# fenestra

A Window to our Culture of Learning and Sharing NOV-2020

VOLUME V PRIMARY YEARS PROGRAMME EDITION



Moving ahead with times!

Art by Ali Asgar

Curious Minds, Caring Hearts!



## FOCUSING INWARD: A CURRICULUM FOR TARBIYAT AND SPIRITUAL GROWTH

BY MINHAJ ARASTU, PRINCIPAL

When we founded our school in 2013, we knew that we wanted to educate the whole child, as a full human being. We did not seek to merely coach students for an exam, train them for a job, or help them to simply read and write.

Our spiritual traditions and the International Baccalaureate (IB) gave us a framework for holistic education. Through our school, we wanted to make ourselves into better human beings and make our world a better place.

In recent months, our teachers and board members have been discussing ways to strengthen these foundations of holistic education. To shape and guide children, we must obviously return to the Creator's plan. But the Creator and the divine plan are entangled in our society with rituals, politics, groupism, money, egos, physical display, blind tradition, and so on.

We were convinced that we wanted the clear sunlight of spiritual guidance for our children, not the dim flicker of a sputtering, exhausted candle.

I was reminded of an allegorical poem titled Conference of the Birds [1], by Farid-ud-din Attar (d. 1221 CE). In the tale, the birds of the world gather together on a quest to find their true king. The guide on their journey is the hoopoe or the hudhud who carried messages for prophet Sulayman. The birds, like every human being, have flaws and weaknesses, such as the royal hawk's mindless attachment to his king, the duck's love of his comfortable pond, and the peacock's rigid pride.

The hoopoe finally convinces many of the birds to overcome their hesitation and embark on a journey to find their Lord.

They cross seven wondrous valleys: the valley of the quest, the valley of selflessness, the valley of inner knowledge, the valley of detachment, the valley of unity, the valley of wonderment, and finally, the valley of nothingness. After this fabulous trek, the thirty surviving birds arrive at the home of their Master, the simurgh. Who is the simurgh? It is none other than a mirror of the thirty birds themselves: in Farsi, 'si' means thirty and 'murgh' means bird.

Our school is embarked on a very similar quest. Like the birds in Attar's tale, we use tools of inquiry to explore our world, our souls, and our Creator. We will have guides and mentors like the hoopoe was to his companions. In this journey as always, we invite your comments, suggestions, and support. Here is an outline of our journey within:

### Elements of our approach to the tarbiyat curriculum

#### Our spiritual axioms or core beliefs

These are the shared heritage of human history across all societies.

There is one Almighty God:
 "God is one, without a second"
 ("ekam evadvitiyam brahma",
 Chāndogya Upaniṣad)





[1] Paintings by Habiballah of Sava, collection at the Metropolitan Museum of Art, New York. Folio from an illustrated manuscript dated c.1600.

- We human beings have a divine soul: "And I breathed into him of My own soul." ("wa nafakhtu fihi min ruhi", Qur'an)
- We live our fullest life in communities: "Blessed are the merciful, for they will be shown mercy. Blessed are the peacemakers, for they will be called children of God." (Book of Mark)
- We will see the fruits of our thoughts, words, and deeds in the hereafter. "According to the seed that's sown, So is the fruit you reap therefrom; Doer of goodwill gather good; Doer of evil, evil reaps, Down is the seed and thou shalt taste the fruit thereof. (Saṃyutta Nikāya)

#### Inquiry, action, reflection

Our inquiry-based curricula give us a framework to ask powerful questions about our inner and outer life. The truthseeking disposition is the most essential requirement for spirituality. Our curricula revolve around processes such

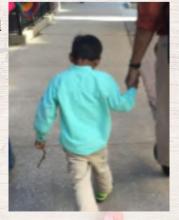


- Inquiry, conceptual understanding, and exploring real-life settings
- Thinking skills, social skills, and selfmanagement skills
- Making purposeful, responsible choices and developing self-knowledge

#### Mentorship

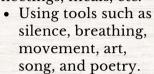
Spiritual growth is always guided by a bond with a guru or elder.
We will create time, place and purpose for children to benefit from such bonds.

- Mentors may be teachers, parents, or community members.
- Our staff and mentors must lead by example.



#### Intention and purpose

We will create time, place, and methods for establishing our intentions and purifying our minds before any action or event, such as the school day, lessons, meetings, meals, etc.

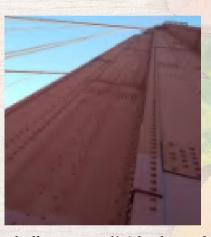




• Establishing practices such as prayer and meditation (by each child's choice)

### Counselling to handle challenges to spiritual growth

We know about the severe challenges and trials that youth face, such as bullying, social media, managing coeducation, puberty, etc. We gain guidance and strength from the axioms above. We will



engage with these challenges explicitly through:

- Class teachers and Values Education lessons
- Counselling programmes
- Events, such as the 'Coming of age celebrations

#### Optional, after-school religious education

We will explore ways for specific religious traditions to impart teachings to children.



### APPROACHES TO LEARNING THE DRIVING FORCES

BY SHEHERBANOO FATHI, VICE-PRINCIPAL(CURRICULUM DEVELOPMENT) & PYP COORDINATOR

John Dewey a pragmatist, progressivist, educator, philosopher, and social reformer considered education to be a "process of living and not a preparation for future living" and at Focus School, we work towards preparing students towards that direction. than Other imparting knowledge, which is an essential component of education, we also try to develop skills, conceptual understanding, demonstrations of positive attitudes, and taking of responsible action.

The IB PYP Approaches to Learning Skills (formerly known as the transdisciplinary skills) are grouped into five areas of skills and sub-skills that we use in our teaching and learning:

1. Thinking Skills: Critical and Creative thinking, Transfer, Reflection/metacognitive skills

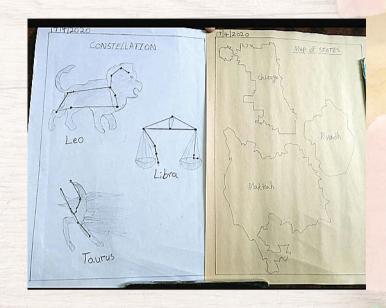
2. Communication Skills: Exchanginginformation, literacy, ICT skills

3. Research Skills: Information-literacy, Media-literacy, Ethical use of media/information skills

4. Social Skills: Developing positive interpersonal relationships and collaboration, developing social-emotional intelligence skills

5. Self-Management Skills: Organization, States of mind skills





These undoubtedly help students to succeed in the process of living and prepare them for the 21st century. When learning about and through the subjects, students acquire skills that best help them to learn those subjects. For example, in language, students become literate, and in mathematics they become numerate. The acquisition of literacy and numeracy skills, in their broadest sense, is essential, as these skills provide students with the tools to inquire. Beyond these subject-specific skills, there are other skills that can be applied in all subjects and drive teaching and learning.

