



fenestra

Purani Haveli Campus

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Message from the Principal

Focusing inward: a curriculum for tarbiyat and spiritual growth

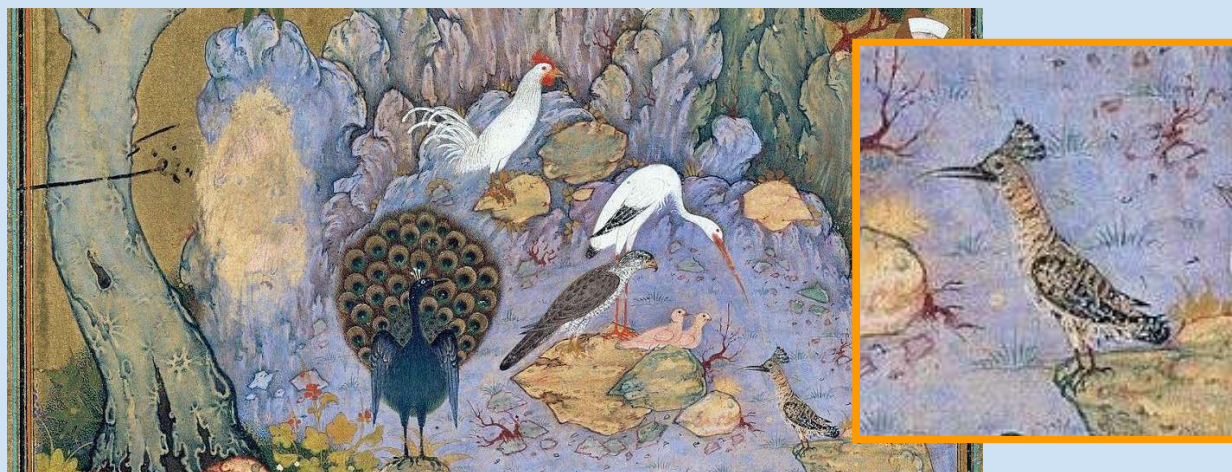
By Minhaj Arastu, Principal

When we founded our school in 2013, we knew that we wanted to educate the whole child, as a full human being. We did not seek to merely coach students for an exam, train them for a job, or help them to simply read and write.

Our spiritual traditions and the International Baccalaureate (IB) gave us a framework for holistic education. Through our school, we wanted to make ourselves into better human beings and make our world a better place.

In recent months, our teachers and board members have been discussing ways to strengthen these foundations of holistic education. To shape and guide children, we must obviously return to the Creator's plan. But the Creator and the divine plan are entangled in our society with rituals, politics, groupism, money, egos, physical display, blind tradition, and so on.

We were convinced that we wanted the clear sunlight of spiritual guidance for our children, not the dim flicker of a sputtering, exhausted candle.








I was reminded of an allegorical poem titled *Conference of the Birds* [1], by Farid-ud-din Attar (d. 1221 CE). In the tale, the birds of the world gather together on a quest to find their true king. The guide on their journey is the hoopoe or the *hudhud* who carried messages for prophet Sulayman. The birds, like every human being, have flaws and weaknesses, such as the royal hawk's mindless attachment to his king, the duck's love of his comfortable pond, and the peacock's rigid pride. The hoopoe finally convinces many of the birds to overcome their hesitation and embark on a journey to find their Lord.

They cross seven wondrous valleys: the valley of the quest, the valley of selflessness, the valley of inner knowledge, the valley of detachment, the valley of unity, the valley of wonderment, and finally, the valley of nothingness. After this fabulous trek, the thirty surviving birds arrive at the home of their Master, the *simurgh*. Who is the *simurgh*? It is none other than a mirror of the thirty birds themselves: in Farsi, 'si' means thirty and 'murgh' means bird.

Our school is embarked on a very similar quest. Like the birds in Attar's tale, we use tools of inquiry to explore our world, our souls, and our Creator. We will have guides and mentors like the hoopoe was to his companions. In this journey as always, we invite your comments, suggestions, and support. Here is an outline of our journey within:

Elements of our approach to the *tarbiyat* curriculum

	<p>Our spiritual axioms or core beliefs</p> <p>These are the shared heritage of human history across all societies.</p> <ul style="list-style-type: none"> • There is one Almighty God: “God is one, without a second” (“<i>ekam evadvitiyam brahma</i>”, Chāndogya Upaniṣad) • We human beings have a divine soul: “And I breathed into him of My own soul.” (“<i>wa nafakhtu fihi min ruhi</i>”, Qur’an) • We live our fullest life in communities: “Blessed are the merciful, for they will be shown mercy. Blessed are the peacemakers, for they will be called children of God.” (Book of Mark) • We will see the fruits of our thoughts, words, and deeds in the hereafter. “According to the seed that’s sown, So is the fruit you reap therefrom; Doer of good will gather good; Doer of evil, evil reaps, Down is the seed and thou shalt taste the fruit thereof. (Saṃyutta Nikāya)
	<p>Inquiry, action, reflection</p> <p>Our inquiry based curricula give us a framework to ask powerful questions about our inner and outer life. The truth-seeking disposition is the most essential requirement for spirituality. Our curricula revolve around processes such as:</p> <ul style="list-style-type: none"> • Inquiry, conceptual understanding, and exploring real-life settings • Thinking skills, social skills, and self-management skills • Making purposeful, responsible choices and developing self-knowledge
	<p>Mentorship</p> <p>Spiritual growth is always guided by a bond with a guru or elder. We will create time, place and purpose for children to benefit from such bonds.</p> <ul style="list-style-type: none"> • Mentors may be teachers, parents, or community members. • Our staff and mentors must lead by example
	<p>Intention and purpose</p> <p>We will create time, place, and methods for establishing our intentions and purifying our minds before any action or event, such as the school day, lessons, meetings, meals, etc.</p> <ul style="list-style-type: none"> • Using tools such as silence, breathing, movement, art, song, and poetry • Establishing practices such as prayer and meditation (by each child’s choice)
	<p>Counselling to handle challenges to spiritual growth</p> <p>We know about the severe challenges and trials that youth face, such as bullying, social media, managing coeducation, puberty, etc. We gain guidance and strength from the axioms above. We will engage with these challenges explicitly through:</p> <ul style="list-style-type: none"> • Class teachers and Values Education lessons • Counselling programmes • Events, such as the ‘Coming of age’ celebrations



Optional, after-school religious education

We will explore ways for specific religious traditions to impart teachings to children.

[1] Paintings by Habiballah of Sava, collection at the Metropolitan Museum of Art, New York. Folio from an illustrated manuscript dated c.1600.



FOCUS

HIGH SCHOOL

Curious Minds, Caring Hearts



fenestra

Pre-Primary

A window to our culture of sharing and learning

Nov 2020

Purani Haveli Campus

MEET OUR FACULTY



Mr Minhaj Arastu
Principal



Ms Asma Zaidi
Vice Principal
Pre-Primary Head
(NKB and PH)



Mr Alamdar Ali
Vice Principal
(Admin)



Ms. Zainab Asghar
Class Teacher of Montessori A-
Nur, PP1, PP2 and C1



Ms. Vaseem Azhar
Class Teacher of Montessori B-
Nur, PP1, PP2 and C1

Raising Children

by Asma Zaidi

Parenting is a full time job that has no training or internship. Often parents are at a loss to understand the energetic bundle of energy that they are blessed with.


However understanding and following some basic rules, makes parenting a smoother process. For children between 0-6 years, these tips are sure to make a difference.

- 1) Let children be independent. They should, eat, bathe, go potty, change clothes, make their own sandwich, fill their own water bottles, wash their own lunch boxes.
- 2) Give children time to play, alone/ with friends, climb, crawl, hop, kick, run and swim. Physical activities are directly linked to brain development.
- 3) Allow children to make decisions and choose, within limits. Instead of saying, “you have to eat rice”, try saying you can choose to eat daal and rice or curd and rice. This way the child does what you want but feels that s/he has autonomy.

4) There is no harm in letting children do what they want as long as it is safe. Example: a toddler who is learning to walk will definitely climb the stairs -up and down - 20 times without getting tired. Please them him do it. Toddlers need to practice their skills.

5) Children learn by imitating. They see adults using gadgets and laptops and want to do the same. Be good examples: use good language, show generosity and curiosity, read books, write letters...you will notice that your child will do the same.

6) Let your children take risks, let them try out their ideas, let them fail. Show them how to rise after a fall. Pain and failure are a part of life. Instead of protecting your child, show them how to cope with it and move on. This is true parenting!



“Education is a natural process carried out by the human individual, and is acquired not by listening to words, but by experiences in the environment ”

Dr. Maria Montessori



INDEPENDENCE DAY CELEBRATION

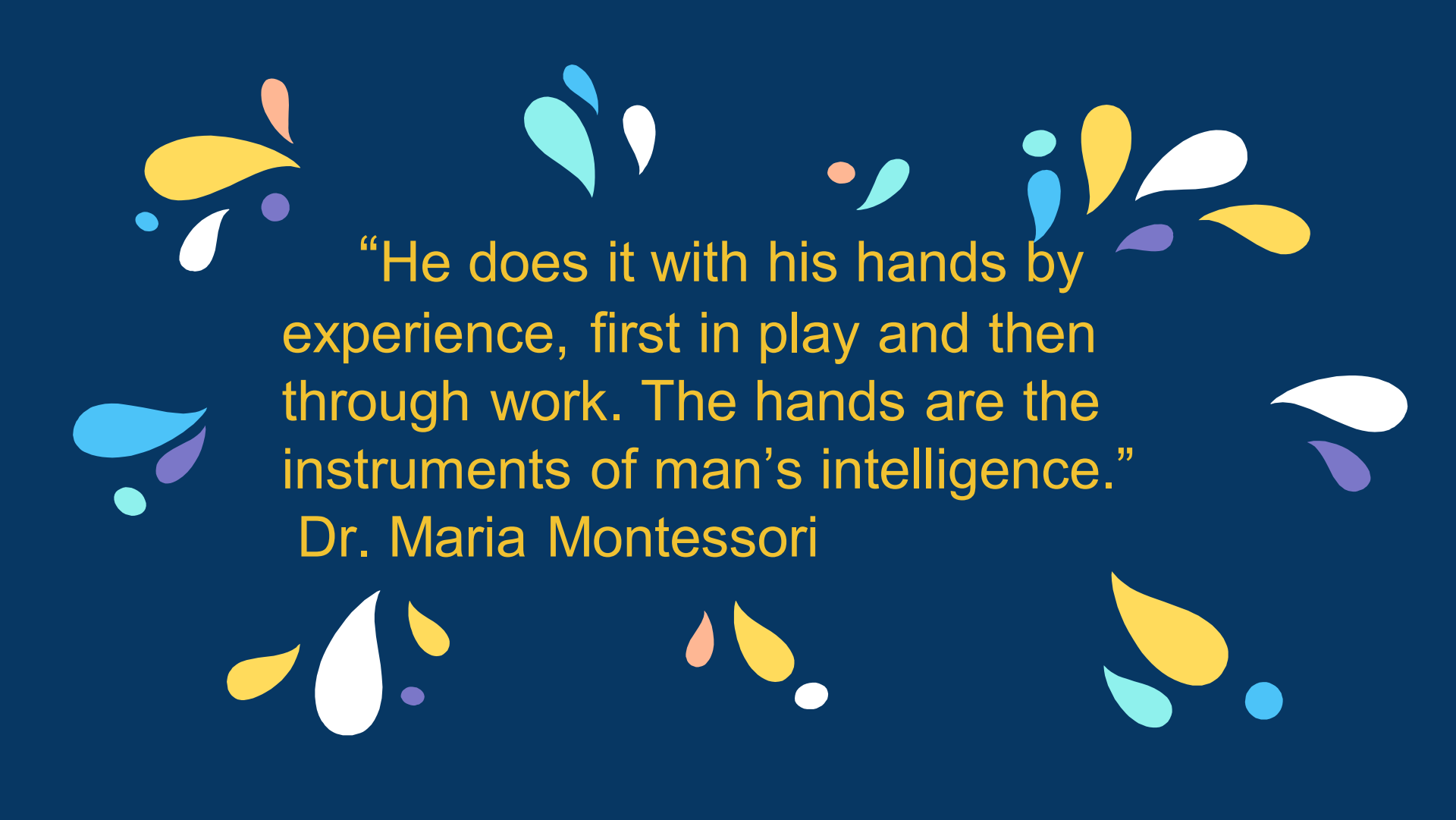


Independence Day Celebration



Games played on Children's Day





“He does it with his hands by
experience, first in play and then
through work. The hands are the
instruments of man’s intelligence.”

Dr. Maria Montessori

Practical Life

Practical Life Skills boosts the child's self-esteem, knowledge, skills and transition of a child in the real life. It gives confidence and practice to become functional members of the community.



Transferring with a ladle.



Shelling Peas.



Transferring Liquid.

Practical Life



Nursery: Mohammed Aliyan Ullah



Nursery B: Fariha Fatima & Syeda Zehra Baqueri

Practical Life



**Opening and Closing
of Bottles.**



**Threading the
beads.**



Pegging Activity.

Practical Life



Use of scissors.



Placing buttons on a line.



Nursery: Fariha Fatima &
Syeda Zehra Fatima Baqueri

Practical Life

Shelling peas - builds independence, fine motor skills, eye hand coordination



Nur B- Mir Dilawar Ali Razvi



Nur B - Mohd Kamran Shareef



PP2 B - Sulaiman Siddiquie

Practical Life



Buttoning.



Tying a shoelace.



Plucking leaves.

Practical Life

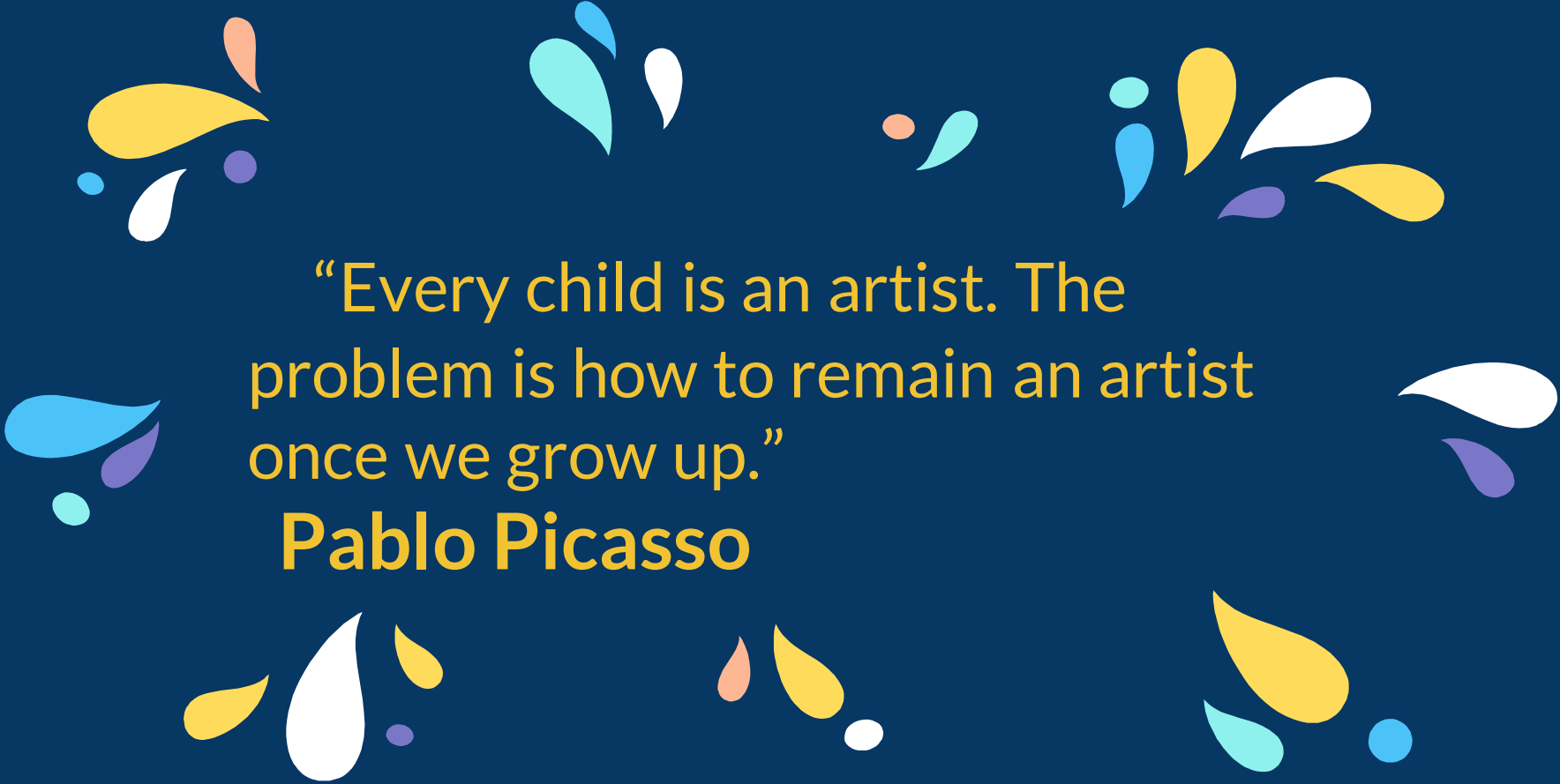


Transferring activity: While transferring small objects from one bowl to another children not only have fun but also develop their fine motor skills, focus, and concentration. It is preparation for serving themselves independently at meal times.

GROSS MOTOR SKILLS



Standing on one foot promotes concentration and requires a lot of focus. This pose strengthens the muscles and builds coordination and balance, improving our gait and backbone strength.

The background is a solid dark blue. Scattered around the central text are various abstract, organic shapes in bright colors: yellow, light blue, white, orange, and purple. These shapes resemble stylized leaves, droplets, or paint splatters. Some are clustered together, while others are isolated. The overall aesthetic is modern and artistic.

“Every child is an artist. The
problem is how to remain an artist
once we grow up.”

Pablo Picasso

Art work in online classes



Art work in online classes

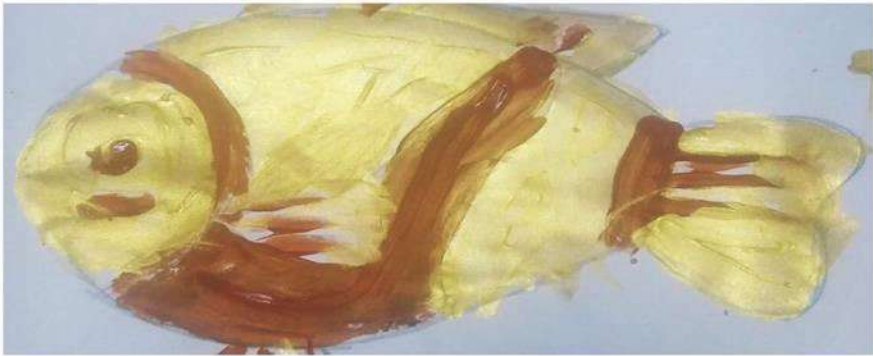
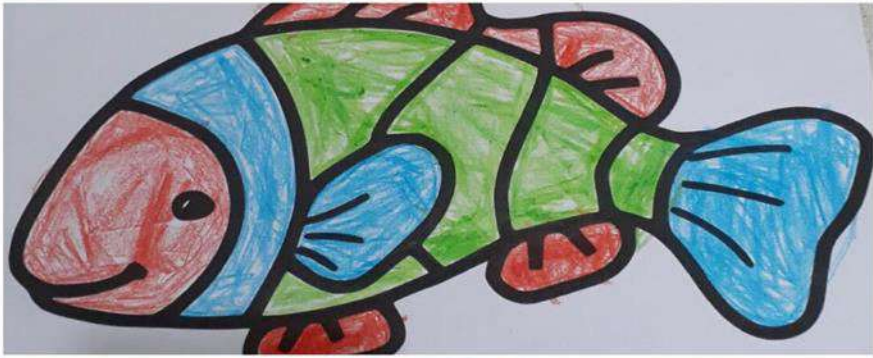


PP1:Mir Mujtaba Hyder Abedi



Nursery: Mohammed Kamran Shareef

Art work in online classes



Colouring has an important place in the child's mental development and can easily be incorporated into a child's day.

Colouring by Nursery



“Learning is experience. Everything
else is just information.”

Albert Einstein

Experiments and Observations



Performing experiments in the child's early years, develops curiosity and scientific approach in them. They learn various concepts through play and this enhances critical thinking, communication, logical reasoning and collaborative skills.

