

# fenestra

A Window to our Culture of Learning and Sharing

APR-2021

VOLUME VI

NOOR KHAN BAZAR EDITION



**WAITING TO BLOOM!!**

Art by Hussain Ali

Curious Minds, Caring Hearts!



**FOCUS**  
SCHOOL



## Staff Prize Day

By Minhaj Arastu, Principal

Each year, we recognise staff members who exemplify qualities of the IB Learner Profile. Almost 80 staff members received prizes for being Inquirers, Reflective, and Principled, among other traits. We are grateful for the efforts of all our teaching and non-teaching staff who have persevered in this extraordinary year.

For two traits, we asked parents, students, and colleagues to choose staff members that have impacted them the most. Congratulations to the following staff members for being Caring and Thinkers.



**Sheherbanoo Fathi**  
Vice Principal & PYPC

For being Caring and best in service to others



**Syeda Kulsoom Jafar**  
Teacher of C3

For being a Thinker who uses best teaching practices



**Arshiya Maryam**  
Teacher of Mathematics

For being a Thinker who uses best teaching practices



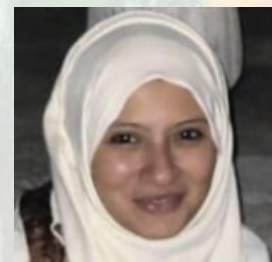
**Mumtaz Samnani**  
Counsellor

For being Caring and best in service to others



**Amina Nawaz**  
Teacher of Telugu

For being Caring and best in service to others



**Kaneez E Fatima**  
Teacher of PP2

For being a Thinker who uses best teaching practices



**Meena Farath**  
Teacher of C1

For being Caring and best in service to others



**Mir Mustafa Ali**  
Security

For being Caring and best in service to others



# Achieving New Heights

By Sheherbanoo Fathi, Vice Principal-Curriculum Development &  
Primary Years Programme Coordinator

‘Evaluation is an important milestone in the life of an IB World School, not the finish line.’

It’s the process that is more enriching than the product. Ongoing development starts from the moment of authorization, as the school uses the feedback it has received to update its action plan to continue to improve the delivery of its IB programme(s).

As part of quality assurance, all IB World Schools are evaluated based on the standards and practices of its IB programme(s). Evaluation takes place at least once every five years. Focus School was Authorised in January 2017 and since then we have been working to improve the standards based on the report received from the IBO. In our recent evaluation, the IB has formally certified that Focus School continues to meet all the requirements of the IB PYP, which entitles us to be called an IB World School.

We initiated our self-study process in 2018 and were all geared up for it, but COVID-19 turned the tables and we had to start afresh for a virtual evaluation. The school conducted a detailed self-study to review and reflect on its curricular and non-curricular transactions so as to improve, enhance and meet the IB standards. All stakeholders of the school viz. teachers, parents, students, leadership team, administrators and the governing body were involved in this process. They contributed to the self-study by identifying the strengths and suggesting ways of improvement. Based on the feedback, the school drafted its ‘Action plan’ and made amendments as required. The process also involved the gathering of evidence to support our findings.

The amendments made during the process of self-study provided the school with an opportunity to improve teaching and learning, refine strategic planning and arrange professional development opportunities for staff.

The evaluating team consisted of Ms Adilakshmi Chintalapati who is an experienced curriculum designer from Hyderabad and Ms. Sunitha Srinivasan, an experienced teacher at Binus International School from Indonesia. The three days of evaluation (8 - 10 March 2021) saw a lot of anxiety along with eagerness and enthusiasm on the part of teachers, students and parents. The class visits and meetings between stakeholders were very successful and got a lot of appreciation from the evaluators. The exit meeting with the team was very encouraging and they did give us some suggestions and feed forwards to enhance our teaching and learning.

The fruit of hardwork and patience is always sweet. After what seemed like a long wait, we got our evaluation report on Friday 23 April 2021, with no matters to be addressed. It has a few recommendations on the lines that we had expected and a few commendations as well! Example of a recommendation and commendation are

## **Recommendation:**

1. The school should further incorporate differentiation for students’ learning needs and styles into collaborative planning and reflection.
2. The school should ensure that a common understanding of academic honesty is established in the school community.

## **Commendations:**

1. The school demonstrates a strong culture of open communication and respect. This is evident across the school amongst all stakeholders.
2. The school utilizes the resources and expertise of the community to enhance learning within the programme.

I wish to take this opportunity to thank the Focus School staff, admin, leaders and board members and most importantly students and parents who interacted with the evaluation team and helped us achieve new heights.



# The Role of Specialists in Shaping the Unit of Inquiry

By Amena Ara Imran, Assistant Primary Years Programme Coordinator

My supervision, in particular, involves planning with specialists in single subject areas such as PE, Visual Arts, Library, Languages and so on. When planning for learning, all teachers collaboratively look for connections between the elements of each unit and the specialist teachers focus on students experiencing real and authentic connections that bridge their understanding to experience how learning crosses boundaries and disciplines. In the unit letter, parents are informed about the concepts and topics that will be integrated with the unit. This means that students are inquiring into the same unit through the lens of a different subject when they visit the specialist teacher to broaden their understanding and make connections across disciplines. Specialists and other members of the learning community are included in every step of the planning and reviewing process.

Facilitating homeroom teachers in seeing the role of specialists more deeply and helping them build the unit with substantial, related, activities is quite challenging. Specialists are often of the opinion that theirs is a skill-based subject – how can they use inquiry when they have to actually instruct kids what to do.

Well, here are several examples where specialists have integrated with the Unit of Inquiry in their classes and bridged the gap between inquiry and specialist programs.

- All language teachers ie. Telugu, Hindi & Urdu, translate the Learner Profile attributes in their respective languages and display them in all classes.
- During the unit Media in C4, they provided students with the opportunities to act like news reporters and report news for various media.
- Music is Integrated with most of the units. The song 'Chitti Aayi Hai' brought tears in students eye and they understood the emotional downsides of Migration
- During the unit Migration in C5, Qawwali and Shairi by Munawwar Rana were taught in Urdu and Hindi and a grand Mushaira event is organized every year. Also, the Qawalli addition in the PYPX opening ceremony became quite a showstopper.
- Languages taught in school are celebrated with great gusto for an entire week to mark the importance of Language Day.



- Our Art teachers are always ready with wonderful ideas that are well integrated with the PYP Exhibition and along with students, create eye-catching models and displays.
- Physical education is also integrated with topics like Health and Wellbeing, Energy, Forces and Matter & Material across grades.
- Our librarian plays a pivotal role in selecting unit related books for students and staff. During the unit “Role Models”, students were engaged in reading biographies of famous personalities.
- Generation Alpha is best at expressing themselves using technology and our ICT teacher makes sure students are well informed about various web 2.0 tools that can come in handy while creating or presenting. Students as young as C2 made mind maps for their unit ‘Air’ using Coggle.

For the unit Rights and Responsibilities, the first ‘Additional Language Virtual Exchange’ between Grade 3 students of Agha Khan Academy Hyderabad and Focus School was organized.

This transposition helped students discuss their common understandings of language and they later expressed their comprehension using varied media.

- The students of AKAH, shared in Hindi and Telugu, whereas the students of Focus School shared in Urdu, Hindi and Telugu. This exchange strived to achieve and strengthen conceptual understanding by sharing and learning from different perspectives, celebrate multilingualism and thereby, strengthen inter-cultural appreciation. This was a huge success since both schools celebrate inclusion and diversity with great enthusiasm.
- Watching each other at work and learning is a very effective form of professional learning. I have learned a great deal from watching skilled, inquiry-based specialists teachers work with students. Feels great to work with such promising specialists, who are dedicated to the core. And yes, the impact that they make on students lasts for a lifetime!



Additional Language Virtual Exchange



Done by AKA Student



## Fabulous and Fantastic Years at Focus

By Azra Fatima, Homeroom Teacher C5A & TL

**“The most valuable resource that all teachers have is each other. Without collaboration our growth is limited to our own perspectives”.**

**Robert John Meehan**

Do you enjoy reading stories as I do? I hope you do. Let me take you through a story today; a long one full of ups and downs, but it is an important story. It is my story! It is the journey of my teaching period at Focus which started in 2015. It was the first day of school; I was eagerly waiting in my classroom for my incredible first graders. The clock struck 8:30 and I got to welcome my students. By the end of the first day, I felt tired to the core matching the degree of playful students enrolled in my class. The days passed into weeks and months; with the utmost effort from my side and my co-teacher, we could transform them into a sensible and smart set of students.

The next two years, I applied my skills as a homeroom teacher for grade 1 and along with a team of capable and cooperative teachers, we glided through each year smoothly. Later, to my surprise, I was given charge of grade 2, for which I was a bit reluctant initially but eventually I started enjoying it. Working on totally different units of inquiry accompanied by a curious and courageous set of teachers was quite captivating for me. All these years together we planned a variety of hands-on activities, guest lectures, field trips, home work tasks, assessments, morning assemblies and organized events.

Then came the year which had put everything on halt; while the work around the world was progressing at snail's pace, I was asked to take a leap to class 5. A bit apprehensive at first, I chose to step forward. Although I had mentored class 5 students in the PYP Exhibition, taking charge as a homeroom teacher was a great experience for me. Together with an experienced and exuberant partner Ms Atiya Fatima, I could successfully complete the year despite many challenges and could stage the PYP exhibition on a virtual platform.

It has been six years now but I still remember the time dealing with technology issues and struggling to understand IB. Being a non tech-savvy is an additional challenge for a newcomer in IB. But thankfully there are live resources available in the form of colleagues like Mr. Mustafa, Mr. Ghouse, Mr. Mumeed, Ms. Ruhina and last but not the least a mobile PYP encyclopedia, Ms. Sheherbanoo who extended great help and enriched teachers and upgraded them by conducting in house workshops time to time and guided us in every possible way.

I believe that the teamwork and collaboration which is vividly observed here at Focus are the root words for success of any organization.

And lastly, the lovely yet learning companies of true friends like Ms. Amena Imran and Ms. Maryam Mirza are the best part of my memories. I feel fortunate for working here for every reason and built up great memories which will be retained with me always.





## The Seed of Integrity

By Shafaat Minsaria, C5A

Once upon a time, there was a little boy Ramu who lived with his father in a nearby forest. His father was a very poor farmer but was a hardworking and an honest person. His house was an ordinary one made up of straw and wood. The farmer always taught him to be honest and to be truthful.

Days, months and years passed. Ramu grew up as a sincere and an honest farmer who practiced speaking truth throughout his life.

One day when Ramu reached his house, exhausted after a day of hard work at the farm, he was shocked to see his house completely burnt due to wildfire. Heartbroken by this, he began to cry. Surprisingly after a while, there came a fairy and asked "What happened, why are you crying?" "My house got burnt and now I do not have any place to live!" the farmer replied. The fairy wanted to help him so she said "I can get your house back with my magic, and she started her magic, with her magic wand first she presented a luxurious villa and asked the farmer if it was his house, but the farmer innocently refused. Then a tall mansion appeared through her magic and asked the farmer if it was his, but the farmer again refused. The fairy showed all kinds of expensive houses but the farmer declined all of them. The farmer was amused after seeing the houses she had shown, but he was an honest farmer so he told the fairy that he doesn't live in an expensive house. He lives in a small cottage made up of straw and woods. The fairy got impressed by his honesty and granted him a luxurious villa with lots of money and the farmer lived happily ever after.

So the tiny seeds of integrity nurtured by his father in his childhood awarded him a massive and magnificent fruit which truly changed his life. The moral of the story is that it takes the tiniest efforts to nurture honesty in young minds, but surely it proves to be a major factor for a happy and successful life.

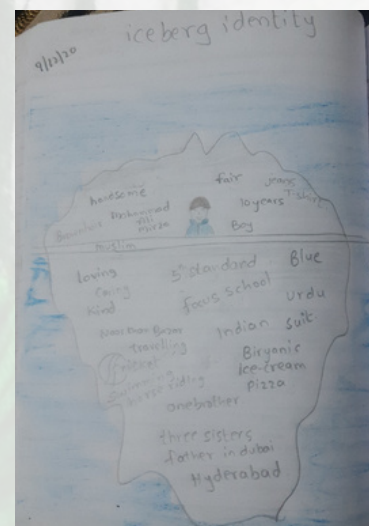


## Waiting for Normalcy

By Mohd. Ali Mirza, C5A

The word 'corona-virus' is on everyone's lips - kids, youngsters and adults. It feels like ages since we were hit by a global pandemic and is now everyone's dream for it to end soon. It seems I haven't gone to school for years now and thanks to digital classes, I have been promoted to class 5th and now to 6th.

However, if we wish for everything to be normal back again and enjoy physical classes, let's take care of our health and take necessary precautions while going out. Hope everything gets better and we can go to school without any fears, as I miss my school, teachers & friends. I wanted to thank all my teachers for supporting me and holding my back even in these difficult times. Through you, I was able to smoothly continue my education.





## Mighty Oaks from Little Acorns Grow

By Fariha Mahmood, C5A

The proverb 'mighty oaks from little acorns grow' has so much significance in many aspects of our everyday lives.

It puts forward the idea that something large and successful began in a small and insignificant way. Not all great personalities had a grand opening to their successful career. Similarly a lot of companies which started off with nothing but accomplished a huge success and here they are today as globally recognized household names.

To further support this idea let me take you to the journey of an American fast food restaurant chain that specializes in fried chicken which had a very humble beginning, the Kentucky Fried Chicken popularly called as KFC. KFC was founded by Colonel Sanders who began selling fried chicken from his roadside restaurant. Sanders was 62-years-old when he started to gain profit from his chicken recipe. Despite being so old, Sanders did not let his age hinder his way and continued his endless effort until he formed his brand image.

I would like to say that this famous proverb truly inspires us to be persistent with small efforts as they might give us huge success with time and always reminds us that great things indeed come from small beginnings like the oak tree from a tiny acorn.



## Culminating Year of PYP, Culminated differently!

By Ali Raza, C5A

I can still feel how warmly I was welcomed at school in PP1. It is hard to believe that I have completed my PYP and will soon move on to the MYP. When I was in class 4, I always watched class 5 students involved in various activities that seemed to be very interesting, and I eagerly waited to move to class 5. Even my brother who completed his PYP talked about the different opportunities you get to express yourself during the exhibition.

Everything went on perfectly until grade 4, but then unexpectedly things changed in the last year of my C4. Yes, the last year was a different one!. Different in every aspect.

Physical learning became virtual learning  
Homes became classrooms  
Devices became our whiteboards  
Sit straight became turn on your cameras  
Maintain silence became mute your mikes  
Submit your books for correction became upload your work on Toddle  
Talking to friends during break time became calling them on the WhatsApp  
The physical library became the Virtual Library  
Assessments too were online.

And finally, the most awaited PYPX was also done virtually. Despite all changes and the challenges faced, I still enjoyed my last year in PYP and all the credit goes to my teachers who made it possible. My heartfelt gratitude to all the teachers who have been striving so hard to guide us during these difficult times. Special thanks to Ms Azra, Ms Amena Imran, and Ms Atiya for all their efforts to keep the show going on!



## The PYPX in a Whole New Way!

By Atiya Fatima, Homeroom Teacher C5B

Every PYP Exhibition experience is unique, be it for teachers, mentors or parents who have previously facilitated it for an older sibling. Right from the shift in theme to the final setup, a lot of things are modified each year depending on what topics students choose to research and delve deeper into. The PYP exhibition is a student-initiated, student-designed and collaborative inquiry. Managing this process remotely and supporting students through an already challenging process to ensure it was a meaningful experience for all, was quite demanding.

The Exhibition is an important milestone and rite of passage for PYP students and this year was no different. The purpose of the PYP Exhibition is to provide students with the opportunity to engage in an in-depth, collaborative inquiry, demonstrate agency and responsibility for their learning. Remote learning, during these unprecedented times, did not hold students back from achieving their purpose. They were engaged in every stage of the Exhibition process with great passion and determination, working together to research, create, and present remotely. Students adjusted quickly to the new virtual learning format and their self-management skills, remote collaboration and digital skillset blossomed. Bitmoji classroom, daily class meetings and tasks assigned by mentors on Edmodo helped students stay focused on their goals for each week.

Students first unpacked the theme 'Sharing the planet' and gained an understanding of its descriptors. Next, they identified issues that needed to be addressed immediately and brainstormed on ways they could achieve results. A few sessions later, they came up with the idea of joining hands with the UN in building peace, dignity and equality for a healthy planet.

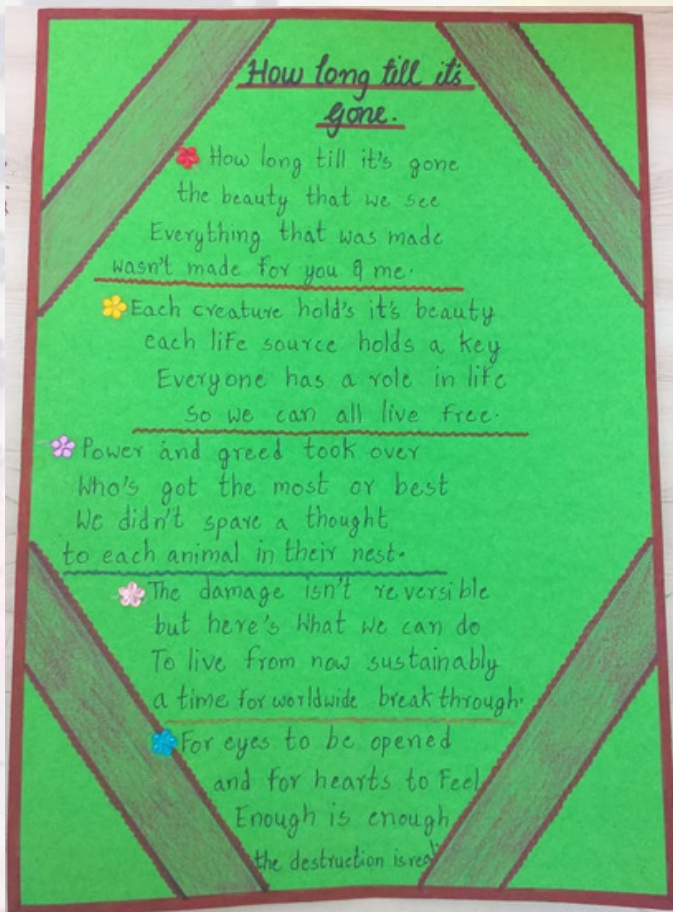
Exhibition inquiries this year included Sustainable Development Goals that save our planet from global warming, fight inequality and injustice, end extreme poverty and tackle climate change. Students shared their ideas on Edmodo and continually showed that they are capable thinkers and inquirers.

The exhibition is intended to be an authentic experience where students demonstrate their approaches to learning skills and the attributes of the IB Learner Profile. It is an opportunity for them to reflect on their learning and take meaningful action. The Exhibition presentations were evidence of their understanding of all essential elements of PYP.

The passion these students had for their chosen topics remained strong right until the staging of the event and they were eager to show everyone in the learning community just how knowledgeable they had become and that they are truly internationally-minded lifelong learners capable of creating a better and more peaceful world. Each group not only shared their learning but also inspired their audience to work on achieving the Sustainable Development Goals so that we all make positive changes in our own lives and create a more equitable and sustainable world.