Mostly, these skills are integrated with daily teaching in varied subjects through problem-solving, working in groups, debating & elocution, inquiring and organizing oneself. Most importantly, the digital literacy skill that is important for information gathering or processing, as well as for critical and creative thinking, communication and collaboration. Other than implicitly teaching skills along with the subjects, these skills are also inculcated in students through explicit teaching.

Examples of explicitly teaching skills to students are asking them to converse with their friends or relatives on a given topic, planning and adhering to a daily routine, doing exercise, helping parents, siblings and friends, controlling emotions, meditating, thinking of creative and innovative ways to solve life problems etc.

The Approaches to learning thus serve as a driving tool to achieve concepts. By combining ATL and the attributes of the learner profile, PYP students become self-regulated and agentic learners who take ownership of their learning, thereby increasing self-efficacy (individual's belief in his or her capacity ). Students will be able to:

- set goals for themselves
- ask open-ended questions
- reflect on and modify their learning when required
- be a risk-taker and try new ways of learning and doing things
- self assess their learning

Teachers, peers and most importantly parents play a crucial role in guiding and supporting students to understand, develop and put these skills in action, thus promoting holistic development.

Reference: IB-PYP, From Principles to Practice 2018



Self Management by Hussain







Communication Skill by Zara

### A DIFFERENT YEAR

BY MIRZA ALAMDAR ALI, VICE PRINCIPAL-OPERATIONS

This year was supposed to be an amazing year. It started with a lot of high expectations and ambitious dreams but soon we realized that our plan was not His plan, and it turned out to be a different year. Having the right people around you is one of the most important things you can do for yourself when the time gets tough. Fortunately, our school staff is a team of lifelong learners and critical thinkers. Our leadership team quickly anticipated the challenges and presented different strategies to launch the academic year. The admin team promptly started its operations in the most effective way and tried to lay a smooth foundation including parent communication and setting up a safe building for the staff.

The initial days were like nightmares as answering the countless queries on fee-related aspects was never a cakewalk. We tried understanding the parents' financial issues, suggested various payment plans, and helped them by connecting to the government scholarships. There were many parents who were so affected by the COVID situation that they didn't want to continue their child's schooling this year. Making them realise the need to continue was very challenging.

Our academic staff also helped the parents in understanding their children's needs and they too geared up in the given time. They equipped themselves with the technical skills required to host the online classes - the new normal. COVID-19 has changed the world of education and created the largest disruption of education systems in history, affecting nearly 1.6 billion learners in more than 190 countries across all continents. The most vulnerable learners are among those who have poor digital skills and the least access to the hardware and connectivity required for online learning. We, as one of the responsible stakeholders of the community, initiated a device campaign and provided technical support. We assisted 48 learners and the initiative is still on.

The eagerness to be among the best in providing quality education has made coping with COVID much more challenging. The new normal conditions have set the bar of parent satisfaction so high that our teachers had to go through rigorous technical training and well-thought-out lesson planning. Apart from these, we always kept our ears open and welcomed the parents' grievances.

We made prompt changes in timetables and other aspects of students' engagement. The comprehensive and utmost efforts of our teachers paid off when our parents gave specific and helpful feedback (75% of 3741 responses were positive and agreeable) to our questionnaire (10 questions) sent in the first week of August regarding online classes.

In this different year, we launched our Virtual library and promoted the use of easily available platforms and apps (Read Aloud, Quizzes, Quizlet, Kahoot, Flipgrid) and in time, rewarded deserving performers with digital certificates. We will keep striving to provide the simplest and most efficient solutions to keep the lessons interesting and engaging.

It looks like the winds of change are going to be with us for a long time. 2020 may seem like it was a year we want to forget, but let's never forget the lessons it has taught. Let's not worry whether the coming days are going to be tough or easy. We are now more resilient and ready for whatever trials come our way.



# UNDERSTANDING YOUR CHILD'S TEMPERAMENT

BY ASMA ZAIDI, EARLY YEARS COORDINATOR

Thousands of years ago, the famous philosopher and Greek physician Hippocrates classified human nature into four humours- choleric (fire). sanguine phlegmatic (water), (air). and melancholic (earth) according to their dominant body fluids. Hippocrates claimed that if one knew their constitution type then one could know how to eat, medicate, live and lead a disease-free life with optimum health. This constitution type also helped people to identify basic temperaments that influence our decisions, career choices and lifestyle. They are often easily identified by their physical body structures. Sanguine and melancholic people tend to be tall and slender while phlegmatic and choleric tend to be shorter and rounder.



Interestingly these temperaments are mentioned in the Holy Quran as well as ancient Ayurveda in the form of "doshas- Kapha (water), Vata (air), pitta (fire)". The Holy Quran in Surah e Roum (Chapter 30- Ayat 21-24) talks of four different learning styles which are similar to the temperaments mentioned by Hippocrates: fikr/ (deeply reflective, thoughtful), melancholic ilmu/ choleric (knowledgeable), yasmaun/phlegmatic (listener), aql/ sanguine (wise). This mention in the Quran seals the fact that people do have different temperaments and God has given different signs for each category of people so that none is left behind. Our temperaments are a gift from God. It is with this gift that we are destined to accomplish our life goals and overcome trials. Each temperament has its own strength and weakness.

They have no connection with either the intelligence or skill set of people. Temperaments are inborn and are often starkly present in children over 6/7 years. It is possible that a person may be a mix of two temperaments.

However, it is quite impossible that opposite traits exist within one person. For example- a person cannot be both choleric (full of energy) and phlegmatic (placid and cool). With age, exposure and experiences in the environment, these temperaments tend to get balanced.

Moreover, there is no good or bad temperament. It should never be used as a label, instead, an understanding of temperaments helps us to recognise our own pattern of behaviour and raise our children accordingly. A mother may have three children- each with a different temperament! The choleric child can be given multiple tasks, which s/he can accomplish with least effort and full responsibility. However, the same cannot be given to a phlegmatic child who will become overwhelmed. A sanguine child often flutters from one activity to another (without really completing anything) and a melancholic child may understand what needs to be done without being told!

As educators and parents, the ability to recognize the temperament of a child can be profound when selecting a career. Often children with choleric personalities do well in leadership roles, political figures, builders or event organizers. Melancholic people often turn out to be good doctors, therapists, psychologists and spiritual healers. They may choose to do social work. However, one of the dangers in these professions may be their inability to deal with stress. They tend to get too emotionally involved with the problems of other people. These people must know ways of coping with their anxiety and depression. Sanguine people do well if their career choices complement their personalityexample salesman, actors, advertising, photography- where they have a lot of opportunities to move on from one projectto another. The phlegmatic persons need a lot of inspiration and motivation. They often need "hooks" that will make their life purposeful. It helps if these hooks are not people they are fond of or materialistic things like fame and money but instead personal interests and passions. These ancient insights are sure to make parenting and teaching easier.

