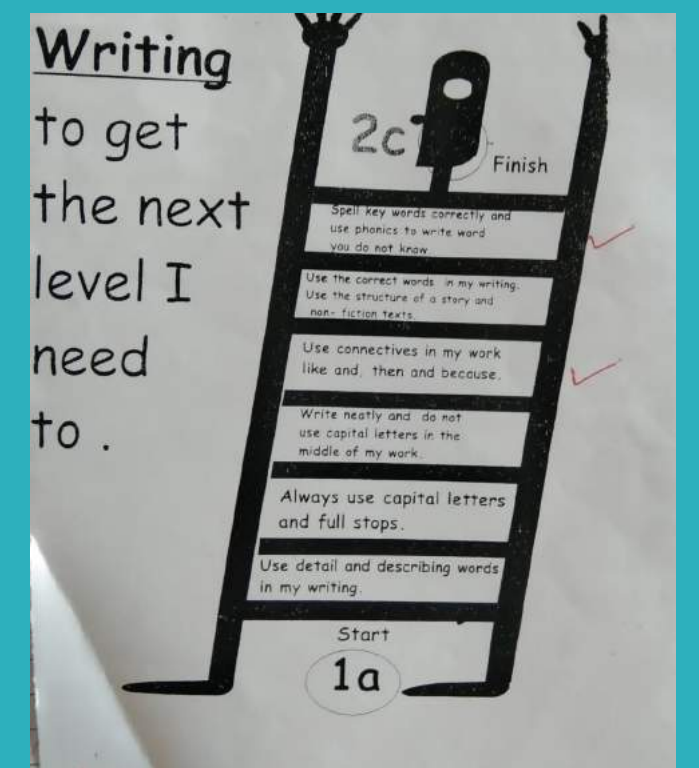
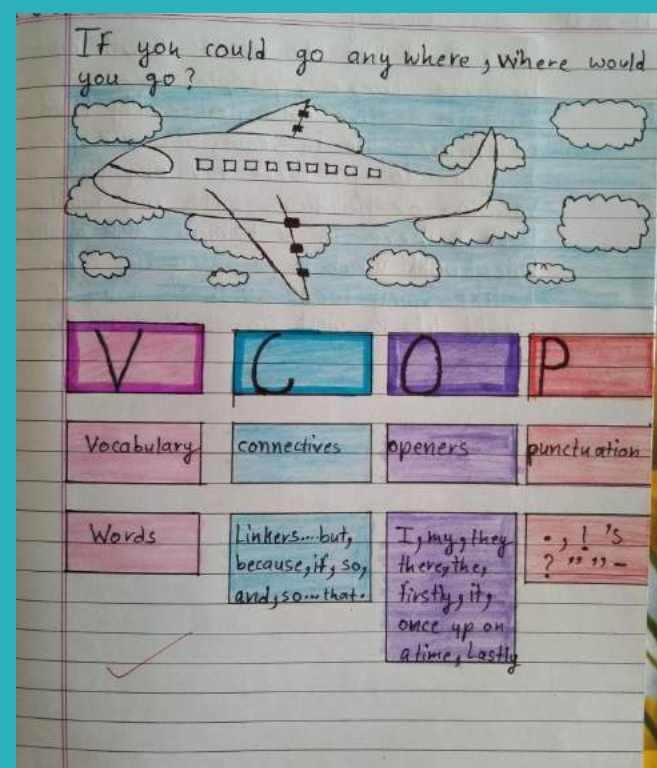
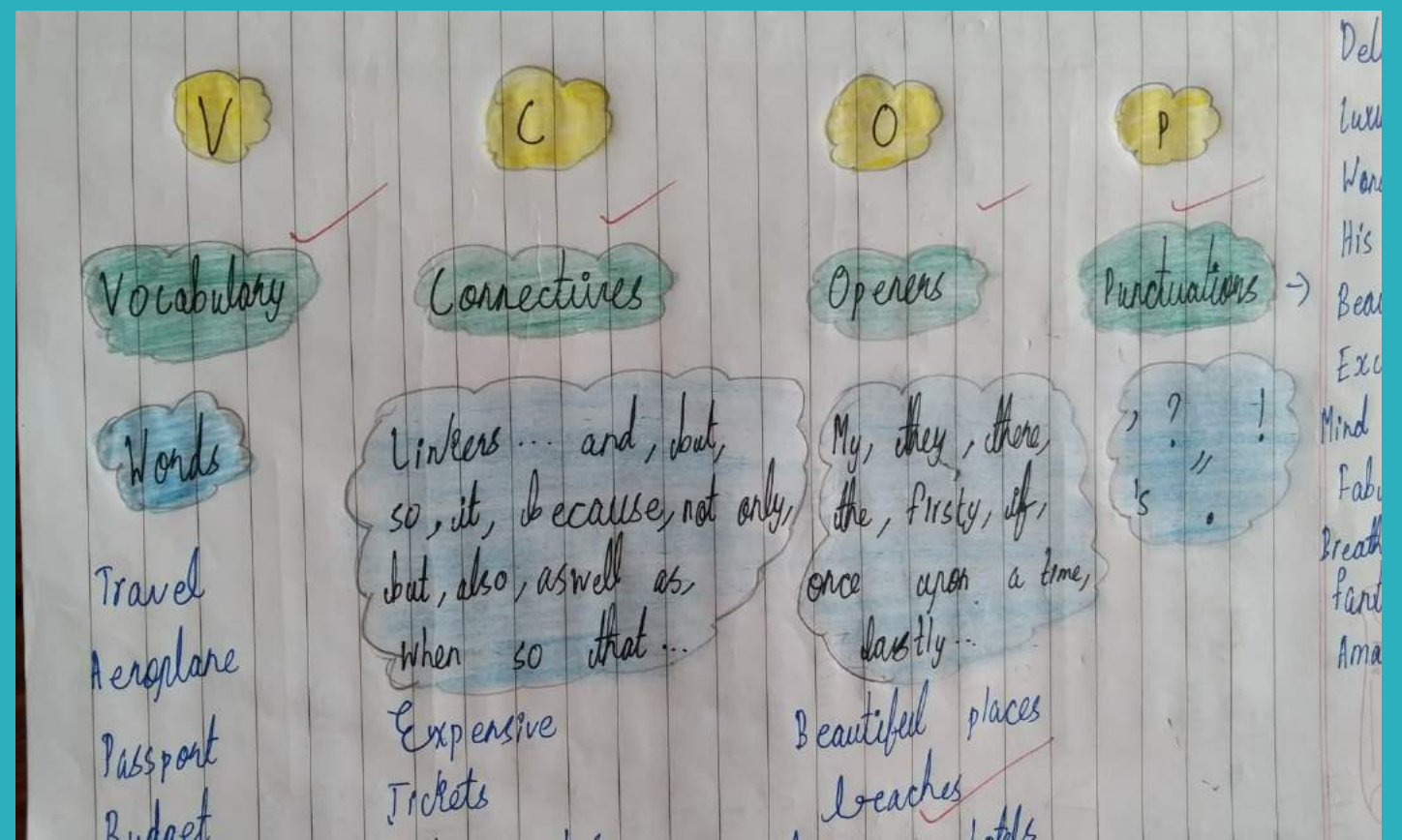