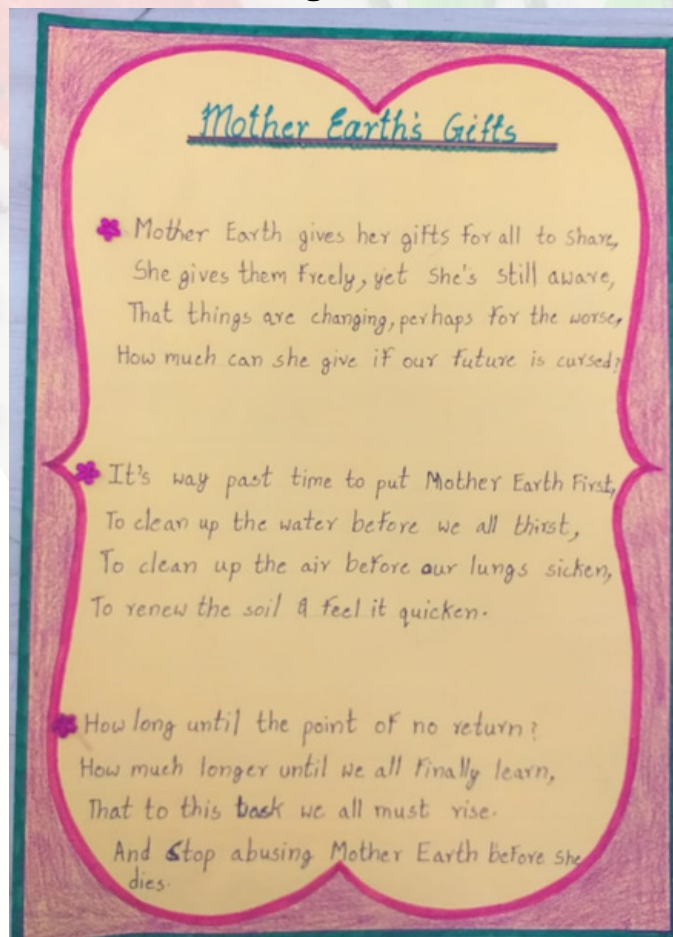




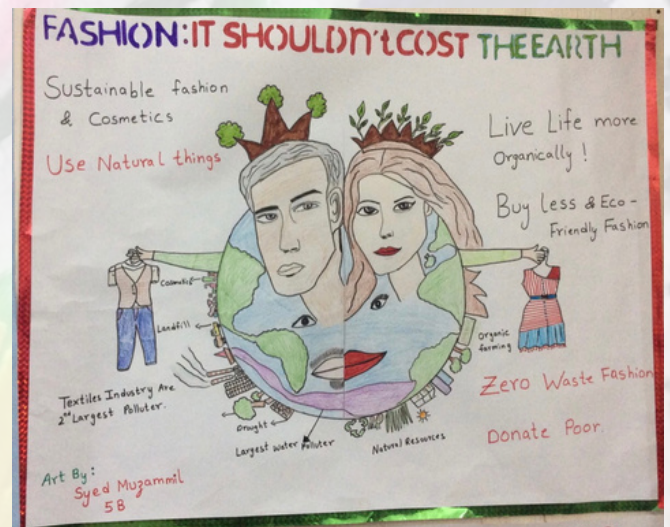
How Long till it is Gone



Building Sustainable Homes



Earth's Gift



Fashion Takes Action



Research on Sustainable Fashion for all



# Class 4

## Spreading Awareness Among our Support Staff

By Khursheed Begum, Homeroom Teacher C4A & TL

2020 will always be a year to remember, not because it was an eventful one but because it was a year of survival. Firstly COVID-19 and then the Hyderabad rains made it a challenge. Most of the people were not aware of what precautionary measures should be taken when a calamity strikes. Our PYPC came up with an idea to spread awareness among the housekeeping staff of our school to educate them on the most common disasters - Fire and earthquake. Mohd Mutahar Ahmed and Tabinda Junaid of my class took up the responsibility of educating our helpers on the safety and precautionary measures to be taken during disasters. They prepared a ppt on safety and precautionary measures to be taken during an earthquake and in case of a fire. The main points included:

- Always keep a disaster bag ready for any kind of disaster. The disaster bag should include passports, aadhaar card, medicines, important documents and certificates, multi tool kit, whistle, torch, portable radio, money etc
- Never use the lift. Always use the stairs
- In case of fire, crawl to evacuate if you are caught in the smoke
- STOP, DROP & ROLL if your clothes catch fire
- Have an escape plan ready and dial 101 for fire department
- During an earthquake, follow the DROP, COVER, HOLD rule.

DROP where you are onto your hands and knees. Take COVER under a sturdy desk or table. HOLD onto it firmly until shaking stops.

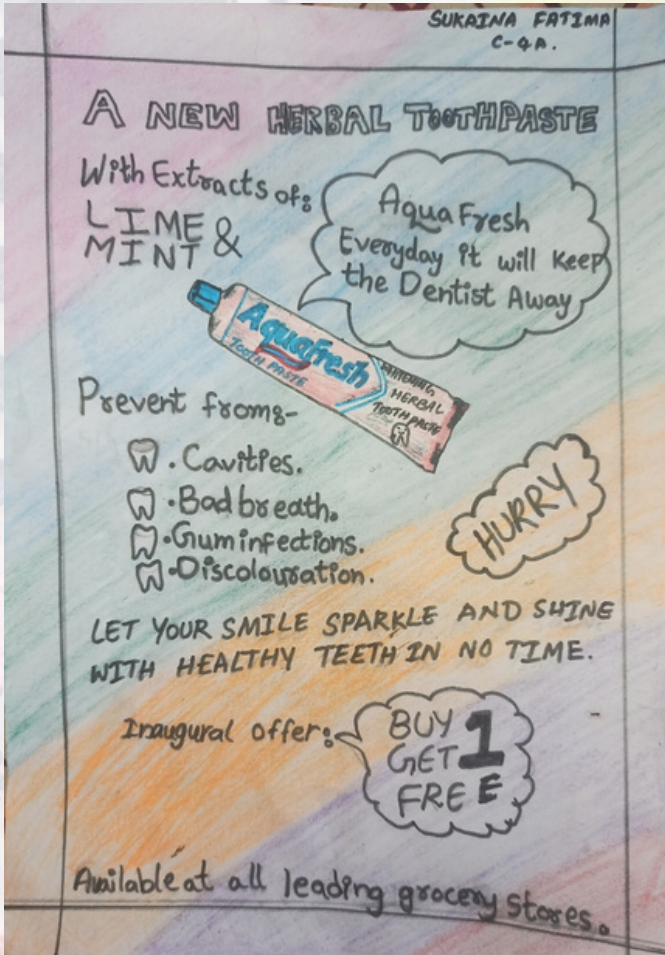
The house keeping staff practiced the fire and the earthquake drill and were very happy with the learning outcomes. They thanked us for organizing such an informative session for them. As responsible citizens, we should generate awareness among our community helpers and make them a part of our learning and teaching.



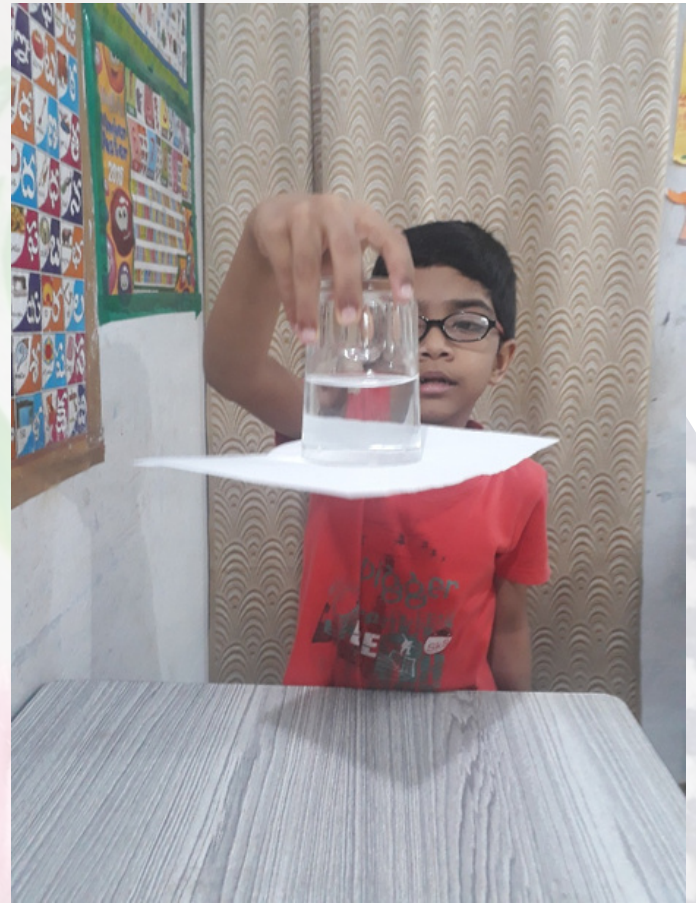
## Displaying Skills in Ticklinks

Ticklinks in partnership with DAV Chennai and Ramakrishna Mission Science Centre organized the Vivekananda Young Explorer contest for English, Maths, and Science. The aim was to promote fun learning through real-life applications and projects. Many students from Focus school took part in the competition and Mohammed Mutahar Ahmed of C4A took part in science- Fun with Magnets. Mutahar wanted to do something different and hence he came up with the idea of a “Magnet memory match game”. Using the magnetic properties of attraction and repulsion he built a magnetic game similar to a jigsaw puzzle. He demonstrated commendable thinking and research skills using the properties of magnets.





Toothpaste Advertisement



Experimenting with Air Pressure



Cleanup Drive



Adverbs



## Books are my Best Friends

By Syeda Nisa Fatima C4B

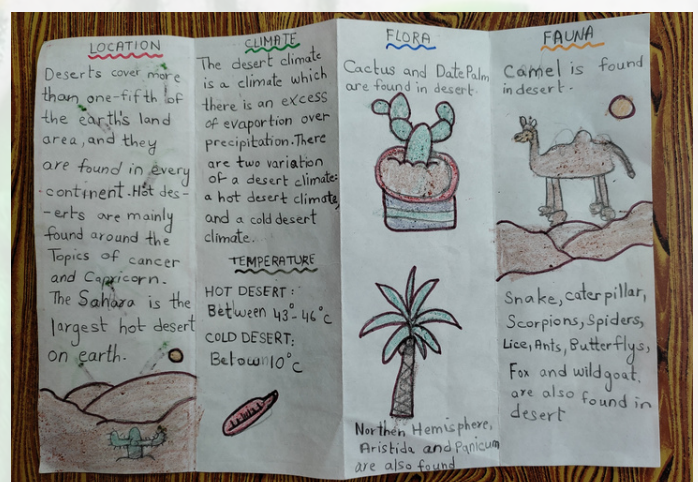
This year was really tough for me as the school was closed and I missed my friends a lot. I was feeling very lonely and bored without friends. Life is not easy to live without friends and hence I started looking for new friends. Those were books! I made a habit of reading one book everyday.

Our school library has a wonderful collection of books and my mother used to get books for me from the library which I enjoyed reading a lot. Moreover, the virtual library also has lots of short stories and interesting stuff to read. The read along apps suggested by school, also had wonderful books and games which were good enough to keep me entertained. Now I am so addicted to books that I don't go to sleep without reading. I atleast try to read twenty minutes a day. Books have become a habit for me, a necessity of my life and now I can read books above my grade level. Reading has enhanced my vocabulary to a great extent. I have learned many new words which help me to become a confident speaker. Now I am also going to explore Audible.com which has lots of stories for free.

Lastly I would suggest everyone to read books and make them your best friend. Reading books is complete fun!!



Certificate to Sufyan Sajid

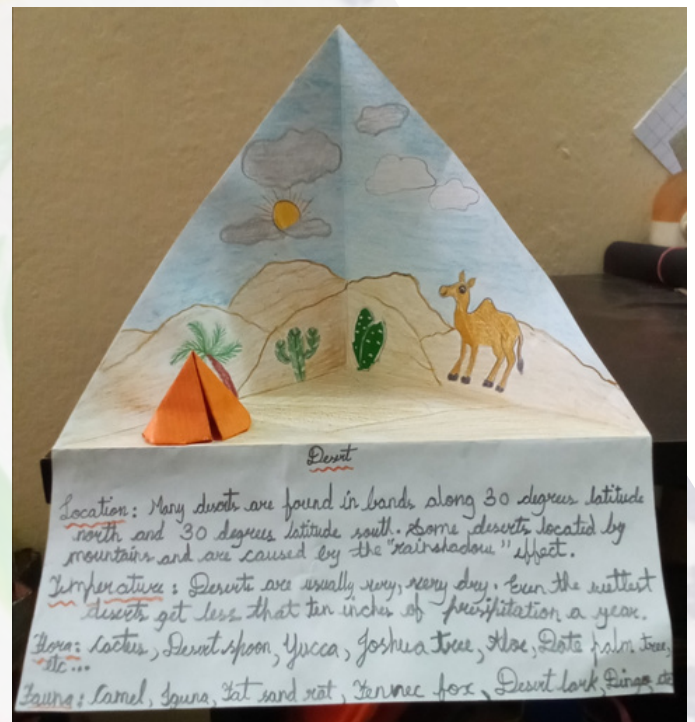


Brochure

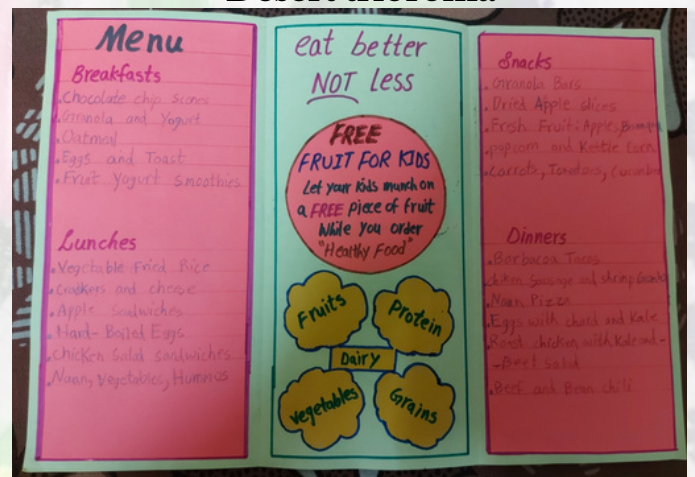




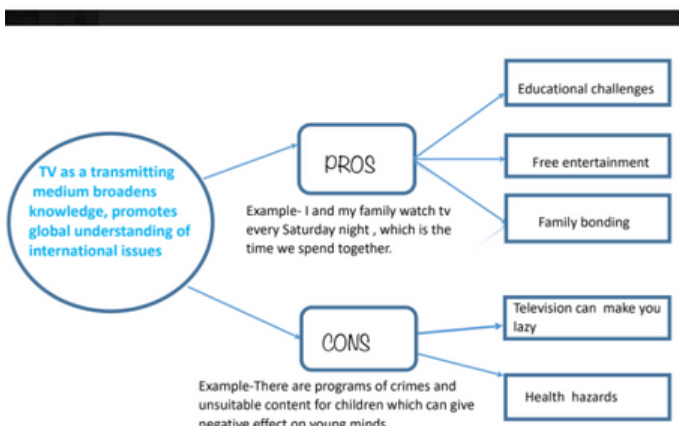
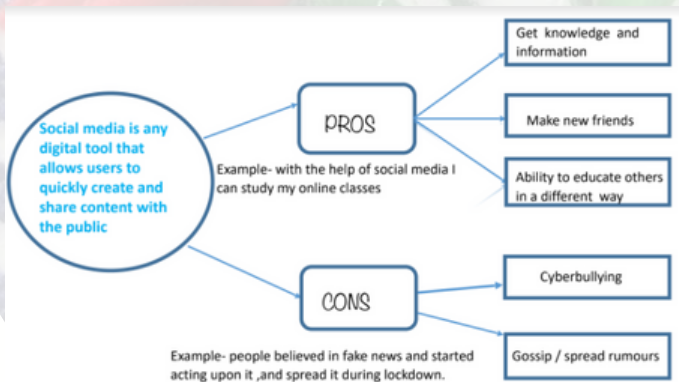
Clean Earth



Desert triorama



Experiment Demonstrating Forest on Fire(Wildfire)



Pros and Cons of Media

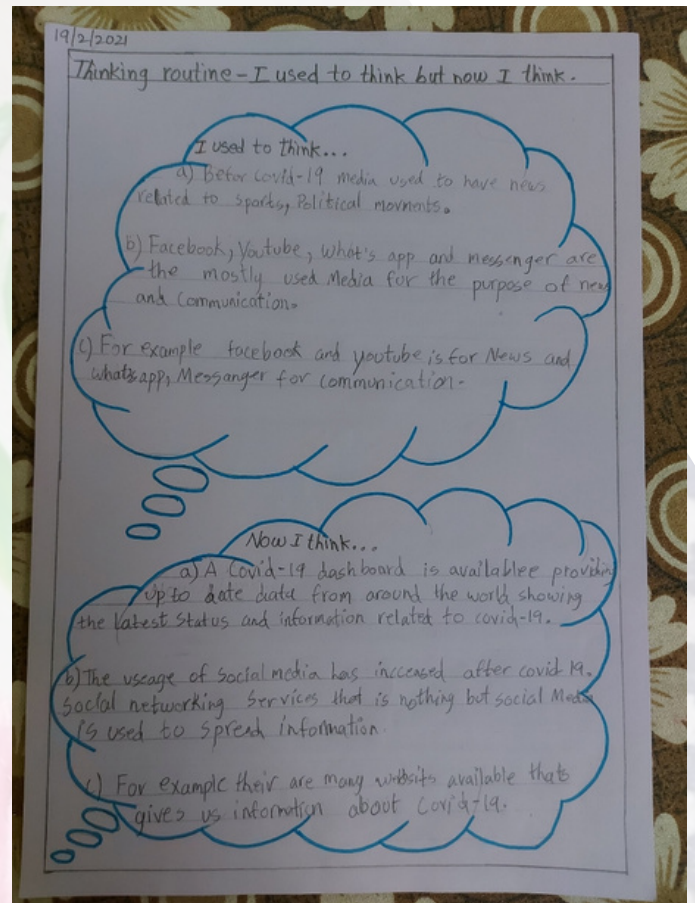
Colour - Symbol - Image		
COLOUR	SYMBOL	IMAGE
What colour best represents this?	What symbols best represents this?	What image best represents this?
Why did you choose this colour?	Why did you choose this symbol?	Why did you choose this image?
I choose this colour because it is a nature colour and it gives coolness to eyes.	I choose this symbol, because it shows connections, and links between people.	I choose this image because I am a nature lover and I want everyone to love nature.