### TODDLE-THE TEACHING TOOL

BY AMENA ARA IMRAN, ASSISTANT PYPC



Toddle has been a game-changer for our school.It's a collaborative platform, developed by experienced IB educators, for all the teaching & learning needs of the 21st-century.

Toddle makes working together fun and effortless. It is aligned to enhanced PYP guidelines, empowers schools to build lifelong learning communities. Toddle amplifies global collaboration by enabling all of its members to connect with each other to share their best practices and teaching resources! This app is a one-stop solution for all the teaching and learning requirements.

Toddle is our teaching partner for all the things required for the Primary Years Programme. It streamlines planning, portfolios, reports, and family communication - all from one beautiful interface. Through the Toddle Educator App, teachers can:

- Maintain a daily attendance record.
- Capture and share evidence of student learning through photos, videos, and audio-notes.
- Directly assign learning experiences to students.
- Send guidance to and receive submissions from students in multiple formats.
- Give personalised feedback to students for their work.
- Access our school calendar.

Teachers at Focus have acknowledged how Toddle has made virtual teaching a breeze. With a folder assigned for each subject, teachers don't have to browse through all assignments before sending a task or personalised feedback. To add more, student work that fulfils all aspects of the criteria can be tagged for later evidencing.

This will not only help us during the PYP Evaluation but would also help us choose exemplars to be shared in class. With the world working virtually, the PYP Exhibition is no exception;

Students submitting their inquiries online will be easy to retrieve and compile for the main event. The star feature that caught my attention was students' audio notes reading a book as part of their reading assignment. Apart from assessing their reading skills, the teacher was able to send responses to their intonation and voice modulation. There is so much we can achieve despite being physically distant. Toddle helps the teachers in their professional development through international webinars as well, the strategies they learn are well applied in their virtual classes. Toddle is indeed a blessing in disguise!

Teachers tap into the talents of students to involve them in goal setting and assessment of their own education. The single point rubric allows for higher-quality feedback and is an ethical tool to assist students with their responsibilities of goal setting and self-assessment. During the term-1 assessments, teachers created rubrics with specific criteria in mind and students took these guidelines into consideration while attempting the assessment.

The purpose of Toddle is to help teachers deliver meaningful learning experiences through easy to use technology tools that support teachers in becoming more effective at all stages of their teaching journey. It encourages student agency, personalised learning and involves families as well. I hope that the Toddle community brings a spark of joy to learners and makes their learning enriching and fruitful!

Sources cited from https://www.toddleapp.com https://www.toddleapp.com/features/



### Teachers & Students in Action

### **CLASS 5**

### **Small Act Big Impact**

By Azra Fatima, Homeroom Teacher C5A & TL

"Not all of us can do great things. But we can do small things with great love"- Mother Teresa

What do you think is the most important attribute to be imparted among children? The response to this question will definitely differ from person to person based on their perception. But post COVID and flood days when we witnessed difficulties faced by many people around; I would surely focus on kindness as an important quality to be nurtured in young minds. Being kind and empathetic is essential and we should make our children understand its importance.

To promote kindness among people, every year on November 13 World Kindness Day is celebrated throughout the world in many countries like the United States, Canada, Japan, Australia and U.A.E. World Kindness Day is the perfect time to practice kindness, whether it's towards family members, friends or strangers.

To celebrate World Kindness Day, students of class 5 were guided to be kind to all people around them. They engaged in various acts of kindness, like helping parents in their household chore or, providing the needy etc. Furthermore, to develop a habit of being kind, they were provided with a Kindness Bingo and were motivated to keep updating it as and when they carry out any act which portrays their generosity and kindness.

I strongly believe that it is the responsibility of all adults involved in a child's development to engage children in acts of kindness and genuinely appreciate them when they do so. There are different ways to practice kindness like a kind word, a smile, opening a door for someone, or help carrying a heavy load, giving honest compliments, giving a thank you note to the delivery person, helping the elderly, refusing to gossip,

and donating things are all small acts one can carry out but certainly they leave a big impact on the person who receives it.

Finally remember one thing kindness doesn't cost you anything; it just demands acts of goodwill, smiles, and positive words. Moreover, try to be kind to everyone on the Earth; the one in the sky will be kind to you!





### Missing my School days...

By Syed Ali Raza Kirmani, C5A

I still remember those days when I woke up early in the morning and went to school. I still remember those days when all my friends sat together during lunchtime. I still remember those days when we all gathered together for the morning assembly.

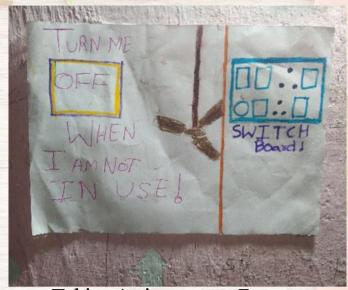
Where are those days lost? A single pandemic has changed everything. Today we wake up early, but not to reach school, but to switch on our devices and get ready for the online classes. Online classes are the new normal at the moment and unwillingly we have to accept this fact. There were days when we waited for a long vacation and wanted to stay back at home, and now when it is a reality, we feel bored, and desperately want to get back to school.

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However, this experience has made me aware of how much I love and miss my School. I hope and pray we get to go back as soon as possible.

23/11/20 Problem and	Solution
Problem	Solution
Water is leaking from the walls of our house.  2) The are many dogs in our society who disturb people when they step of the house.	with coment and and mint

Modelling Learner Profile-Thinker



**Taking Action to save Energy** 

### Online classes boon or bane?

By Shafaat Minsaria, C5A

Regular classes are fun, but online classes are the norm in this situation.

I feel regular classes were a lot better than online classes because regular classes give students more activeness whereas online classes make the student lazy and there is no physical activity for students and they become unfit. Virtual classes do have an impact on children, like - stress on their eyesight, change in normal routine and many more such issues. Today in this pandemic we have no other option than to accept online classes. Focus School is giving us a novel opportunity to use Toddle as an amazing learning tool, this not only makes all our work organised, easy to complete and upload but also helps us in reflecting on ourselves.

We started this academic year at a very slow pace and took time to recollect concepts we learned in our previous classes. Now, looking back at our earlier posts, I realised how much we have learned and picked up speed tremendously.

I still wish regular classes would come back soon.

### A New Experience

By Haseeba Fatima, C5A

Last year, as soon as I completed class 4, I was excited for the next academic year to begin as it will be grade 5, the last year of PYP. I was forward to experiencing culminating PYP exhibition. But suddenly schools were closed in March because of the rapid spread of CoronaVirus. I thought the break was for 10 to 20 days, but the holidays kept extending and now it is only online classes. Attending face to face sessions on Google meet and tasks on Toddle is completely a new experience for us all. All my teachers are trying their level best to educate us in the same way as we study in school. My class teacher supported me a lot when I was facing difficulty with apps and uploading tasks. Now I am able to do it easily and enjoy the classes. A heartfelt thank you to everyone in the school who are putting in tremendous efforts in making distance learning a great experience and success.