Sinking and Floating Experiment



Learning How Plants Grow



Learning about Our Solar System

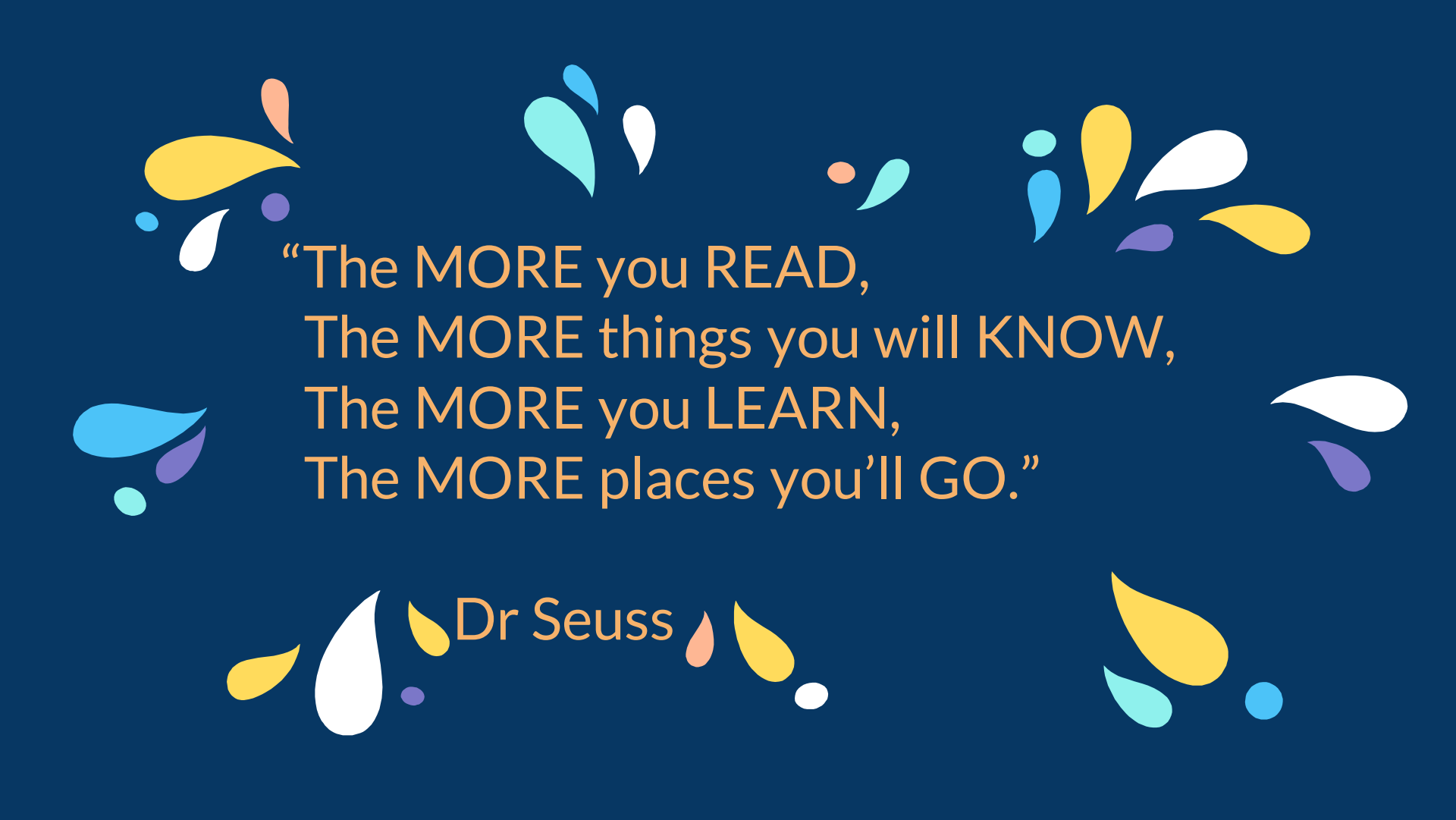


PP2 B - Syed Meesum Hussain



PP2 B - Syed Hadi Hussain



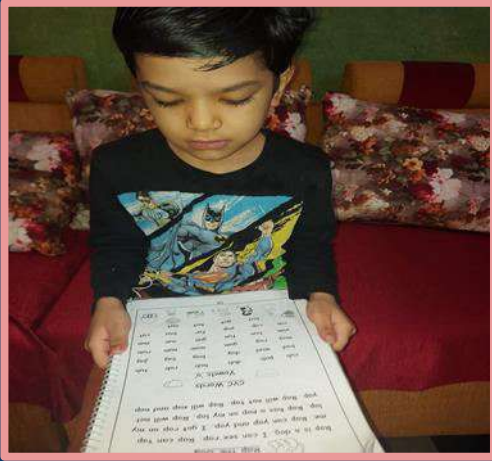


“The MORE you READ,
The MORE things you will KNOW,
The MORE you LEARN,
The MORE places you’ll GO.”

Dr Seuss

Emerging Literacy

By Ms. Zainab Asghar



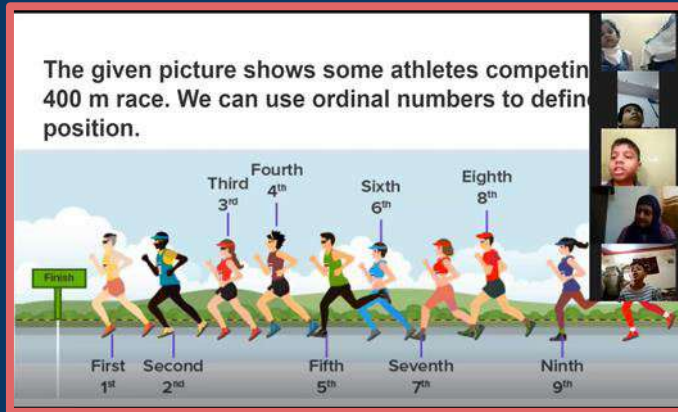
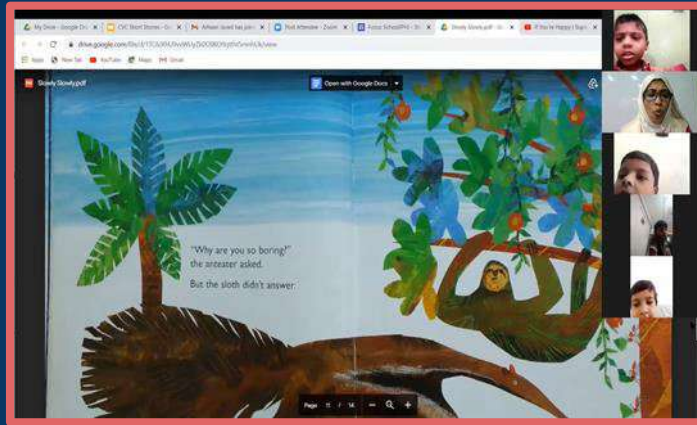
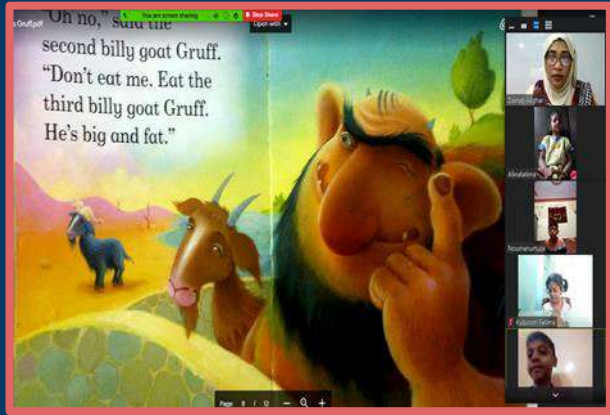
Emerging Literacy is a gradual ongoing process of learning, language through phonics and sight words. The child first learns to develop language by listening and speaking, which slowly changes by exploration into reading and writing forms. The pleasant interaction with the children slowly changes to communication. As they grow, children learn new words and their function in a sentence.



Young children make numerous discoveries as they play, explore and interact with others. By providing multiple opportunities, one can see a gradual improvement in communication skills.

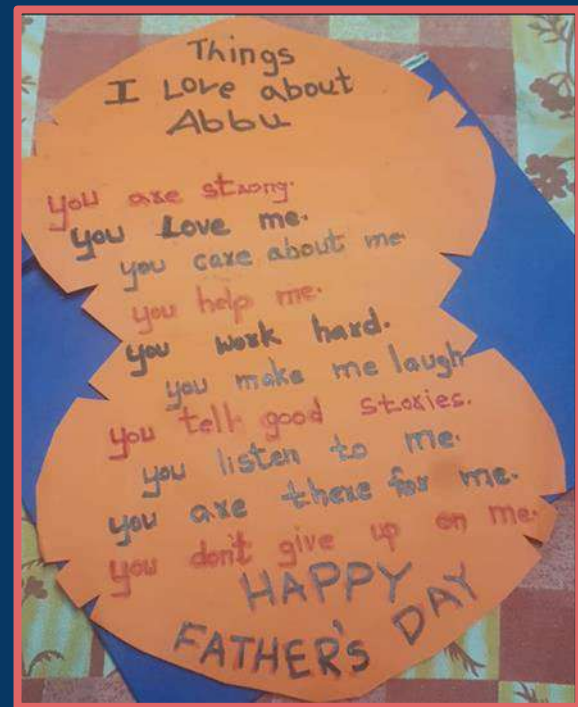
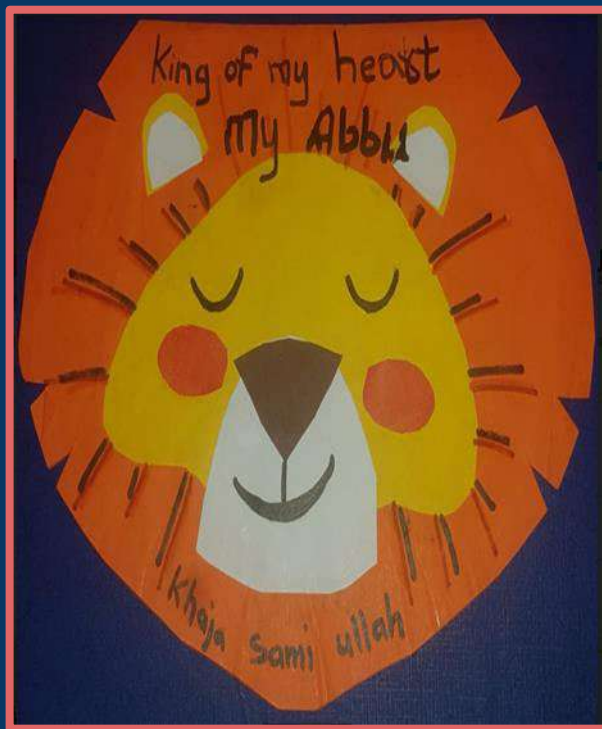
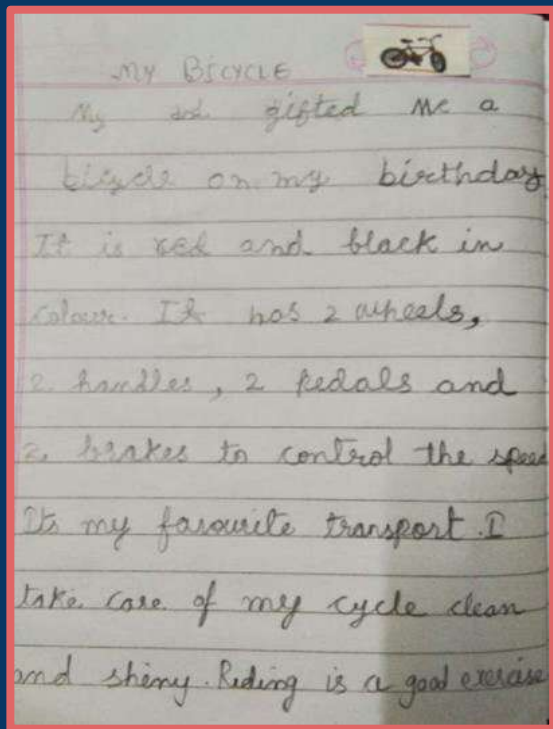
Children always imitate adults. Motivating children to write can Love for reading can be improved by providing them with various books.

A sneak peak in our virtual class



Children enjoy learning immensely when the screen is shared with them as they can see the story or concept. The increased visual effects, helps in memory retention.

A sample of children's work



Show And Tell



Nur B - Zahara Fatima



Nur B - Abdul Mohsin Zayan

One of the simplest ways to encourage children to speak is the “SHOW AND TELL” activity. Our little ones love to show off their possessions and speak about them.

We are happy, that parents are supporting us and encouraging them to speak in english.

Show and Tell



Junaid ur Rahman - Nur A



Syed Abid Ali - PP2 A



Taha PP1 - A

Winners of Reading Marathon



Winners of Reading Marathon



Syed Sajjad Hussain
C1B



Fariha Fatima
Nursery



Syeda Anwari Begum
C1B

SPELL BEE CONTEST WINNERS



Khaja Samiullah
C1 - A



M. Jaffer
C1- A



Nema Fatima
C1- A

Show and Tell Competition Winners



Syed Mustafa Hussain
Nursery -A



Zeenat Fatima
Nursery - A



Syeda Shariya Fatima
Nursery - A

Show and Tell Competition

Winners



Taha
PP1 - A



Mohammed Arhan
PP1 - A



Turhan Raza
PP1 - A

SPELL BEE CONTEST WINNERS



M . Hamza
PP2 - A



Mazahir Hussain
PP2 - A



Ayesha Fatima
PP2 - A

SPELL BEE CONTEST WINNERS



C1B - Syeda Jaffery Begum

C1B - Dilawar Abbas

SPELL BEE CONTEST WINNERS



PP2 B - Syed Hadi Hussain

PP2 B - Syed Meesum Hussain

Show and Tell Competition Winners



PP1 B - Syed Abbas jaffer



Nur B - Syeda Zehra Fatima Baqueri



Nur B - Mir Dilawar Ali Razvi



MEET OUR STAR STUDENTS



100% Attendance and Task Submissions



Star Students of Montessori A

100% attendance and task submission



★
Zeenat - Mont A



★
M. Arhaan - Mont A



Taha - Mont A



★ M. Jaffer - Mont A

Star Students of Montessori- B

100% attendance and task submission



C1B - Syeda Anwari Begum



C1B - Syed Sajjad Hussain



NurB - Syeda Zehra Fatima Baqueri

Star Students of Montessori B

100% attendance and task submission



Syed Hadi Hussain
PP2



Syed Meesum Hussain
PP2



Mir Mujtaba Hyder Abedi
PP1

Star Students

100% Attendance in Online Classes



S. Zahra Fatima
Baquri - Nursery



Syed Mustafa
Hussain -Nursery



Taha- PP1



Mir Mujtaba - PP1



Tahaan Raza - PP1

Star Students - PP2, C1

100% Attendance in Online Classes



Hadi Hussain
PP2



Meesum Hussain
PP2



Awari Begum- C1



S. Sajjad Hussain-
C1

Star Students

100% Attendance in Online Classes



S. Zahra Fatima
Baquri - Nursery



Syed Mustafa
Hussain -Nursery



Taha- PP1



Mir Mujtaba - PP1



Tahaan Raza - PP1

Star Students - C1

100% Attendance in Online Classes



Mohd Jaffer -C1



Mir Musa Ali- C1



Alina Fatima - C1

**Thank you
for watching !**



BYE



FOCUS

HIGH SCHOOL

Curious Minds, Caring Hearts



fenestra

Primary C2-C5

A window to our culture of sharing and learning

Nov 2020

Purani Haveli Campus

2020/11/30 14:51

MEET OUR SCHOOL LEADERS



Mr Minhaj Arastu
Principal



Ms Asma Zaidi
Vice Principal
(Curriculum
Development)



Mr Humayun Abedi
High School
Coordinator



Mr Alamdar Ali
Vice Principal
(Admin)

MEET OUR FACULTY



Ms. Amena Kouser
Math Tr.



Ms. Kavita Thakur
Hindi Tr.



Ms. Arshia Hussain
Art Tr.



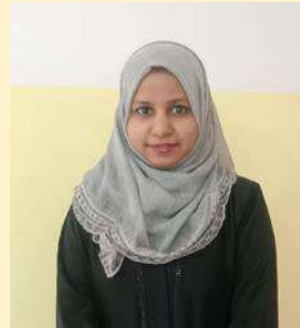
Ms Kaneez e Zehra
English Tr. (C4,5)



Ms Varalaxmi
Telugu Tr.



Ms Shaheen Siddiqua
Urdu Tr.



Ms Seema Sultana
EVS Tr.



Ms. Sara Azhar
Eng Tr. (C2/3)

Understanding Your Child's Temperament

by Asma Zaidi

Thousands of years ago, the famous philosopher and Greek physician Hippocrates classified human nature into four humors- choleric (fire), phlegmatic (water), sanguine (air), and melancholic (earth) according to their dominant body fluids. Hippocrates claimed, that if one knew their constitution type then one could know how to eat, medicate, live and lead a disease free life with optimum health. This constitution type also helped people to identify basic temperaments that influence our decisions, career choices and lifestyle. They are often easily identified by their physical body structures. Sanguine and melancholic people tend to be tall and slender while phlegmatic and choleric tend to be shorter and rounder. Interestingly these temperaments are also mentioned in the Holy Quran as well as ancient Ayurveda in the form of “doshas- kapha (water), vata (air), pitta (fire)” .

The Holy Quran in Surah e Roum (Chapter 30- Ayat 21-24) talks of four different learning styles which are similar to the temperaments mentioned by Hippocrates : fikr/ melancholic (deeply reflective, thoughtful), ilmu/ choleric (knowledgeable), smael/phlegmatic (listener), aql/ sanguine (wise). This mention in the Quran seals the fact that people do have different temperaments and Allah has given different signs for each category of people so that none is left behind.

Our temperaments are a gift from God. It is with this gift that we are destined to accomplish our life goals and overcome trials. Each temperament has its own strength and weakness. They have no connection with either the intelligence or skill set of people. Temperaments are inborn and are often starkly present in children over 6/7 years. It is possible that a person maybe a mix of two temperaments. However, it is quite impossible that opposite traits exist within one person. For example- a person cannot be both choleric (full of energy) and phlegmatic (placid and cool). With age, exposure and experiences in the environment, these temperaments tend to get balanced.

Moreover, there is no good or bad temperament. It should never be used as a label, instead an understanding of temperaments helps us to recognise our own pattern of behavior and raise our children accordingly. A mother may have three children- each with a different temperament!

The choleric child can be given multiple tasks, which s/he can accomplish with least effort and full responsibility. However, the same cannot be given to a phlegmatic child who will become overwhelmed. A sanguine child often flutters from one activity to another (without really completing anything) and a melancholic child may understand what needs to be done without being told!

As educators and parents, the ability to recognise the temperament of a child can be profound when selecting a career. Often children with choleric personalities do well in leadership roles, political figures, builders or event organizers.

choleric

Strengths

- ▷ Ambitious
- ▷ Planner
- ▷ Efficient
- ▷ Leader
- ▷ Confident
- ▷ Motivator

Weakness

- ▷ Demanding
- ▷ Intolerant
- ▷ Too Busy
- ▷ Impatient
- ▷ Tense
- ▷ Inflexible

sanguine

Strengths

- ▷ Sociable
- ▷ Out-going
- ▷ Optimistic
- ▷ Forgives
- ▷ Confident
- ▷ Fun-Loving

Weakness

- ▷ Impulsive
- ▷ Often Late
- ▷ Selfish
- ▷ Exaggerates
- ▷ Forgetful
- ▷ Shameless

melancholic

Strengths

- ▷ Thoughtful
- ▷ Considerate
- ▷ Organized
- ▷ Detailed
- ▷ Creative
- ▷ Self-Reliant

Weakness

- ▷ Moody
- ▷ Discontent
- ▷ Obsessive
- ▷ Perfectionist
- ▷ Pessimist
- ▷ Tunnel Vision

phlegmatic

Strengths

- ▷ Calm
- ▷ Reliable
- ▷ Diplomatic
- ▷ Content
- ▷ Accepting
- ▷ Rational

Weakness

- ▷ Shy
- ▷ Passive
- ▷ Indecisive
- ▷ Permissive
- ▷ Unambitious
- ▷ Apathetic



SANGUINE



CHOLERIC

MELANCHOLY



PHLEGMATIC



Melancholic people often turn out to be good doctors, therapists, psychologists and spiritual healers. They may choose to do social work. However, one of the dangers in these professions maybe their inability to deal with stress. They tend to get too emotionally involved with problems of other people. These people must know ways of coping with their anxiety and depression.

Sanguine people do well if their career choices compliment their personality- example salesman, actors, advertising, photography- where they have a lot of opportunity to move on from one project to another.

The phlegmatic persons need a lot of inspiration and motivation. They often need “hooks” that will make their life purposeful. It helps if these hooks are not people they are fond of or materialistic things like fame and money but instead personal interests and passions.

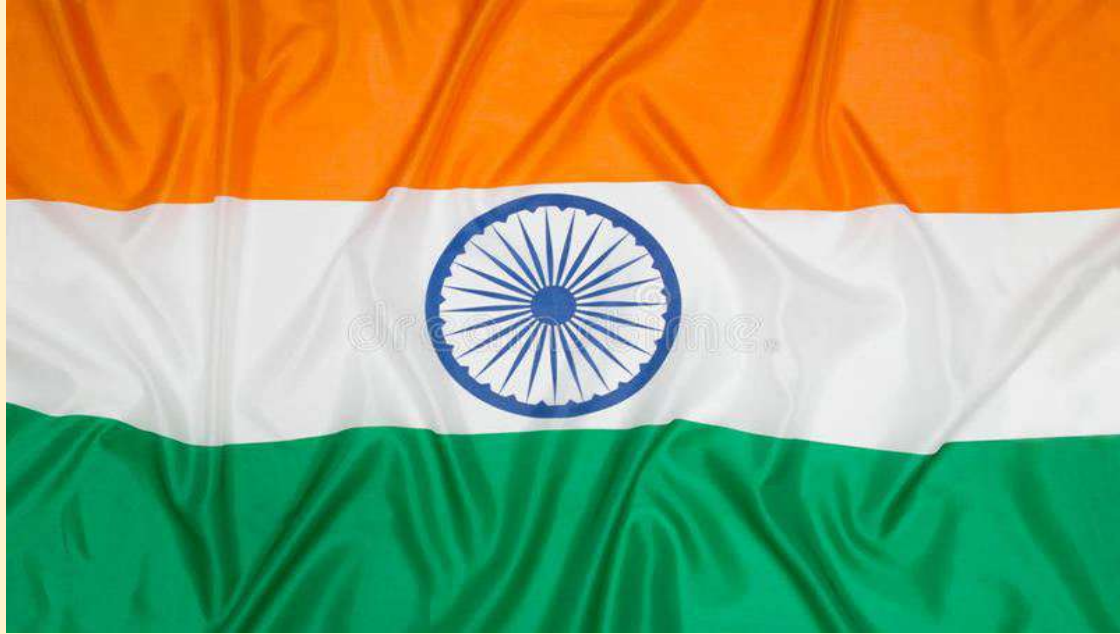
These ancient insights are sure to make parenting and teaching easier. A variety of literature is available online for those who want more answers.

CO-CURRICULAR ACTIVITIES



INDEPENDENCE DAY CELEBRATION











The Importance of Reading

By Kaneez E Zehra, Class Teacher , C4



“Reading is to the mind what exercise is to the body.”