Colour Symbol Image

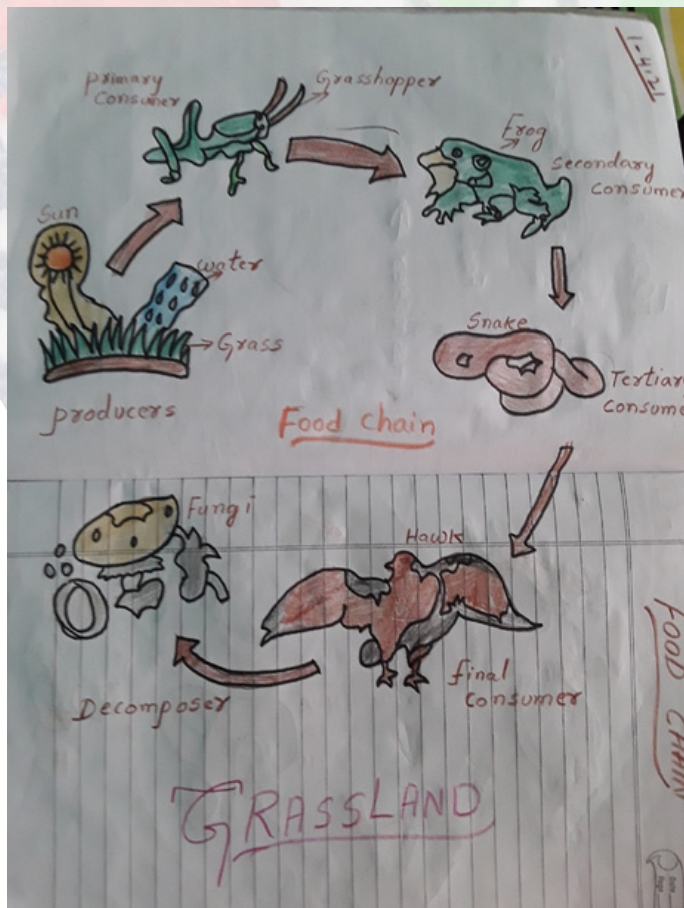




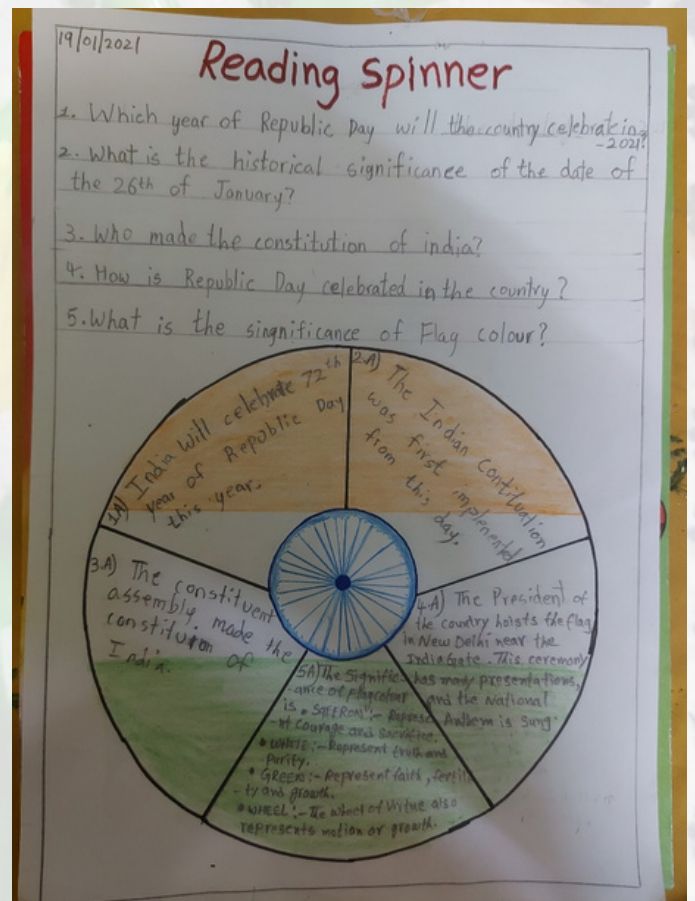
Advertisement



Visible Thinking Routine

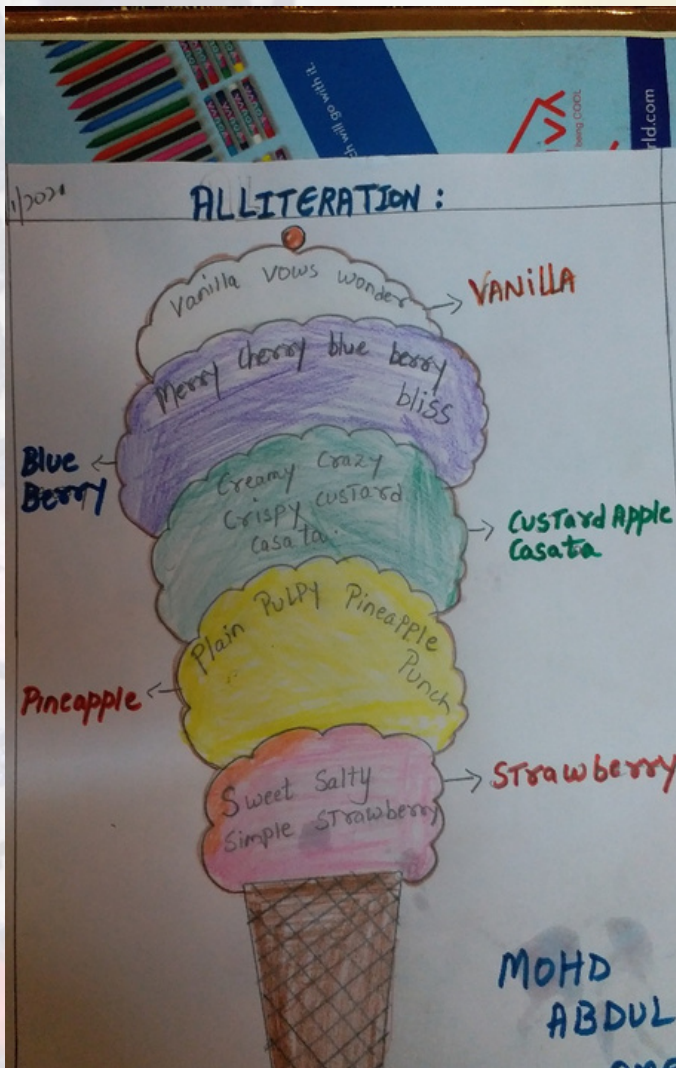


Food Chain

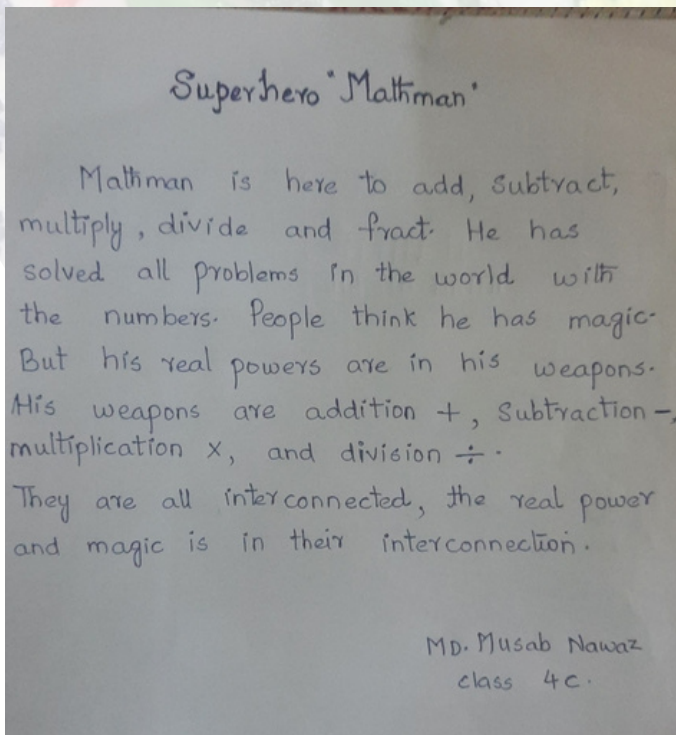


Reading Spinner

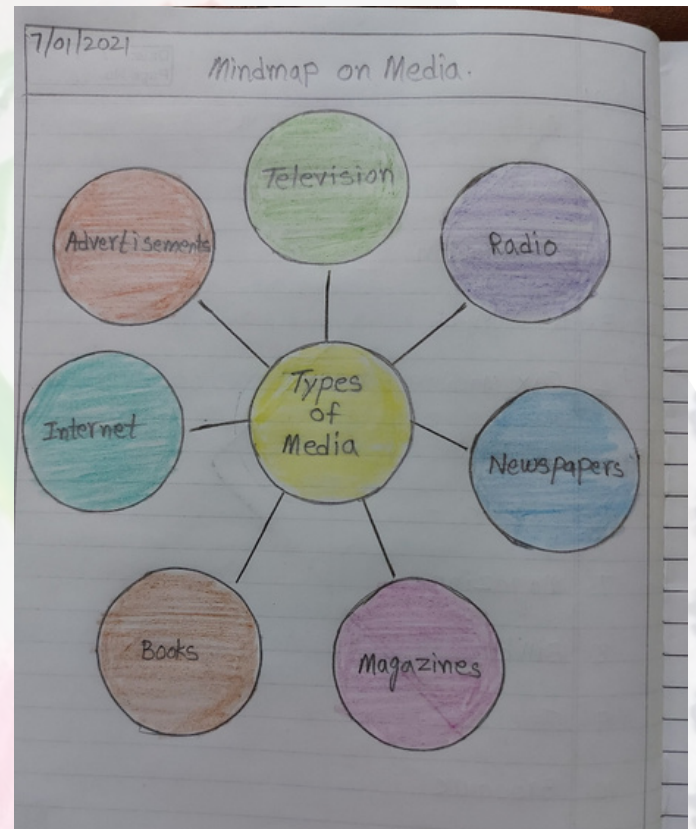




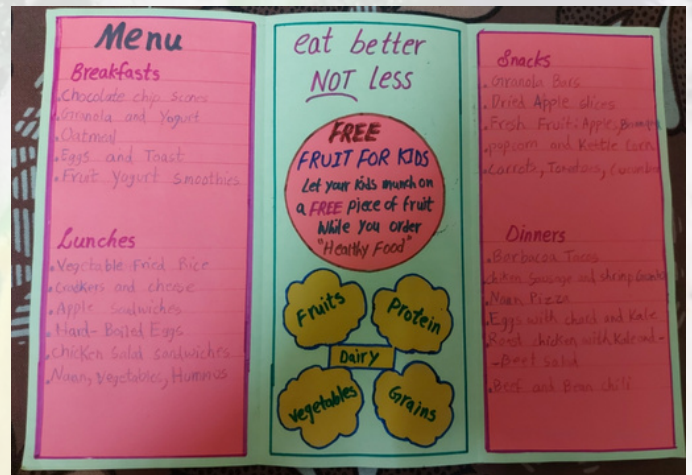
Alliteration



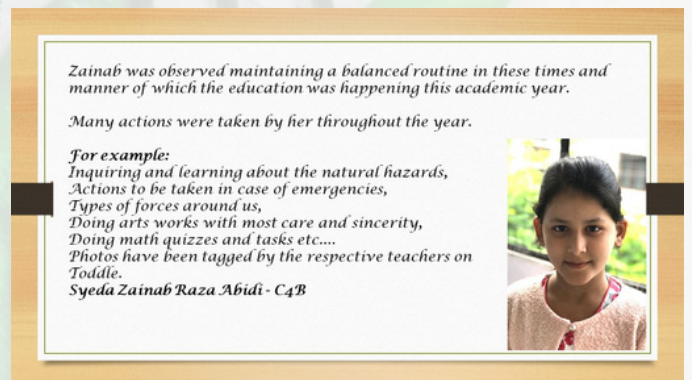
Super Hero Math-man



Mind Map of Media



Brochure on Healthy Food



Zainab Being Balanced and Open Minded



# Class 3

## Diamante Poem

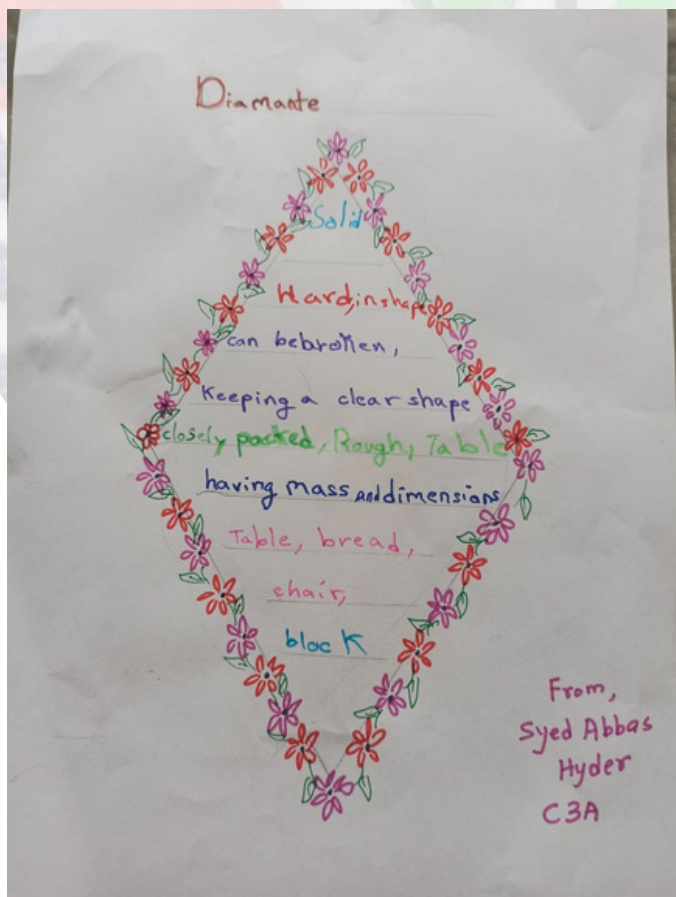
By Abbas Hyder Ali, C3A

Cave  
Choose Careful  
Challenging Climbing Concealing  
Curious Crouch Continue Cool  
Curving Conquering Celebrating  
Cavernous Captivate  
Cavern



By Hasan Ahmed Ali, C3A

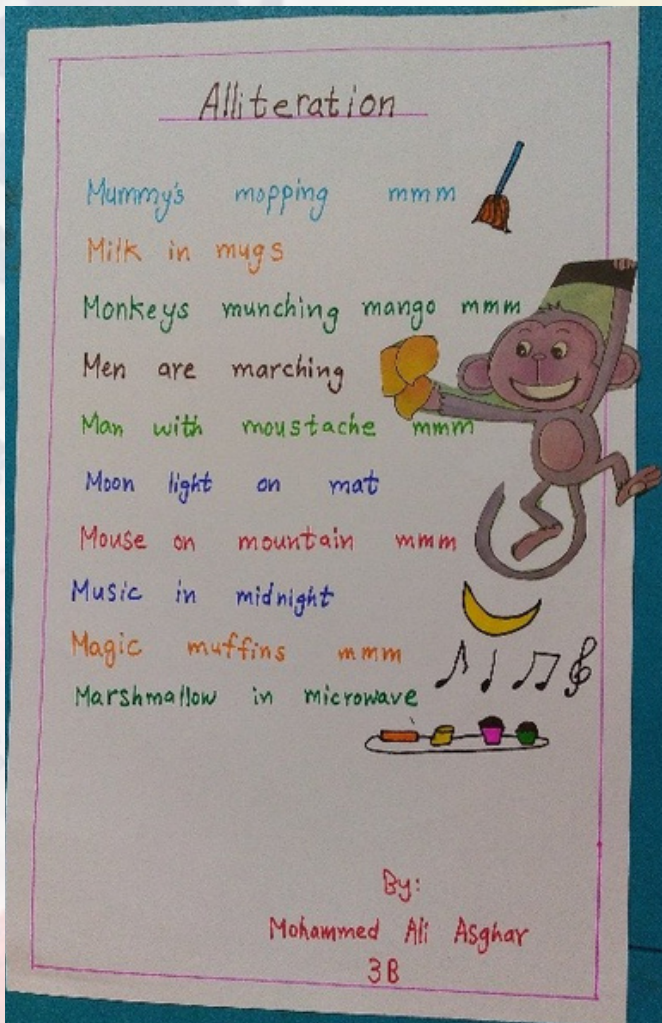
Volcano  
Valiant Vast  
Viewing Vacationing Visiting  
Volatile Violent Vital Valiant  
Vapurising Vibrating Visualizing  
Vigorous Vivacious  
Vent