Identity Map



**Healthy Habits Poster** 



**Colour Symbol Image** 



All About Me

### **Building an Engaging Classroom**

By Atiya Fatima, Class Teacher C5B

Since remote learning started this summer, Bitmojis has taken the education community by storm. These virtual learning environments are highly visual and interactive and can be customized in myriad ways. Intrigued and eager to try my hands at it myself, I used the Bitmoji app and built a colourful virtual environment for my students featuring an avatar version of myself. Keeping my students' interest in mind, I also used other tools like Google and Canva to build the classroom backdrop and made my class welcoming by adding colourful rugs and posters, that serves as a cosy home base for their classes. The customisable, mini-me avatar helps me effectively run my virtual classes, enforce rules & expectations and enables me to implement student agency. Simply put, they're fun and thoroughly engaging.

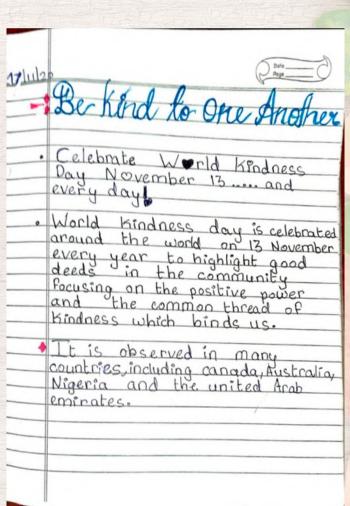
I strongly feel that it is important for students to have a choice. Students can move through the spaces and access material they wish to read or inquire from. The Class 5 library has a well-stocked virtual bookshelf, where students can access resources with the utmost ease. The titles are hyperlinked so that when a student clicks on the book image, they are brought to the digital version of the book.

For the reading assessment, students selected a book they wanted to read and exhibited their reading abilities. Once they realised that the book was too easy, they were eager to try the more challenging titles. This paved a path to self-reflection and due to the attractive nature of our class library, students with minimal reading skills kept returning back, hungry for more. As part of planning my lessons, I also time to think about the representation and how I must rotate books to keep the inventory fresh and responsive to students' interests, identities, and instructional needs.

Furthermore, in order to keep students engaged and incorporate a sense of humor during classes, I use a combination of Bitmojis,

Gifs, and other social media tools to provide students with positive reinforcement. These new additions serve a purpose, either during an assessment or in the classroom. Sometimes students need a little extra humor integrated into their day, and a subtle funny picture or avatar may be just the trick to make sure students know you care and that you're rooting for them to succeed.





Celebrating Kindness Day



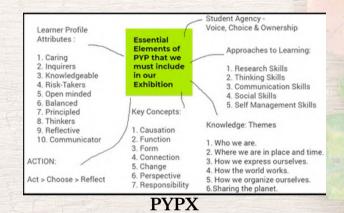
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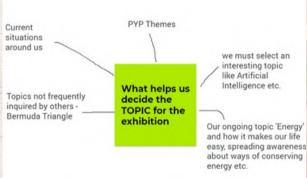
| Go-ordinat with Friends |
| Helping Friends |
| in Homework. |
| Kindness |
| Give a copliment |
| Help brother, sisters and parants at home with their work.

Ways of Showing Kindness

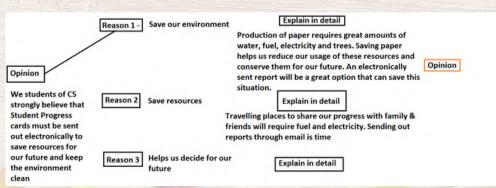


My Identity





### Brainstorming Ideas For the PYP Exhibition



An Ongoing Discussion in Class

### **CLASS 4**

#### Floods - Then & Now

By Khursheed Begum, Homeroom Teacher C4A & TL

2020 can be named as the year of disasters. First COVID-19 hit and now the recent floods, a weak tropical cyclone that caused extensive damage and loss of life as a result of flash flooding in October 2020. Hyderabad for the first time in over a century witnessed such a highest record rainfall. People lost their belongings and savings within a fraction of seconds. This incident made me curious and the inquirer in me wanted to research how Hyderabad braced itself from the 1908 rainfall that changed the face of Hyderabad.

The floods of 1908 affected at least 2 lakh people who were left dead or homeless. TheNizam of Hyderabad, Mir Mehboob Ali Khan, took to the streets to survey the damage andbroke down in full public view at the sight before him. Sarojini Naidu had documented thisin her poem "The tears of Asif". Unfortunately, this work remains unpublished to date. Another noted poet of Hyderabad, Amjad Hyderabadi gives a touching account of the Musifloods in his poem Qayamat-e-Soghra (The Minor Doomsday). It captures the humansuffering and misery like nothing else. A few extracts from his poem:

Woh raat ka sannata woh ghanghore ghatain Barish ki lagatar jhadi, sard hawain Girna woh makanon ka, woh cheeqon ki sadain Woh mangna har ek ka ro-ro ke duain Jo hum ne saha hai na saha hoga kisi ne Dekha hai jo kuch hum ne woh dushman bhi na dekhe Kuch ayese diye chiraq sitamgar ne churke Ek lakqt huye qalb o jigar ke kayee tukde

Sometimes, it takes a natural disaster to reveal a great mind. The Musi floods of 1908, whichlaid bare everything that came in its way, had a silver lining too. It led to the planneddevelopment of Hyderabad and construction of Osmansagar and Himayatsagar reservoirs. The credit for the city's transformation goes to the team of experts put together by Nizam MirOsman Ali Khan.

He proposed to create impounding dams, a functioning sewerage system and bolstering the river banks. The river banks were transformed into walks and gardens. This transformation of Hyderabad actually saved it from a very huge loss.

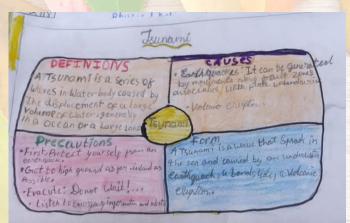
The land mafia and poor planning in recent times also need to be blamed for the disaster. One of the important things which we need to spread awareness is about preparing anemergency kit or natural disaster kit which contains essentials such as, medicines, cash, torchlight, first aid kit, water and food.