—Richard Steele

Rightly said, reading is to the mind, Reading makes the brain think, enriches imagination and at the same time it provides pleasure and helps us relax. Neither TV, nor the Internet can replace good books.

Nevertheless, reading is a trend that seems to be slowly diminishing and is being replaced by gadgets which are easily available in every household.No doubt, that gadgets are a need of the hour today but may be for a short time.

Reading, Listening, Writing and Speaking are the four skills of Language learning that allow us to comprehend and use a spoken language for proper and effective communication. The more you read, the better you are able to express yourself in writing. The more you read, the better you are able to speak.The more you read, your listening and understanding improves. Research has shown that reading has several benefits like,it

- ★ Enhances Vocabulary
- ★ Helps improve spelling
- ★ Strengthens communication skills
- ★ Imparts knowledge
- ★ Reduces stress
- ★ Boosts your imagination and creativity
- ★ Reduces boredom



Keeping in mind the current situation you, as a parent, can make a huge difference!. Parents are the most important educators in a child's life and it is never too late to start reading together.

It was great to see most of the students actively involved in reading for the "Reading Marathon". This should be taken forward and students should turn into lifelong readers.

You can access the Virtual School Library using the link below to continue reading..

https://sites.google.com/focushighschool.org/focusschoolphvlib/home?read_current=1

Happy Reading!!

Reading Marathon Winners - Class 2 (2020)



Mirza Ali Asgar

Azadar Husain



Ali Akbar

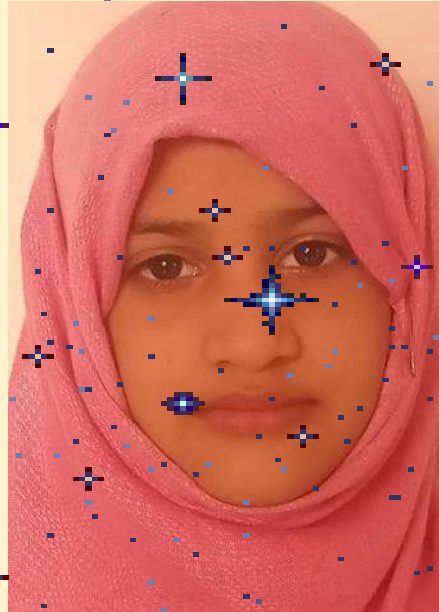


Reading Marathon Winners - Class 3 (2020)

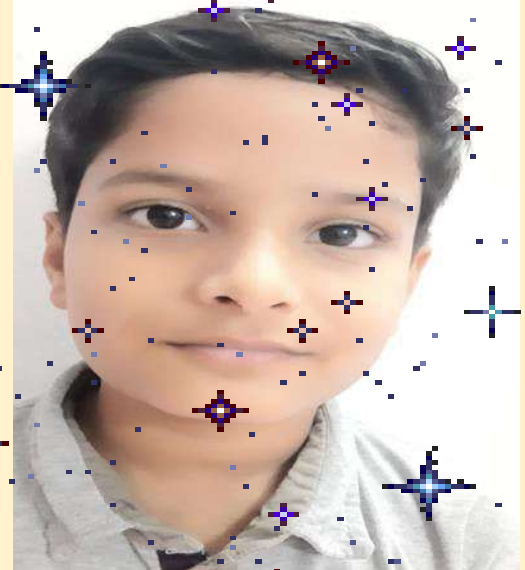
Syed Mehdi Raza Zaidi.



Falak Zehra.



Mohd Hassan Ali



Reading Marathon Winners - Class 4 (2020)

Today a Reader, tomorrow a Leader.

Sakina Fatima



Zainab Jafferri



Gesudaraz Abeera Fatima



Reading Marathon Winners - Class 5 (2020)



Noor Jaha Begum



Syed Abbas Raza

CHILDRENS' DAY BOOK CHARACTER EVENT



S. Najeebullah Hussaini C5 Gesudaraz Abeera Fatima, C4

NoorJahan ,C5 Gesudaraz Sareena Fatima, C4

CHILDRENS' DAY BOOK CHARACTER EVENT



Zainab Jafferi, C4



Sakina Fatima, C4



Sukaina Fatima, C4

CHOCOLATE ROLLS MADE ON CHILDREN'S DAY



Made By C4
Ierum Fatima



Made By C3
Syeda Masrath Fatima Abedi



STUDENT EXPRESSION



I Miss My School

by G. Abeera Fatima



I miss my school in this pandemic year.

During lockdown , after waking up in the morning , I usually cry remembering the days when I used to get up and get ready for school, to meet my friends and attend the classes and learn many useful things. I have lost my confidence due to the current situation.

However, with the help of online classes, this year did not go waste. I am very thankful to my principal , teachers and all the staff for continuing the school online. But, still I miss meeting my friends. I wish we get back to school as soon as possible.

Online Classes.

by G. Sareena Fatima ,
Grade 4



I am excited to write a few words about my experience and journey this year. When I heard about the lockdown due to covid-19, I was afraid of missing my studies and assumed that I may not learn anything this year.

But,thankfully, we were able to continue our studies through online classes. Though it seemed difficult in the beginning,we have gotten used to it and have now started enjoying our classes. Our teachers use many different styles of teaching to keep us engaged.

I thank my Principal and teachers for being with me during this pandemic and guiding me to complete my year.

WHAT I LEARNT DURING THE LOCKDOWN

By Kumail Hasnain Zaidi
Grade 4



During the lockdown,
I was really feeling bored
because I was completely
at home. I missed playing with
my friends and going to school.

But, I utilised this time to learn many life skills. I
learnt to make 'rotis', I learnt to help my mother in
her household work.

Above all, I learnt to recite my prayers regularly.
Everytime I pray, I pray to God that things become
normal and all are safe and no one is infected with
Covid 19. I am sure God will hear my prayers and
we will get back to school very soon.

Flowers

By Sakina Fatima , Grade 4

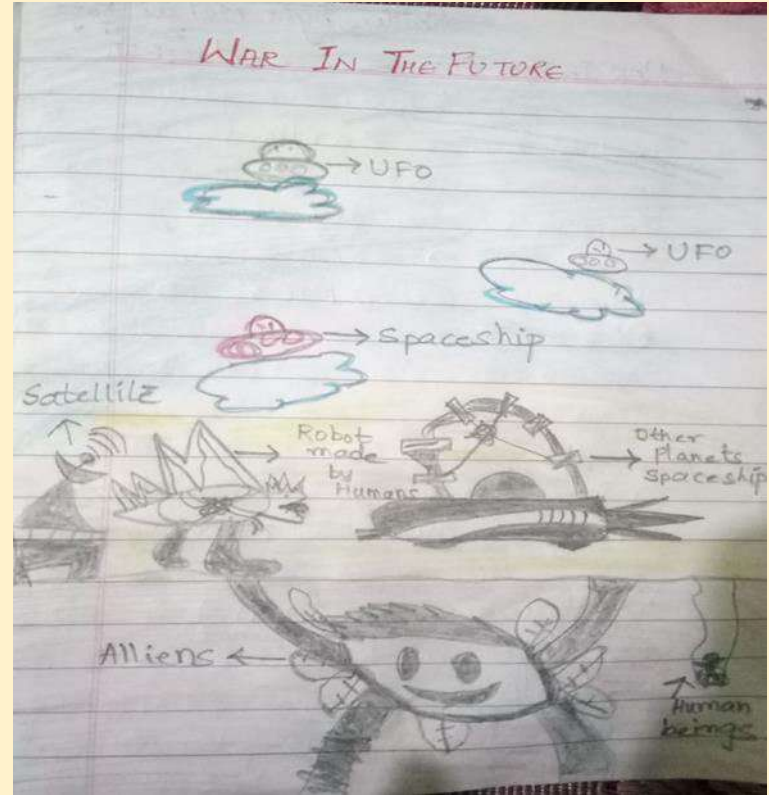
Flowers Flowers Flowers
They look lovely when they
shower
Blossom Blossom Blossom
When they open, they look
awesome
Their smell smell smell
It's so well well well
Lotus,rose, and lily
When they are together they look
pretty
Flowers Flowers everywhere
God's best creation.. I swear!

WAR IN THE FUTURE

By Mehdi Raza Zaidi C3



It is 2090 and the earth is not protected. There is no water and no atmosphere. The humans on Earth are now weak as they have limited water. The Aliens have attacked the humans. There is a huge war between Aliens and humans. Three UFO'S (Spaceships) are attacking the Earth. They want to destroy Earth. Humans beings use their technologies and mind to stop them from destroying Earth. After a long fight they went back to their planets and Earth is now safe...



ART EXPRESSION



MAKING FABRIC YO-YO'S

Made By C4
Sareena Fatima



Made By C4
Abeera Fatima

How to Make Fabric Yo-Yos. A perennial favorite among quilters, a **fabric yo-yo** is a gathered circle secured with a simple running stitch. The cute designs **can** be used as accents on anything from clothes to lampshades or sewn together to **make** a quilt.





Made By C3 Syeda Ada
Fatima Abedi



Made By C3 Sadiq Ali

Puppet making with waste
paper cups and other waste
material.



Made by Nusrath Ullah C3

PUPPET WITH SOCKS



Made By Mirza Ali Asgar C2
Puppet making with old socks



Made by Azadar Husain C2
Made By Falak zehra C3
Puppet Making with old socks



Made By Ali Akbar C2
Puppet making with old socks

ART FROM WASTE



Made By C2 Mirza Ali Asgar



Made By C2
Made with Plastic Bags



Made By C4
Flowers made with Onion
Skin



Made By C5 Naveed Ullah
Party Face Mask
Made with Waste papers

Door Mat (old cotton cloth)
Made By C5 Noorjahan Begum

BANGLE ART



Made By C2 Ali Akbar
Wall Hanging Made with
Old Bangles



Made By Jawad hussain
Wall HAnging Made with
Old Bangles



Made By C3 Falak Zehra
Cartoon Characters with
shapes

NEWSPAPER ART



By C4
Made with old Newspapers



By C4
Made with old Newspapers

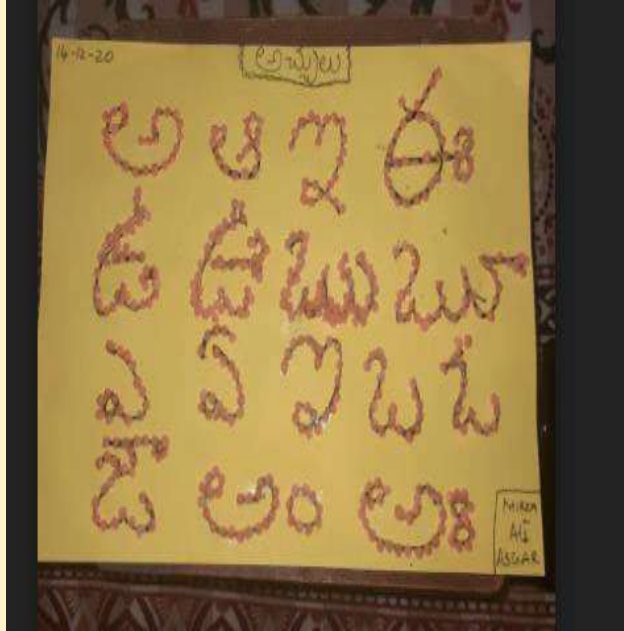


By C5
Made with Newspapers
Creative Artwork

EXPRESSIONS IN INDIAN LANGUAGES



అచ్చులు



Mirza Ali Asghar
Class:2



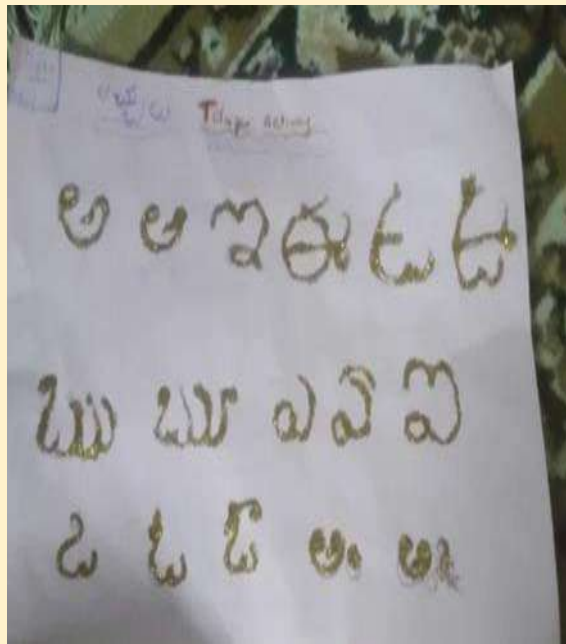
Jawad Hussain
Class:2



Bibi Amena Fatima
Class:2



Syeda Kaunain Fatima
Class-3



Syeda Ada Fatima Abedi
Class-3



Kulsoom fatima
Class-5



Sakina Fatima
Class:4



Zainab Jafferi
Class-4



Syed Kumail Hussain Zaidi
Class-4



Bushra fatima
Class:5



Syeda kisa fatima abedi
Class:4



Gesudaraz Abeera Fatima & Sareena
fatima

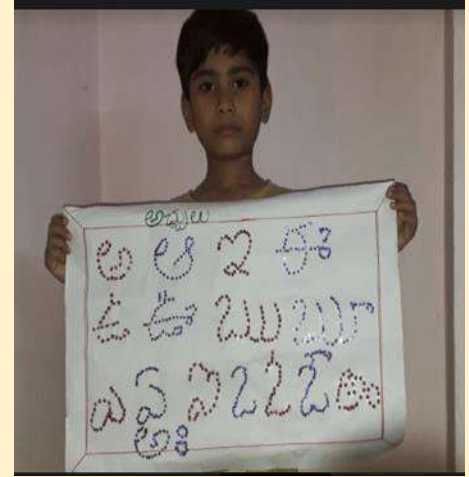
Class:4



Mirza Ali Asghar
Class:2

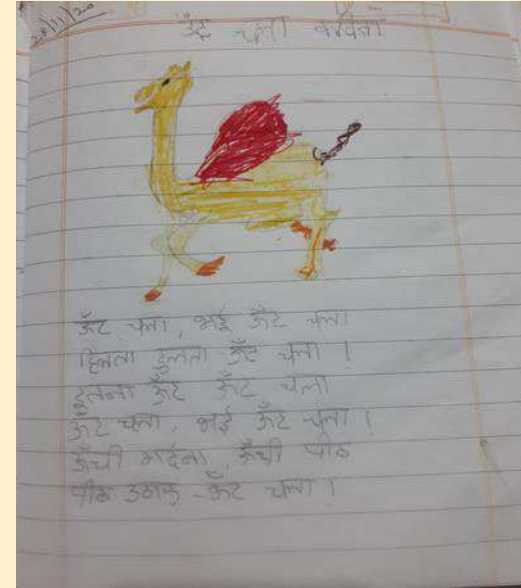
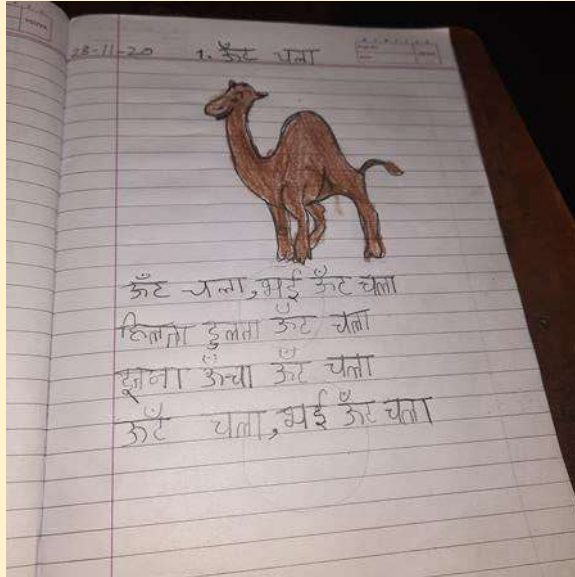


S. Zaina Fatima Abedi
Class-2



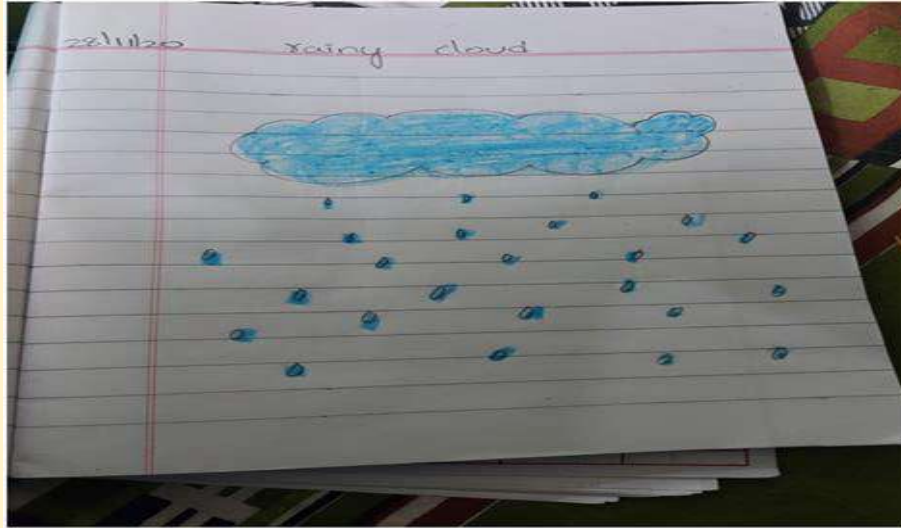
Hasnain Agha C3

वर्षिय : ऊंट का चित्र और कवित्त



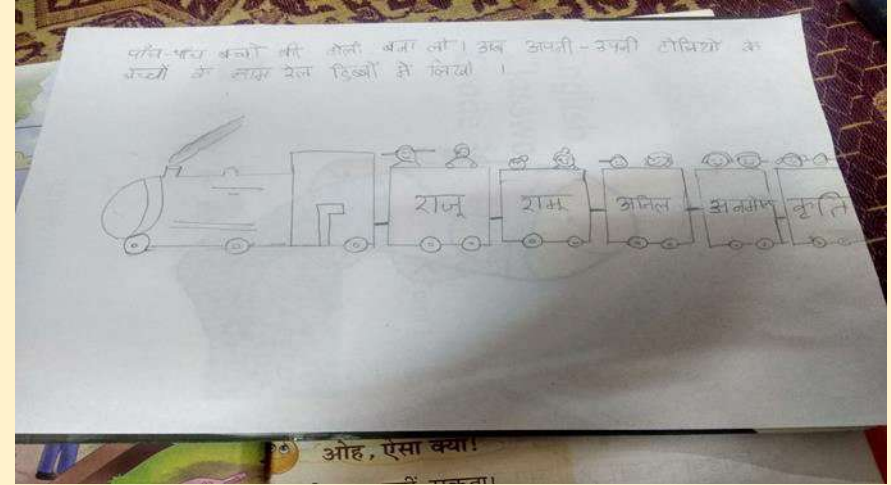
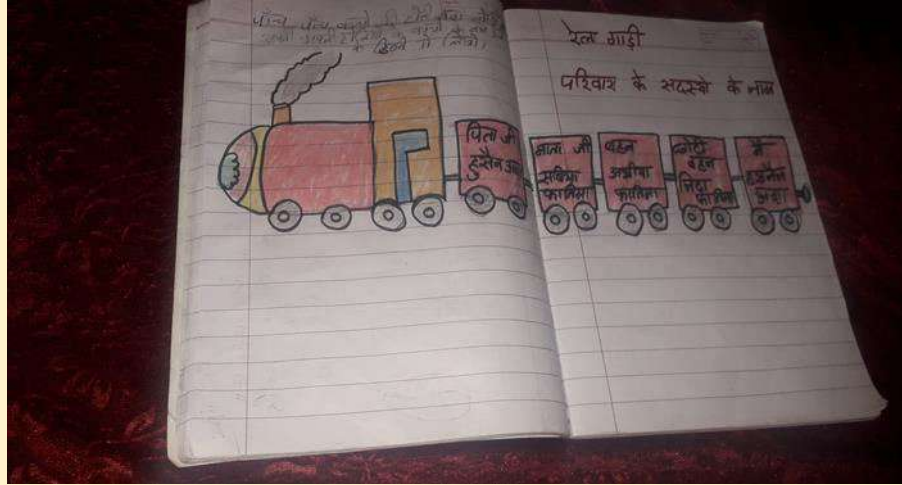
छात्र का नाम : मिर्जा अली असगर, सईदा जैनब अली अबेदी, सईदा ज़ाइना फातिमा
कक्षा : 2

विषय :बरसते बादल का चित्र



छात्र का नाम :मुहम्मद फहद खान,सकीना
फातिमा,सईद इब्राहिममोईनउद्दीन
कक्षा :4

वर्षिय :रेल के डब्बे पर अपने परिवार के नाम



छात्र का नाम :हसनैन अघा, जैनब फातिमा
कक्षा :3

- نو نومبر کو یومِ اقبال منایا گیا تھا، جس میں بچوں نے ڈاکٹر علامہ اقبال کے کلام پر اپنے انداز میں روشنی ڈالی تھی۔



Syed Naveed Ullah (C5) giving speech on Allama Iqbal's life.



Syeda Fatima Jaffer (C4) reciting Allama Iqbal's Shayari.