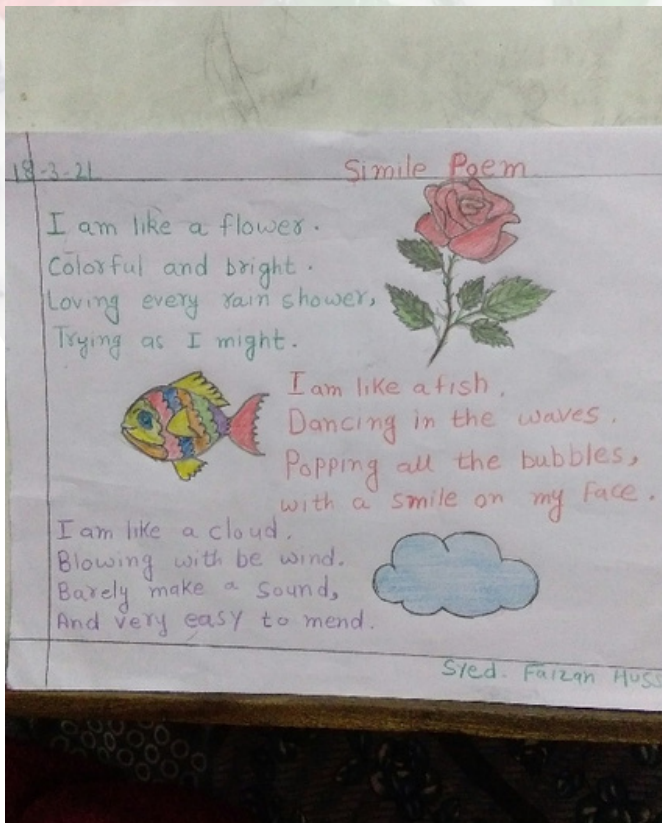
Creative Writing by Abbas Hyder Baqri

Creative Writing by Nada Ali

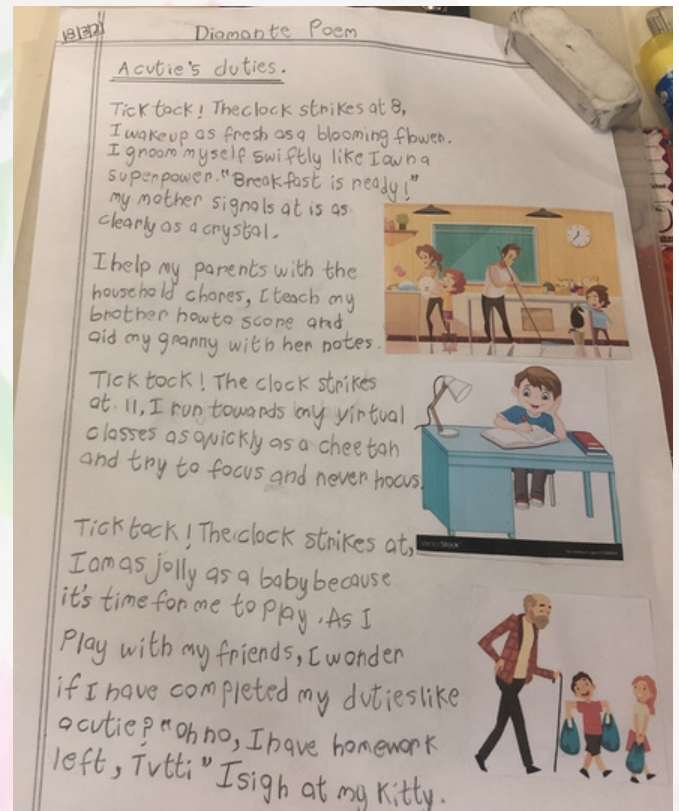




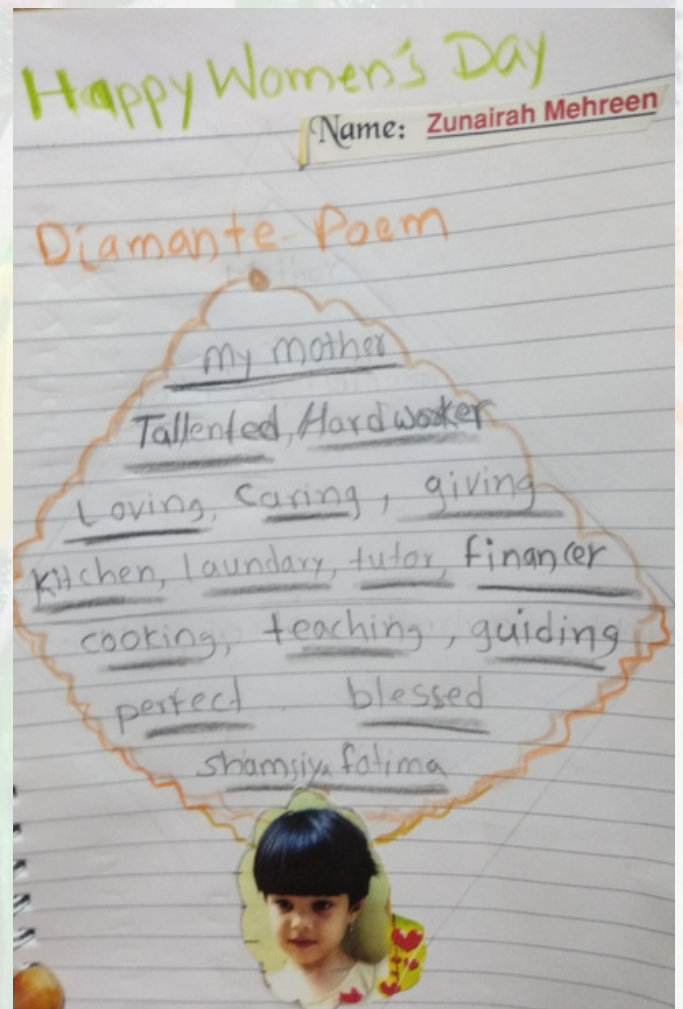
Creative Writing



Creative Writing with Simile Poem

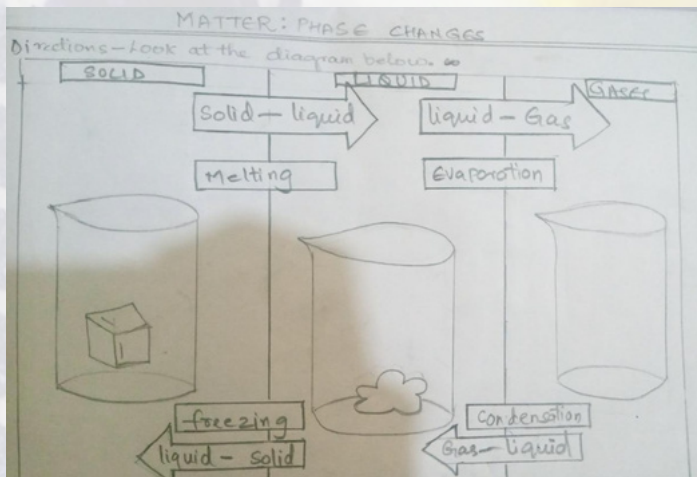


Creative Writing by Abul Hassan

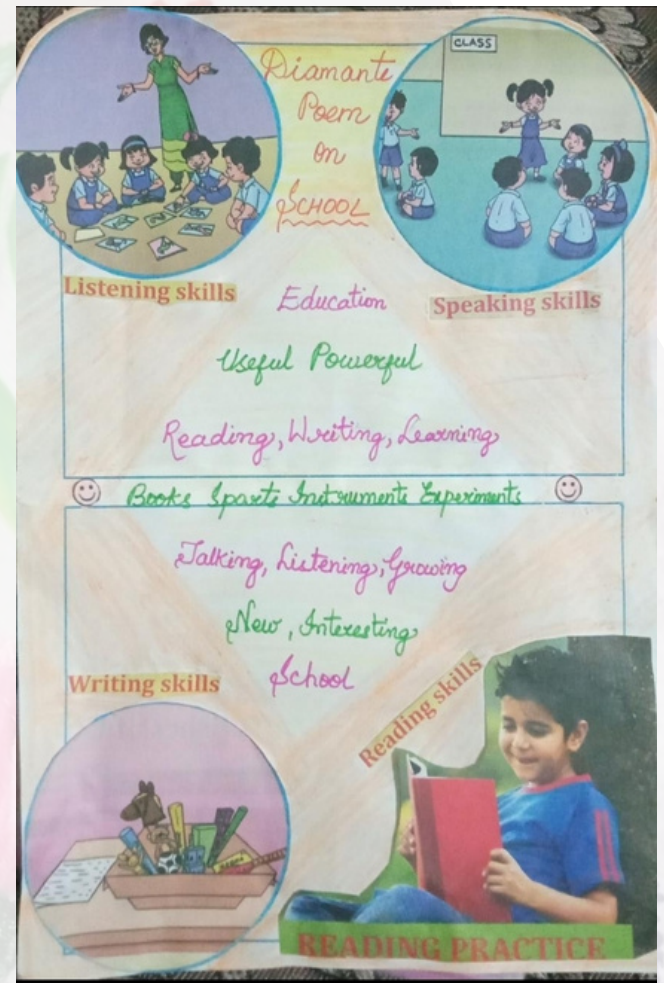


Creative Writing by Zunairah Mehreen

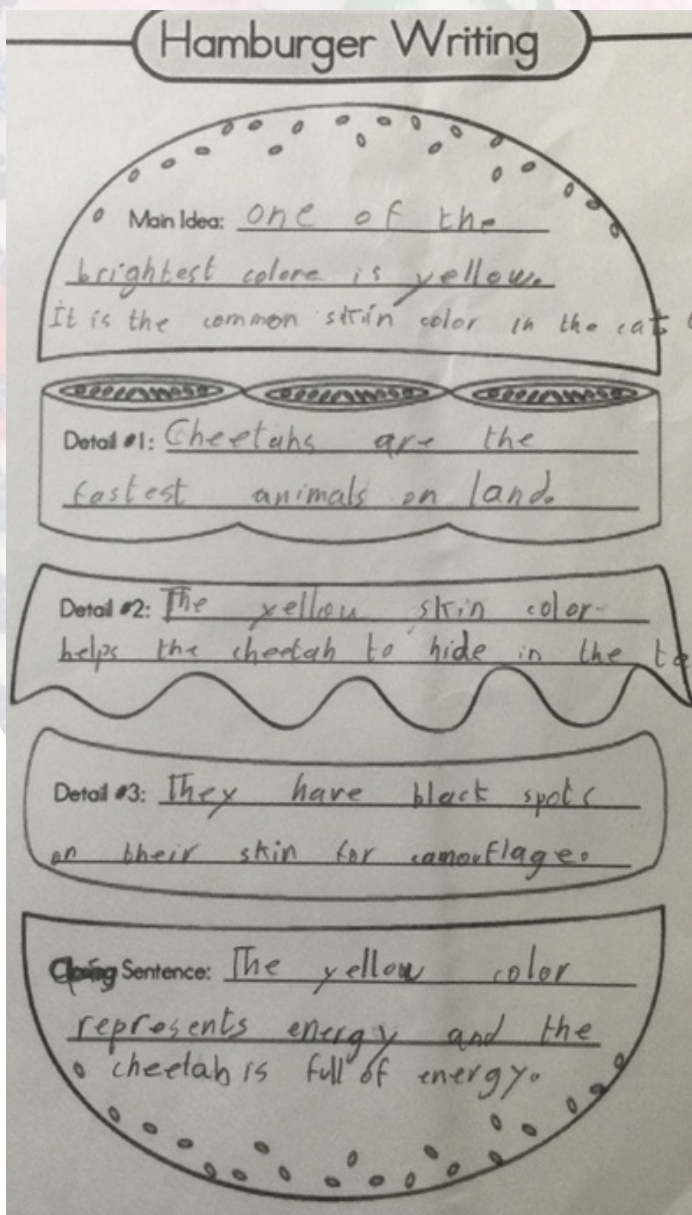




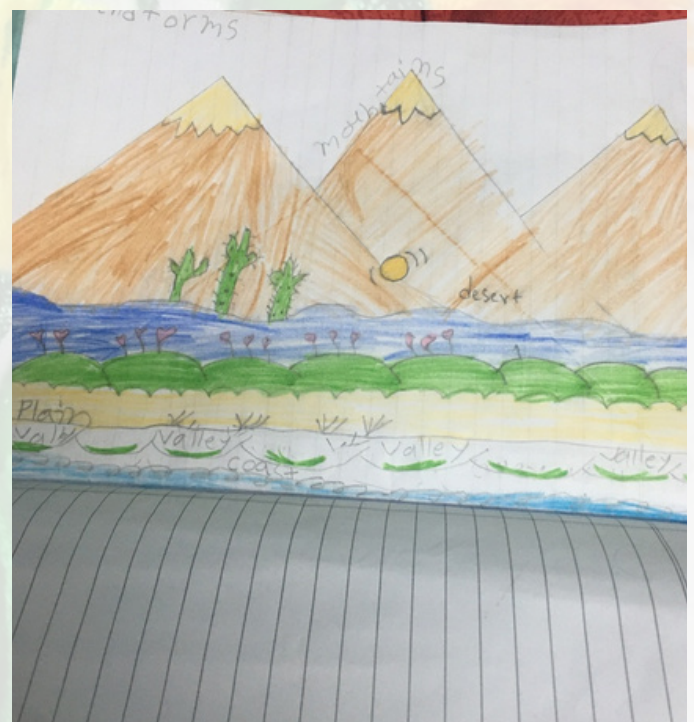
Matter Phase Changes



Creative Writing with Diamante Poem by Syeda Asema Fatima



Burger Activity



Landform Sketch



# Class 2

## Making Connections

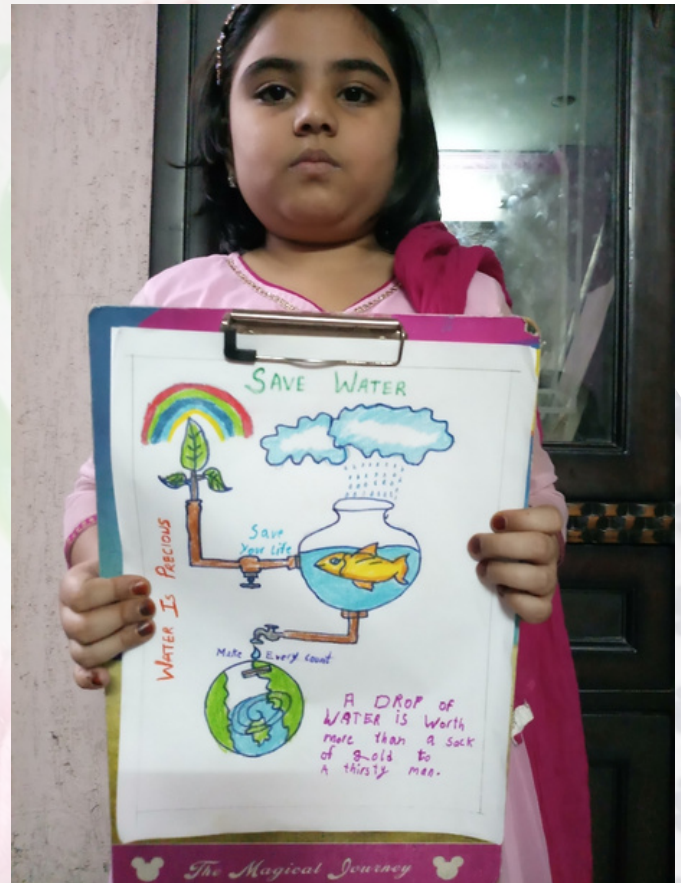
By Ameena Farhat Siddiqui,  
Homeroom Teacher C2A & TL

Taking action is one of the five essential elements of the PYP and an intricate part of the inquiry cycle which could be interpreted as a “conclusion” to learning. When taking action, students make connections to new knowledge they have acquired and apply their skills in everyday life.

During virtual classes, it is very difficult for students to understand the concept and apply their learning in everyday life and carry out inquiry. Similarly, it is difficult for a teacher to judge that students are clear with the concept or not. In this situation, students taking action play a vital role in analysing their comprehension of the unit.

After each unit, I look forward to receiving parents' notes about their child taking action as this helps me gain an understanding of how well the students were connected to it. When our PYP coordinator suggested we share the Padlet link with parents and ask them to report their child's action and showcase their new learning, I was surprised to see the parent's responses. I want to thank every parent who has taken out their valuable time in reporting action and letting us know how wonderfully the child is applying their skills in everyday life.

I believe taking action is one of the most empowering PYP elements, where children can see the accumulation of all of their knowledge, skills and making progress as learners coming together to make a real and tangible difference.



Save Earth Resources



Air has Weight

Name : Shanaya Chutasa Date : 31/11/2020	
<b>LIMITED RESOURCES</b>	
<b>Definition :</b> The resources which are eventually going to run out are a limited earth resources. Most natural resources are limited.	<b>Facts/Characteristics:</b> Limited resources cannot be restored easily. Take thousands or millions of years to form.
<div style="text-align: center;"> </div>	
<b>Examples :</b> Some examples of limited resources include coal, nuclear, natural gas, metal ores and oil.	<b>Non-examples:</b> Solar Energy, Biomass Energy, Hydro Power Energy & Wind Energy.

Frayer's Model





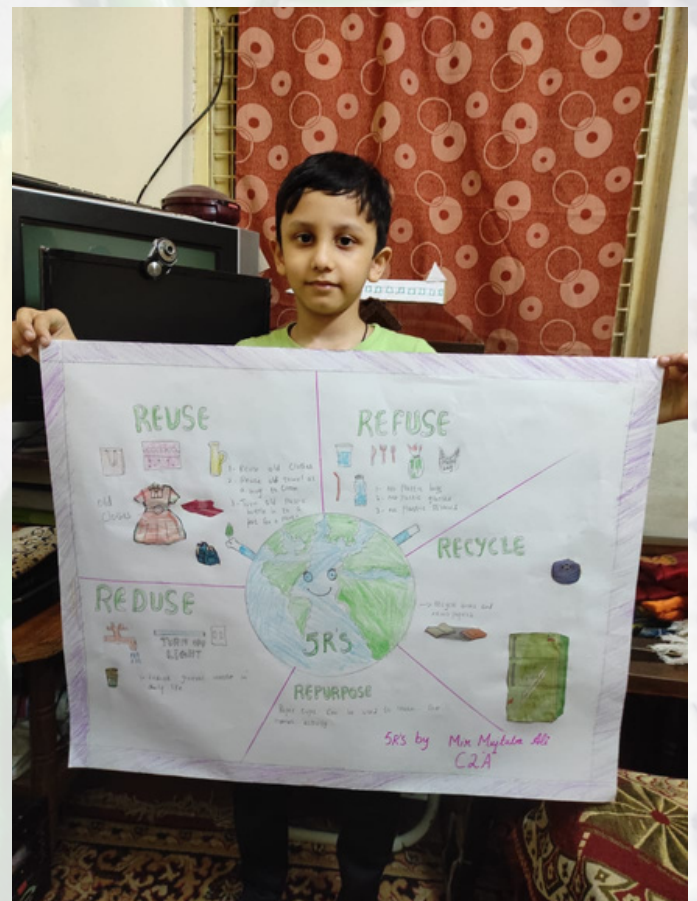
Poster Making



Pinwheel

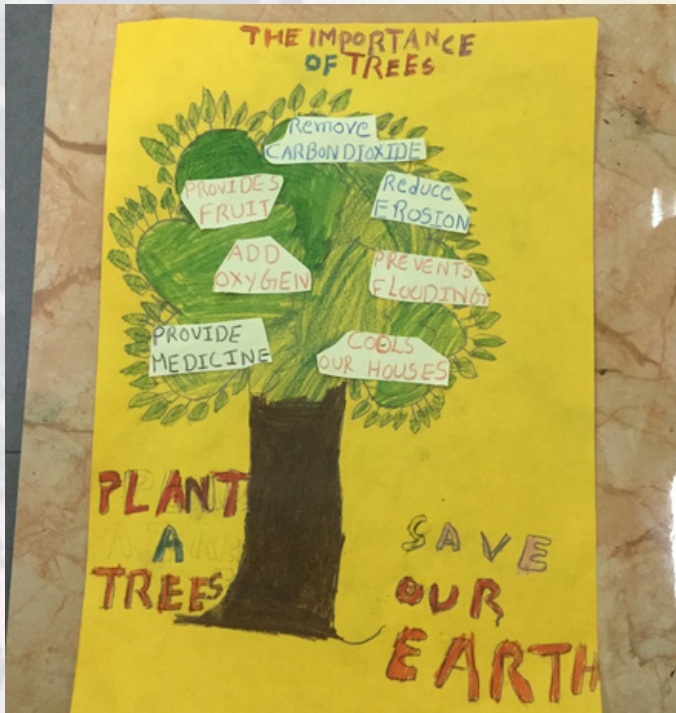
MY CLICK	I SEE	WHERE	WHY	LOOK
	ZEBRA CROSSING	NEAR MY HOUSE	TO CROSS THE ROAD SAFELY	CROSS THE ROAD
	BUS STOP	ON MAIN ROAD	TO GO ONE PLACE TO ANOTHER	WAITING FOR THE BUS
	NO PARKING	NEAR BANK	NOT TO PARK THE VEHICLES	NO BIKES
	ROUND ABOUT	NEAR 4 WAY FOURS	TO TURN AND GO AROUND	FOLLOWING THE BOARD

Signs in Neighbourhood



Poster Making

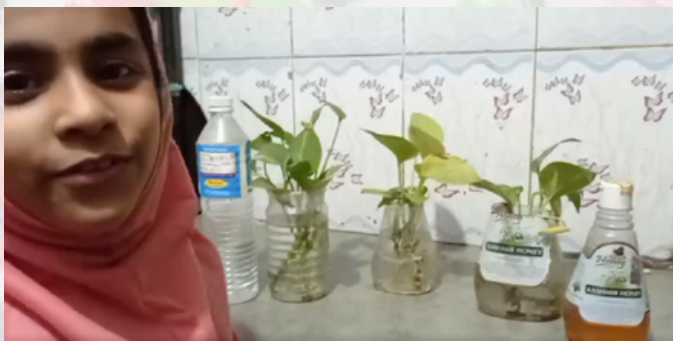




Poster to Save the Earth

MY CLICK	I SEE	WHERE	WHY	LOOK
	ZEBRA CROSSING WITH A PERSON CROSSING THE ROAD.	ON CROSS ROADS.	WE SHOULD CROSS THE ROAD FROM HERE.	ON ROADS.
	SPEED LIMIT	ON BRIDGE	TO CONTROL THE SPEED OF OUR VEHICLE IN THAT LIMIT.	ON HIGHWAYS
	LEFT TURN	ON ROADS	TO TAKE LEFT TURN FROM HERE	ROADS WHERE IT IS DIVIDING.
	BUS STOP	MANY PLACES ON ROAD	WE CAN BOARD THE BUS FROM HERE	MANY IMPORTANT AREAS ON ROADS
	U-TURN	AT CROSS ROADS	INDICATES WE CAN TAKE TURN FROM HERE	IN BETWEEN THE ROADS FROM WHERE WE CAN TAKE TURN

Student Noticing Sign & Symbols on Roads



Repurpose Items for a New Use



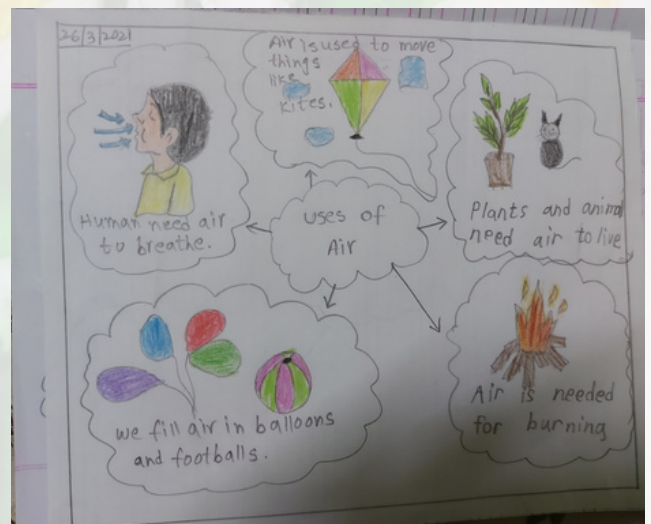
Hospital

- 1) It is red in colour.
- 2) I saw this at our area hospital.
- 3) It helps people to know that it is a hospital.
- 4) Hospitals, medical centres, pharmacies.

Observing Sign in the Neighbourhood



Save Trees, Save Planet



Graphic Organizer on Uses of Air



## Teaching Young Ones to Take Care of our Planet

By Syeda Tasneem Fatima, Homeroom Teacher  
C2D

“Earth is my home and I promise to keep it healthy and beautiful”.

The Earth has all the things we require to live, but we must take care of the Earth so it can keep giving us what we need. Teaching kids to take care of the Earth is a tough job but once they understand the importance of caring for the environment, it can definitely make a difference.

In the unit Earth resources under the Transdisciplinary Theme Sharing the planet my students have learnt the importance of taking care of the natural resources and how to use them wisely. During the unit we had a discussion on what acts of humans are making the Earth happy or sad. We had a virtual field trip of the recycling center to see how plastic is recycled and made into new objects. Students also learnt how important it is to conserve the Earth's natural resources like water, so people living decades after us can still find it easy to survive on our amazing planet. Kids often teach us something good. One of my students told me that whenever she drinks water, if some water is left over, she puts it in the bucket and re-uses it instead of throwing it away. Students created posters to spread awareness among the people.

By the end of the unit students became more knowledgeable and started caring for the environment by doing little acts like planting trees, using less plastic, reusing things instead of throwing it away and conserving electricity. It makes me proud to say that students have demonstrated an increased awareness of the dire need for protecting the environment.