Students of C4 did a reflection activity on Padlet on the recent floods where they gave their insights on some of the videos shared. Please check out their reflections on https://padlet.com/khursheed06/sz0dewlpwx f8aih7

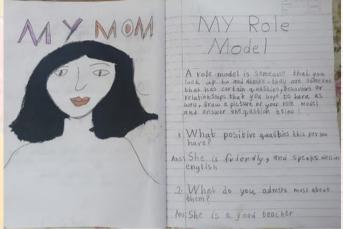
Extracts taken from: www.facebook.com/paigahsofthedeccan







Frayer's Model on Tsunami



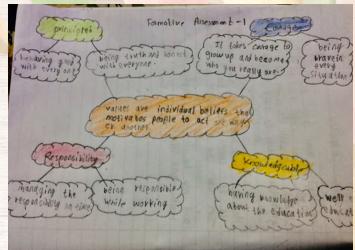
My Mom my Role Model



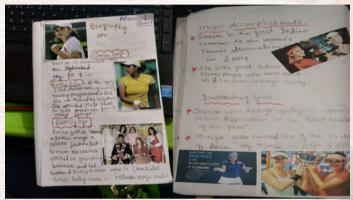
Drop-cover-hold(Left), Timeline of My Role Model(Right)



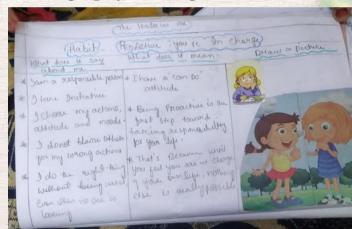
Volcano Experiment(Left), Poster on Healthy Eating(Right)



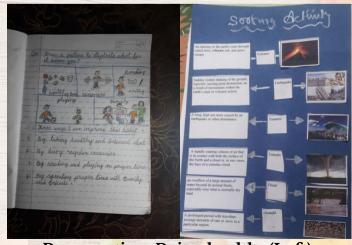
Generate-Sort-Connect-Elaborate



Biography Writing on Sania Mirza



**Effective Habit 2-Being Proactive** 



Be proactive- Being healthy(Left),
Sorting Activity- Natural Disasters(Right)

### My Feelings

By Syeda Erum Fatima, C4B

I miss my school, I miss my teacher. The love I get, Just like a mother.

Ms.Khursheed and Ms. Naaz, Are loving and caring. Which makes English and UOI, Understanding and daring.

Okati rendu, Mimira dushti. This is what I remember, From Ms Amina in Telugu.

Math for me,
Was boring and dull.
But Ms Arshiya made it,
Exciting and fun.

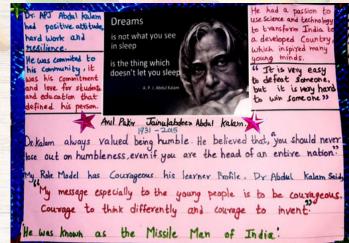
Subha baqair, We start in Urdu. Ms Imtiyaz made me, Shayar of Urdu.

Fitness and health, Was always kept in mind. Hasan sir always, Guided us from behind.

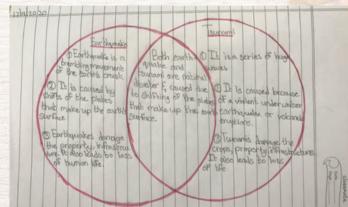
Drawing and painting, Was always my hobby. Ms. Asma in Arts sparked, The creativity in my heart.

I miss my school, I miss my teacher. I hope I am back, With a healthy future.





### Biography of A.P. Abul Kalam Azad



#### Venn Diagram on Earthquake and Tsunami

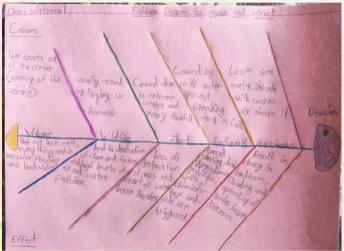




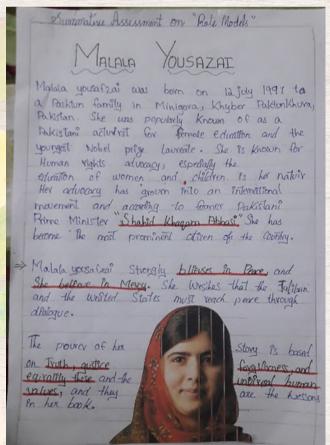
Experiment Demonstrating Forest on Fire(Wildfire)



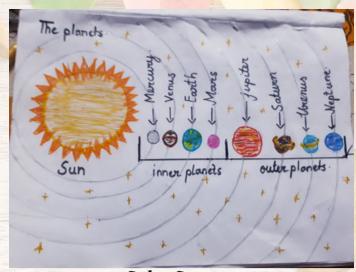
Qualities of Role Model



**Fishbone Activity** 



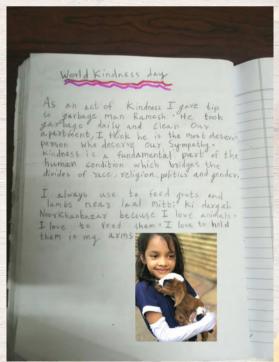
Malala Y<mark>ous</mark>ufzai As My Role Model



Solar System

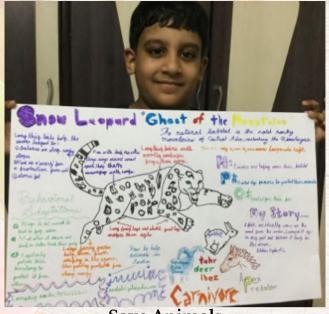


Flood



**World Kindness Day** 

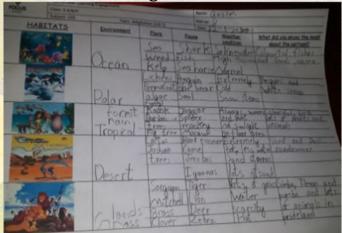
### **CLASS 3**



Save Animals

- I sorted them because they are both hand painting
- 2. these are both thearte arts
- 3. Calling apply these all include hand writting
- 4. these are related to dance
- 5. these are didital media art
- 6. these are hand craft.

### **Sorting Art Forms**



**Studying Adaptations Through Cartoons** 



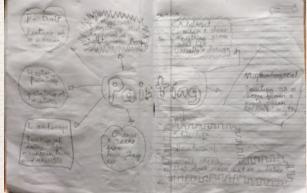
Picture Writing



Journal Writing



Chalk talk



Mindmap



Listen, Draw & Describe



Independence Day Via Picasso Art



Henri Matisse Inspired Art



Save Tiger!



Picasso Inspired Art

#### MY RATTLESNAKE

I saw a poisonous snake. It was a rattlesnake and it almost bit my foot. Suddenly I realized that it was my friend, <u>Snakey</u>. I brought it home where he made a lot of mess. I told him to clean it up. It took him a week to clean up and we both went out hunting for food. <u>Snakey</u> kept his rattle quiet while hunting because he didn't want to scare all the animals away. We didn't catch anything. So he took me to his home. He was the King of all rattlesnakes! He was my friend, but the other rattlesnakes didn't know that. I decided to go back home quickly!