**STUDENTS RECITING ALLAMA IQBAL'S POETRY
LABB PE AATI HAI DUAA...**



Syed Ghazi Abbas (C5)



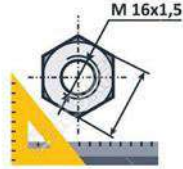
Syeda Zainab Razvi

لب پہ آتی ہے دعائیں کے تمنا میری
زندگی شمع کی صورت ہو خدا یا میری
دور دنیا کا میرے دم سے اندھیرا ہو جائے
ہر جگہ میرے چمکنے سے اجالا ہو جائے
ہو میرے دم سے یونہی میرے وطن زینت
جس طرح پھول سے ہوتی ہے چمن کی زینت
زندگی ہو میری پروانے کی صورت یا رب
علم کی شمع سے ہو مجھ کو محبت یا رب
ہو میرا کام غریبوں کی حمایت کرنا
دردمندوں سے ضعیفوں سے محبت کرنا
میرے اللہ ہر برائی سے بچانا مجھ کو
نیک جورا ہوں اس رہ پہ چلانا مجھ کو
لب پہ آتی ہے دعائیں کے تمنا میری
زندگی شمع کی صورت ہو خدا یا میری

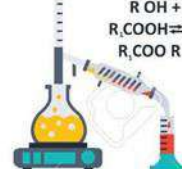
EXPRESSIONS IN ACADEMIC SUBJECTS



Mathematics



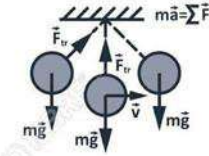
Mechanical drawing



Chemistry



Biology



Physics



Geography



History



Astronomy



Physical Education



Literature

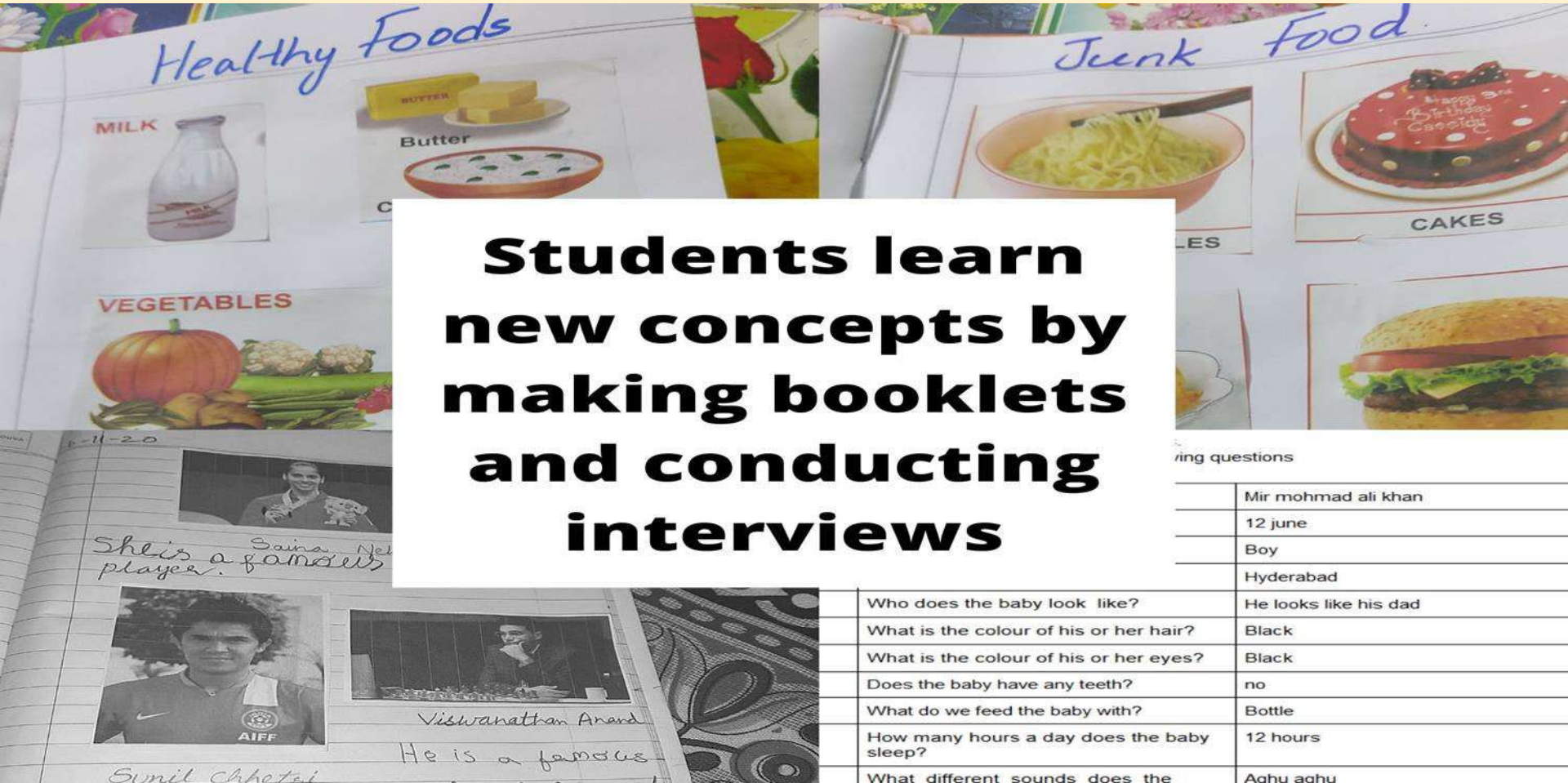


Drawing



Music

Environmental Studies



ENVIRONMENTAL STUDIES

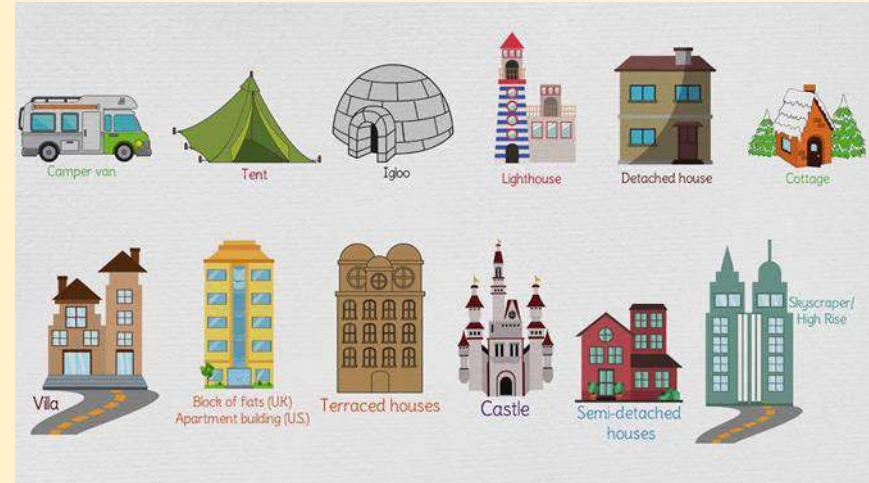
Topic: REACHING GRANDMOTHER'S HOUSE



Students of grade 4 explore means of transport by drawing

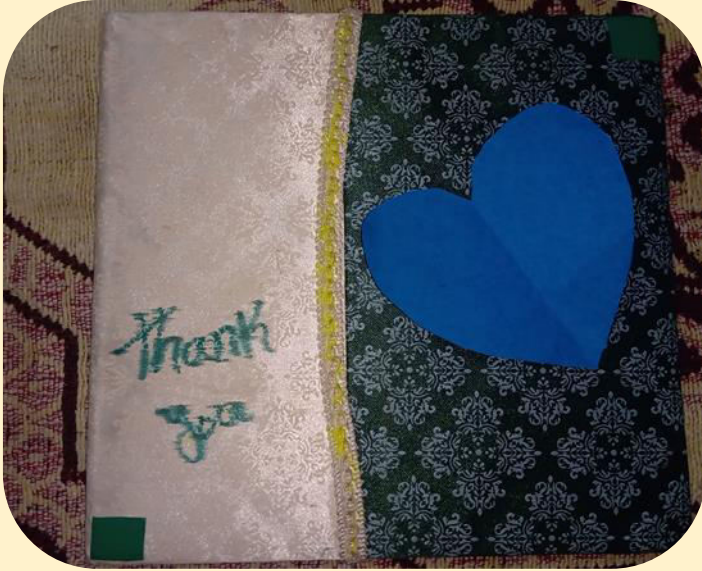


ENVIRONMENTAL STUDIES



ENVIRONMENTAL STUDIES

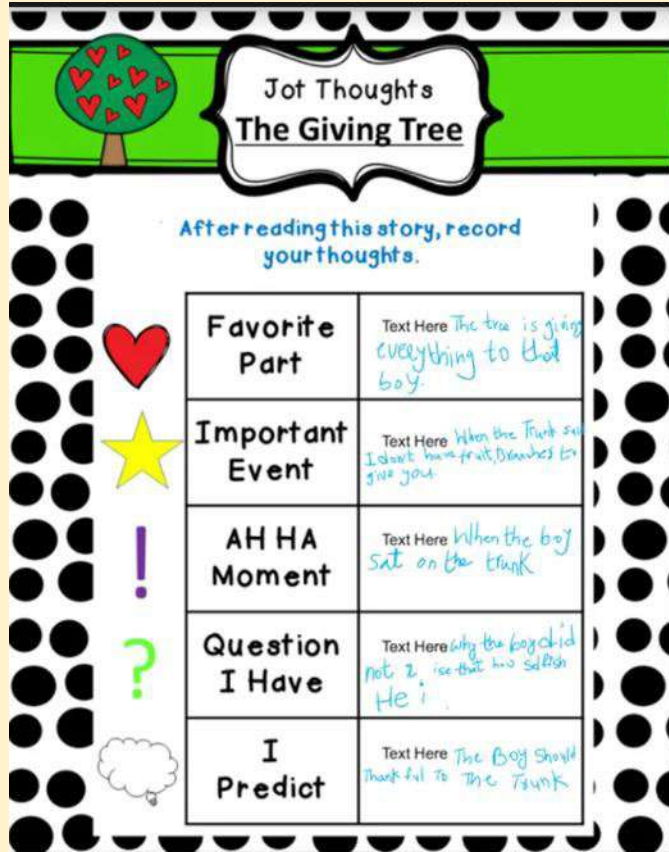
TOPIC- MY FAMILY



Students Of grade 2 appreciate their parents by making thank you cards for them.








ENGLISH

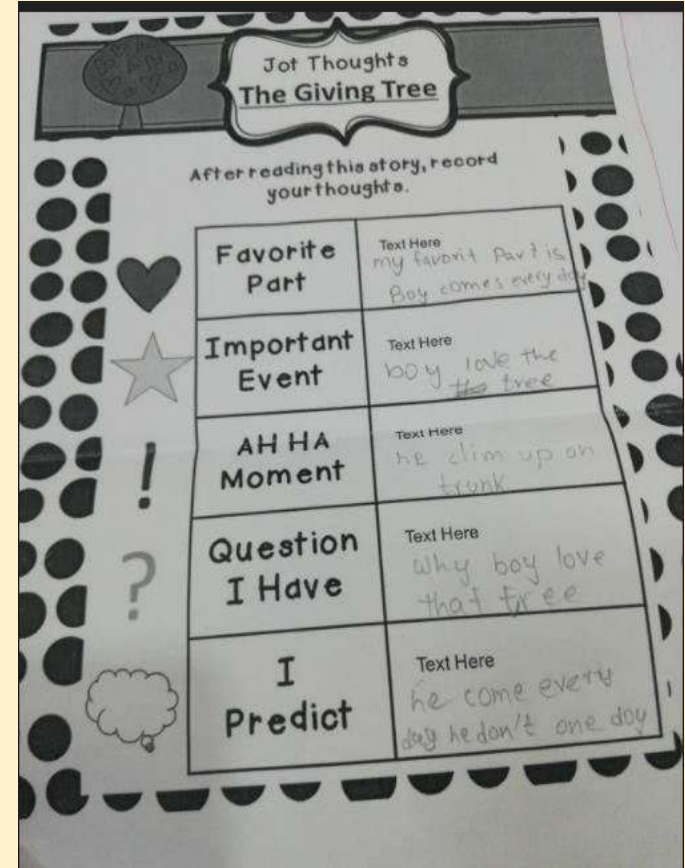


**Jot Thoughts
The Giving Tree**

After reading this story, record your thoughts.






 Favorite Part	Text Here The tree is giving everything to that boy.
 Important Event	Text Here When the Fruit said I don't have fruit, Branches to give you.
 AH HA Moment	Text Here When the boy sat on the trunk
 Question I Have	Text Here Why the boy did not use that his selfish He i
 I Predict	Text Here The Boy Should Thankful To The Trunk

Students of Grade 5 record their thoughts after reading a story.

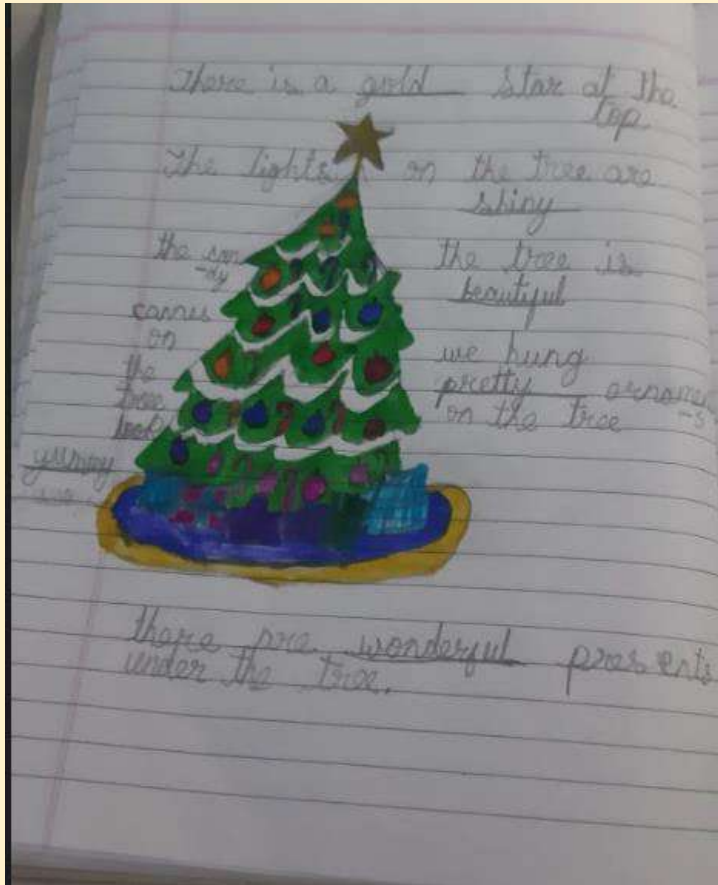


**Jot Thoughts
The Giving Tree**

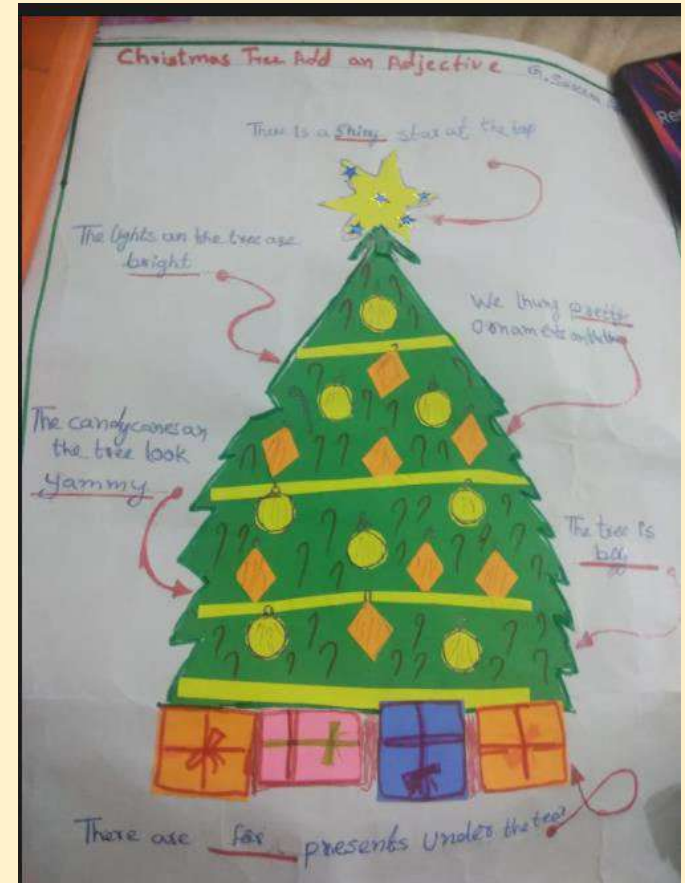
After reading this story, record your thoughts.

 Favorite Part	Text Here my favorit Part is Boy comes every day
 Important Event	Text Here boy take the tree
 AH HA Moment	Text Here he clim up on trunk
 Question I Have	Text Here why boy love that tree
 I Predict	Text Here he come every day he don't one day

ENGLISH



Students of Grade 4 learning to use adjectives in sentences to make the sentence meaningful and attractive



MATHEMATICS



Class 2 and 3 students showing expanded form and place value with the help of working models.

MATHEMATICS

Student of class 4 making bricks practically using different materials like Cement , plaster of Paris, clay and sand for the topic 'Building with Bricks' in math textbook.





MATHEMATICS

Student of class 5 exhibits their talent and abilities by making tiles using different types of material in different designs. This activity was done to learn different types of shapes.



OUR SHINING STARS

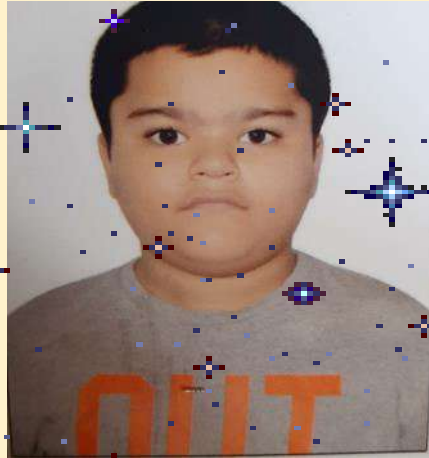
Star Students have 100% attendance
and 100% task submission throughout
the month.



Star Students - Class 2 (2020)



Ali Akbar



Mirza Ali Asgar



Azadar Husain



Syeda Zaina Fatima
Abidi

Star Students - Class 3 (2020)



Hasnain Agha

Star Students - Class 4 (2020)



Sakina Fatima

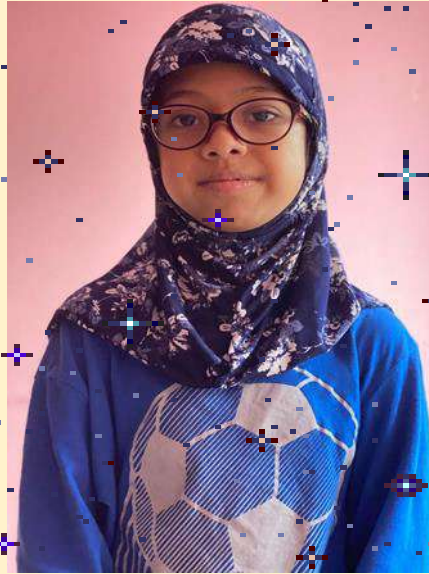


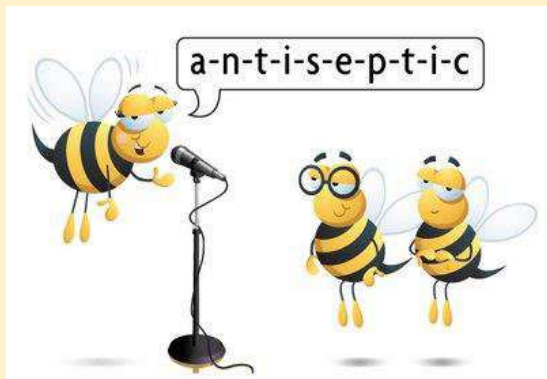
Syeda Fatima Jaffar



Syeda Kisa Fatima
Abed

Star Students - Class 5 (2020)





ENGLISH



Spelling, the art of correctly assembling words from their letters, is one of the essential components of successful writing. Today, with advanced technology, most people think learning to spell is unnecessary. This is a misconception as even today learning to spell words is one of the most useful lifelong skills and it builds the basic foundation that all children will need throughout their education.

Learning to spell helps to cement the connection between the letters and their sounds, and learning high-frequency “sight words” to mastery level improves both reading and writing.

Students who target their spelling study not only increase their vocabulary but also develop cognitive abilities and learning. We took an initiative to conduct an online spelling test across all grade levels and found that it generated an interest among the students and motivated them to compete.

To keep the interest intact, parents need to encourage their children to spell correctly and use spelling applications and emoticons as secondary tools in the process of communication.

English Spell Bee Winners, Grade 2



Ali Akbar
S.Zaina Fatima Abidi



Mirza Ali Asgar



Hindi Spell Bee Winners, Grade 2



Ali Akbar



Mirza Ali Asghar

Urdu Spell Bee Winner, Grade 2



Bibi Amena Fatima

English Spell Bee Winners, Grade 3



Mohd Hasan Ali



Mohd Shafay



Mehdi Raza Zaidi

Hindi Spell Bee Winners, Grade 3



Mohd Shafay Amin



Syeda Ada Fatima



Mohd Musadiq Uddin

English Spell Bee Winners, Grade 4



Sakina Fatima



Maliha Fatima Aleem



Mohammed Fahad Khan

Hindi Spell Bee Winners, Grade 4



Sakina Fatima



Maliha Fatima Aleem

Urdu Spell Bee Winners, Grade 4



Mohd Fahad Khan- C4



Shajiya Faima Razvi C4

English Spell Bee Winners, Grade 5



**Kaneez-e-Zehra Fatima
Razvi**



Kulsum Fatima



S.Ali Hassan Askari

Urdu Spell Bee Winners Class 5



Ghazi Abbas Hussain Rizvi



S. Naveed ullah Hussaini



S.Zainab Razvi

Hindi Spell Bee Winners, Grade 5



Noor Jahan Begum
Shabbir



Kulsum Fatima



STAR STUDENTS

100% ONLINE ATTENDANCE



THANK YOU FOR WATCHING





FOCUS

HIGH SCHOOL

Curious Minds, Caring Hearts



fenestra

High School C6-C8

A window to our culture of sharing and learning

Nov 2020

Purani Haveli Campus

MEET OUR SCHOOL LEADERS



Mr Minhaj Arastu
Principal



Ms Asma Zaidi
Vice Principal
(Curriculum
Development)



Mr Humayun Abedi
High School
Coordinator



Mr Alamdar Ali
Vice Principal
(Operations)

MEET OUR FACULTY



Ms Anisa Rizvi
Science Tr.