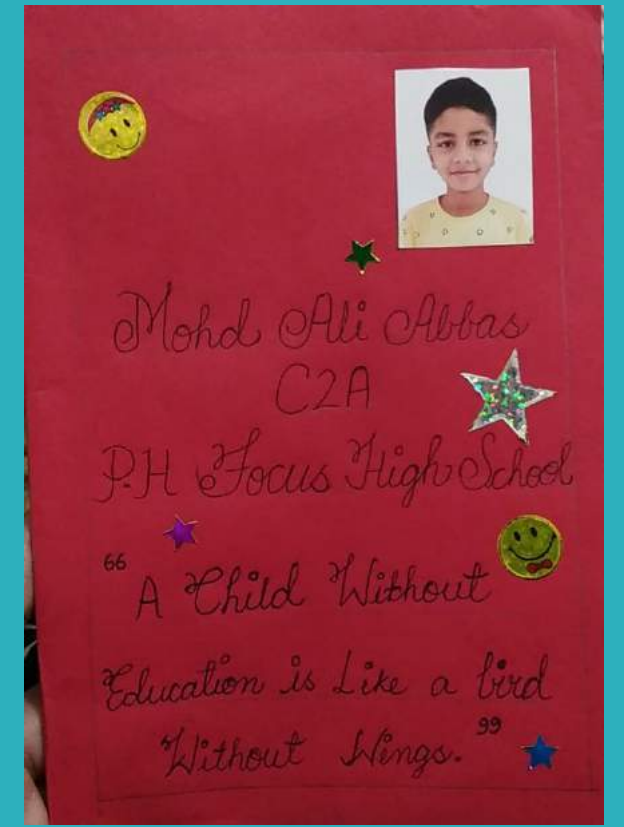
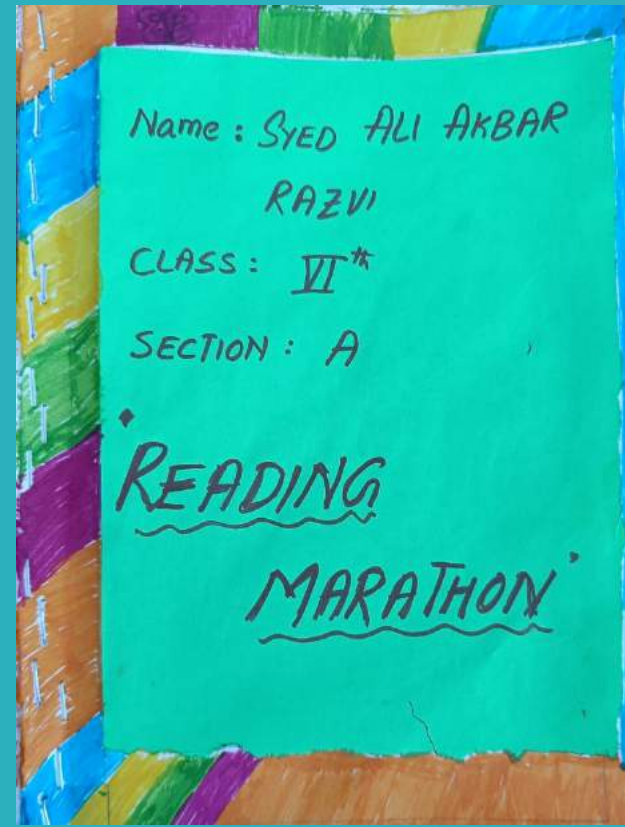
The main reasons why we need trees.