By

Abbas Hyder Ali, C3A

Comprehension



Feeling Thankful



**Inquiry on Elephants** 



Physical Adaptation

### **CLASS 2**

### Awareness About Health and Well Being

By Ameena Farhat Siddiqui, Homeroom Teacher C2A & TL

Staying at home with minimum outdoor activities have given students an opportunity to stay informed and understand the importance of living a quality life.

Students of C2 have just done a virtual unit on Health and Well-being, where they gained an in-depth understanding about healthy lifestyle and balanced diet. They inquired about healthy eating food, maintaining hygiene, fitness, self-awareness, emotional and social well-being and personal safety.

The unit was a great success. Students became more mindful of their choices and learnt to prefer healthy nutritious food over junk food. The tug of war activity for healthy choices and unhealthy choices were creatively done by them. They understood the importance of personal hygiene and particularly connected it with COVID-19.

The importance of exercise and safety through germ prevention has now become their priority. They have become balanced and understand the significance of following a routine that emphasises sleeping pattern and other basic chores in their daily life. They enthusiastically participated in the Junior Master Chef, where in they prepared nutritious salads and explained about the different food groups they belong to.

Parents showed great interest in helping their child to complete the tasks and made the event a great success. It was an amazing experience for me to teach this topic virtually. Kudos to all the parents for their great efforts without whose support this event would not have been accomplished.





**Junior Chef Competition** 



Mind Map on Health and Wellbeing



Eat Well Plate

### Benefits of Being Organized

By Ms Tasneem, Homeroom Teacher C2D

"An ounce of Action is worth a ton of theory."Ralph Waldo Emerson.

Many people think that action is easy to define. It is something you do, right? But action is much more than that. Action is a part of who we are. If we want to change the world, we need to start with ourselves first. But sometimes change is hard. How do we change the way we think so we can help the world?

If we want children to make a difference in the world we need to help them personalize the action they take, and understand that it is not something enforced on them, but an outlook they develop for life.

Every teacher wants their students to take action that makes a difference to and in the world.To teach students how to keep themselves organized is a big challenge. During the unit 'Everything in Its place' students learnt how important it is to keep themselves organized and do their work on time.In the unit, I taught them how to make a To-Do list and follow it in order to complete their work on time. Usually the kids are carefree and after completing their worksheets they throw it away, but in this unit, they realised how important it is to keep everything properly arranged so that they can find it easily. They also made a DIY folder to organize their work. They have learnt the ways to organize themselves in a proper way and mastered self management skills.



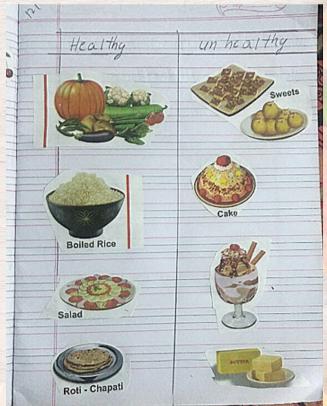
To Do List



Junior MasterChef



Portfolio Made by Student of 2D(Left), Junior MasterChef(Right)



Sorting Out Healthy and Unhealthy Food

### PP1

### NURSERY

#### No Such Breaks Please.....

By Kaikasha Anjum, HomeroomTeacher PP1B

Every single human on Earth eagerly looks forward to a break from their tight schedule at least for a few days to refresh themselves. It was mid March, high time to prepare for assessments for the end of the year. Everything came to a standstill when India went into lockdown and we thought it would be a short break, but turned into something we never witnessed in our lives till then. Each one of us has faced the consequences of COVID and the lockdowns it induced, be it via. losses, recessions or even just the way we live our everyday life, everything had changed.

Soon we had to figure out ways to move on with life while not moving out of our home. Initially, remote teaching seemed a distant dream with students merely tuning into classes for the sake of it. It was inconvenient for everyone involved- students, teachers, and parents. But as they say, practice makes one perfect. We kept at it, and as it went on, we realised that this is going to be the 'new norm', we needed to accept the fact, adjust to the situation and adapt to effective modes. With this realisation, seriousness set in and now my PPI students actually attend classes with joy and enthusiasm. They eagerly wait for the classes and that has made my job more achievable.

Under the guidance of our school leaders and through various resources like videos, articles and workshops we mastered the right skills to go about remote teaching and now we have the solutions at the tips of our fingers. But we still have a long way to go and are surely taking small steps in the right direction with a hope that everything will be back to normal. I hope and pray we return to our normal schedule and schools will reopen soon!

### Language in the Early Years

By Sara Azher, Nursery Teacher

Language development is a critical part of child development. It supports the child's ability to communicate and express and understand feelings. The techniques which we use in the early years to develop their language are reading, show and tell, role play etc. Though we take classes virtually, we could see progress in the reading skills of the kids. The first thing that we did was stress a lot on phonics which helped us to develop the reading capabilities.

Picture reading: Students easily develop their reading skills through picture reading. They learn new ways of expressing their views. Students started reading small phrases with pictures and later developed their communication, thinking and observational skills whilst building their vocabulary and confidence.

Decoding and blending:Decoding and blending of CVC words with clapping actions helped children boost their interest in reading CVC words as learning done through kinesthetic movement is always beneficial for kids. This helped the children to enthusiastically read CVC words.

Show and tell:Show and tell activity helps children to speak in front of others and develop their knowledge and confidence. We organise the show and tell activity frequently to develop student's communication and observation skills. During the activity, it was a joy to hear them speak about their favourite toy/thing.

Story narrating: The Reading Marathon helped children to become good readers and narrators. As part of the Children's Day celebration, a virtual Reading Marathon was organised. Students participated and competed with great enthusiasm and won prizes.

### **MATH**

#### Student-Led Class

By Arshiya Maryam, Math Teacher & TL

Teaching virtually has its highs and lows, but I took it as a challenge to teach Math. I attended many webinars that were being organized during the lockdown and tried to incorporate all those learnings in my classes, one of them was 'Making Teaching and Learning Interesting'. In this webinar, I learned that teaching and learning can be made interesting in basically 3 ways:

- 1. Teacher-led class ( which usually everyone follows)
- 2. Parent-led class (Class led by a volunteer parent)
- 3. Student-led class

Student-led learning gives kids permission to make mistakes and to "try, try again," which leads to greater achievements. It encourages children to think for themselves, rather than simply following instructions, from an early age.

Taking Student-Led class was really an amazing experience. The day I announced that I would be conducting a class which would be led by students, they got really excited about being a 'Teacher'. I chose the topic Angles and divided the concept into small chunks. It was the student's choice to select a topic, prepare, inquire, take real-life pictures and present it in the form of PPT. During the presentation, students were asking doubts with their peers and I was glad to see how confidently and with the proper explanation they were clearing the doubts. Children have a lot in mind, but are a little apprehensive and need the motivation to answer the questions posed to them. Given a chance to explore, you never know they would come out with amazing answers.