Ms. Kavita Thakur
Hindi Tr.



Ms Arshia Hussain
Art Tr.



Ms Kaneez e Zehra
English Tr.



Ms Varalaxmi
Telugu Tr.



Ms Bushra
Math Tr.



Ms Seema Sultana
S. Studies Tr.



Ms Saima Mateen
Urdu Tr.

Ikigai

A JAPANESE CONCEPT MEANING "A REASON FOR BEING"



A Different year

by Alamdar Ali

This year was supposed to be an amazing year. It started with a lot of high expectations and ambitious dreams but soon we realized that our plan was not His plan, and it has turned out to be a **different year**. Having the right people around you is one of the most important things you can do for yourself when the times get tough. Fortunately, our school staff is a team of lifelong learners and critical thinkers. Our leadership team quickly anticipated the challenges and presented different strategies to launch the academic year. The admin team promptly started its operations in the most effective way and tried to lay a smooth foundation including parent communication and setting up a safe building for all the staff.

The initial days were a nightmare- answering countless queries on fee related aspects, it was never a never ending ordeal. We tried understanding the parents' financial issues, suggested various payment plans, and helped them by connecting them to the government scholarships. There were many parents, who were so affected with the Covid situation, that they didn't want to continue their child's schooling this year. Making them realise the importance of education and to continue the academic year was very challenging.

Our academic staff also helped the parents in understanding their children's needs and they too geared up in a given time. They equipped themselves with technical skills required to host the online classes - the new normal. Covid-19 has changed the world of education and created the largest disruption of education systems in history, affecting nearly 1.6 billion learners in more than 190 countries and all continents. The most vulnerable learners are among those who have poor digital skills and the least access to the hardware and connectivity required for online learning. We, as one of the responsible stakeholders of the community, initiated a device campaign and technical support. We assisted 48 learners to acquire digital skills and the initiative is still on.

The eagerness to be among the best in providing quality education has made coping in COVID much more challenging. The new normal conditions have set the bar of parent satisfaction so high that our teachers had to go through rigorous technical training and well-thought-out lesson planning. Apart from these, we always kept our ears open and welcomed the parents' grievances. We made prompt changes in timetables and other aspects of students' engagement. The comprehensive and utmost efforts of our teachers paid off when our parents gave specific and helpful feedback (*75% of 3741 responses were positive and agreeable*) to our questionnaire (*10 questions*) sent in the first week of August regarding online classes.

In this different year, we launched our virtual library and promoted the use of easily available platforms and apps (Read Aloud, quizizz, quizlet, kahoot, flipgrid) and in time, rewarded good performers with digital certificates. Our journey of learning is still on. We will keep striving to provide the simplest and most efficient solutions to keep the learning interesting and engaging.

It looks like the winds of change are going to be with us for a long time. 2020 may seem like it was a year we want to forget, but let's never forget the lessons it has taught. Let's not worry whether the coming days are going to be tough or easy. **We are now more resilient and ready for whatever trials come our way.**

STUDENT'S EXPRESSION through ART AND WRITING



EDUCATION-- An Acrostic poem

by Mir Wafa Ali, Grade 7

E	--	Exciting
D	--	Definitely giving best results
U	--	Ultimate learning
C	--	Confidence booster
A	--	Allows dreams to come true
T	--	Thought provoking
I	--	Incredible
O	--	Often misunderstood
N	--	Never ending

PARENTS

by Syed Mohammed Ali, Grade 8

Parents are the most important people in our lives.They are the most precious gift from God.Both of them play a vital role in our overall development. Mother shows her love in so many ways, but Father looks like he is very strict and hardly expresses his love openly. This does not mean that he doesn't love us. He works hard day and night to give us a better life, better education and all that we need .

Parents help us understand the difference between right and wrong. They protect us from all problems.They sacrifice their needs to fulfill our needs. They do everything to make us happy.They guide us in the right direction.

It is very unfortunate that sometimes we disrespect our parents and talk to them rudely, but still they do not stop caring for us.I believe the best way of showing our gratitude towards our parents is to respect their feelings and take care of their needs ,like they take care of us.

THE BEAUTIFUL CURSE

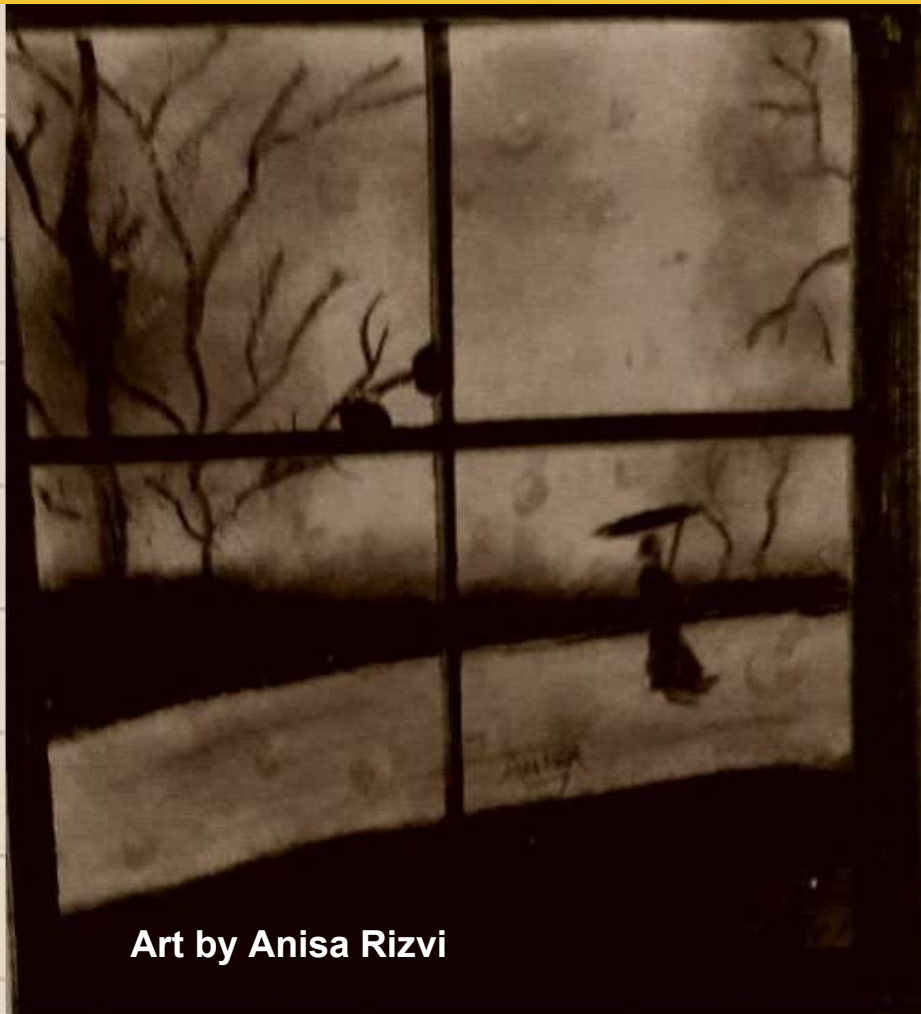
My favourite short story

Retold by Syeda Khatija Fatima -C7A

Once upon a time there lived a stag in savannah grasslands. It had big horns and beautifully spotted skin, but he didn't like his legs. Whenever he went to the pond to drink water, he looked at his reflection in the water and praised himself by looking at his horns but complained about how his legs were ugly, dark, and thin. He always felt that his ugly legs were a curse.

One fine day he was on his way to eat some grass from the Savannah, he saw a man hunting and as soon as the hunter spotted him he started aiming and running behind him. The stag ran and tried to hide behind a tree but his horns got stuck in the branches, anyhow he escaped from there and started running away. Again his horns got stuck and was seemed very difficult to escape now. He used his ugly legs to remove the horns. The horns which the stag was proud of put him in danger but he was able to run fast because he had thin legs. Soon he realized this fact that horns were beautiful but his thin legs were very useful and never complained again about his thin and ugly legs.

Moral: Always be grateful for what you have



Art by Anisa Rizvi

MY FAVOURITE POEM DO YOUR BEST..

If you always try your best,
Then you'll never have to wonder,
About what you could have done,
If you'd summoned all your thunder,
And if your best
Was not as good
As you hoped it would be,
You still could say,
"I gave today
All that I had in me."

Given by:
SYEDA KHADIJA FATIMA
CLASS- 7

VISUAL ART

COFFEE PAINTING



Zehra C6



Zulfeqar Hussain C6

VISUAL ART

WINTER PAINTING



Zainab Ali C8

VISUAL ART

Pencil Shading



Freedom of Girl Child
Done By C6 Zehra Zehra



Made By Sobiya Fatema C6

VISUAL ART

Art from Waste



Witch House
Made by C6 Syeda Sakina Fatima



Made By Sobiya Fatema C6
FairyTale House

CRAFT WORK

MADE WITH OLD NEWSPAPER



Tricolour Decoration Item
Made by C7 Hadi Ali



Made By C6
Syed Ameer Hassan
Syed Zulfeqar Hussain

VISUAL ART

Expressing Strength in Unity



Slogans:

- * Unity is strength, division is weakness.
- * We are different, we are always have been and always will be.
- * So powerful is the light of unity that it can illuminate the whole earth.
- * Unity is strength.

CRAFT WORK

FLOWERS MADE FROM WASTE PAPER



Mohd Muzzamil C5



Zainab Ali- C8



Madiha Iqbal C7

EXPRESSIONS IN INDIAN LANGUAGES



ربط ملت کے خیابانوں کی معمار ہے تو
جذبہ گام ستمگر میں وہ افکار ہے تو

تجھ کو احسان کے بدلے سے سروکار نہیں
تو، تو لازم ہے ہاں مظلوم ہے سرکار نہیں

زیست تیری کسی تعریف کی محتاج نہیں
باب سرتاج ہے تو سر پہ تیرے تاج نہیں

سارے عالم میں تیری ذات کی افشانی ہے
ماں تو ہر دور کے افکار میں پہچانی ہے

دل سویرا تو لب شب کا نگینہ تو ہے
نسل در نسل مقدر کا خزینہ تو ہے

تو ہے شمشیر بکا حق کے مکینوں کے لیے
تو مقام جاوداں حرف جبینوں کے لیے

شخصیت جانب املاک میں طولانی ہے
تربیت رخت مظاہر میں سلیمانی ہے

بس انیسہ تیرے لفظوں میں تشکر ہو یہ آسان نہیں
مرتبہ ماں کا جو تولے کوئی اوزان نہیں.....

انیسہ رضوی

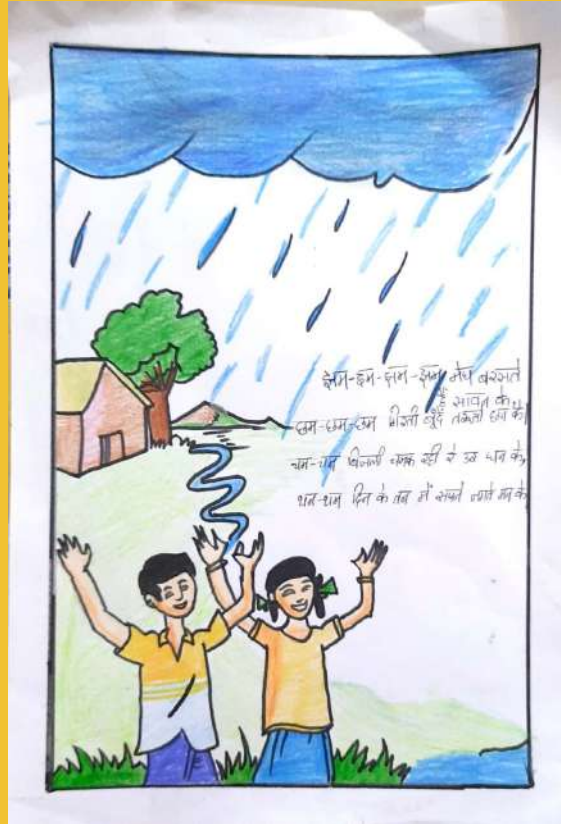
ماں کی شان میں چند اشعار میرے قلم سے.....

AN URDU POEM WRITTEN BY MS ANISA RIZVI
(SCIENCE TEACHER,FHS)

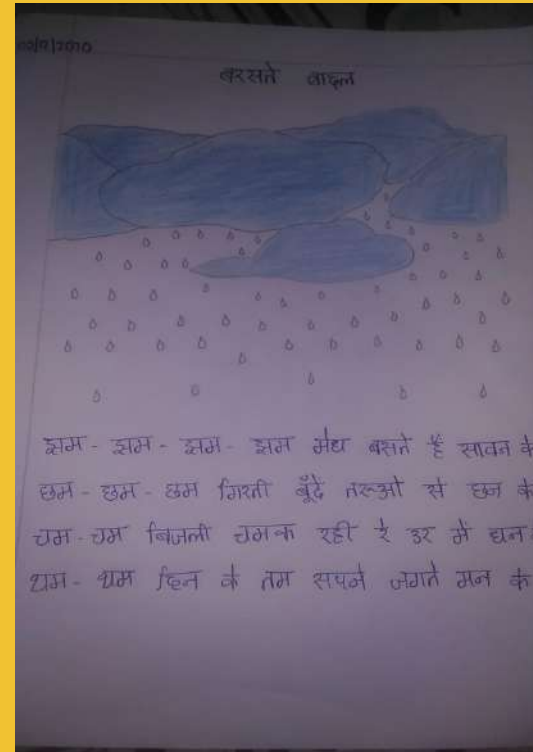
DEDICATED TO ALL MOTHERS...



विषय : बरसते बदल का चित्र और कविता



ज़ैनब अली, कक्षा : 8



स्येद मोहद अली जैदी
कक्षा : 8

अध्यापक के ऑनलाइन अनुभव

कोवीड-१९ के कारण इस वर्ष शिक्षा पर बहुत प्रभाव पड़ा है ।

लॉकडाउन के दौरान पाठ्यक्रम को पूरा करने के लिए ऑनलाइन कक्षाएं जरिया बनीं

- ऑनलाइन कक्षाओं से बच्चों ने तकनीक के इस्तेमाल का नया तरीका सीखा

- भविष्य को देखते हुए वर्क फ्रॉम होम की भी बच्चों में आदत पड़ी है

- शिक्षा प्रणाली की नई व्यवस्था पर बच्चे ऑनलाइन कक्षाओं के जरिए खुद को ढाल रहे हैं

- ऑनलाइन कक्षाओं से शिक्षकों ने भी पढ़ाई कराने का नया तरीका सीखा

- भविष्य में ऑनलाइन पढ़ाई से संबंधित कई और प्रयोग करने की तैयारी





ہر سال ۹ نومبر کو یومِ اردو پورے ہندوستان و پاکستان میں منایا جاتا ہے۔ اقبال کی پیدائش پر علامہ اقبال ایک رہنما، مفکر، فلسفی، شاعر، اور مسلمانوں کو جگانے والے شخصیت کے طور پر منایا جاتا ہے۔ یومِ اردو اقبال کے پیدائش کے موقع پر تمام اسکولوں، کالجوں، و دیگر تنظیموں میں اردو پہچانے جاتے ہیں اس دن کو یومِ اردو، اہل اردو، اور اردو زبان سے ہماری محبت کے دعوے کے احتساب کا بھی۔ اردو کہا جانے لگا اور ہمیں پرکھنے کا موقع ملتا ہے کہ ہم جو اردو سے محبت کرتے ہیں اور ہمارے دعوے میں کتنی۔ دن ہے صداقت ہے

ہزاروں سالِ نرگس اپنی بے نوری پہ روتی رہی
بے

طیغ و شمشاد کا یہ عالم تھا کہ

- نو نومبر کو یومِ اقبال منایا گیا تھا، جس میں بچوں نے ڈاکٹر علامہ اقبال کے کلام پر اپنے انداز میں روشنی ڈالی تھی۔





بچوں نے یومِ اردو کے موقع پر اردو زبان کی اہمیت کا مظاہرہ
اپنے الفاظ میں کیا۔

لاک ڈاؤن کی حقیقت

طلب علم کی ضرورت

بہت غم گین ہوں مولا
اسکول کب کھلیں گے مولا

بہت غم گین ہوں مولا
بھٹکی رہے گی ہوں میں

بہت غم گین ہوں مولا
اسکول کب کھلیں گے مولا

بہت آگے آگیا ہوں میں
بھٹکی رہے گی ہوں میں

سیدہ امی اردو پڑھا ہے
یہ اچانک ہی اندھ بن گئے
اسکول میں سیدہ امی چاروں
مولا اندھ بن گئے

بہت اب یاد آتے ہیں
وہ سلاک بیٹھ کر پڑھتا

ادب اُسکا دکھ کرنا

بہت غم گین ہوں مولا

اسکول کب کھلیں گے اب

ختم شد ردا تسکین

2 اردو زبان کی اہمیت

اردو ہماری مادری زبان ہے جس

کو ہم روزانہ اردو بولتے ہیں، اردو

زیادہ تر ہندوستان اور پاکستان میں

بولی جاتی ہے، اردو ایک آسانی

سے ہم بول سکتے ہیں، ہم اردو

میں خط لکھ سکتے ہیں، اردو

ایک آسان زبان ہے، اردو

شمالی ہندوستان سے شروع ہوا۔

Rida taskeen C6

اپنی اردو زبان پر

بات کرنے کا حسیں طور طریقہ سیکھا
پہلے اردو کے بہانے سے سلیقہ سیکھا

نہیں کھیل اے داغ یادوں سے کہہ دو
کہ آتی ہے اردو زبان آتے آتے

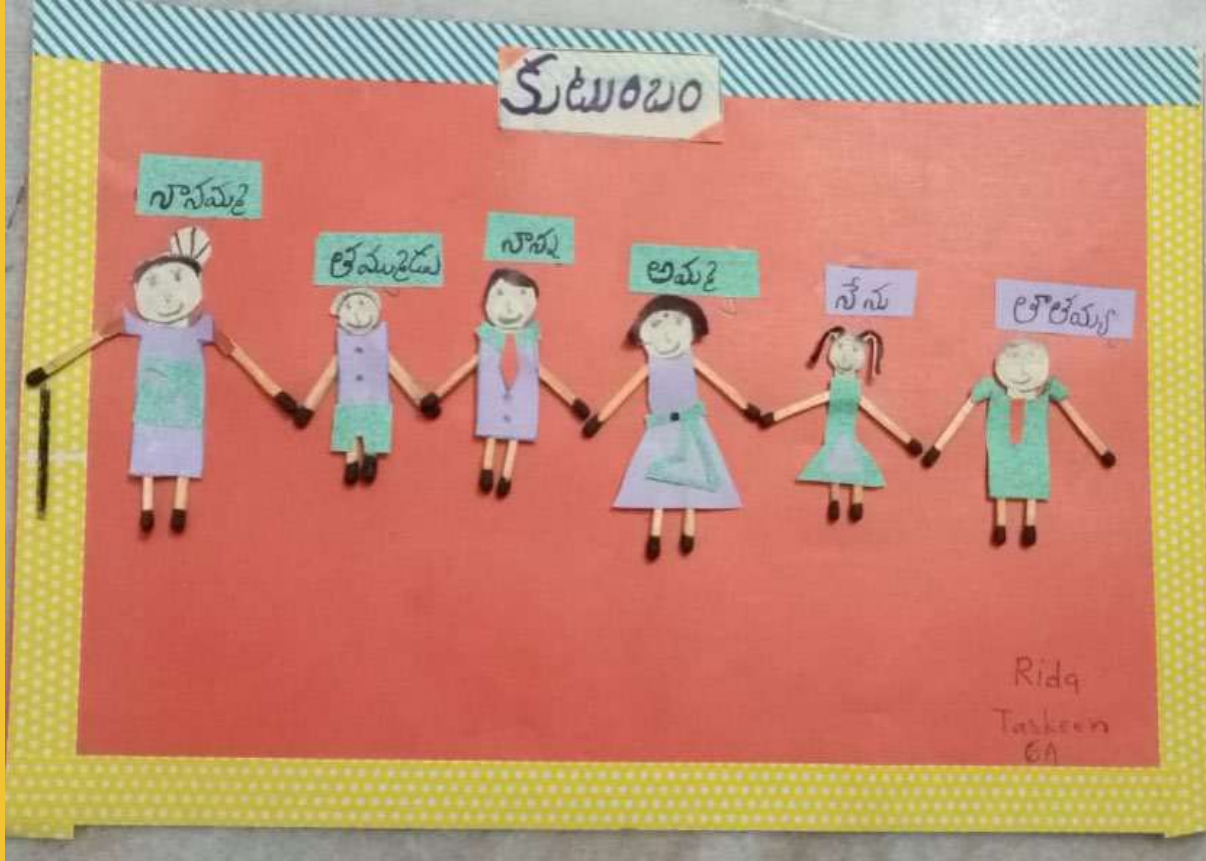
وئے بات تو ہر لفظ سے خوشبو آئے
ایسی بولی بولی بولے جسے اردو آئے

وہ عطر دان سا لہجہ مرنے پر دگوں کا
اچھی سی بھولی اردو زبان کی خوشبو

سلیقے سے پھاؤں میں جو خوشبو گھول سکتے ہیں
ابھی کچھ لوگ باقی ہیں جو اردو بول سکتے ہیں

Syeda firdous fatima C6

కుటుంబం (Family)



కుటుంబంలో తాతయ్య ,
నానమ్మ , నాన్న, అమ్మ ,
అమ్మమ్మ ఇంకా నేను అందరం
కలిసి మెలిసి ఉంటాము ...దీనిని
ఉమ్మడి కుటుంబం అంటారు

By
Rida taskeen
class:6

ಆನೆ-ಲಾನೆ ವಿಧ್ಯ ವಿಧ್ಯಾರ್ಥಿ

ప్రపంచ మహావ్యాధి పై ఆమెకిని దీపద్రవంలా వచ్చిపడ్డ
 "కరోనా మహమ్మత్వి" [క్రివిడ్ 19] సమస్త ప్రపంచ మహావ్యాధి
 వారి జీవితాలను ఆలలాకుతలం చేసింది. కాస్త అలస్యంగా
 వచ్చిన మనదేశం కూడ ఇందుకు మినహాయింపమి లేదు.
 భారత దేశ అన్ని రంగాలతో విద్యారంగాలతో విద్యారంగాల్లో
 కూడ సంద్విభంలికి సజ్జిచిసింపి క్రివిడ్ 19.