During virtual classes, it is very difficult for students to understand the concept and apply their learning in everyday life and carry out inquiry. Similarly, it is difficult for a teacher to judge that students are clear with the concept or not. In this situation, students taking action play a vital role in analysing their comprehension of the unit.

After each unit, I look forward to receiving parents' notes about their child taking action as this helps me gain an understanding of how well the students were connected to it. When our PYP coordinator suggested we share the Padlet link with parents and ask them to report their child's action and showcase their new learning, I was surprised to see the parent's responses. I want to thank every parent who has taken out their valuable time in reporting action and letting us know how wonderfully the child is applying their skills in everyday life.

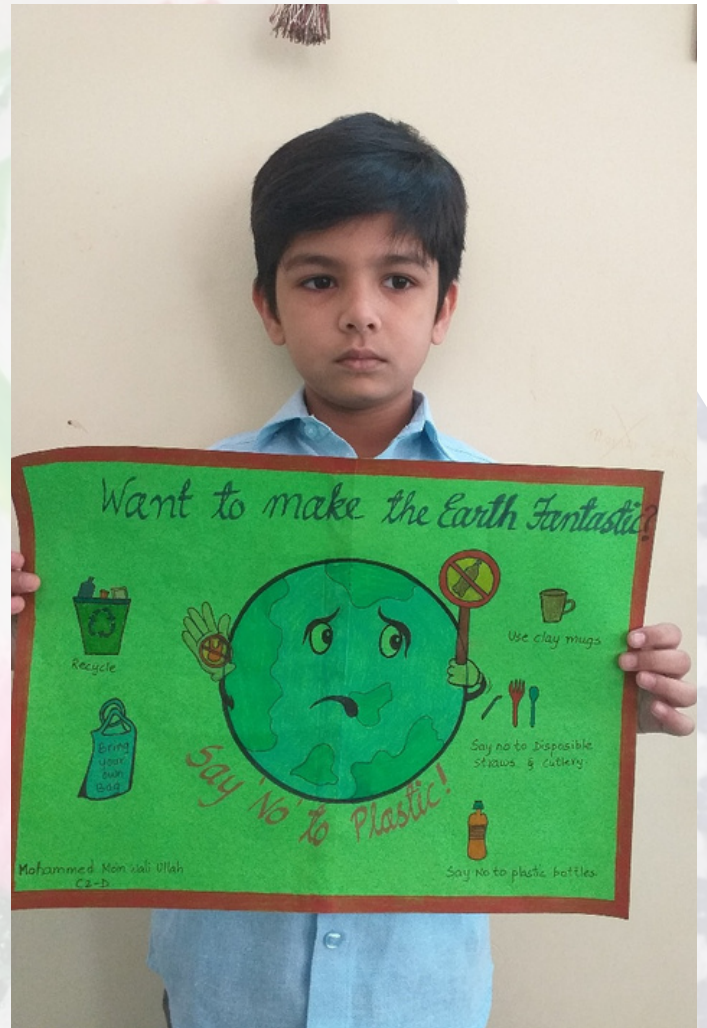
I believe taking action is one of the most empowering PYP elements, where children can see the accumulation of all of their knowledge, skills and making progress as learners coming together to make a real and tangible difference.







Repurpose Item for New Use



Poster Making



Growing Plants to Reduce Pollution



Taking Care of Plants





The 5 R's



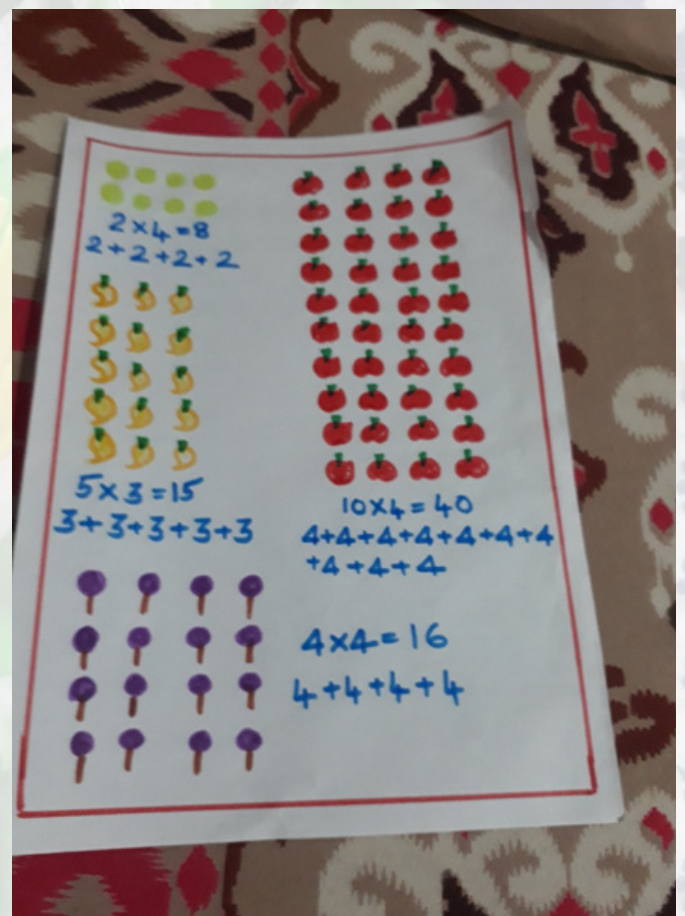
Booklet on Earth Resources



Poster on Earth Day



Poster on Save Earth Plant More Trees



Fun with Arrays



# Class 1

## Pandemic Studies

By Hyderi Moosvi, Homeroom Teacher CIA

Online teaching is the growing need because everything is turning online and amidst the global pandemic it has become necessary. Students are being provided with proper education while staying at home through online teaching. So it is really important to understand the value of remote learning. We have done a variety of activities online and were proud of the outcomes. The children understood the concepts very well and demonstrated their understanding clearly. We have done experiments showing the filtration process, finding out the properties of water, sinking and floating objects and many more.

Whenever any concept was introduced, a live worksheet was shared and the children had to post the screenshot immediately on the teacher's WhatsApp and the children were very excited to share their score. Many times, while solving the live worksheets the parents helped us by giving suggestions. That part was very heart touching. Children made beautiful manipulatives. They created their study corners and enjoyed using it. It was amazing to see children displaying their talents through JAM sessions, mime acts etc. It was a pleasure teaching my students virtually this year, thanks to all parents and students who were very cooperative.



## Reading is Fun!

By Meena Farath, Homeroom Teacher CIB & TL

It gives me immense pleasure when I see my students reading fluently. It was quite difficult for the kids to read fluently in virtual classes. We had to struggle a lot to make them fluent readers. On that front, I was a little worried for the children. After thorough discussions with our PYP Coordinator, I started read-aloud sessions for all three sections of class 1. This definitely helped us in bringing a big change in the reading skills of students. As we know kids are very much attracted to the fantasy world so keeping this in mind, I suggested parents create reading corners which will attract them towards reading. I really appreciate their hard work, interest and dedication they showed to create beautiful reading corners for their children. The little corner was decorated with beautiful tiny lights, soft and attractive cushions and a small collection of their favourite books. The whole setup attracted and welcomed the kids to spend their time in their cozy corners.





## Show And Tell - A Tool to Help English Learners

By Maryam Mirza, Homeroom Teacher PP2 A & TL

People around the world study English, making it the third most spoken language around the world. It is assumed to be one of the most difficult languages to learn. Out of the four skills of English language, speaking skills are often left behind during the course of study in early years. Major focus is laid on learning to read and write alphabets following the writing rules. But spoken language is equally important as written language because it helps us to express ourselves, allows us to form connections with others and influences decisions. Without communication skills, the ability to progress in the working world and in life, itself, would be nearly impossible.

To enhance the speaking skills of our PP2 children we plan and implement activities where they get an opportunity to express themselves in front of the class. One such classroom exercise in which children display an object and talk about it is the Show And Tell activity. Despite being at home and attending classes online, children were asked to bring one of their favorite objects and speak about it. Students eagerly participated in the task and were happy to speak about their favorite toy, vehicle, food item and favorite means of transport etc. The enthusiasm to share their ideas and to display their favourite object to their friends and the teacher was vividly seen in the eyes of the little ones.

As a teacher I believe Show and Tell activity not only gives them a chance to practice academic vocabulary and pronunciation but also sets the stage for children to become comfortable and confident when speaking in public.

I highly suggest Show and Tell activity to be included in daily schedule especially at pre primary level as it encourages children to listen, follow directions, make choices and can serve as a great tool to help English Language Learners, giving them a chance to practice basic skills needed to succeed.





## Experiential Learning

By Kaneez e Fatima, Homeroom Teacher PP2 C

Experience is the teacher of all things-  
Julius Caesar

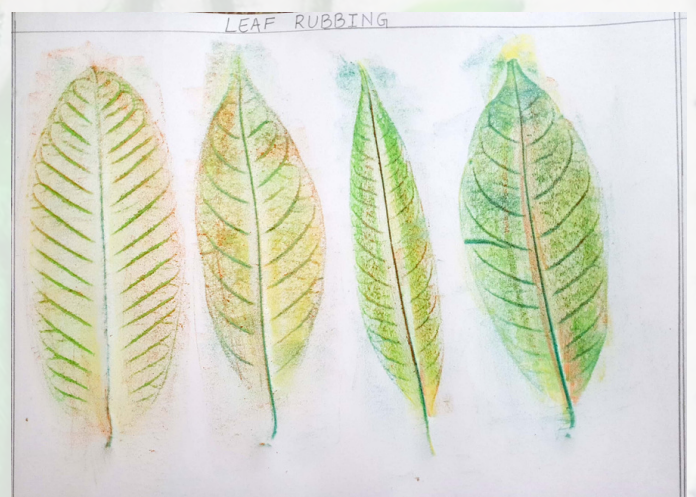
“ Nai ammi....mujhe paani mein nahin daalna hai.” The child was very reluctant and scared to put his toy in the water tub. Amidst the protest of the child a soft and an encouraging sound persuaded him to put his toy in the water tub. And the child finally gave in to test whether his toy would float or sink.

(Above is a scene from our Virtual class)

This incident made me realize that as a Class teacher I needed to create more and more concrete experiential learning opportunities for my students. Such opportunities also give them the courage to be risk takers.

At Focus School, pre primary children are being presented with many such opportunities in almost every class. Whether it is math or english, science or art, students are encouraged to think out of the box, question the demonstrations and predict what will happen next. What stands out for our students is the freedom to discover and explore. This year we explored the way magnets work, how to classify living things and discover how seeds germinate. In math, students observed patterns within their houses, collected items to sort and analyse data and created matchstick bundles to learn place value.

In a real life setting, the learning becomes manifold but even within the limitations of our virtual setting, the support of the parents makes learning an enjoyable and concrete experience.





## Let's Read – Today a Reader Tomorrow a Leader

By Kaikesha Anjum, Homeroom Teacher PPIA

English is a global language. Despite not being our first language, many people have pretty good command over spoken English language. Children grow up listening and speaking English at school and in everyday life. But how many of them are avid readers and are confident in their spellings? How many parents and teachers struggle to develop basic reading skills among children? Yes many of us... But I believe as a teacher, if we put our conscious efforts in proper direction by building a strong foundation at school in early years we can not only develop their reading skills but also make them confident in their spellings.

One of my personal favorites to enhance reading skills is Let's Read by Asma Zaidi, a wonderful book that focuses on reading and spelling words using phonics. It's a proven theory that people who learn English using phonics i.e., the sounds of words, are able to decode the spellings with ease and hence recognize the words better. I have indeed noticed a significant change in the way my students read and pronounce words since I started including 'Let's Read' in our classroom activities. It has greatly improved their pronunciation which in turn has led to them decoding the spellings better. When the book makes them break down words into syllables and then read, it imprints the word in their minds in a way that's easier for them to recall later. This technique widens their vocabulary and helps their sentence formation as well. If used regularly and wisely, this book can really shape the personalities of students. I would recommend this book to every kindergarten teacher and parent out there. Let us ensure this generation masters all the four skills of English language i.e Listening, Speaking, Reading and Writing with confidence out of choice and not just out of necessity. Now it's your turn to Think and Act and help your child develop love for reading and become an avid reader.



Learning with Phonics



Learning in Process



## The Role of Parents at Home During Summer Vacation

By Sri Priya Srivastava, Homeroom Teacher PPIB

“If we expect kids to be losers they will be losers; if we expect them to be winners they will be winners. they rise, or fall, to the level of expectations of those around them, especially their parents and their teachers.”

-Jaime Escalante.

It's not a secret the struggle parents face in bringing up a child, one of the most difficult jobs in our society. Parenting skills assist parents in leading children to healthy adulthood, influencing their development, and maintaining their negative and positive behaviours. The cognitive potential, social skills, and behavioural functioning a child acquires during the early years are fundamentally dependent on the quality of their interactions with their parents. Few skills required for parenting are parent-child relationship, encouraging desirable behaviour, teaching skills, managing misbehaviour, anticipating and planning, self-regulation skills etc. Consistency is considered the “backbone” of positive parenting skills and “overprotection” the weakness.

Young kids learn a lot about how to act by watching their parents. The younger they are, the more cues they take from you. Before you lash out or blow your top in front of your child, think about this: Is that how you want your child to behave when angry? Be aware that you're constantly being watched by your kids. Model the traits you wish to see in your kids: respect, friendliness, honesty, kindness, tolerance. Praising accomplishments, however small, will make them feel proud; letting kids do things independently will make them feel capable and strong.

Summer is the only season which brings along the longest vacation of the year which every kid longs for. Although holidays are the best opportunities for having quality family time, provide relaxation and lots of fun, parents can make good use of them to enhance their child's growth and help build their skills and learn new things.-

Here are some best ways to focus on your child's productivity:-

**"Learning" a constant process:-** Be it a course of painting, a new computer skill or any language course, choose a course for your child by analyzing their interests. Today, many courses are available on learning apps and YouTube. So make learning a constant process in your child's lifestyle.

**Hobbies:-** Every child is special in their own way and are always good at something or the other, hence it is wise for a parent to strengthen their child's positive aspects which will let them ace their hobbies of interest and boost their confidence - Physical and mental health. During the summers it is the best time to build a great physical routine which helps the child inculcate good habits. It is suggested to engage them in any sport of their choice or basic exercises to enhance their mental health. Meditation and Pranayama work wonders too.

**Communication skills:-** In today's world it is crucial for a child to have great communication skills which include reading, writing, listening and vocabulary. Encourage your child to write a page daily. Reading of newspapers or novels is a good practice too. Give your child 5 new words daily to spine up their vocabulary and try to watch good English cartoons or movies to improve their listening skills and speaking skills. Summers are the best time to bond with your child and to pamper them, become your child's best buddy to keep them motivated throughout. Hope you have a blissful and productive summer with your child.

**A promise to my child:-** “Being a parent doesn't come with a rule book. I'm not perfect and I will make mistakes. I won't always practice what I preach, but I will still try and stop you from making those same mistakes. Not because I'm a hypocrite, but because I want the best for you. I won't promise that I will always make the right choice, but I promise that it will always be made with love. I may never be the perfect parent, but I will always try my best. My children mean everything to me !!!”



# Nursery

## Importance of Body Movements in Early Childhood

By Sara Azher, Homeroom Teacher Nursery

Children need the freedom and time to play. Play is not a luxury. Play is a necessity.” -Kay Redfield Jamison

Early childhood development in early years forms basic skills that are crucial for the child. Children in the early years are believed to form intelligence, productivity, personality, social-emotional behavior, and capacity to learn. Body movements and rhythm have a huge impact on growth. It increases memory, perceptions, emotions, communication, and even helps in decision making. It allows children to connect concepts with actions and learn through trial and error. When a child is exposed to physical activities, he/she will not only gear for school readiness and success in later life but will also build a healthy foundation and active lifestyle. We can say the child who has time to play freely will be able to study well, make friends easily, have a clear understanding of the world and his role in it along with high self-esteem and self worth.

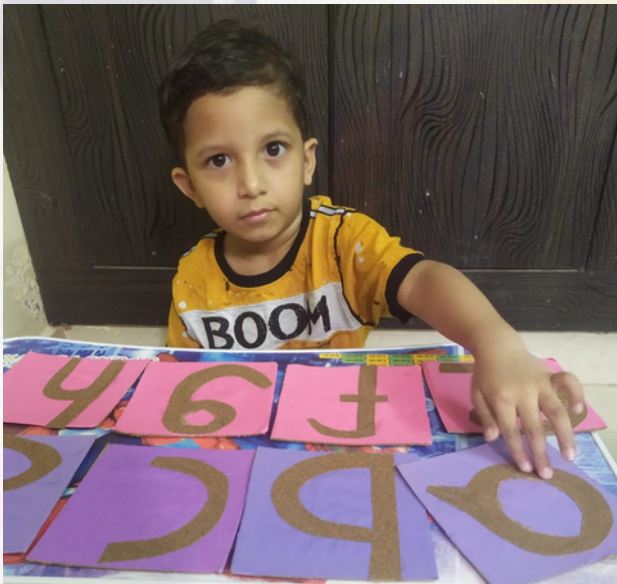
Few suggestions to promote movement and enhance development in children are:

- For motor development, structured activities crawling, jumping, hopping, cycling, kicking, and climbing is important.
- Indoor obstacles like building blocks using sofa cushions, using Hula hoops(jumping in and out).
- Chairs lined up to form a tunnel or balance beam.
- Unstructured physical activities like exploring the playground or play pretending at home.
- Life skill activities like transferring, squeezing, buttoning, unbuttoning, pouring, cutting, peeling, folding also involve the body to make certain movements that enhance children to strengthen their muscles and make them fit and healthy.

Throughout these pandemic times, when children are mostly indoors, pre-primary teachers have ensured that parents get regular guidance through videos on Google Classroom and that every student is improving their gross and fine motor skills consistently and accomplishing required physical milestones. A very famous quote by Vince Gowmon comes to mind, “You cannot make people learn. You can only provide the right conditions for learning to happen.” This is most apt for these times, since we are not able to reach students ourselves, but provide conditions and support necessary for growth.







**Enhancing Fine Motors Through Sand Paper Tracing**



**Planting Seeds for the Topic Plants(Germination)**



**I am a Pilot**



**Christmas Activities Done Virtually**



**I am a Doctor(Left), I am an Engineer(Right)**



**I am an Astronaut(Left), I am a Fashion Designer(Right)**



# Math

## It all Started from the Beginning...

By Ameena Ghazala, Math Teacher

The biggest challenge of virtual learning was to make Math interesting without the much needed personal touch, the comfort and freedom of a classroom. Giving individual attention and testing immediate acquisition of knowledge among other things was not feasible unless their cameras were turned on throughout the class. In these difficult times, where everyone is worried about their future, health & other important matters of life, teachers are doing their best to provide value education so that students do not suffer at this point of time. Despite it all, we managed to make our learning engagements as interesting and interactive as possible. Below are a few examples for the same:

Creativity at it's best....

Exploring the inner artist using math as a tool, to show the creativity... That numbers can also be used for drawing.

Effects of place value....

Little wonders explaining when we move the digit, the place value gets affected.... The value of the digit changes..

Children love art...

And when they find out that they can create an art using math, they get so excited..

Trying something new in math other than numbers is interesting!!!

Time to explore the length of the objects..

Students love doing activities in which they are given authority to work. They love working independently.

Unit of Capacity...

Students showing the difference between the standard and non-standard units of capacity. Life is a challenge and parents know best how to face challenges! 3 cheers to you all parents who put extra efforts in making this learning year a success!

## Virtual Math Week

By Arshiya Maryam, Math Teacher & TL

In reminiscence of our great mathematician Srinavasa Ramanujan's Birthday on 22 December, Focus School celebrated Virtual Math Week from 21 to 25 December 2020. Events like Question of the Day, Math Manipulative Challenge and Inter House Math Quiz Competition were organized virtually to motivate and encourage students to increase their thinking process in the subject. In Question of the Day, a competitive question was posted to the students on the broadcast group at an allotted time everyday. This kept the students eager to answer questions. While in the Math Manipulative challenge, students needed to create a Math manipulative (it could be a game, quiz or a question). Students had to record a video demonstrating a working model and upload it.