1. It's just not about photosynthesis but it's also about maintaining the temperature of the earth. Trees reduce global warming which is the main cause of natural disasters on earth.
2. They provide us with some of the natural resources that affect the economic growth of the country.
3. Destroying forests for no concrete reason may have drastic consequences on humans as well as whether. Activists throughout the world are working hard on the ground level to create awareness and show sustainable means of livelihood.

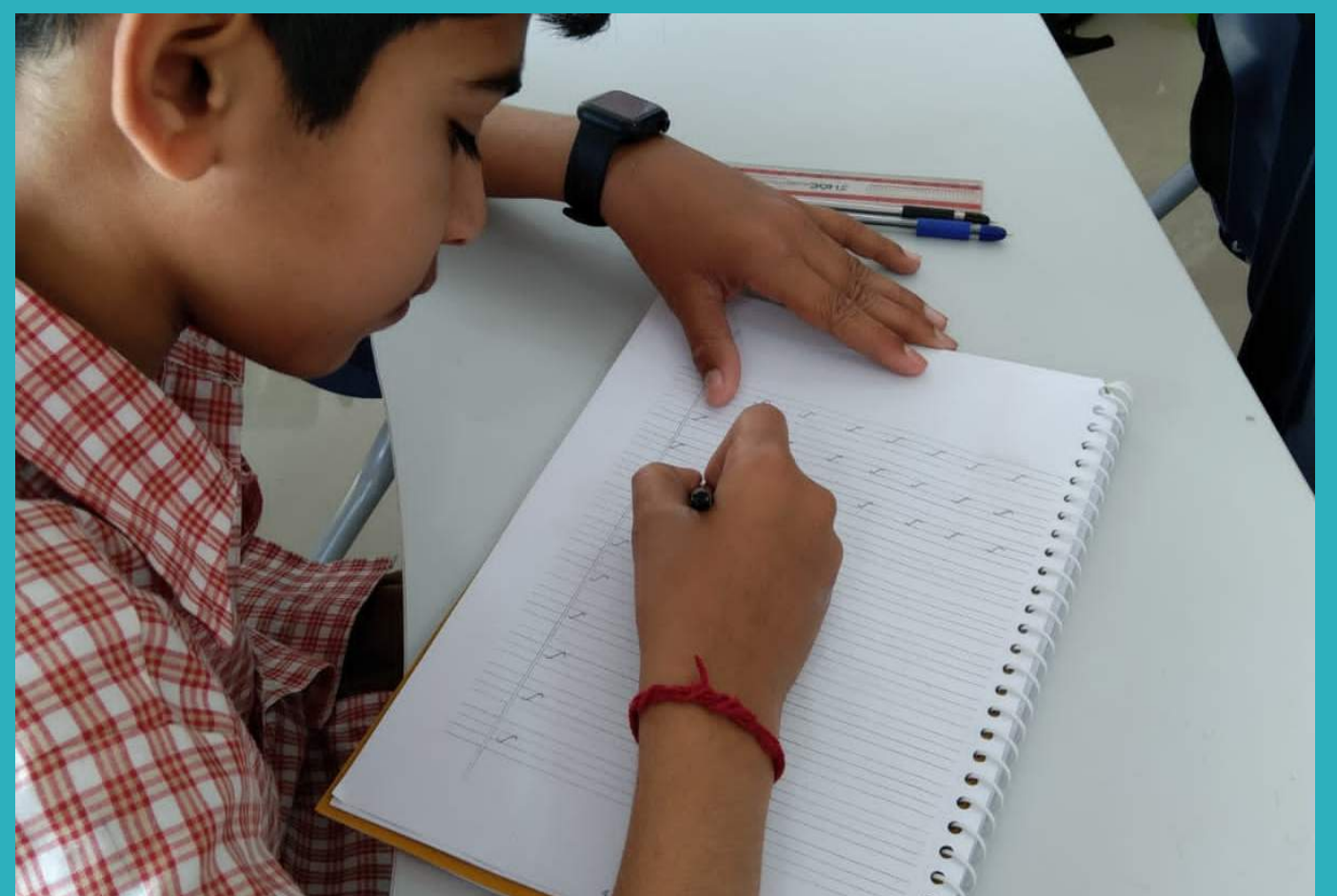
Trees are important and we should be thankful for their seamless service to the mankind and environment.