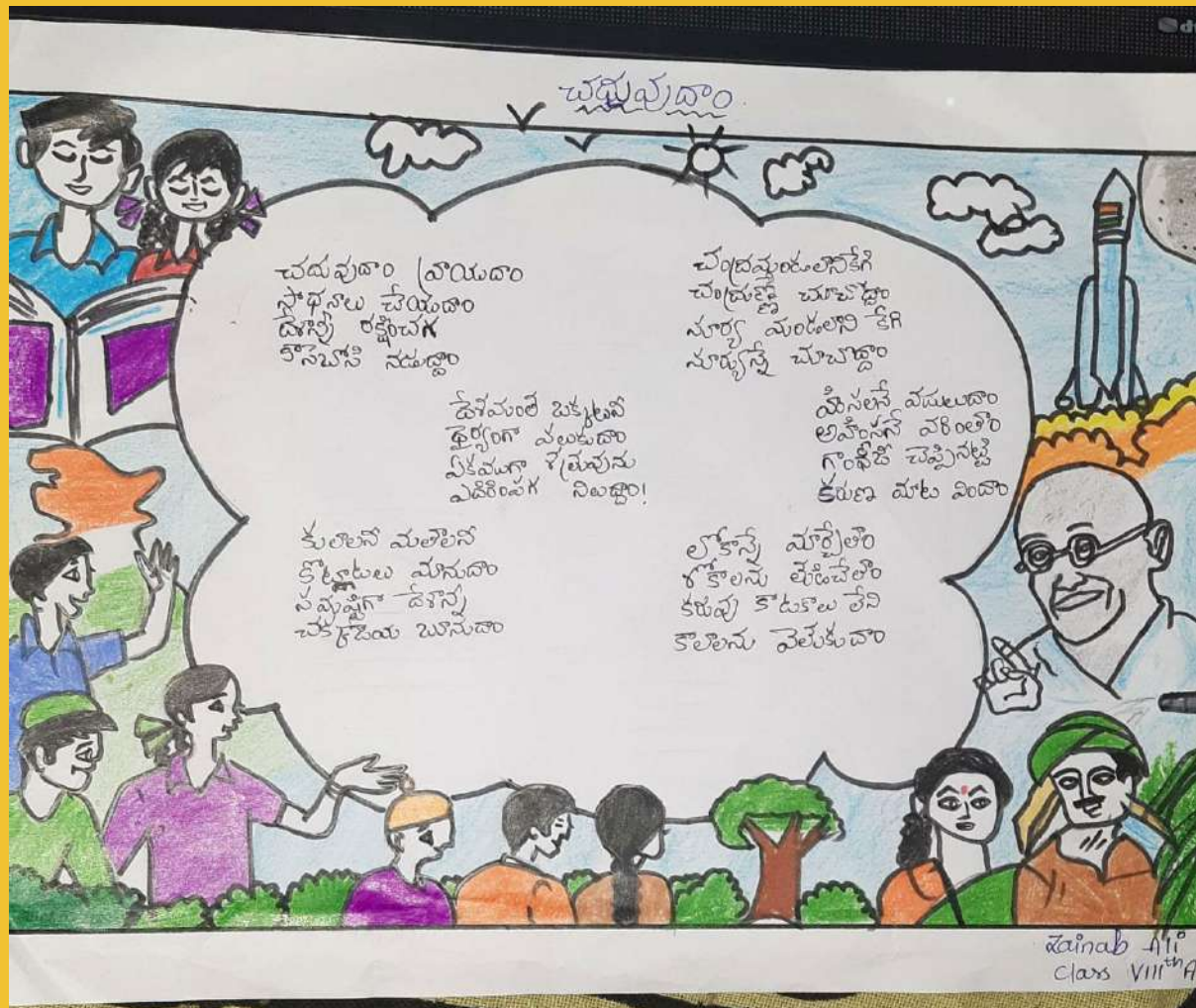
అనుభవం

అనుభవం
ఈ యాత్రా కాలే మేము అభ్యుదయ సభ్యులమై విజృంభించి
పాఠశాలలు తెరిచి ౬౮ స్థితి లేక ౬౨ కంటా కాంఠి
విజ్ఞానము భవిష్యత్ కున్నట్టి ముందుకొని వెలువైన విజ్ఞాన
సమయం సభ్యులగుటకు సమర్థులైతి ప్రభుత్వం
ప్రవేశమున "అనుభవ విజ్ఞాన" నిక రకంగా విండు అనుభవం

[illegible][illegible]

కమ్యూనిస్టు కష్టతీ తిరుగుబాటు
 కమ్యూనిస్టు తిరుగుబాటును నష్టం నిమిత్తం తిరుగు
 బాటుగా వాడుకలంటే సహజంగా ఉందే సంతానం క్రింద
 ఉన్న తిరుగుబాటు కేరళా ఉద్యమం ముగిసి ఉత్తరం
 విభజించారు తిరుగుబాటులోని గిరిజా ఆ వాతవరణం
 కమ్యూనిస్టు తిరుగుబాటు. ఈ విద్య విద్యార్థికి మరింత
 సహజం కేరళ ప్రభుత్వం. ఇంకా ఈ విద్య
 కమ్యూనిస్టు తిరుగుబాటు కమ్యూనిస్టు తిరుగుబాటు
 కమ్యూనిస్టు తిరుగుబాటు కమ్యూనిస్టు తిరుగుబాటు
 కమ్యూనిస్టు తిరుగుబాటు కమ్యూనిస్టు తిరుగుబాటు

8. 50052
MA. [T.PT]



Done by
Zainab Ali
Class:8



అరక

అరక అరక ఇది మన అరక
కలపతో చేసిన చక్కని అరక
పొలమును చక్కగ దున్నే అరక
మిట్టను , మెట్టను దున్నే అరక
రైతుకు అండగ ఉండే అరక
అరక అరక ఇది మన అరక

Done by
Husaina
Class:6

ఉయ్యాల

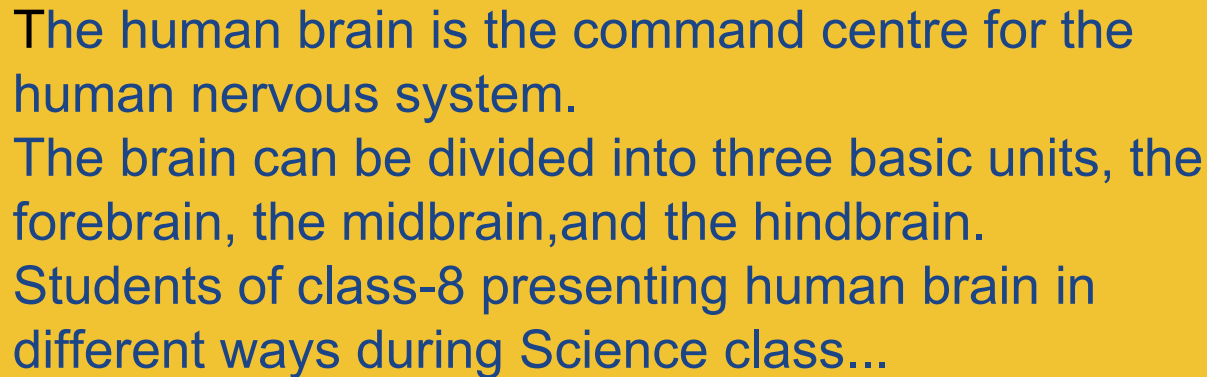


చిన్న పిల్లలు పుట్టినపుడు
ఉయ్యాలలో వేస్తారు. పుట్టిన
పిల్లలకు ఉయ్యాలలో
పడుకుంటే ఎంతో హాయిగా
ఉంటుంది ..

Done by
Nida Fatima
Class:6

EXPRESSIONS IN ACADEMIC SUBJECTS



[illegible]

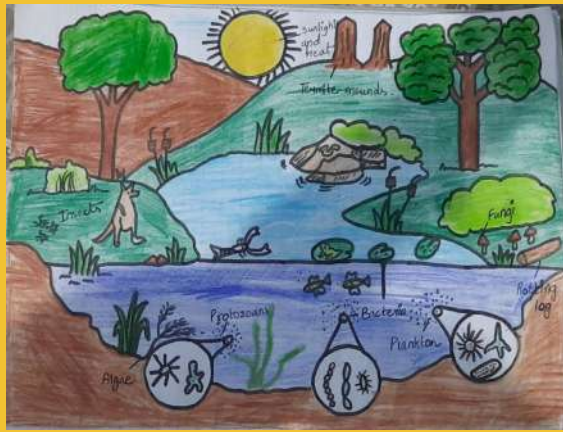


SCIENCE

REFLECTION OF LIGHT...

The study of light gives students an accessible opportunity to see the world differently and to challenge their existing conceptions.

Student of class -7 demonstrated Reflection of light by doing a simple activity during Science Class.



SCIENCE

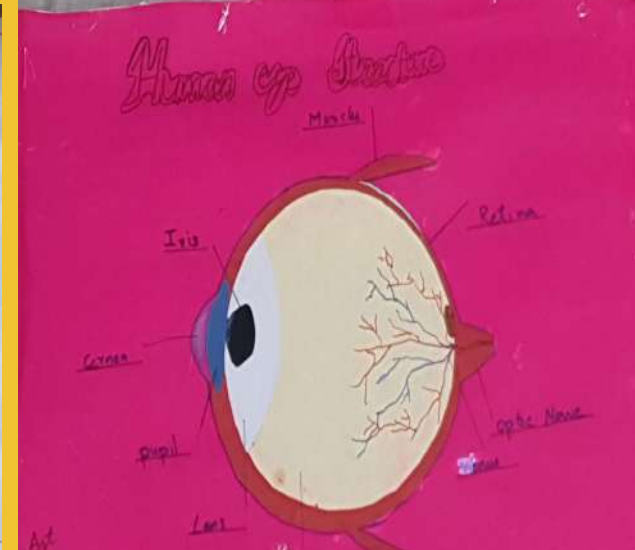
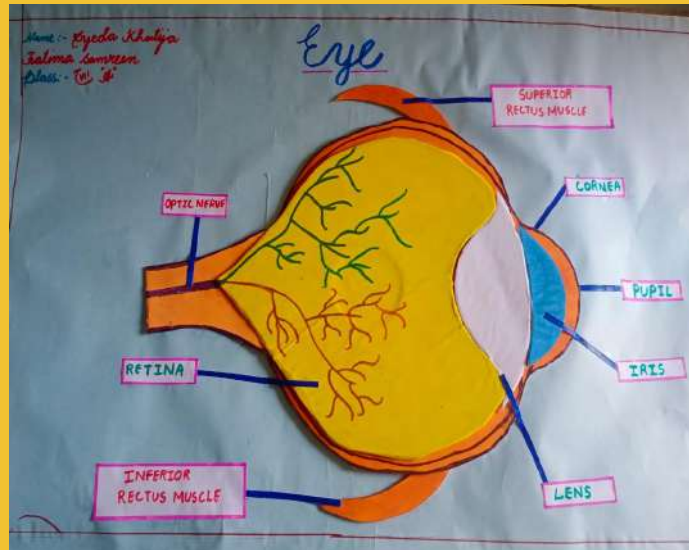
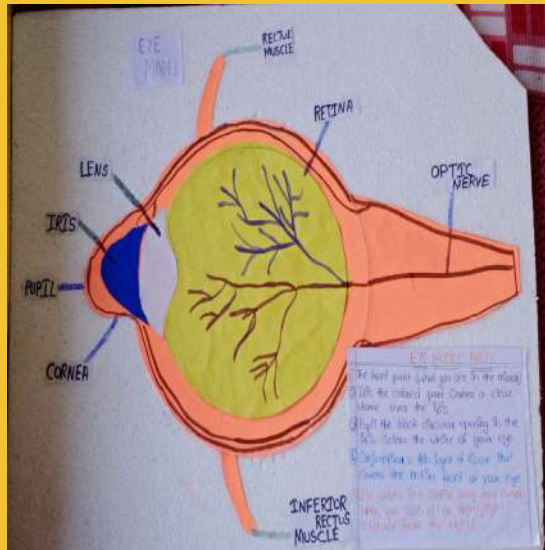
DIFFERENT TYPES OF ECOSYSTEM

CLASS -8 PROJECTS



SCIENCE

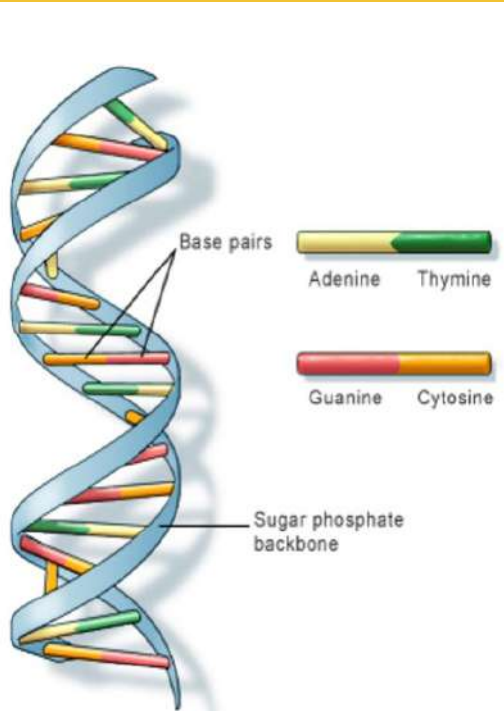
Anatomy of Human Eye Models made by C-7



SCIENCE

What is DNA?

By: Anisa Rizvi, Science Tr.

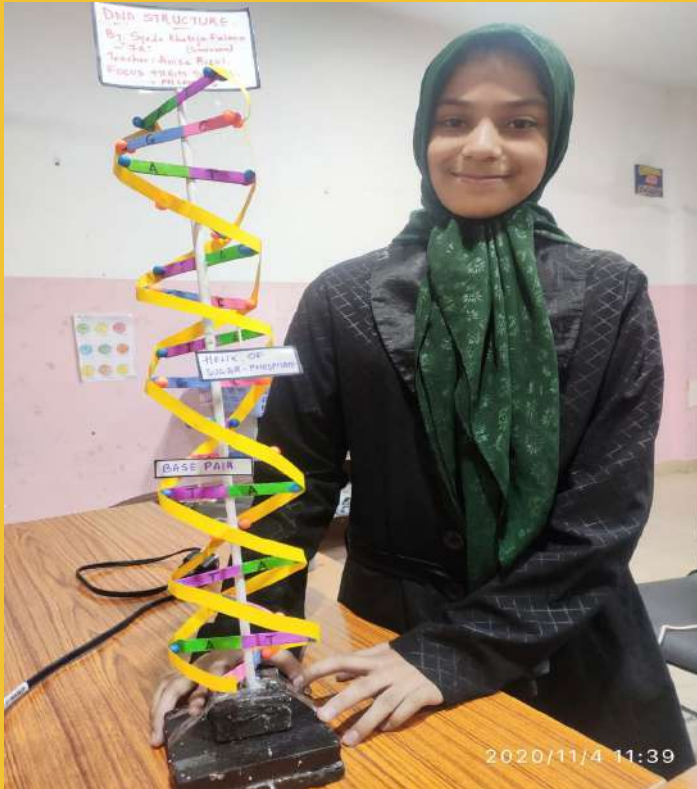


DNA structure is described as a *double helix*. It is like a spiral ladder and is composed of two complementary *polynucleotide* strands held together by hydrogen bonds. There are about 2.5 metres of DNA in the nuclear DNA of each human cell. Therefore, we each have about 250 billion kilometres of DNA in our body. Every second we make enough DNA to encircle the equator 3 times. We make about 50 million new cells every second.

DNA MODEL PREPARED BY CLASS-7

SCIENCE

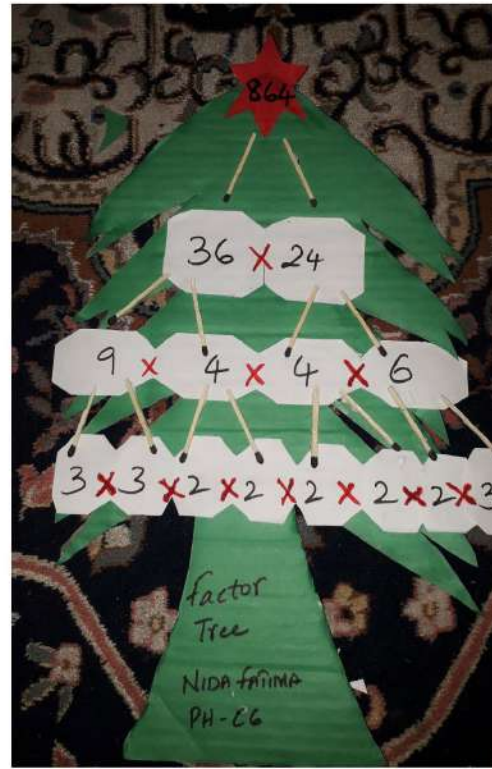
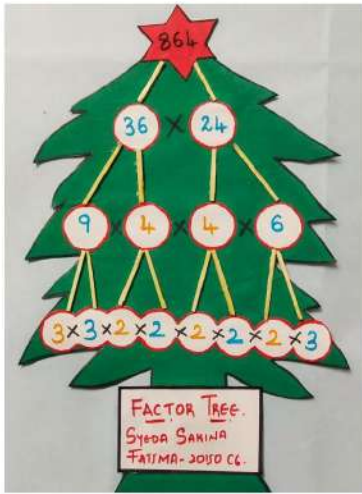
Demonstrating a supercoiled helix model of DNA(Deoxyribonucleic acid)



Young children and even adult assume that things are as they appear and no further questioning is required. Engaging students in science means engaging them in a whole new approach to questioning.

To develop thinking in this way is a major instructional challenge for Science teaching .

Khatija Fatima of class- 7



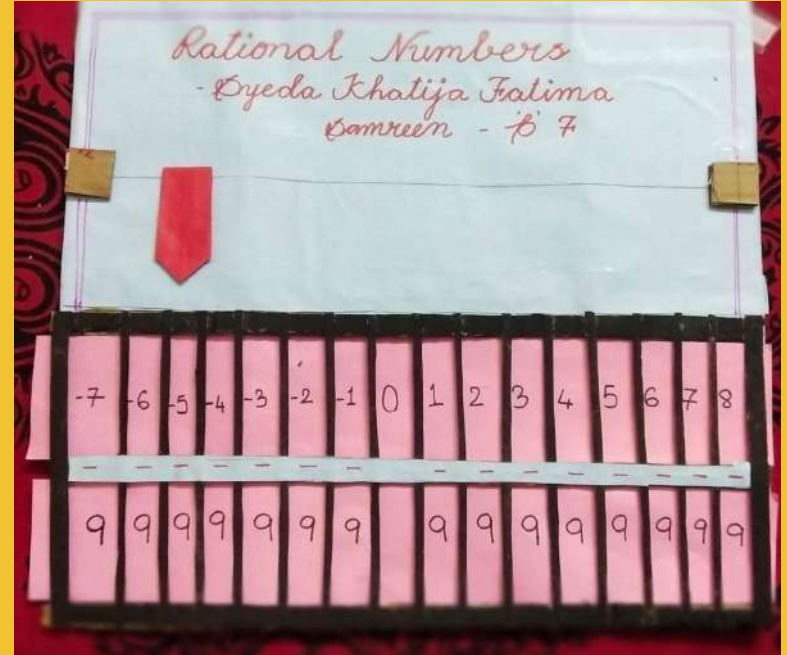
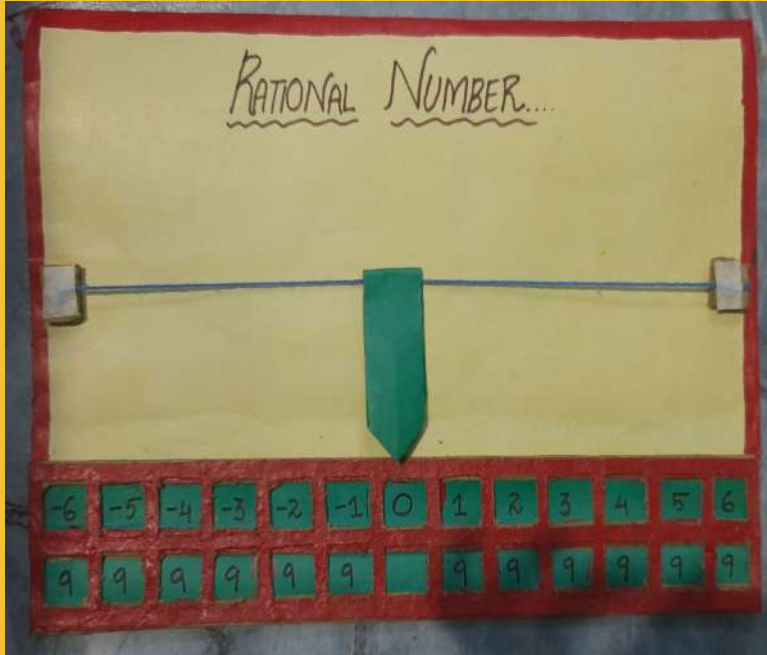
MATHEMATICS

Factor tree Made by C6 students

Nida Fatima , Hussaina and Syeda Sakina Fatima from C6 are explaining the concept of **How to find factors** using Factor tree

MATHEMATICS

PLACEMENT OF RATIONAL NUMBERS



Zainab Ali from C8 and Syeda Khatija Samreen from C7

ENGLISH BOOK CHARACTER EVENT



Noorullah as Robin Hood



Mohammed Bashadi as Sherlock Holmes



ENGLISH BOOK CHARACTER EVENT

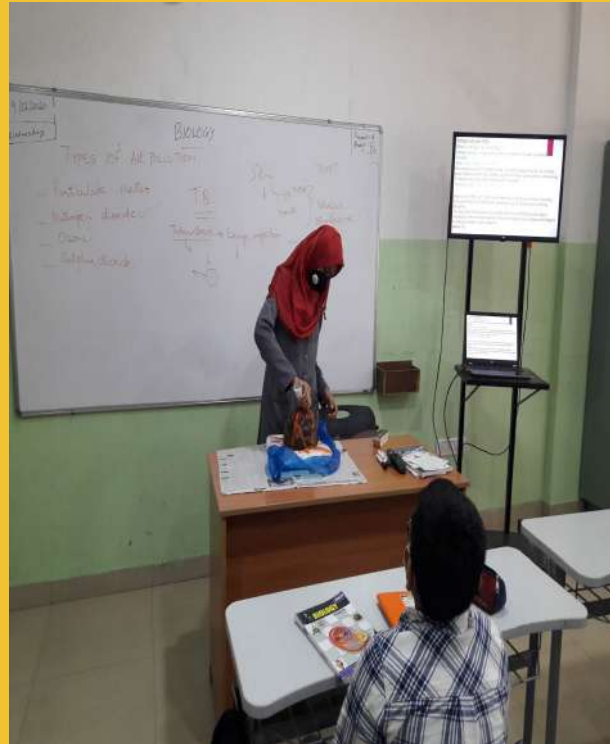
Class 6



Nida Fatima as little Red
Red Riding Hood
Sayeda Kaunain Fatima as
Cinderella
Mohammed Noorullah as
Robin hood

SCIENCE

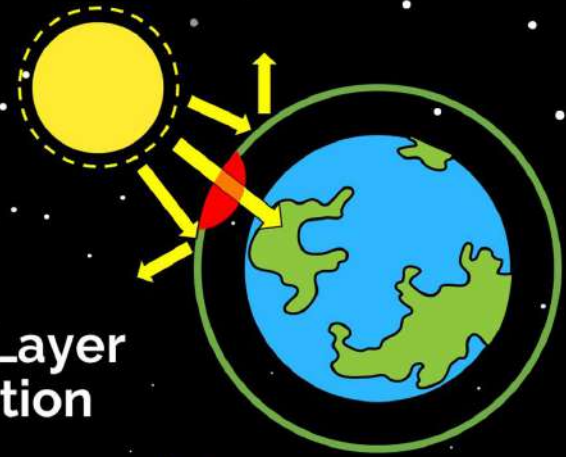
Demonstrations on Air Pollution by C8



SCIENCE



Ozone Layer Depletion



Ozone depletion occurs when CFC (Chlorofluorocarbons) are released into the atmosphere.