It was overwhelming to look at the way students participated in the virtual competition with the same energy and enthusiasm as they would've done at school. Given below are the list of the winners for the event.

### Math Question of the Day (21 Dec - 25 Dec 2020)

Class	Name
1A	Mohammed Mustafa
1B	Umar Abdul Rub ul Sadi
1C	Mohammed Abdul Haq
2A	Sakina Mirza
2B	Mohammed Abdul Rehman
2C	Husna Fatima
2D	Syeda Rabab Abedi
3A	Hasan Ahmed Ali Shanaya
3B	Abul Hasan Sharifi
3C	Hasan Raza Asma Fatima Ali
4A	Mohammed Muthar Ahmed
4B	Syeda Nisa Fatima
4C	Md. Abdul Nafay
5A	Syeda Zehra Fatima
5B	Maaz Arshad Baig



## Math Manipulative Winners

Class	1st Place	2nd Place
C1 A	Salman Ali	Aayat Jiwani
C1 B	Tahseem Fatima	Maryam Fatima
C1 C	Armaan Khan	Md. Adbul Haq
C2 A	Raihan Iftaqar Hussain	Shanaya Chunara
C2 B	Syed Ali Hyder Abidi	Mohammed Abdul Rehman
C2 C	Husna Fatima	Syed Ali Mustafa Abedi
C2 D	Mir Yasooob Ali Razvi	Syed Raza Hussain Razvi
C3 A	Abbas Hyder Ali	Hasan Ahmed Ali.
C3 B	Mahera Falak	Syeda Kubra
C3 C	Asma Fatima Ali	Syeda Asema Fatima
C4 A	Md.Mutahar Ahmed	Tabinda Fatima Junaaid Ziaee
C4 B	Naureen Kulsoom	Sufyan Sajid
C4 C	Md Irfan Raza	Mohammed Abdul Nafay
C5 A	Mohd Ali Mirza	
C5 B	Raniya Vasaya	Mirza Muzammil Ali Baig

## Math Quiz Competition

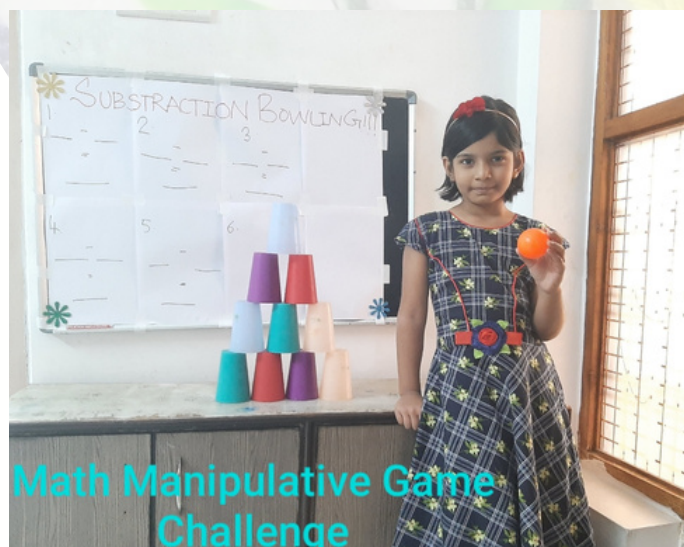
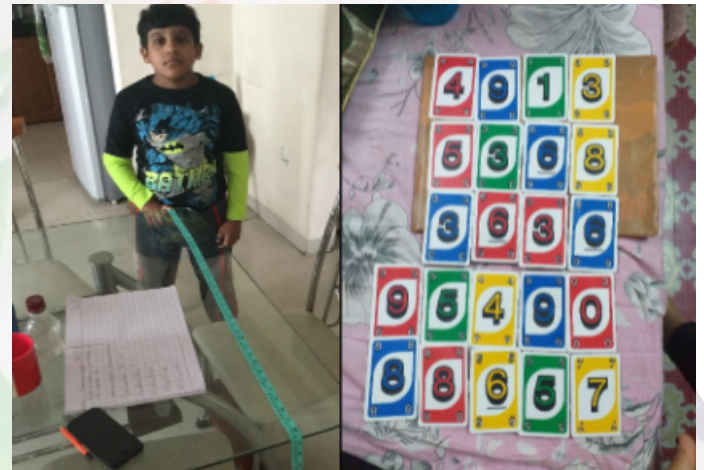
### First Runners Up: Integrity House

**Winners:** Mohammed Abdul Rehman (C2) ;  
Mustafa Ahmed (C3) ; Inaya Bhamani (C4);  
Syed Mohammed Abdul Aziz Ahmed (C5)

### Second Runners Up: Unity House

**Winners:** Mohammed Moin Wali Ullah (C2) ;  
Mohammed Hussain Ali (C3) ; Md Aayan Khan  
(C4); Shafaat Minsaria (C5)

**Congratulations to all the winners!!!!**



**Maryam Fatima C1B**

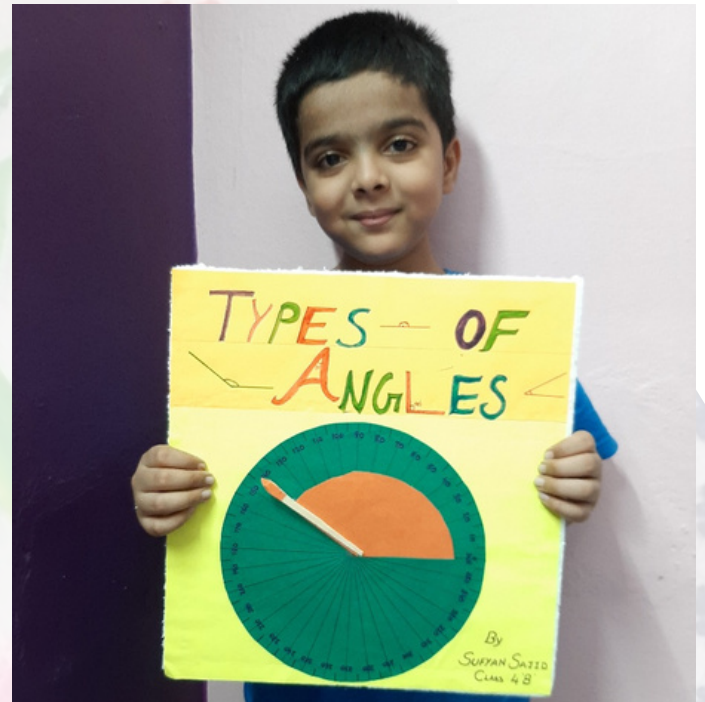


**Ali Mustafa Abedi C2C**

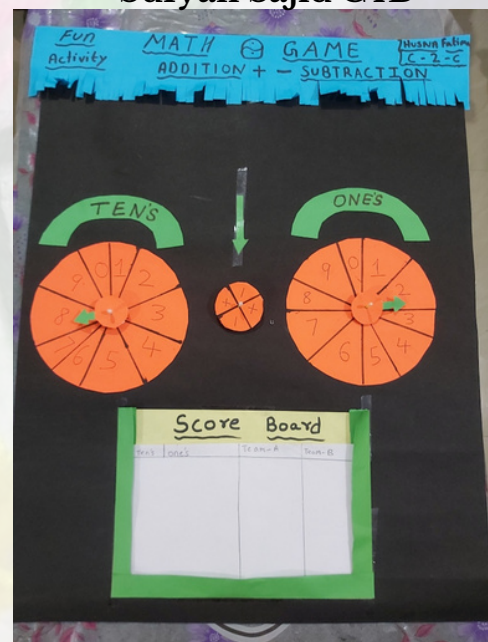




Sugra Fatima C1B



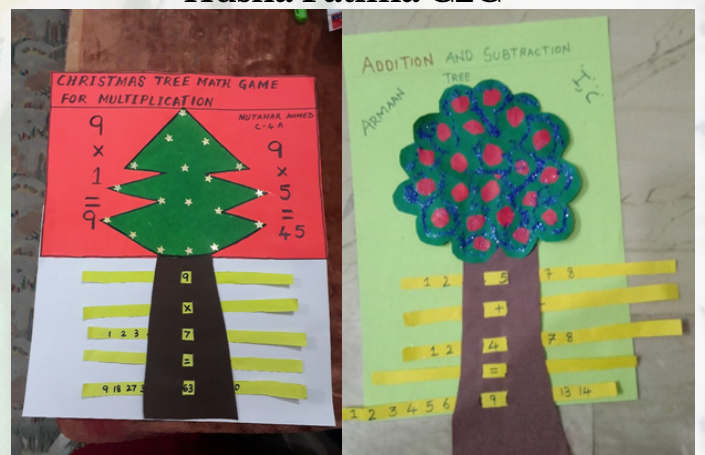
Sufyan Sajid C4B



Husna Fatima C2C



Syeda Kubra Fatima



Mohammed Mutahar Ahmed C4A(Left), Armaan C1C (Right)



# ICT

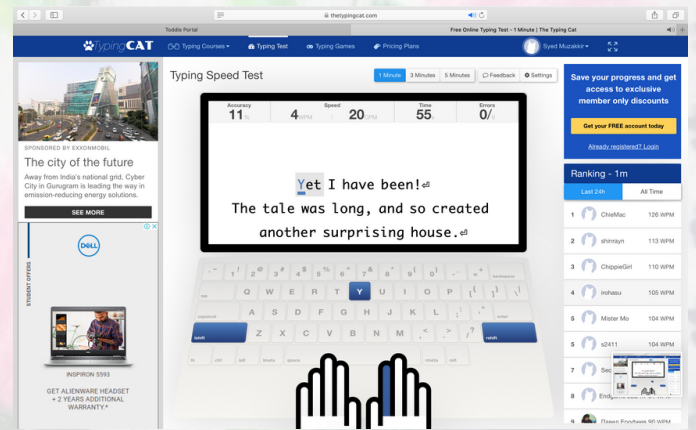
## Technology and Education

By BS Ramya, ICT Teacher and TL

A typical classroom was once characterised by students sitting through an hour-long teacher lecture. Now it is changing gradually. Recently more than 12000 schools across 560 districts in India have adopted smart classes. This means that classrooms are adopting technology by having digital learning tools, such as computers, printers, projectors etc. 'Eyes work more than ears' is the mantra behind the widespread usage of these tools. Digital learning is user-friendly, self-explanatory and makes the process more interesting.

Technology supports learning 24×7 and builds 21st-century skills. It expands course offerings and learning materials. Teachers can now communicate with others across the world, meet the shortcomings of their work, thus providing their students with the best. Technology gives students immediate access to an abundance of quality information which leads to learning at a much quicker rate than before.

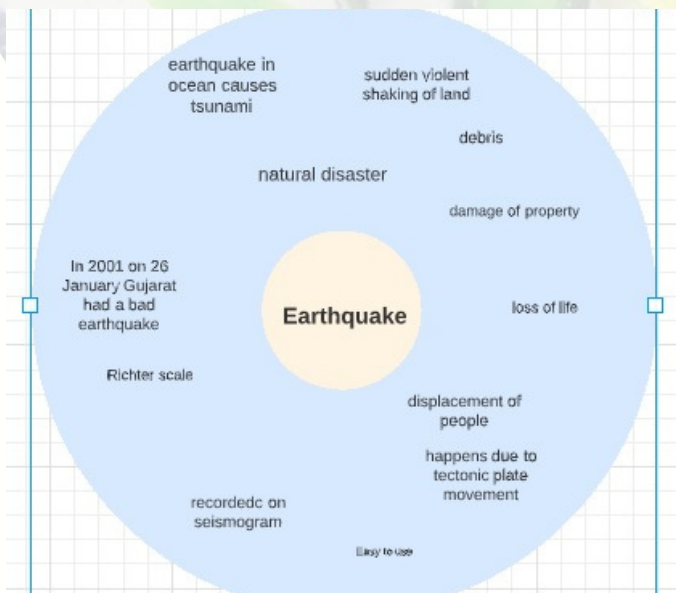
The internet provides a variety of knowledge and doesn't limit students to one person's opinion. Explaining a lesson with the help of audio or visual aids helps in deeper understanding and better clarification. Technology and education are a great combination if used together with the right reason and vision.



Online Typing [Typingcat.com](http://Typingcat.com)



## Mindmap using Coggle



## Lucid Chart for Earthquake Mind Map

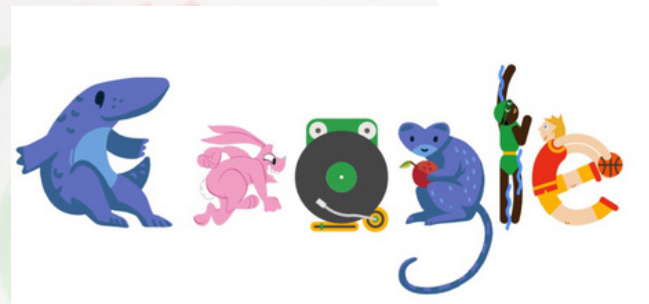


## Word Art-Matter & Material





Infographics on Child Rights



Scratch Creating Google logo



Inserting Shapes by Exploring Paint Features

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S
1																			
2	Name	CLASS	UOI	MATH	HINDI	ENGLISH	LIB	PE	ICT	TELUGU	TOTAL								
3	Aaliy	A	3	99	98	99	100	97	96	99	99	790							
4	abbas	A	3	100	98	97	100	100	98	91	99	786							
5	hasan	A	3	100	98	97	100	100	98	81	99	1576							
6	sanaya	A	3	100	100	99	100	100	100	100	80	782							
7	zaki	A	3	10	99	99	10	99	10	99	99	528							
8	zahra	A	3	10	99	99	99	99	99	99	99	1310							
9	affan	A	6	95	97	98	100	86	87	99	36	698							
10	sobia	A	6	20	83	93	100	94	83	94	100	673							
11																			

Excel Doing Simple Calculations



# Library

## Academic Integrity

By Asma Fatima, Librarian & HoD

"Integrity is doing the right thing, even when no one is watching" (C.S.Lewis)

According to The Center for Academic Integrity, academic integrity is "a commitment, even in the face of adversity, to five fundamental values: honesty, trust, fairness, respect, and responsibility. From these values flow principles of behavior that enable academic communities to translate ideas into action"

There are serious consequences for students that break these expectations. A common form of academic dishonesty is plagiarism.

Examples of activities considered plagiarism include:

- Asking or allowing someone to do your assignment.
- Stealing or "borrowing" all or part of someone else's work.
- Patching together a paper by copying and pasting from different sources without citing any of it.
- Submitting the same or a similar assignment more than once.
- Selling or allowing others to copy your work.

- Copying something word for word but not using quotation marks.
- Using significant ideas, concepts or facts without a citation, even if it is paraphrased.
- Paraphrasing too closely by making only small changes to a passage.
- Citing a source you did not actually find and read.

We have an Academic Integrity Policy at Focus School in our school virtual library where our school parents & students can refer for their better understanding. Academic integrity is avoiding plagiarism and cheating. Academic Integrity plays a crucial role in students' life and is important because dishonest behaviour undermines your learning. It was a great pleasure to conduct the academic honesty session for the students and teachers during the library class.

Every year we conduct this session for classes 4 & 5 but this time it was conducted for classes 2 & 3 as well.

After the session students sent feedback about how informative the session was, and it was a great pleasure to hear them reflecting and admitting honestly that many times their parents were helping in spite of them resisting guidance during an assessment. Being honest in studies will build up their knowledge and open doors towards success.





# Hindi

## अनुशासन का महत्व

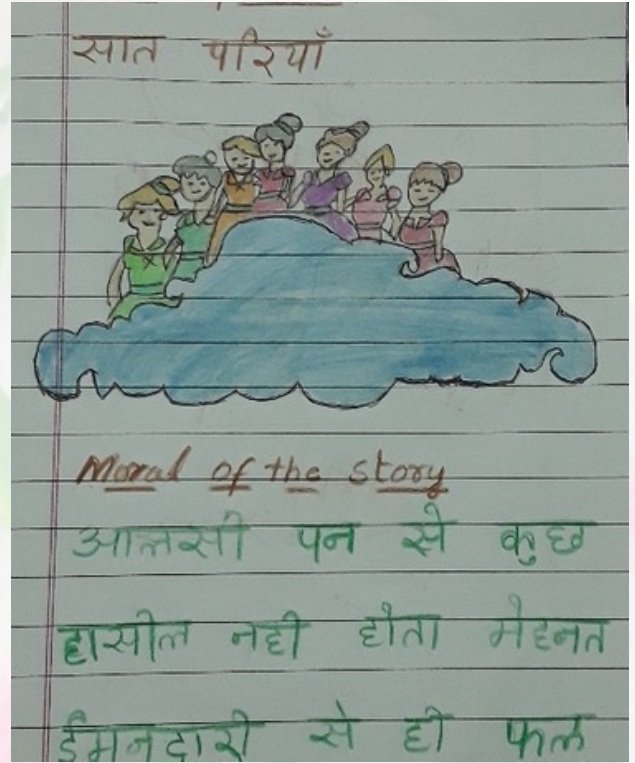
By Neeta Mishra, Hindi Teacher & TL

अनुशासन दो शब्दों से मिलकर बना है- अनु और शासन। अनु उपसर्ग है जो शासन से जुड़ा है और जिससे अनुशासन शब्द निर्मित हुआ है। जिसका अर्थ है- किसी नियम के अधीन रहना या नियमों के शासन में रहना।

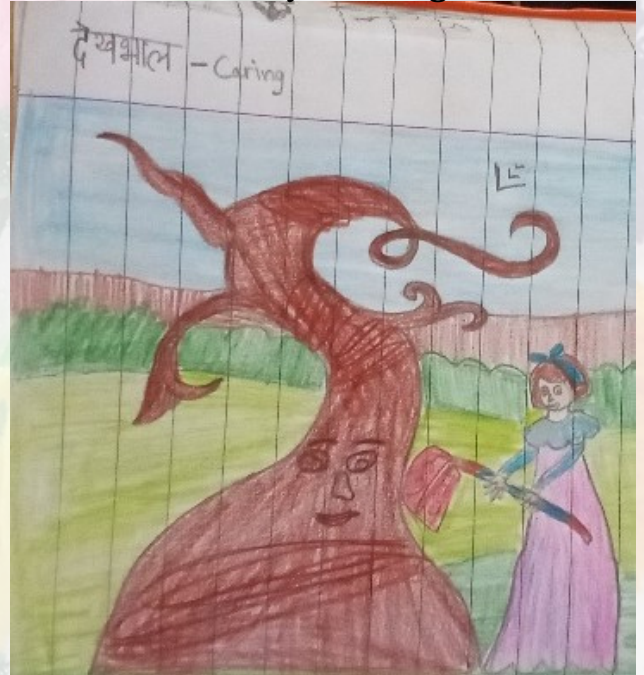
प्रत्येक के जीवन में अनुशासन महत्वपूर्ण है। अनुशासन के बिना जीवन असफल है। अनुशासन जीवन को संयमित एवं नियंत्रित करता है।

एच. मार्टिन के अनुसार - “अनुशासन का अर्थ है, व्यवहार के कुछ निश्चित नियमों का पालन करना, सीखना। अनुशासन का अनिवार्य गुण आज्ञाकारिता है अर्थात् नियमों एवं अधिकारियों के प्रति आज्ञाकारिता होनी चाहिए”।