It is everyman's duty to plant and protect trees. The more trees we plant the better it is going to be.

Wafa Ali C8B



Using ROS WILSON strategies to improve writing skills



Handwriting practice

Teachers Training 2021



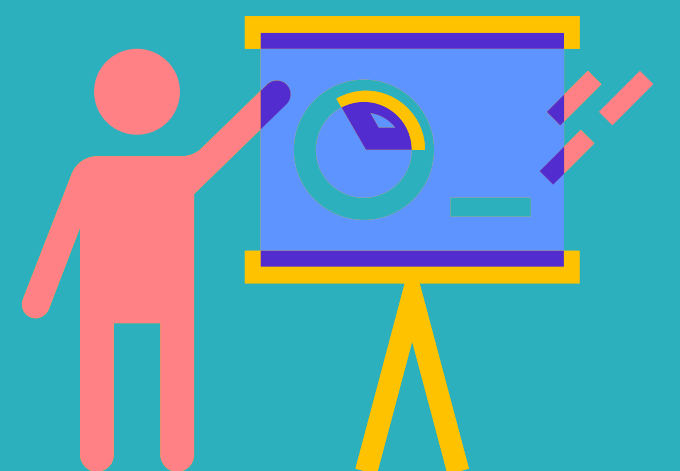
There is always a need to train professionals in the educational community.

Focus Education Services started batches for teacher training in every department of the school. We also undertake projects for school improvement in other states as part of our outreach program called **Raabta**.

At our PH campus we have a special program for pre primary teacher training as early years education has gained due importance after NEP 2020. Our teachers receive government certifications from AIECCE and JNCTE . They gain exposure by listening to experts and going for field trips to visit other schools .

We nurture well-balanced all rounders who have the sprit of life long learning . We also welcome interns from B.Ed. colleges to do their internship at our campus .

Our teachers continuously upgrade themselves by attending seminars, workshops and conferences. They also give the Teaching Professionals Olympiad conducted by **CENTA** every year .



Endeavour Section

The Endeavour section is a new initiative which started in 2019-2020. This decision was taken because there were so many children with special needs who had no space to socialize and grow.

We started with 4 students and have now reached a maximum strength of 24 children. Every child has an individual learning plan that is supervised by trained SEN teachers and therapists.

Testimonial

I would like to share my views and thoughts about Focus high School (Endeavor). This new section in your organisation is simply beyond expectations.

I have enrolled my child from this academic year June 2021. There were no such schools in this area for kids with special needs and being a parent of a special child, I am happy to see how he has improved drastically.

He was shy and would not socialise and had delayed speech problem. But now within two months itself I can see that he is confident, happy and is mingling with peers He is getting all three therapies under one roof (behaviour, occupational and speech therapy).

The staff here is also great and very co-operative. They are friendly; they work hard and give their best and are approachable.

I thank Asma Ma'am all those who have taken this initiative to start this section.

I recommended it to parents who have children with special needs in and around this area to enrol them with Focus High School (Endeavour) as this is the only school which is working (physically) with the children using all safety norms and precautions.

Lastly I can assure parents for getting superb results for their children who need special attention and are struggling with challenges in everyday life.

Ms Kirmani



Therapy Time



Occupational Therapy

National Institute of Open School (NIOS) Section



The Purani Haveli campus has another specialised curriculum: the NIOS classroom. This facility is for students who want to matriculate but cannot take regular classes of Math, Indian languages and Science.