Students of class -8

SCIENCE

The water cycle shows the continuous movement of water within the Earth and atmosphere ..

Model of
WATER CYCLE
designed by students
of C6

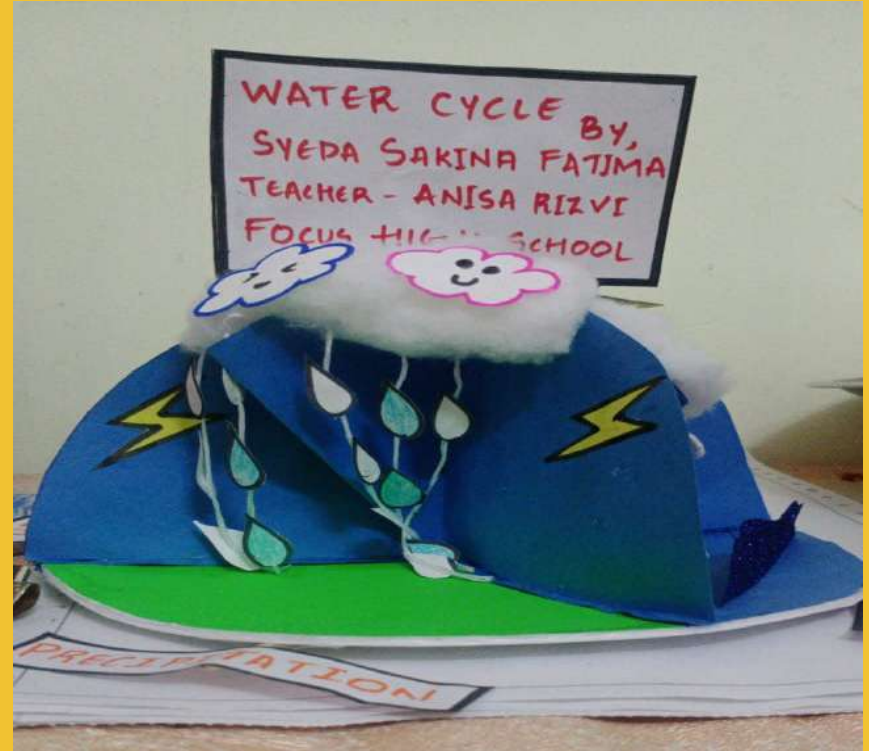


SCIENCE



WATER CYCLE OR HYDROLOGIC CYCLE IS THE PATH THAT ALL WATER FOLLOWS AS IT MOVES AROUND EARTH IN DIFFERENT STATE..

MODELS MADE BY STUDENTS OF C-6



SCIENCE

OUR PLANET: EARTH

The third planet from the Sun. Earth is only place in the known universe confirmed to host life.



Models of the globe made by students of Class-5



SCIENCE



MODELS OF FOREST IN ENVIRONMENTAL SCIENCE MADE BY STUDENTS OF CLASS-5

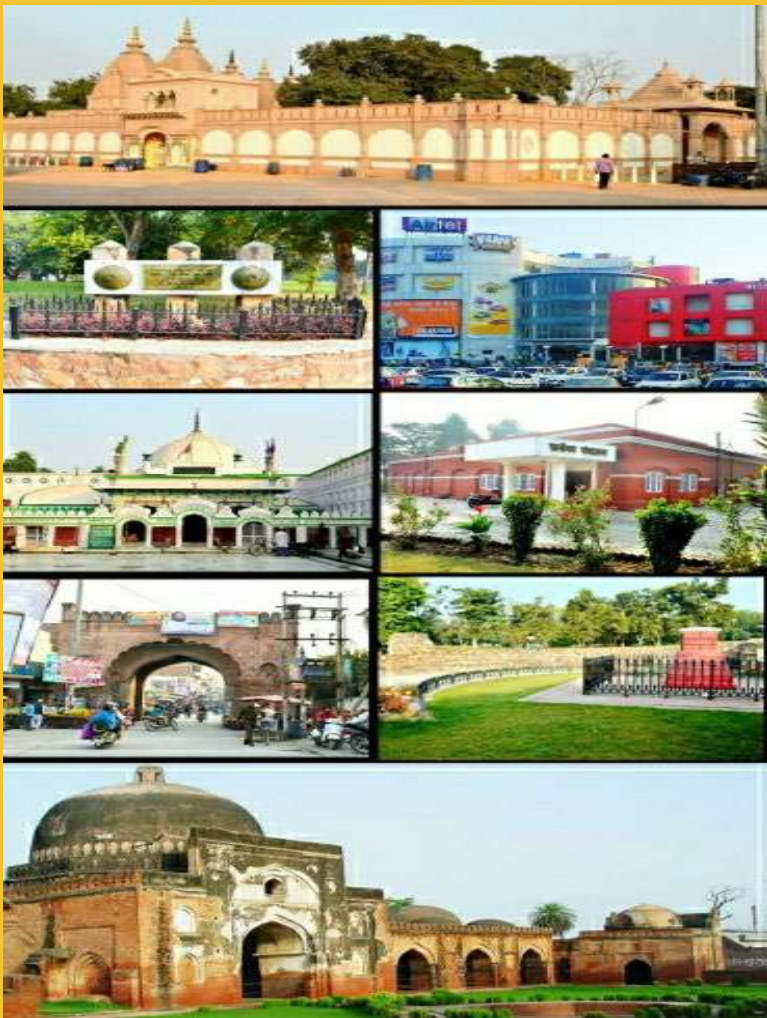


Why should we learn History

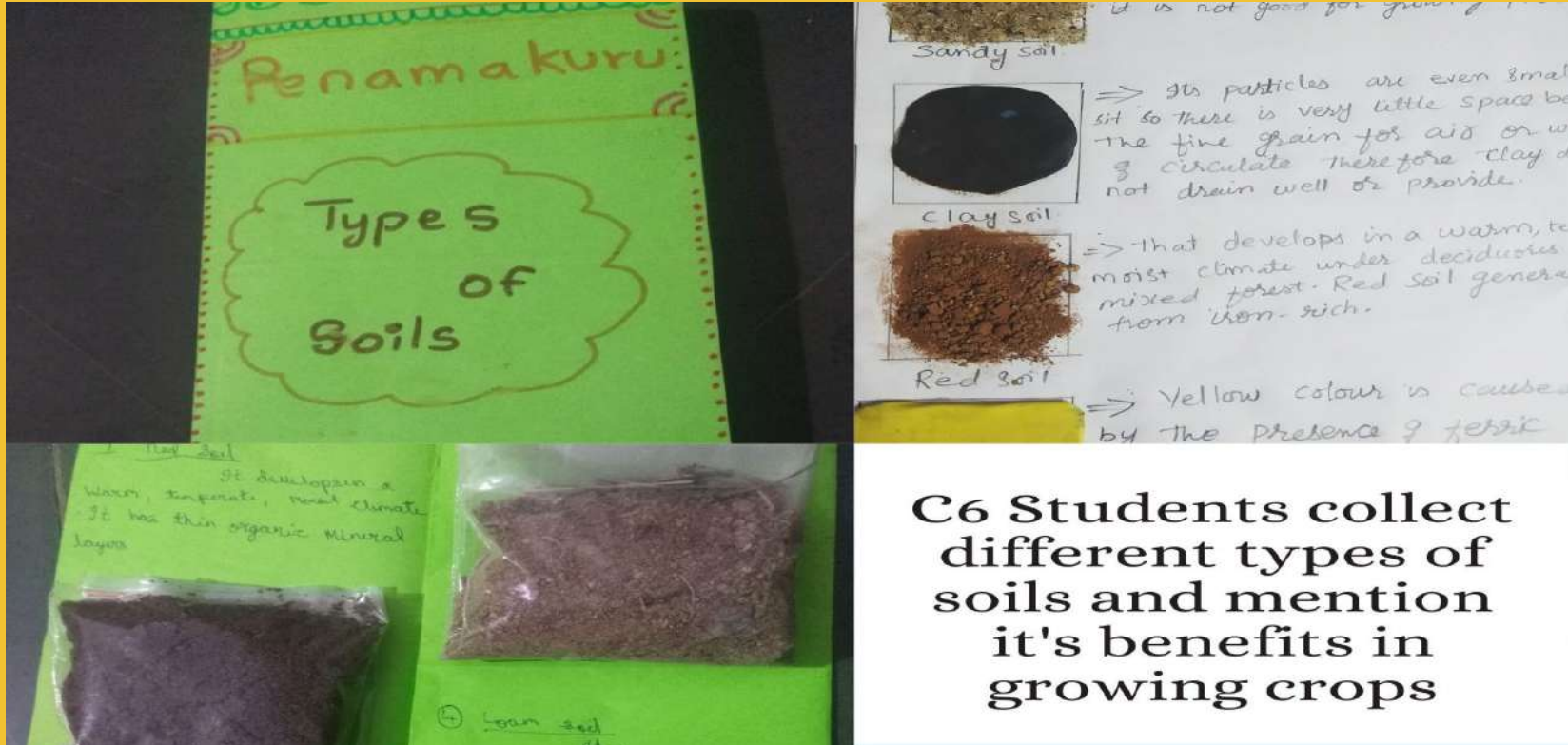
An Acrostic Poem

By Ms. Seema Sultana

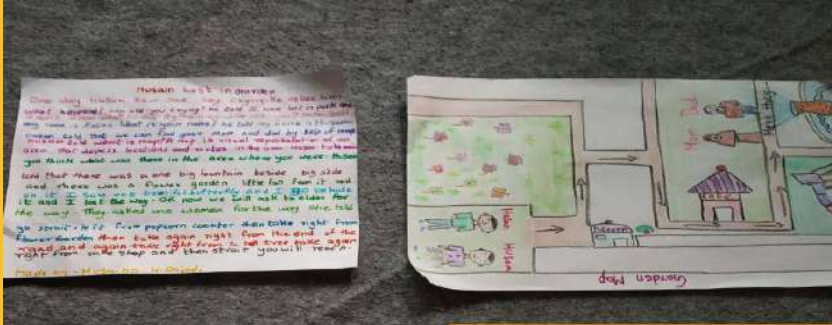
H- Heart touching events
I - Interesting facts of past
S - Stories that inspire us
T - Teachings of scholars
O - Origins of empires; and lessons from
their downfall
R - Respect and get inspiration from real
heroes
Y - Yesterday always reflects the present
and future



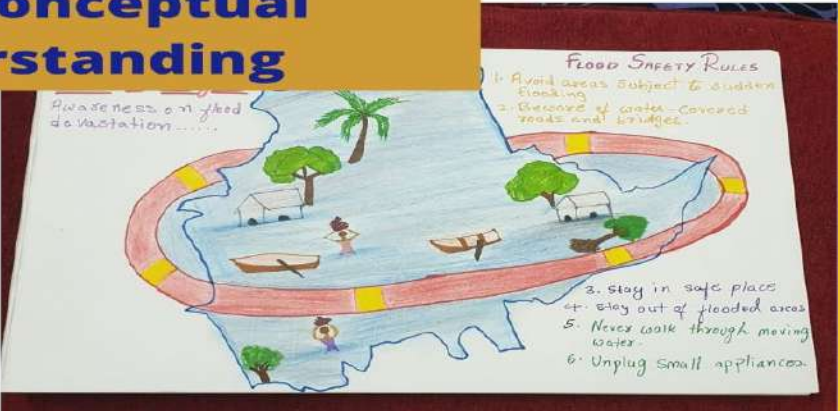
Social Studies



Social Studies

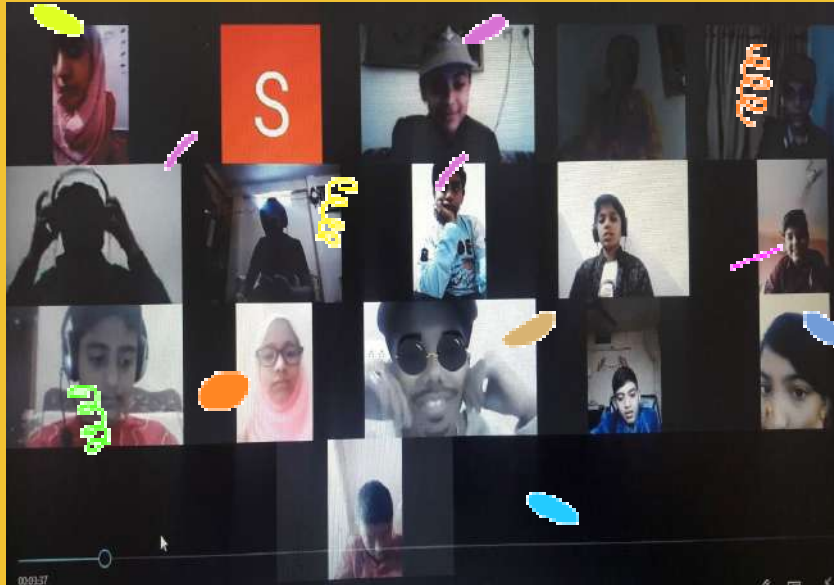


Students show their creative work to express their conceptual Understanding



CHILDREN'S DAY CELEBRATION

C-7 STUDENTS



Reading Marathon Winners- C6



1st Prize - Zahra



2nd Prize- Hussaina



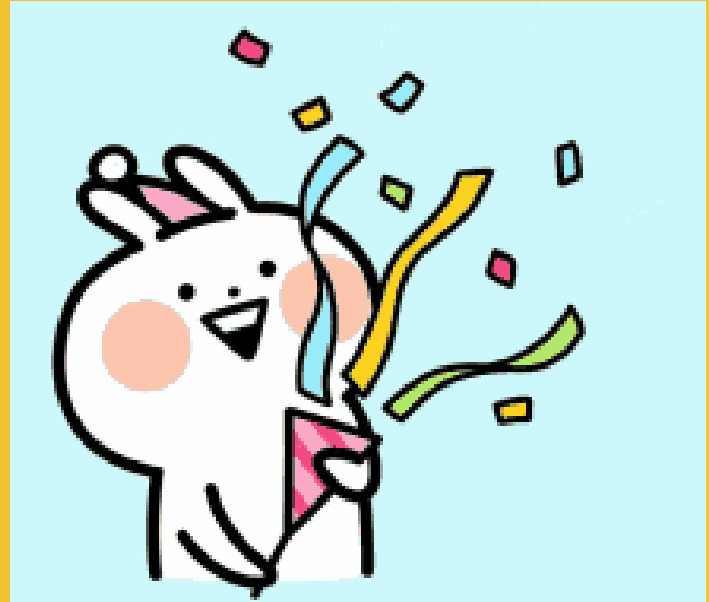
3rd Prize - S. Sakina Fatima

STAR STUDENT OF THE MONTH (NOV) C7

100 % Attendance



AYAAN HUSSAIN



Reading Marathon Winners- C7



MIR Wafa ALI



MOHAMMAD YUSUF



AYAAN HUSSAIN

ENGLISH SPELL BEE WINNERS C6



Md.Raza Ali



Rida Taskeen



Nida Fatima

HINDI SPELL BEE WINNERS C6



Nida Fatima



Hussaina



Taqi Zamin

TELUGU SPELL BEE WINNERS C6



Husaina



S. Sakina Fatima



S. Kaunain Fatima



Sobiya Fatema

URDU SPELL BEE WINNERS C6



Ayesha Khan
Ayesha Khan



Rida Taskeen
Rida Taskeen



S. Firdous Fatima
Firdous Fatima

ENGLISH SPELL BEE WINNERS C7



Wafa Ali



M. Bashadi



Najeebullah

TELUGU SPELL BEE WINNERS C7



SYEDA ZEBA RIZVI



MIR WAFAL ALI



ABIHA FATIMA

HINDI SPELL BEE WINNERS C7



MIR WAFA ALI



MOHAMMAD BASHADI



HADI ALI

ENGLISH SPELL BEE WINNERS C8



Sayeda Saba



Syed Khaled
Mohiuddin



Zainab Ali

TELUGU SPELL BEE WINNERS C8



Sayeda Saba



Zainab Ali



S. Ali Abedi

URDU SPELL BEE WINNERS C7,C8



Syeda Saba



S.Ali Abedi



S.Khadija C7

THANK YOU FOR WATCHING



BYE



FOCUS

HIGH SCHOOL

Curious Minds, Caring Hearts



fenestra

Endeavour (Special Needs
Section)

A window to our culture of sharing and learning
Nov 2020
Purani Haveli Campus



Taarey Zameen Par

MEET OUR SCHOOL LEADERS



Mr Minhaj Arastu
Principal



Ms Asma Zaidi
Vice Principal
Endeavour Coordinator



Mr Alamdar Ali
Vice Principal
(Operations)

OUR VISION FOR THE ENDEAVOUR SECTION

To enable every child to lead an independent and fulfilled life; to become a responsible and productive member of the society.

A Special Child

You weren't like other children,
And God was well aware,
You'd need a caring family,
...With love enough to share.
And so he sent you to us,
And much to our surprise,
You haven't been a challenge,
But a blessing in disguise.
Your winning smiles and laughter,
The pleasures you impart,
Far outweigh your special needs,
And melt the coldest heart.
We're proud that we've been chosen,
To help you learn and grow,
The joy that you have brought us,
Is more than you can know.
A precious gift from Heaven,
A treasure from above,
A child who's taught us many things,
But most of all "Real Love".

Meet our special staff



Ms. Sairoz Panjwani - Special Educator (RCI registered) & Counselor.



Ms. Sakina Begum
Special Needs Educator



Mr. Altaf Hussain-
Physiotherapist with 10 years
of experience in Occupational
Therapy

ENDEAVOUR SECTION AT FHS

NON-ACADEMIC SECTION

Independence skills

Occupational and Speech Therapy

Play Therapy, Art Therapy and Animal Therapy

Basic Literacy and Numeracy skills

Field Trips and Social Integration

ACADEMIC SECTION

Preparation for English reading, comprehension and writing independently.

Selecting 5 NIOS subjects for 10th. Exam at 14 years

Career Counseling- Selection of vocation or stream to move forward

Art and Sports

Employable skills training

Exposure, travel and field trips

Preparing for NIOS

Why Choose NIOS on Demand Examination (ODE)?

This is very flexible option from NIOS which allows students to clear their board exam with ease, here are some top reason to choose NIOS on demand exam-

- Appear for your Exam on the date of your choice
- Result in 45 Days- results are announced faster then main exam.
- Save your Precious Year
- Can appear for the subject you are failed in.
- 100% credit transfer for the subject you are passed in.