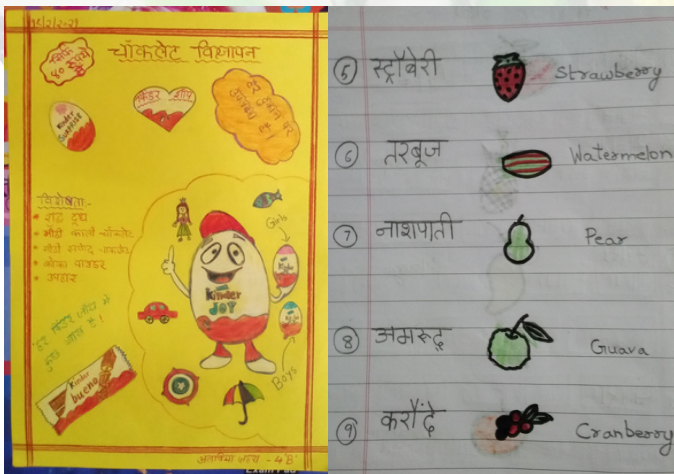
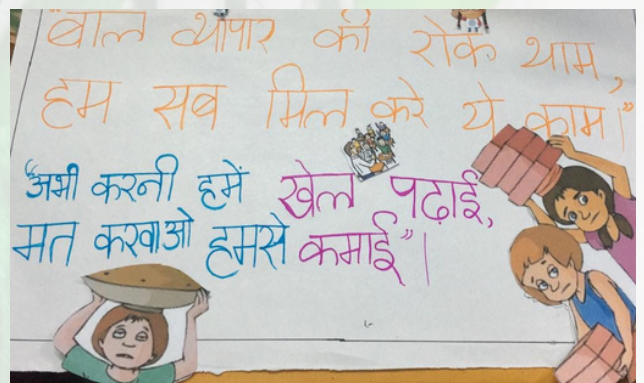
कहा जाता है की जो व्यक्ति अनुशासन का पालन न करता वह जीवन में कभी सफल नहीं होता है। जीवन में अनुशासन की कमी प्रतिभावान व्यक्ति को भी असफल बना देती है। जीवन में सफल होने के लिये अनुशासन तथा अभ्यास की आवश्यकता है। आज जीवन की प्रतिस्पर्धा बढ़ गई है, लोग कम समय में अधिक से अधिक सफलताएं प्राप्त कर लेना चाहते हैं। वे भिन्न - भिन्न ढंग से लक्ष्य प्राप्ति के लिए दौड़ते रहते हैं। वे अनुशासन का पालन करना जरूरी नहीं समझते, लेकिन इसके विपरीत सच्चाई यह है कि जहां जितना अच्छा अनुशासन है, वहां उतनी ही शांति व सुख है। यह एक कटु सच्चाई है कि अनुशासन के बिना सफलता नहीं हासिल की जा सकती। जिस देश के लोग अनुशासित हैं, जहां की सेना अनुशासित है, वह देश निरंतर प्रगति के पथ पर अग्रसर होता रहेगा, वह सभी क्षेत्रों में आगे बढ़ता रहेगा। अनुशासन का पहला पाठ हम घर से सीखते हैं। घर ही वह प्रथम पाठशाला है, जहां हमें भली-भांति अनुशासन की शिक्षा मिलती है। यह शिक्षा केवल पुस्तक के पन्नों को उलटने से नहीं मिलती, बल्कि वयस्कों के या स्वयं के अनुशासन से बच्चों को मिलती है। बड़ों के आचरण का प्रभाव छोटों पर पड़ता है, इसलिए हमें अनुशासनबद्ध रहकर जीवनयापन करना चाहिए। अनुशासन का पाठ हमें जीवन में निरंतर आगे बढ़ाता है।



### Story Writing



### Learner Profile



### Integration with the Unit Media(Left), Names of Fruits

### Stop Child Labour



# Urdu

## نظم سیکھ کا رخ

By Saima Mateen, Urdu Teacher



Act and Poster on Child Rights Class 3



Integration on Topic Media

فوکس میں آکر سکھ ملا  
سیکھنے کا اک رخ ملا  
سوچوں کو نئی راہ ملی  
منزل پہ پہنچنے کی چاہ ملی  
thinker مفکر  
communicator مکالمہ,  
inquirer بنے متجسس  
reflective ہم عکاس  
knowledgeable عالم,  
risktaker بنے بہادر  
principled پہ اصولوں  
ہم نے چلنا بھی سیکھا  
Courageous ہمت  
سے مشکل سے لڑنا بھی سیکھا  
Balanced توازن  
طبیعت میں ہم نے پایا  
Open-minded وسیع النظر  
بن کے سب کو دکھایا  
پہلے پھولے فوکس کی بریالی ایسے  
کہ ہر شاخ پہ ہو خوشحالی جیسے  
جذبہ شوق فوکس میں پروان پائے  
جدت پسندی کو ہر استاد اپنائے۔



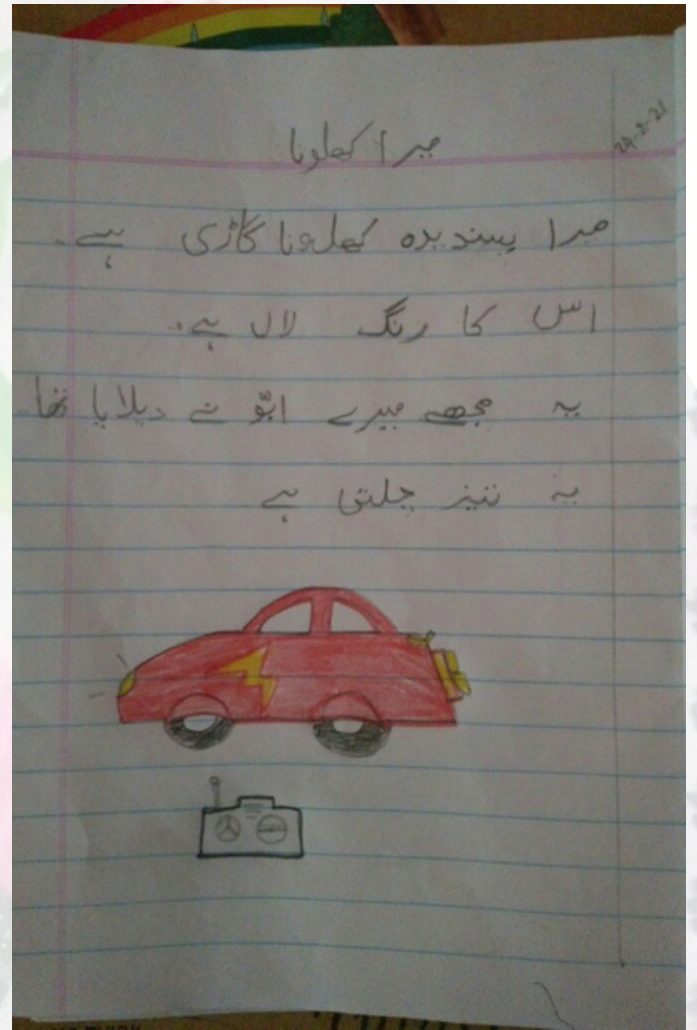
Poster on Child Rights



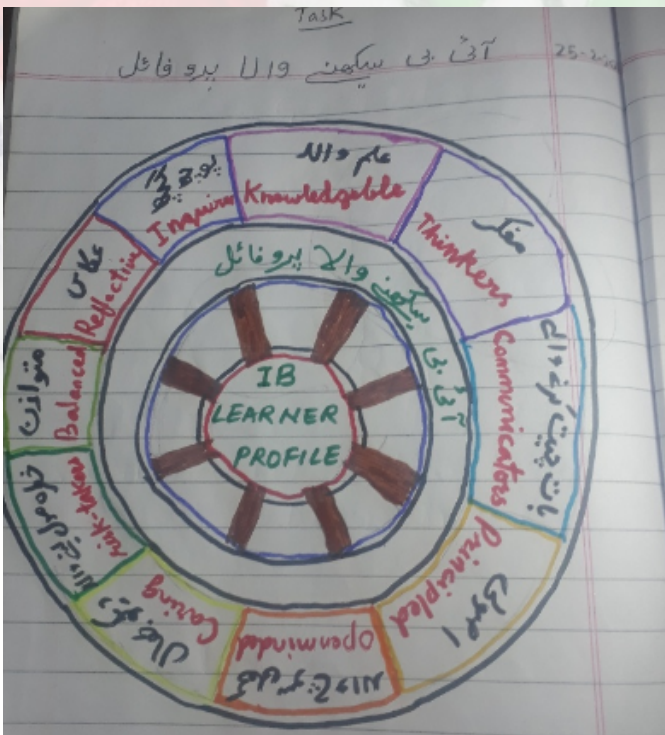




(Istehar Sazi) Integration with UOI  
Topic Media



My Favourite Toy



Mutahar of C4A Translate of IB Learner Profile in Urdu



Drawing my Favourite Festival



## జీవవైవిధ్యం[Biodiversity]

కిల..కిల రాగాలేవి..?

By Amina Nawaz, Telugu Teacher & TL

“జీవవైవిధ్య పరిరక్షణ  
మానవ జాతి బాధ్యత”.

- అంతరించిపోతున్న పక్షి జాతి, రేడియేషన్, క్రిమిసంహారక మందుల ప్రభావం.
- కొన్నేళ్లలో మొత్తం కనుమరుగు, అందోళన చెందుతున్న పక్షి ప్రేమికులు
- సంరక్షించుకోవాలని పిలుపు.

ఈ సృష్టి ఒక నాటక రంగం, సకల ప్రాణులు ఆ జీవనాటకంలో పాత్ర దారులు. ఏనుగు మొదలు చలిచీమ దాకా.... ప్రతి పాత్ర కీలకమైందే.

ఏ ఒక్కటి లేకపోయినా జీవవైవిధ్యం దెబ్బతింటుంది. నాటకం రసాభాసం అవుతుంది.

ప్రకృతిలో జీవుల మధ్య సహజంగా కనిపించే భిన్నత్వాన్ని / ఓ భౌగోళిక ప్రాంతంలోని భిన్నజాతుల సముదాయాన్ని జీవవైవిధ్యం (Biodiversity) అంటారు లేదా భూమిపై జీవాల మధ్య భేదాన్నే 'జీవవైవిధ్యం' అంటారు.

ప్రపంచంలోని 12 మహా జీవవైవిధ్య ప్రాంతాలలో భారత దేశం ఒకటి. సుమారు 45 వేల వృక్ష జాతులు, దాదాపు 77 వేల జంతు జాతులు ఈ దేశంలో ఉన్నాయి. కానీ ఇదంతా గతం. నేడు ఆ విస్తారమైన జీవ సంపదలో 10 శాతానికి పైగా ప్రమాదంలో ఉంది. వాటిలో చాలా జాతులు అంతరించిపోయే దశలో ఉన్నాయి. గత కొన్ని దశాబ్దాలలో 50 శాతానికిపైగా అరణ్యాలు, 70 శాతానికి పైగా నీటి వనరులు లుప్తమైపోయాయి. విస్తారంగా ఉన్న పచ్చిక బయళ్ళను మన జీవనశైలితో రూపుమాపేశాము. సముద్రతీరాలను అతలాకుతలం చేసేశాము. ఇవన్నీ చాలవన్నట్టు అరణ్యాలలోని వన్యప్రాణుల్ని వేటాడి కొందరు అంతమొందిస్తున్నారు.

“ఈ సృష్టిలో అన్నిటిలో ఏకత్వం ఎంత ఉందో, భౌతికంగా, మానసికంగా భిన్నత్వం కూడా అంతే ఉంది. వైవిధ్యమే సృష్టి లక్షణం అంటారు స్వామి వివేకానంద”.

సృష్టిలో గల జీవరాశులలో ఏ ఒక్కటి అధికంగా కాదు, ఏదీ తక్కువ కాదు. అన్ని సమానమే. అన్ని ఒకదాని మీద ఒకటి ఆధారపడి జీవనం సాగిస్తుంటాయి. మనిషి తన ప్రతి అవసరానికి ప్రకృతి మీద ఆధారపడ్డాడు. ప్రకృతి లేనిదే మనిషి జీవితం లేదు. ఇది గమనించిన భారతీయ ఋషులు జీవ వైవిధ్య చక్రం సక్రమంగా సాగేలా, ఎక్కడ మనిషి వాటిలో కల్పించుకునే వీలు లేకుండా మానవ ధర్మాలను చెప్పారు. వ్యవసాయ పద్ధతులే కావచ్చు, జీవన విధానమే కావచ్చు, ఆహారపు అలవాట్లే కావచ్చు, అన్ని సృష్టి చక్రానికి లోబడే ఉంటాయి.

చెరువులో ఉండే కీటకాలను తిని కప్ప జీవిస్తుంది. కప్పను తిని పాము జీవిస్తుంది, పామును గద్ద తింటుంది, గద్ద మరణించాక దాన్ని క్రిములు తిని భూమిలో కలిపేస్తాయి. అది మొక్కలకు ఎరువుగా మారుతుంది. ఇదంతా ఒక గొలుసుకట్టు విధానం, ఒక వృత్తం. వీటిలో ఏ ఒక్క ప్రాణి అంతరించినా మిగతా అన్నిటి మీద ప్రత్యక్షంగా తీవ్ర ప్రభావం ఉంటుంది, మిగతా ప్రాణుల మీద పరోక్షంగా ముప్పు

ఉంటుంది. ఇలా జగత్తులో అనేక వృత్తులు ఉంటాయి. వాటిలో మనిషి ఏ మాత్రం జోక్యం చేసుకున్నా అది వినాశనానికి దారితీస్తుంది, ఏ ఒక్క జీవి అంతరించినా, మానవ మనుగడ ప్రశ్నార్థకమవుతుంది. .ఇప్పుడు ప్రపంచ వ్యాప్తంగా ప్రతి ఏటా 10,000 జాతుల జీవరాశులు అంతరించి పోతున్నాయి.

నేడు మన భూమిపై ఉన్న అనేక మిలియన్ల వివిధ జాతుల జీవవైవిధ్యం సుమారు 3.5 బిలియన్ సంవత్సరాల పరిణామం.

మన జీవనశైలితో పర్యావరణం కాలుష్యం చెందడంతో భౌగోళం వేడెక్కిపోతుంది. దీంతో జీవవైవిధ్యం దెబ్బతింటోంది. ఎన్నో జీవజాతులు అంతరించిపోతున్నాయి. ఇదివరకూ ప్రతి ఇంటిలో పిచ్చుకలు ఉండేవి. రాను రానూ అవి కనుమరుగైపోతున్నాయి.

పిచ్చుకలు ఒకనాడు పంటచేలల్లో, పల్లె ముంగిళ్లలో, ధాన్యపు రాశుల్లో కిలకిలమంటూ సందడి చేసేవి. నాడు గ్రామాలలోని ఇంట్ల ముంగిట ఇవి ఇది గుంపులుగుంపులుగా వాలడం ఏదో అలికిడి అవ్వగానే తురుముని ఎగిరిపోవడం వంటి దృశ్యాలు సందడిగా చూడముచ్చటగా ఉండేవి. దిగుడు బావులలోకి వేలాడుతూ చెట్లపై కట్టుకున్న గూళ్ళు చాలా అద్భుతంగా ఉండేవి. ఇవి పూరిళ్ళు చూరులలో గూళ్ళు కట్టుకొని జనావాసాలతో మమేకమై ఉండేవి. మానవుడు పెంచుకుంటున్న సాంకేతిక పరిజ్ఞానం వీటి మనుగడకు శాపంగా మారింది.

అభివృద్ధి చెందుతున్న సాంకేతిక జీవన విధానం వల్ల పిచ్చుకల సంఖ్య ప్రతీయేటా తగ్గుతూపోతుంది. మనిషితో కలిసి జీవించే పిచ్చుక జాతి పూర్తిగా అంతరించిపోయే పరిస్థితి మరింత దూరం లేకపోలేదు. పిచ్చుక జాతిని రక్షించుకోకుంటే భవిష్యత్తు తరాలకు పిచ్చుక బొమ్మ చూపించి ఇది పిచ్చుక అనే పక్షి, మన ఇంట్లలోనే తిరిగేదని చెప్పాల్సిన పరిస్థితి రానుంది. అలాంటి పరిస్థితి రాకుండా ఉన్నా పిచ్చుకలవైనా బ్రతికించుకుందాం.

సృష్టిలోని ప్రతి జీవరాశిని బతకనిద్దాం...వాటిని కాపాడుదాం.

- పిచ్చుక చిన్నదే...అయినా దీన్ని బ్రతికించుకోవాలి.
- మన జీవనశైలిని మార్చుకోవాలి. రసాయన కాలుష్యాన్ని అరికట్టి భూతాపాన్ని తగ్గించాలి. జంతువుల్ని, మొక్కల్ని పరిరక్షించుకోవాలి. చాలా మంది జంతువుల చర్యలతో చేసే వస్తువుల్ని వాడుతుంటారు. దీన్ని మానుకోవాలి.
- మొక్కలు నాటి పర్యావరణాన్ని పరిరక్షించుకుందాం.
- పిచ్చుక జాతి సంరక్షణకై ఇంట్లో లేదా ఇంటి బయట పాత్రలో నీరు పోసి ఉంచాలి.
- పిచ్చుకల ఆవాసం కోసం అట్ట, కర్ర లేదా వెదురుతో చేసిన ప్రత్యేక గూళ్ళను ఏర్పాటు చేసి ఆశ్రయం కట్టించాలి.
- ఇంటి బయట పరిసరాల్లో వివిధ ధాన్యపు చల్లితే ఆహారం కోసం ఇంటి వద్దకే పిచ్చుకలు చేరి కనువిందు చేస్తాయి.
- మీరు ఎల్లప్పుడూ పర్యావరణ అనుకూలమైన శుభ్రపరిచే ఉత్పత్తులను ఉపయోగించాలి.

ప్రకృతి భారం పెరగడానికి కారణం అధిక జనాభా. భారత లాంటి పెద్ద దేశాలుకూడా నియంత్రించాల్సిన జనాభా పెరుగుదలను నియంత్రించడం లేదు. ఇదే విధంగా జనాభా పెరిగితే అడవి జంతువుల్నే కాదు, తోటి మనుషుల్ని పీక్కు తినాల్సిన పరిస్థితి వస్తుంది, జారత్త!

ప్రకృతి మీద ప్రేమ ఉన్నా లేకపోయినా, జీవవైవిధ్యానికి విలువనివ్వు. ఇది నీ బాధ్యత.

ఇది నీ అవసరం.

ఇది నీజాతి మనుగడ సమస్య.

ప్రకృతి రక్షితి రక్షిత:



## స్వేచ్ఛ హక్కు

By Rudrinka Prathyusha, Telugu Teacher

స్వేచ్ఛ అనేది స్వతంత్రత భావాన్నితలపింప చేసేది. ఈ ప్రకృతిలో ప్రతి ఒక్కరికి స్వేచ్ఛగా జీవించే హక్కు ఉన్నది అలాగే ప్రతి ఒక్కరు స్వేచ్ఛగా తన అభిప్రాయాలను తెలిపే అవకాశాలు ఉన్నాయి. ప్రభుత్వం విధులు వారీగా, చట్టాల వారీగా, వివిధ వర్గాల వారికి, వివిధ రకాల స్వేచ్ఛాయుత వాతావరణాన్ని కల్పించి స్వేచ్ఛగా జీవించే స్వేచ్ఛ హక్కు ప్రతి ఒక్కరికి ప్రసాదించింది మన సమాజంలో విద్యార్థులకు కూడా స్వేచ్ఛ హక్కుని ప్రసాదించాడు.

విద్యార్థులకు పాఠశాల లో స్వేచ్ఛాయుత వాతావరణాన్ని కల్పించవలసిన బాధ్యత ప్రధానోపాధ్యాయులు గారికి, అదే విధంగా తరగతి గదిలో స్వేచ్ఛగా తన అభిప్రాయాన్ని వ్యక్తపరిచే అవకాశం ఉపాధ్యాయులు కల్పించవలెను.

- తరగతి గదిలో విద్యార్థులు తన అభిప్రాయాన్ని నిస్సందేహంగా ఎలాంటి భయం లేకుండా స్వేచ్ఛగా వ్యక్తం చేయగలగాలి.
- మనసులోని మాటలను ఆలోచనలు ఒకరితో మరొకరు పంచుకొనే అవకాశాన్ని ఉపాధ్యాయులు విద్యార్థులకు కల్పించవలెను.
- అదే విధంగా విద్యార్థులు ఈ అవకాశాన్ని సద్వినియోగ పరచుకోవాలి.
- ఉదాహరణకు తరగతి గదిలో ఉపాధ్యాయులు ఒక చిత్రాన్ని చూపించి దాని గురించి స్వేచ్ఛగా తన అభిప్రాయాన్ని వ్యక్తపరిచే అవకాశాన్ని విద్యార్థులకు ఇవ్వగా విద్యార్థులు ఒక్కొక్కరు ఒక్కొక్క విధంగా తన ఆలోచనలు, అభిప్రాయాలు తమ భాషలో వ్యక్తపరుస్తారు. ప్రతి విద్యార్థి తనకు నచ్చిన విద్యను, కళను ఎంచుకునే స్వేచ్ఛను ప్రతి తల్లిదండ్రులు తమ పిల్లలకు కల్పించి వారు దానిని ప్రోత్సహించవలెను. విద్యార్థి ఎంచుకున్నమార్గం లో ఒడిదుడుకులను, అటు పట్టు తెలియచేసి ప్రోత్సాహాన్ని అందించడం వలన నూతనమైన అధునీకరణాన్ని, నవీనతను ప్రపంచానికి అందించవచ్చు.