Student Explanation

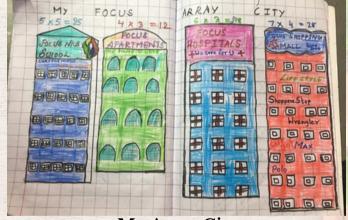


Real Life Examples Collected by Students

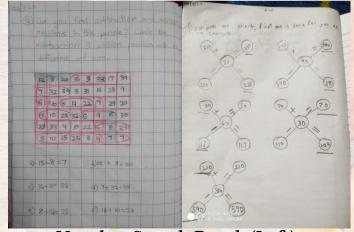
### RIGHT ANGLE 90 DEGREE



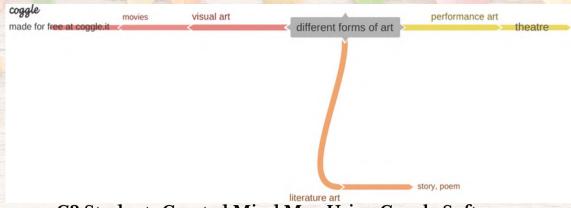
**Finding Out More Examples** 



My Array City



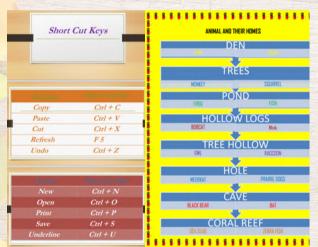
Number Search Puzzle(Left), Interconnecting Operations(Right)



C3 Students Created Mind Map Using Coggle Software



C4 Students Created Diagram Using **LUCID Chart** 

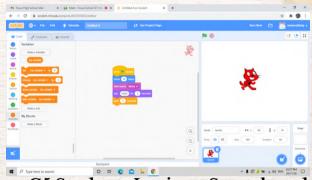


C2 Students Learnt to Write Short Cut Keys in a PowerPoint Document(Left), C3 Students Inserted SmartArt in a Word Document(Right)

SHANAYA CHUNARA

2A				
<u>Fruits</u>	<b>Vegetables</b>			
Mango Apple	Tomato			
	Ladies Finger			
Strawberry	Paneer			
Grapes	Carrot			
Banana	Potato			

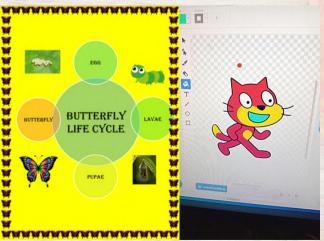
C2 Students Inserted Table in a Word Document by Exploring Font Styles



C5 Students Login to Scratch and **Started Writing Coding** 



C4 Students Started Exploring Prezi **Features** 



C3 Students Created Life Cycle by Exploring Word Features(Left), Toddle\_STUDENT\_EENs5TlS(Right)

### LIBRARY

#### **READING MARATHON**

By Asma Fatima, Librarian & HoD

"Today a reader, tomorrow a leader." – Margaret Fuller.

Hosting a Reading Marathon is a great achievement! It took a lot of effort to extract their love for reading. to get more students to read, for this marathon every student had to read two books per every week. There are many benefits to reading, it helps to:

- build vocabulary,
- improve spelling,
- strengthens comprehension,
- reduces stress,
- improves writing and memory skills,
- broadens your world.

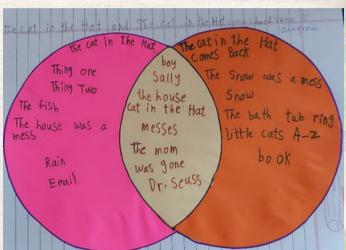
The best part is the fact that reading resources are easily available all around you; like the Focus Library, Read Along App, Caribo App & Our school virtual library.

The idea of having a marathon was student initiated and it set the ball rolling. During our Guided Reading sessions last year, a group of students read the book "Hungry to read" by Arti Sonthalia and wanted to implement the idea. In the present scenario and the countless issues faced by the students in the new normal, it all just slips away when you lose yourself in a great story. A well-written novel can transport you to other realms, while an engaging article will distract you and keep you in the present moment, letting tensions drain away and allowing you to relax. For an avid reader, this was an engaging activity to win this competition. I'm pretty confident that the reading marathon will bring about a tremendous change in our students by enhancing their overall language skills.

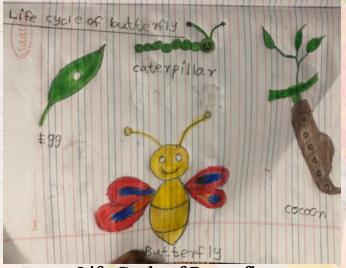
It was nice to see so many students excited to read books and I hope they take forward this passion for reading and turn into lifelong readers. To sum up, the reading marathon is a great way to help students reach their reading goals. It is quite fascinating and rewarding to see students geared up for this challenge and working against the clock to meet their target.

Competing for reading is impressive and I'm sure you are all waiting for Reading Marathon Season 2!!!

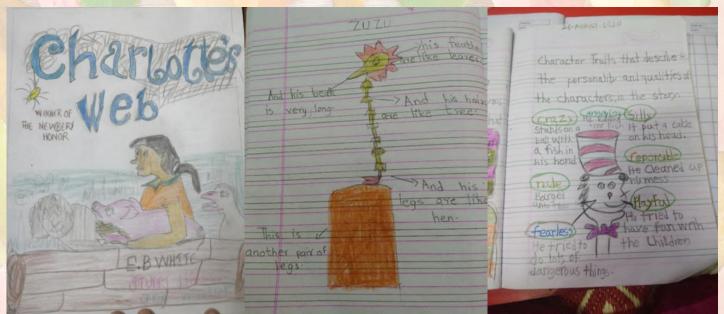




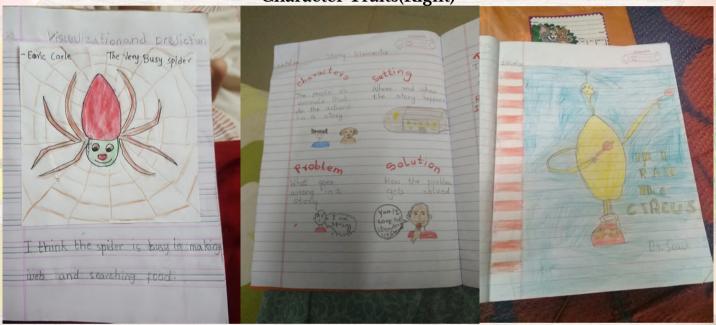
Sorting Similarities and Differences



Life Cycle of Butterfly



Novel Study: Charlotte Web(Left), Character Description(Center), Author Study-Character Traits(Right)