Didactic activities for improving focus and concentration

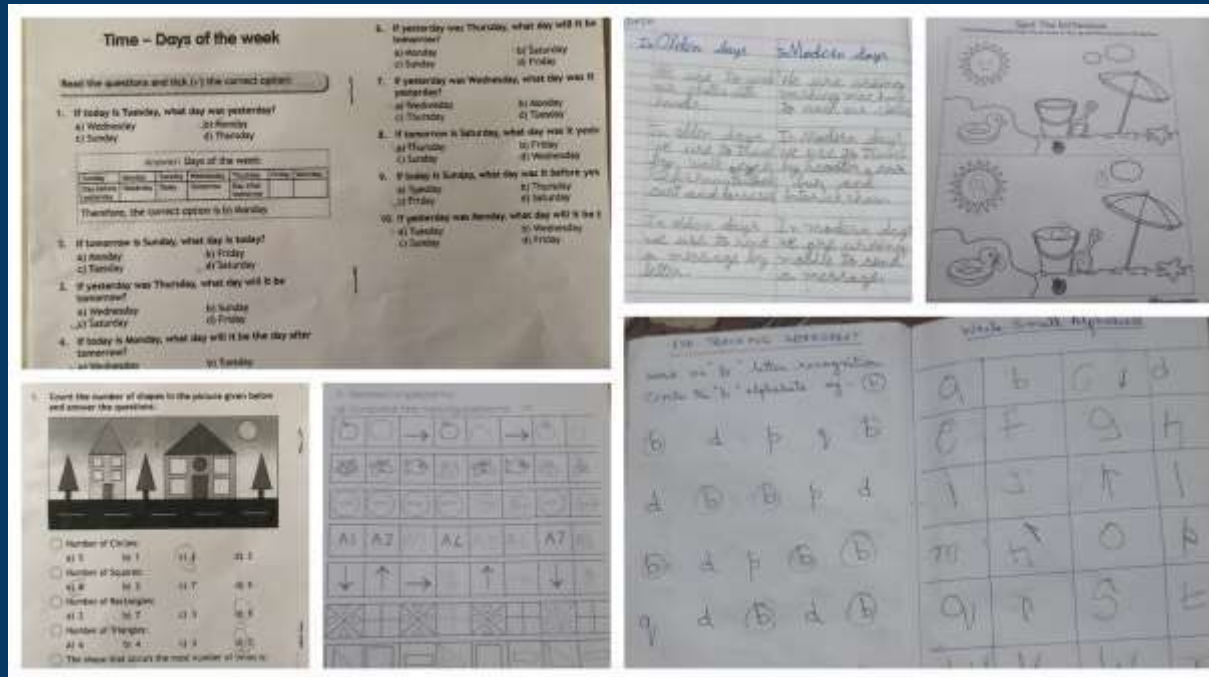


Classroom Activities



Children developing their fine-motor skills through a variety of fun activities! These activities increase the ability to focus on a given task. With time, they help to increase the span of concentration.

Remedial Teaching



Applying various techniques to acquire academic skills

Occupational Therapy



Speech Therapy



Motor Exercises for Speech



Sand Play



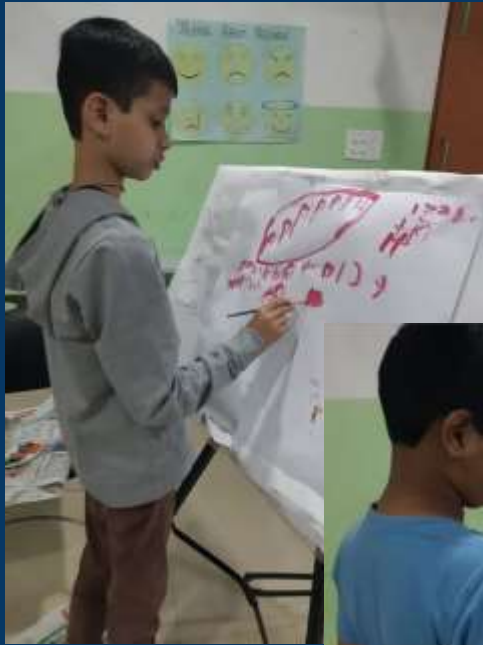
Sand play promotes creativity and imagination, development of Fine motor skills and eye-hand coordination. It helps children to overcome sensorial issues.

Play Time





Art as Therapy



I BELIEVE IN ART

I Believe That Art Can
Transmit Joy

I Believe That Art Can
Transform Sorrow

I Believe That Art Can
Change Minds

I Believe That Art Can
Heal Hearts

I Believe That Art
Is Magic

IBelieveInArt.com

Life Skills



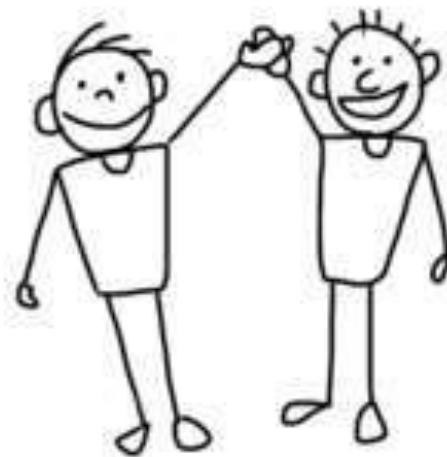
"The most important
thing that parents can
teach their children is
how to get along
without them"
~ Frank A. Clark

KidsTime

Life Skills



Life Skills



Grocery Shopping

Home Safety

Laundry Care

Restaurant Etiquette

Dining Etiquette

Seat Belt Safety

Pet Care

Restroom Etiquette

Cleaning House

Doing Chores

Calling 911

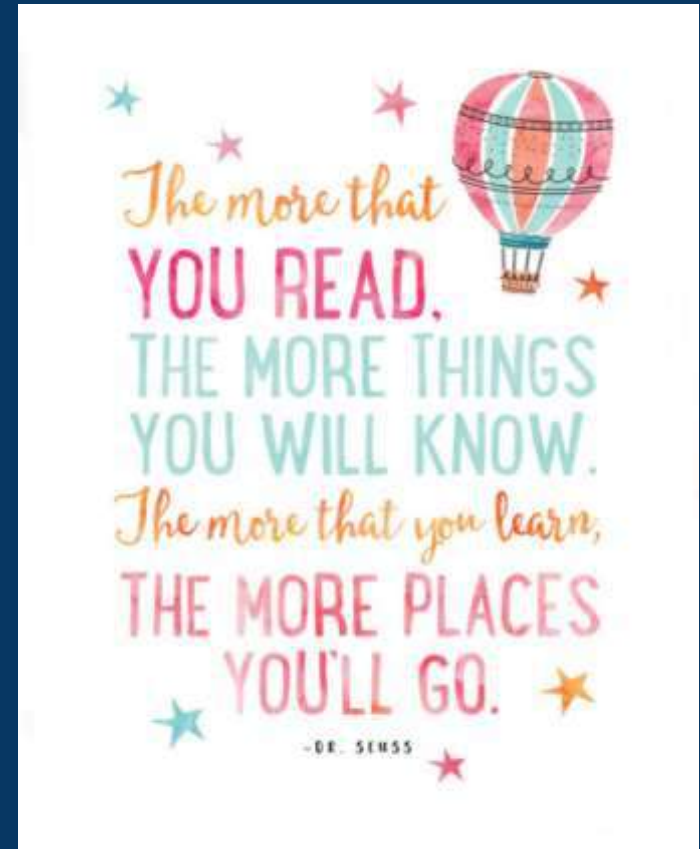
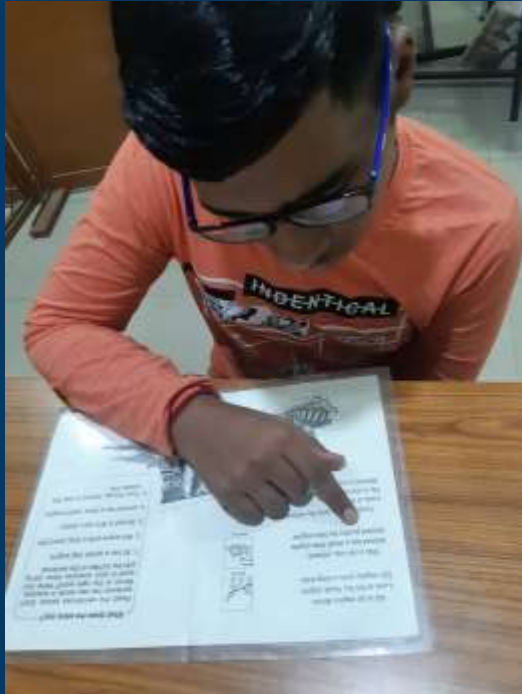
Calling in Sick



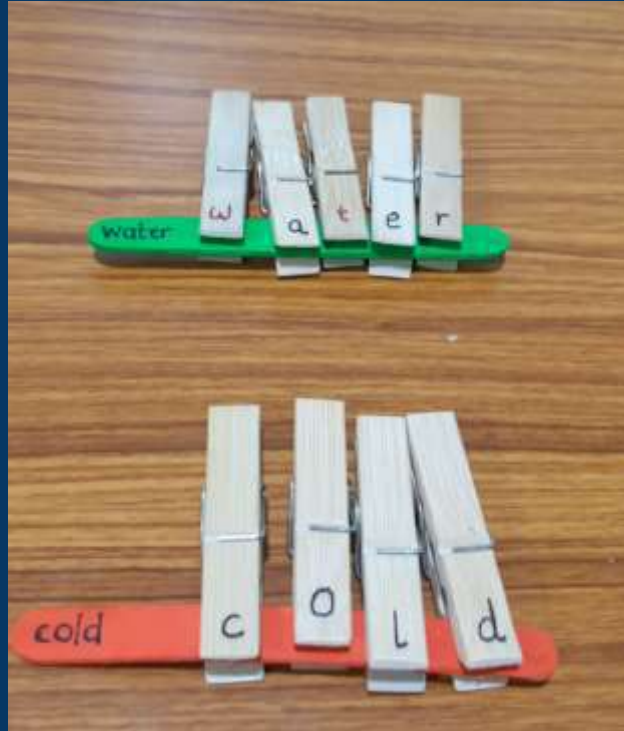
Children's Day Celebration



Leaders are Readers !



Hands on Reading with *Let's Read*



ALL MOTHERS ARE WELCOME ON MONDAYS !



*An initiative to support
mothers, make friends,
laugh and forget your
worries!*

Christmas Fun!!



THANK YOU FOR WATCHING



Wishing you all a Happy New Year !



FOCUS
TEACHER TRAINING CENTRE

OUR TEACHER TRAINING COORDINATORS



ASMA ZAIDI

Ms Asma has twenty two years of experience as an educator and teacher trainer. She is an early years expert, Montessori trained and author of the phonic Program - Let's Read and parenting guide on Channel WIN.



SYEDA LULUFATIMA

Ms Lulu has eight years of experience as a college lecturer and as an institute coordinator. She has completed certified IB workshops in PYP and MYP

Focus Education Services

By Asma Zaidi, VP-Curriculum Development at Purani Haveli Campus

Focus High School has been involved in outreach programs for over 20 schools who approached us for help. Whether it is for Teacher Training in Kargil schools or aid in the form of resources, we have never backed away.

This year, we are proud to announce the inauguration of Focus Education Services, a new division of our school that is dedicated to School Improvement Programmes and Teacher Training. We have in our team former Teach for India fellow Mr. Aquil Rizvi and current teach for India fellow Mr. Shoeb Sayed, both based in Pune. We are currently working with 12 schools across India, in UP, Ladakh, Maharashtra, and Delhi. We have also tied up with Literacy International, a non-profit organization based in San Jose, USA.

Our Teacher Training programme is coordinated by Ms. Lulu Fatima. We have three streams for Teacher Training: Pre-Primary (regular and online), IB (PYP and MYP), CENTA internship.

Pre-Primary Teacher Training is the need of the hour. According to our new National Education Policy, early years are now a part of formal schooling and have received their due importance. There is a great need and urgency for parents and teachers to be formally trained to understand child development and child psychology.

Our first batch has twelve teachers enrolled for PPTT and 4 for IB-PYP and 1 for IB-MYP. The IB candidates have successfully completed their training. CENTA has assigned 7 highly experienced educators for internship to FHS this term.

The PP teachers have been assigned mentors for guidance. They have regular guest lectures and activities to develop confidence and skill in using best practices.

Our vision is to become the epicenter for quality pre-primary teacher training in Old City, with the sole purpose of uplifting our community.



**“Keep your face toward the sunshine and the shadows will fall behind you.” —
Walt Whitman.**

COVID-19 has brought about a huge change in our lives. The most visible metamorphosis is our interaction with our environment and other humans. Not only have we started taking care of our hygiene more, but also have to take care of maintaining minimum distance between individuals. The direct impact of it on education is that we are now teaching remotely. Considering all this teacher training is much needed to equip teachers with not only the best teaching strategies but also train them to use various software platforms that help them enhance their teaching online. That is what is the foundation of the “Focus Teacher Training” programme. It helps teachers become confident and deliver child centric content even during times when teaching is most exigent.

As the coordinator of this programme, I aim to empower teachers by making them aware of their strengths and find ways to overcome their weaknesses. This intern helps them to develop motivated self-learners which is the quintessential objective of any teacher.

-Syeda Lulu Fatima

TRAINING OPPORTUNITIES

- 1) PRE-PRIMARY**
- 2) CENTA**
- 3) IB**



Pre-Primary (Online & Regular)



Pre-primary Teacher Training is a full time course for one academic year. Trainees go through the following:

- Curriculum Modules
- Portfolios (Theory & Practicals)
- Guest Lectures
- Participation in virtual classes with mentors
- Observations (Online) 2hrs per day
- AIECCE preparation for exams
- Debates, seminars and conferences



Trainees who join our school for IB get the following benefits:

- Observations (Online) with mentors 2 hrs per day
- Portfolio for self
- Work under mentorship Guidance
- Lesson Planning with mentors
- In school workshop
- Portfolio review every week 1hr





Trainees join the CANTA training to qualify CANTA standards and micro-credentials and to gain practical experience in specific subjects.



- Observations (Online) 2 hrs with mentors
- Intervention tasks
- 150 hours of internship
- Capstone project

PRE-PRIMARY TEACHER TRAINING ACTIVITIES





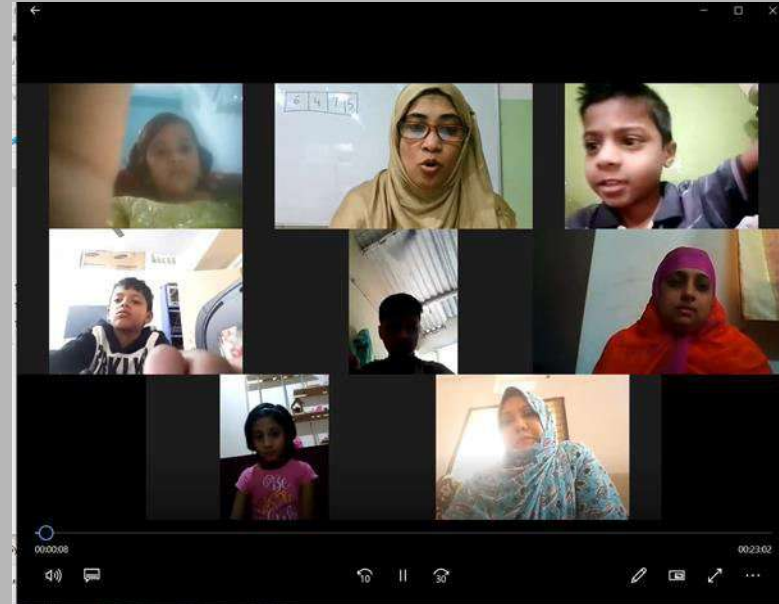


Exploring *Let's Read* material for teaching phonics.

BUILDING PERSONAL PORTFOLIOS OF LEARNING



TRAINEES LEARNING HOW TO CONDUCT ONLINE CLASSES



TRAINEES HAVE SOME FUN- TRY THEIR HAND AT SPONTANEOUS CREATIVITY



Trainee teachers
observing children in
our Endeavour
Section (Special
Needs)





**Debate on pros and cons of
remote learning during pandemic**

MEET OUR MENTORS



PRE-PRIMARY MENTORS



Ms.Kaneez e Fatima

Ms Kaneez is an energetic and trained pre-primary teacher from IPPTTA. She has a good understanding of child psychology and applies many innovative ideas in her lessons.



Ms. Zainab Asghar

Ms Zainab is a seasoned teacher with more than 21 years in teaching pre-primary. She has a sound understanding of child psychology and child development.

Pre- Primary Mentoring and Guidance



IB MENTORS



Ms.Kulsoom Jaffer

Ms Kulsoom has been a PYP teacher and Team Lead for the past 4 years. She has attended many workshops and trainings and loves to mentor and guide fresh teachers.



Ms. Amena Farhat

Ms Amena is an IB certified teacher with 4 years of experience. She has attended many workshops and trainings. She likes mentoring and has guided many teachers.

CENTA MENTORS



Ms. Seema Sultana

Ms. Seema has been an IB teacher for the past 5 years. Her talent and experience in both PYP and MYP makes her an excellent mentor.



Ms Arshiya Maryam

Ms Arshiya has been the PYP math Team Lead for the past 3 years. She uses technology in math to make learning fun.

CENTA MENTORS



Mr Murtuza Hussain

Mr. Murtuza is B.Tech graduate with Masters in psychology. He has been an math teacher for the past 4 years at FHS and has 15 yrs of teaching experience..



Ms Zainab Tayyabi

Ms Zainab is a science teacher and MYP coordinator at FHS. She has over 15 years of teaching experience.

Guest Lectures



Guest lecture

**by Dr. Ashoka
Beera**

**On National
Education
Policy**



Guest lecture

by Ms. Sneha
Gupta

on running a
pre-school and
how to
manage
finances.



Sneha Gupta

Guest lecture

**by Ms. Tasneema
Zaidi**

**on Child Abuse
and Child Rights**



Guest Lectures

By Ms. Yasmeen
Meghani

AIECCE Paper
4- Principles of
Education



FOCUS SENIOR TEACHERS TAKING SPECIAL CLASSES TO SHARPEN THEIR OWN SKILLS AND SHARE THEIR KNOWLEDGE WITH TRAINEES

Ms. Arshia Hussain



Ms. Maryam Mirza

Ms. Zainab Asghar



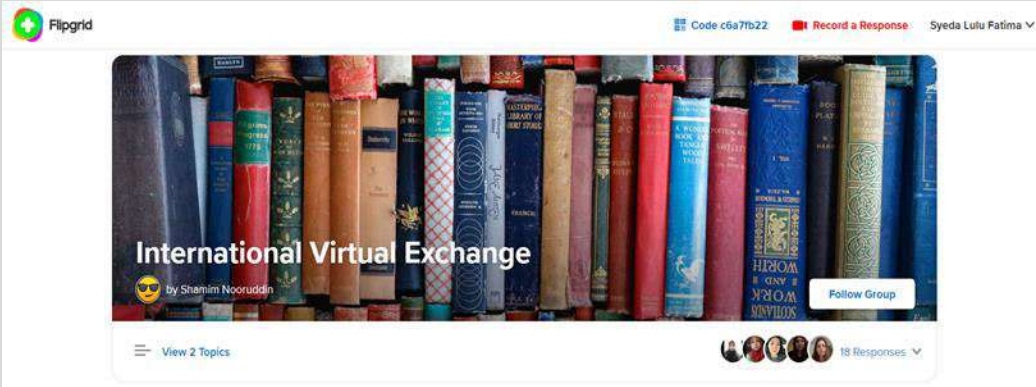
International virtual exchange

**Lone Star College (Houston) U.S
&
Focus Teacher Training Centre
(Hyderabad)**



What is the need for International Virtual Exchange?

- Self development
- Public speaking
- Sharing their learning
- International Exposure
- Looking for Similarities and Differences in needs of children across nations



Flipgrid

Code c6a7fb22 Record a Response Syeda Lulu Fatima

International Virtual Exchange
by Shamim Nooruddin

Follow Group

View 2 Topics

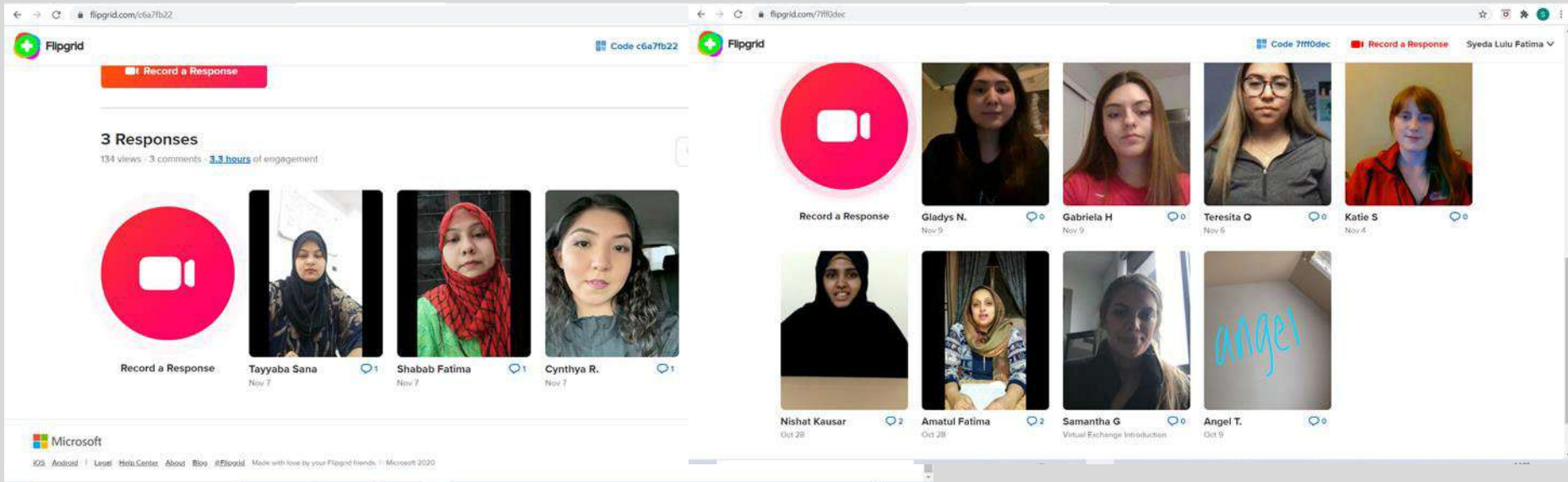
18 Responses

November 5, 2020

Online Learning Experiences

1. What have you learned that works well for students in an online platform?
2. What are the challenges you are experiencing as an online student, or via synchronous classes at LSC?
3. What is something you have learned from your observations that you would like to share?

Our Trainees interacting with students from America.



Thank you for watching