# Physical Education

## Importance of Online Physical Education Classes

By Hasan Nawaz, Physical Education Teacher & TL

Exercise and recreation are as necessary as reading. I would rather say it is more necessary, because health is worth more than learning.” Thomas Jefferson

Physical Education is an integral part of school curriculum. The focus of the program is to prepare and motivate students to engage in activities, which promote health and physical well-being. Our Physical Education programme helps children become competent in a variety of motor skills and movements. With change in the education system due to pandemic, classes shifted from being conducted physically to virtually throughout the world and even PE classes had to adapt to it. This definitely had its own limitations and challenges. The pandemic had ultimately made our life sedentary affecting outdoor activities thereby increasing the need of online physical education classes more.

Activities were therefore planned and implemented to suit student needs. Students participated with great enthusiasm and they did not have to struggle for equipment during exercises.

A few activities which were done during the online PE classes are:

1. Pushups and duck walks to build up strength.
2. Catching and Throwing practice for eye and hand coordination.
3. Jumping activity using a pillow builds strength in the muscles.
4. Squats and Agility ladder drills build up strength, balance and coordination.
5. Circuit training using 2 small size glass or cups to build general fitness, flexibility, and balance.

In addition to the individual benefits, it's true that online physical education may not be the primary answer to solve the childhood obesity problem but of course it can make children more active and if practised on a regular basis, can definitely make them more fit and fine.

Conducting virtual physical education classes was indeed very challenging. This posed as an opportunity to attend training and enhance my skills of carrying out PE classes online. Teaching virtually was something I was apprehensive about as getting immediate feedback after every class is my principle method of teaching. Collaborating with colleagues at work, friends working in other schools and continually attending webinars and workshops posed as great support in my learning process.

Physical education virtually is the new norm these days and I highly suggest parents ensure that their children attend PE class regularly just the way they attend other subject classes. Kindly encourage your children to practice exercises done during the live sessions as PE is equally important and plays a vital role in maintaining physical and mental health of a child.

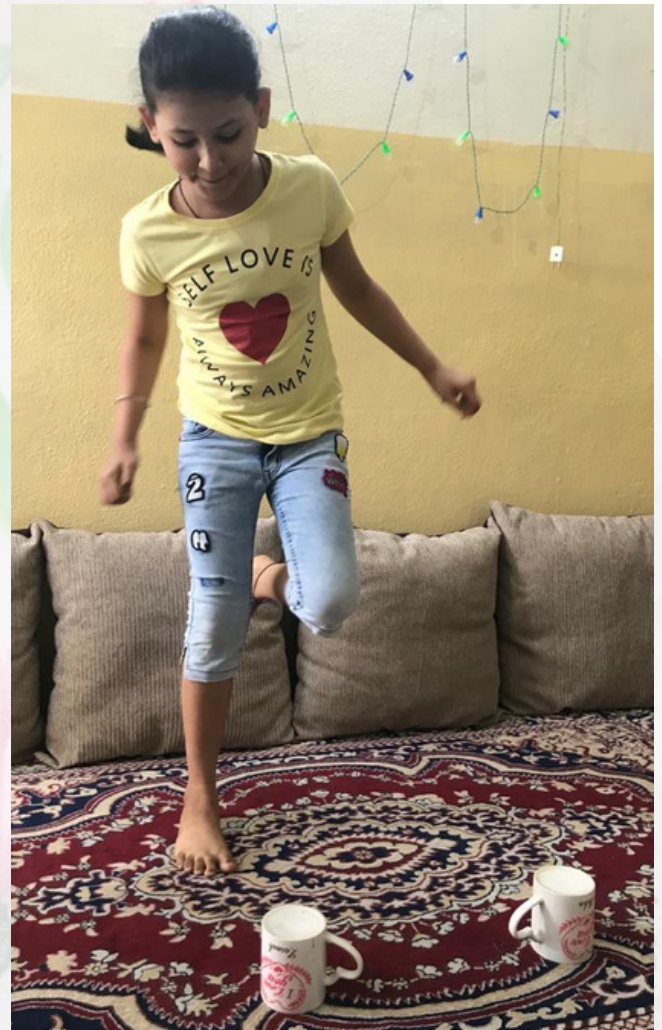


**Mutahar Practicing Push Ups to Build Up Strength**





**Hasan Abbas**



**Zainab Raza Circuit Training to Build General Fitness, Flexibility and Balance**



**Syed Muzammil Engaged in Jumping Activity to Build Strength in the Muscles**



**Saad Practicing Ladder Drill to Build Up Strength and Balance (Left), Tabinda Engaged in Doing Squats to Build Up Strength and Balance (Right)**



## Taking Action

By Aeliya Fatima Parent Of Syed Raza Hussain C2D

My child, Syed Raza Hussain Razvi has developed many changes during the unit 'Earth Resources'. He has learned how to reuse things and he reused an old carton box to keep grains for birds and a wafer box to store grains in it. He also learned to take good care of plants which is necessary for our environment. He waters the plants regularly and takes good care of them and now he tries to grow more and more new plants.

He even understood how important it is to save electricity, so whenever there is no one in the room, he always makes sure to switch off the lights and fans when not in use. The topic Earth Resources was very effective and helpful for bringing about changes in him and he is taking many initiatives which were taught in the unit. I would also like to thank Ms Tasneem for motivating him as well as other students and making them understand the importance of how we can make changes in ourselves so that we can protect our planet Earth.

Raza now motivates other family members to take initiative so that we can make our Earth better by doing things like, not using vehicles for a short distance, to avoid air pollution, reducing the usage of water, keeping surrounding clean, not using plastic bags so as to bring changes to protect our Earth and environment.



## Parent Reflection

By Parent Of Mohammed Abdul Omer, C4C

COVID-19 resulted in shutting down of schools all over the world and it changed education dramatically. Consequently e-learning became popular and was used efficiently whereby the teachers taught remotely and on digital platforms at school. Face to Face classes are significant in learning but I strongly felt that online learning had increased my son's ability to retain information and also took less time. The teachers of my son's class worked hard to teach with the help of technology through interesting videos, online exams and I am grateful to them for putting in their efforts.

Another thing which I liked about online classes was the ease of monitoring as the concepts taught were either in recorded or in written form. Online education enables children to learn at their own pace and develops vital time management skills in them. Studying online requires certain skills such as self-discipline, self-motivation and communication. Children had to communicate either verbally or written with the teachers and peers regularly which sharpened their communication skills. In addition, online learning also needs motivation to complete the assignments given.

This pandemic has taught us to get used to the "new normal" in education which is the increased use of online learning tools. Interestingly, through online learning, my son not only learnt academics but also did extracurricular activities organized by the efficient teachers and fantastic school. I experienced that online learning provided by the school opened a lot of options of learning for different kinds of learners. Furthermore, I particularly liked the idea of my son attending classes at home which made me happy as I could witness and be an integral part of my son's learning and this was extremely precious for me as a parent.



The teachers put in great efforts to guide us through the online learning experience and directed children's attention towards the key concepts. Ms Naaz and Ms Arshiya made intentional efforts to communicate specific encouraging messages to individual learners and groups as a whole. Ms Imtiaz and Ms Ramya were an amazing support who strived to find ways to listen and helped my son to reframe situations in ways that are more positive and productive. Mr Hasan always gave children feedback whether they were able to reach their goals and suggested easy ways to progress. Finally, I loved the whole journey of online learning and appreciate the hard work done by the exemplary teachers and our fabulous school.

### Impact of Practical Life Skills

By Parent Of Mohammed Abdul Haseeb,  
Nursery

It gives me immense pleasure to write this article and thank the Principal, Staff and the Management for giving us this opportunity.

Today in this present world much of the focus in education has understandably taken a shift toward Science, Technology, Engineering and Math (STEM) based. Initiatives that will prepare students for the course work and careers of the future.

Practical life skills should be considered as the building blocks or framework that allow students to apply the knowledge they acquire in school to real-world problems and situations.

My son, after doing practical skill activities, developed his concentration, sense of order, increased his independence, developed a respect for his community and surrounding and took pride in completing his job by improving his fine motor skills.

A few of his practical life skills which I want to share are

- Whenever washing hands he says "Tops & Bottoms, Tops & Bottoms in between..."
- Whenever he eats a Banana, he follows the process of peeling and cutting, as taught by Ms Sara.
- Similarly, he did the same for pouring water, squeezing orange juice, peeling and cutting cucumber, peeling eggs and many more things taught by his teacher

My son observed all the activities taught by his teacher and gained knowledge through these hands-on experiences and how to accomplish skills in a purposeful way. We are really very happy and proud to see our son following all these activities in his daily routines.

### A Teacher in Every Sense

By Sara Mustafa, Parent Of Mirza Muzzamil-  
C5B

I am Sara Mustafa, mother of Mirza Muzammil and would like to provide a brief feedback about Ms Atiya Fatima, homeroom teacher of C5B.

From the very onset of this academic year, we had virtual classes, which none of us had any previous experience of and it looked to be an impossible task. Amidst such uncertainties, Ms. Atiya streamlined things so very well that the same impossible task started becoming possible and the pieces of jigsaw puzzle started falling in their right places and the best thing was she understood Muzammil's nature so well that she made him not only attend the online classes attentively but with interest, which indeed as his mother I would say was an uphill task.

Another important milestone in the life of PYP students is the PYP Exhibition which is a very essential part of class 5. During the inquiry sessions, she cooperated so well and the best virtue I like about her was her patience from the beginning till the very end. Muzammil understood his topic quite well and chose to take meaningful action, and here I can say that the credit goes to his teacher for guiding students throughout this endless cycle of 'work-reflection-rework' while being quite composed and handling everyone patiently.

So keeping all these things in perspective and watching her from close quarters, I could only say she is one of the Best Teachers we have and we need more such teachers for Focus School!



## Vacation

By Shital Jivani, Parent Of Aayat Jivani CIA

The word vacation is magical itself! Not only for students but for parents and especially for mommies. When we were kids, we eagerly waited for vacation. We made plans to visit Nani's house, picnic in the yard, TV etc. and we tried to make it possible. Wo kehte hai na k agar kisi chiz ko sachhe dil se chaho to puri kaynaat usse tumse milane ki koshis me lag jati hai. Same like that.

But today, children are expected to focus more on acquiring age-specific skills, be it education or sports. So, we enroll them into skating, art, craft, swimming classes, etc. but we never understand that every child has a unique quality. We expect teachers to teach our children all the skills they will need in their adult-life. If we really want our children to learn something new, or develop a skill, we must start guiding them towards it, right in our homes. There are so many things they can learn from home which will be useful in their future life.

Let's start a happy vacation. In this vacation children can do whatever they want to do, as long it is safe. Let's allow them to play with their friends, be it on streets, front-yard or gardens. Not at a fun zone in a mall or game-world arenas! Because nature has so many things to teach and offer us. Let's make them nature's kids back again. Let's allow them to play in mud and water and allow them to grow naturally.

After all these activities, we can read a story at night and share our day's experience with each other and fall asleep with a big hug and good night kiss.

## Virtual vs Physical Classes

By Parent Of Shamama Zehra ,C4B

Pandemic! The pandemic situation due to COVID-19 has not only affected the health of people but also the education of students throughout the world.

I think online classes are a good idea to educate children but they have their own downsides. Studying virtually may sometimes lead to reduced concentration levels, loss of interest in studies, decrease in competitive skills, non interaction with fellow students and becoming more prone to gadgets, leaving behind all physical activities.

I, as a parent, came to know about my child's academic strengths and challenges clearly throughout this virtual learning year. I realised areas where my children are lacking interest and as to which subject they needed my guidance so that they understand concepts better.

On the whole, I must say that I have succeeded in enhancing knowledge in my children through these online classes. Still, I prefer that the regular physical classes at school are better and should start as soon as the situation is under control.

## My Views on Activities During Virtual Learning

By Parent Of Kulsoom Fatima, Nursery

I would like to share my point of view on the physical activities which were conducted through virtual classes this year. Online activities help students a lot as they receive individualized feedback from the teachers. Even though the pandemic had its own challenges and it led us to this virtual learning situation, the teachers never let our child's spirit down. Due to these online activities, my child could study at her own pace from the comfort of our home.

It is true to an extent that the online activities may not be suitable for students to understand the concept properly, yet it can certainly provide an experience for students that paves the road for a healthy lifestyle. By these activities, we can see our child excel in front of us as they enhance their motor skills to grow and help their brain development. Parents can observe how teachers communicate and cooperate with our child. We are even able to observe how teachers help our children in growth for studies aided by such activities. Thank you for conducting such interesting and helpful learning engagements for our kids throughout this dangerous pandemic.



## **Changes I Observed in my Child Through Online Classes**

By Parent Of Maaz Abdul Rub Sadi, Nursery

While some believe that the unplanned and rapid move to online learning with no training, insufficient bandwidth and little preparation will result in a poor user experience that is un conducive to sustained growth, I believe that a new hybrid model of education will emerge, with significant benefits. I believe that the integration of information technology in education will be further accelerated and that online education will eventually become an integral component.

Since students have shown that children extensively use their senses to make learning fun and effective through use of technology. Over a period, we observed that meaningful integration of 'Playful activities' has demonstrated higher engagement and increased motivation towards learning, especially among younger students, making them thoroughly enjoy their learning.

## **Fruits of Virtual Learning**

By Parent Of Anum Fatima, CIA

Our experience with the online classes have been good so far. We as parents got to see how our child interacts with teachers and their fellow classmates on a daily basis. Also, we are getting to witness and work on our child's progress throughout. I see that our child has become more attentive and patient during the classes and she tries her best to be interactive with the teachers when questions are asked.

However, a downside to online classes is that my child does not get to learn and develop new skills from her friends as there is no physical interaction. Overall, it's a great and safer experience keeping in mind the current COVID situation and parents as well as children have gotten adjusted to it.

## **Opinion on Virtual classes**

By Shamsia Fatima, Parent Of Hooriya Tanzila  
C2D & Zunairah Mehreen C3B

I personally appreciate and thank all teachers of Focus School who have carried out their responsibilities and seamless services in providing our children with knowledge during these hard and challenging times of COVID-19.

The best part was, while the students were still unfamiliar with the norms of virtual classes and were trying hard to adjust to new learning routines, teachers were teaching with the same energy and enthusiasm. And yes.... all subjects were taught, including Art and PE. My children adapted quickly to virtual class since the school commenced in June 2020 and continued smoothly until now, while many other schools in Hyderabad were still in a dilemma. Same goes with the fee structure, we were given freedom to pay in parts which also was a lot of help to many. I'm content with the quality of education and improvement in my children.

## **Education These Days**

By Parent Of Abdullah Ali Hussain, CIA

School is the place where the future of the country is built. It's not just a building, it's a second home for children. My child also loved to go to school. But because of this pandemic children just couldn't attend it for a year now, couldn't meet his friends and play with them. He gained knowledge from his highly motivated teachers. Just hope that this period also flies and we can go back to our Focus School amazing environment of loving and learning from each other!



## How to Encourage Children to Study

By Mumtaaz Samnani, SEN Teacher & Counsellor

Is making your children study becoming a challenge? It is a common concern among all the parents and most do not know what to do. We too have the same concerns. It is quite interesting to note that children are focused and regular with other activities such as playing video games, watching TV and other interesting activities. We live in times where technology and innovation has become easily accessible and our children are taking the toll, making it harder for us to have basic control. In this scenario, bringing back our children to a regular routine can be a challenge, but a small effort can really bring a big change. There are lots of techniques by which you as a parent can rebuild your child's interest. Some of them are as follows:

- Make a routine for them and involve them in deciding the routine. Make sure your child agrees to the Time Table and actually enjoys following it. This will help bring back focus and no forceful enforcement will be required. Routine should include study time, play time, TV time, time for meals and some time for meditation or self reflection.
- Make sure they have a comfortable space for studies, it doesn't need to be a big separate room. The space must be quiet, have proper lighting, have less disturbance, and easy to monitor. This should help the child to create an environment for studying.
- Make short term and long term goals to improve in subjects they find challenging. This will encourage your child to focus and will add to their self-confidence.
- Help them understand the importance of prioritizing their work. Like making small changes to the timetable during the assessments or assignments with the nearest due date.
- Being approachable especially with the doubts regarding homeworks can build your bond with the child and help them get back on track with the work and schedules.
- As a parent try finding out the method through which your child learns the best, look for ways in which they understand the concepts. Their strengths will really help them achieve good scores and improve their knowledge. Focus on your child learning rather than scoring. Create small milestones and on achieving it celebrate it with your child.
- Take follow up of what your child is studying during classes and tuitions. They will feel answerable to you and will try to be focused.
- Give them breaks within study hours; these breaks will help them shake off the stress and return to work with a fresh mind. It really helps in refreshing the mind and increasing concentration levels.

- Eating healthy and nutritious food with adequate sleep is very important to stay focused.

These are the basic tips and techniques that can help in bringing back and improving children's focus towards work. Concentration is like a plant; it constantly requires nutrition and nurturing to remain strengthened. An adult supervision is a must to keep track of what your child is doing. More unsupervised time means more chances of getting distracted. We need to set ourselves as role models for our kids. Spend quality time and motivate them. Give reminders, after all we are humans and prone to forgetting or getting distracted from our goals. Support your children and be partners in their achievements. Helping students regain focus in a pressure free environment leads to a lot of self-motivation and positivity with regards to workload. Positivity can bring in a lot of mental health benefits and amplified happiness which leads to a better academic performance.

And like Bill Russell says "Concentration and mental toughness are margins of victory."

## Health and Well-Being

By Mohd. Baseer Uddin Parent Of Daniya Baseer C2D

After their unit on Health and well-being, Daniya is including physical fitness in her daily routine. Most days it is just basic stretching on her training mat followed by breathing exercises and other days it is using equipment like a skipping rope or a Hula Hoop. During her visits to the park, she spends time on gym equipment and then moves on to slides and swings. After the lockdown months, I was concerned about the sedentary lifestyle children were forced to live with, but this topic has taught my child to prioritize physical and mental health in every situation. She now requests to join Gymnastics or Karate where she is guided by a trainer in building her stamina and strength.





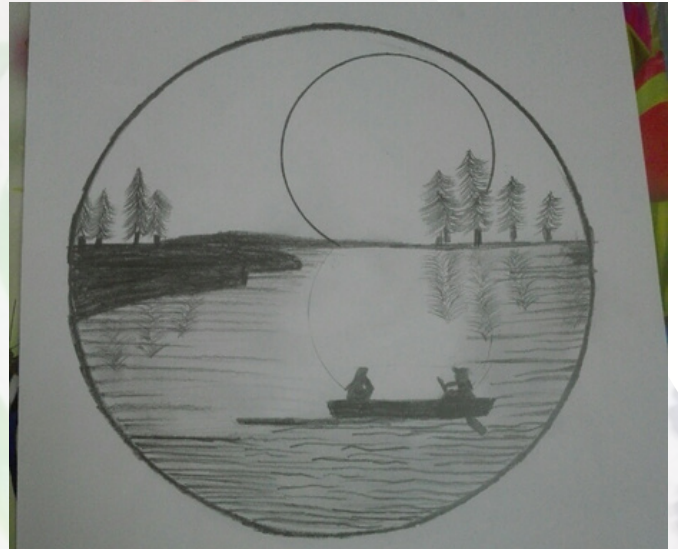
# Arts



**Raha Riyan C2B**



**Hussain C4C(Left), Abdul Aziz C5A(Right)**



**Unain Banu C5A**



**Asma Fatima Ali C3C(Left), Mohd Moin Wali UllahC2D(Right)**



**Sayera Amreen C4C**



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