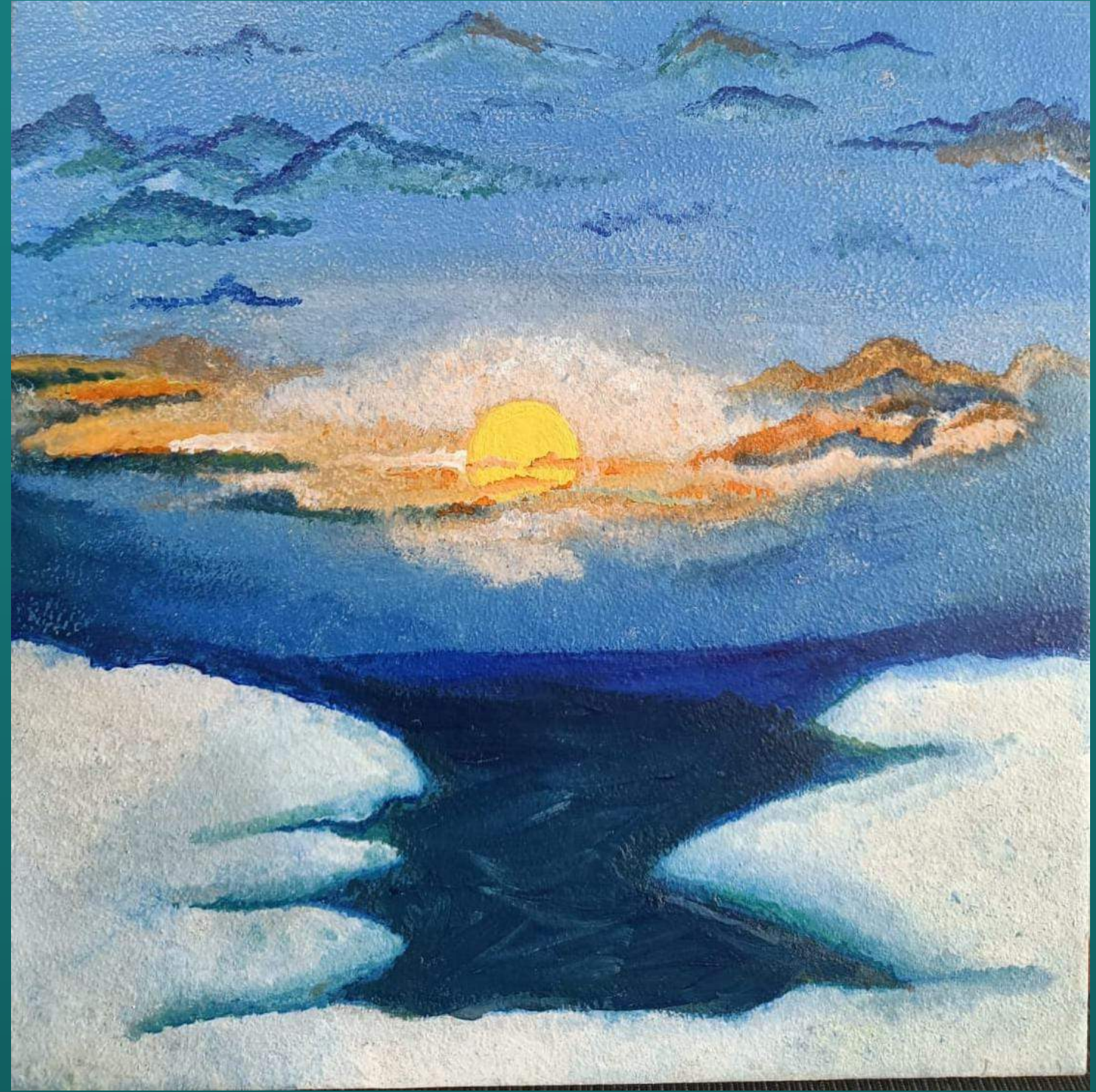
To make it easier, we have opted for subjects with practicals, where students can study without stress and pass their public examinations with ease.

To enrich their school experience we take our students for excursions and field trips, practice employable skills and have regular career counseling.

Our intention is to give a chance for education to every child, so that no child is left behind.



Curd and paneer made in school for Home Science class - NIOS



Paintings on ceramic tiles

Art has the role in education of helping children become like themselves instead of more like everyone else.

Special thanks to **Humayun Abedi (VP Curriculum)**
for his immense effort in supervising the
construction of the Purani Haveli Campus

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