Visualization and Prediction Task(Left), Identifying Story Elements(Center),
Designing the Cover Page (Right)



Head to Toe Activity(Left), Author Study -Sequencing Activity (Center), Grouchy
Lady Bug(Right)

### HINDI

#### नव प्रयास

By Neeta Mishra, Hindi Teacher & TL

मंजिल पर जिन्हें जाना है, तुफानो से डरा नहीं करते

तुफानो से जो डरे ,मंजिल कभी पाया नहीं करते ||

नव प्रयास क्या है? नव प्रयास मानव जीवन के लिए क्यों आवश्यक है ? कहा जाता है की नव प्रयास जीवन के लिए एक नई किरण है| नव प्रयास एक नई कोशिश है|कोरोना की महामारी के कारण सभी का जीवन निराशं पूर्ण हो गया था| हर किसी को घर पर ही रहना पड़ता था| कुछ दिन तो घर पर रहना सभी को अच्छा लग रहा था| लेकिन कुछ समय के पश्चात सभी को बोरियत होने लगी थी| विशेष रूप से बच्चे जो की नित्य विद्यालय आते थे| वे विद्यालय के परिसर मे नई — नई गतिविधि मे भाग लेते थे| महामारी के कारण विद्यालय आने पर रोक लगा दी गई | जिस से छात्र निराश होकर घर पर ही विश्राम करने लगे | कहा जाता है कि -आवश्यकता ही आविष्कार की जननी है |

इसी नई उमंग तथा नये उत्साह के साथ संचार के माध्यम के द्वारा कक्षाएं प्रारंभ की गई। जिसमे छात्रों ने उत्साह के साथ भाग लिया। <mark>छात्रों</mark> को कक्षा मे रुचि बने रहने के लिए अध्यापिकाएँ नई- नई गतिविधि का उपयोग करती है| ऑनलाइन शिक्षा के कारण छात्र घर पर ही रहकर शिक्षा ग्रहण कर रहे है | जीवन मे नई रचनात्मकता आ <mark>गई है ,</mark> वे अपने कार्य को स्पष्टता और सरलता के साथ पूर्ण कर रहे है <mark>| ऑनला</mark>इन शिक्षा के कारण अभिभावक भी व्यस्त हो गए है | कुछ <mark>अभि</mark>भावक तो इस प्रकार की शिक्षा का आनन्द ले रहे है ,उनका कहना की बच्चो के साथ वे भी अपनी शिक्षा को स्मरण कर रहे है | उनको लगता है की ऐसी शिक्षा यदि वे प्राप्त करते तो अभिभावक को बहुत अच्छा लगता | लेकिन थोड़े अभिभावक का यह भी कहना है की ऑनलाइन शिक्षा के कारण जो नित्य कार्य होते है वे सही नहीं हो पाते है | आप अपने दृष्टिकोण बदलिए और यह विचार कीजिए | <mark>छात्रों को शिक्षा घर पर ही रहकर मिल रही है | गाँधी जी ने भी कहा है</mark> की व्यक्ति अपने विचारो से निर्मित प्राणी है,वह जो सोंचता है वही बन जाता है |यदि आप ऑनलाइन शिक्षा को भार समझ रहे तो वह सही नहीं है,कृपया अपने विचार सकरात्मक रखिए |

प्रयत्न व्यक्ति को सदा करते रहना चाहिए | कोशिश करने पर कोई कार्य असंभव नहीं है | जैसे की शिशु संसार मे आता है तब उसे चलना नहीं आता है | बालक जब पहली बार चलता है,तो वह गिर जाता है और तब वह चलना नहीं छोड़ता है,बल्कि पुन :चलने का प्रयास करता है |अगर हम गलती नहीं करेंगे,तो प्रयास कैसे करेंगे | कभी कोई कार्य करते हुए त्रुटी हो जाए तो हमे घबराना नहीं चाहिए ,बल्कि आगे बढकर प्रयत्न के द्वारा पुन ; गलती ना हो इस प्रकार कोशिश करनी चाहिए | मैं पत्थर पर लिखी इमारत हूँ ,शीशे से कब तक तोड़ोगे मिटाने वाला मैं नाम नहींतुम मुझको कब तक रोकोगे तुम मुझको कब तक रोकोगे |(अमिताभ बच्चन)



Presentation of Hindi Poem



Character of Bhagat Sigh for Hindi Event



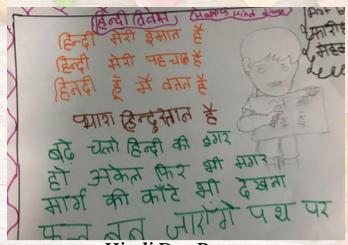
Hindi Synonym



Learner Profile



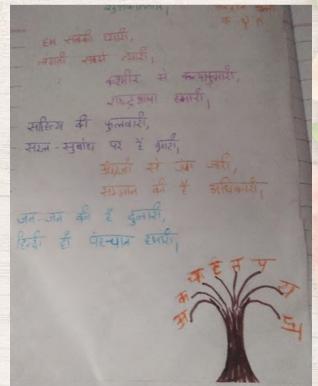
Integration of their Unit



**Hindi Day Poster** 



**Hindi Day Poster** 



**Hindi Day Poster** 

### URDU





Poerty of Dr Mohammed Iqbal (youme-urdu) by Mohd. Abdul Nafey C4C

سی کی دیا علامہ اقبال الب یہ آتی ہے دعا بن کے تمنا میری الب یہ آتی ہے دعا بن کے تمنا میری اردگی شمع کی صورت ہو خدایا میری الب دور دنیا کا مہے دم سے اندھیرا سوجائے البر میرے چکنے سے اجالا ہو جائے البو مرے دم سے یونی میرے وطن کی زینت جس طرح پھول سے ہوتی ہے چن کی زینت

زندگی ہو مری پروانے کی صورت یارب علم کی شمع سے ہو مجھ کو محبت یارب ہو مراکام غریبوں کی حما پت کرنا دردمنزوں سے ضعیفوں سے محبت کرنا مرے الٹار! برائی سے بچانا جھ کو نیک جو راہ ہو اس رہ پہ جلانا مجھ کو

Nazam Lab Pe Atti Hai Dua (Dr Iqbal, youm-e-urdu) by TABINDA C4A

#### اردو زبان ہماری:

By Imtiyaz Begum, Urdu Teacher & TL

<mark>اردو ہے</mark> میرا نام میں خسرو کی پہیلی

(میں میر کی ہمراز ہوں غالب کی سہیلی( اقبال

<mark>بہت</mark> سے لوگ ہے جوآج بھی اردو بولتے ہیں پر کبھی یہ سونچ <mark>کر ڈر بھی</mark> لگتا ہے کہ کہی اردو زبان تاریخ کا حصہ بن کرنا رہے <mark>جائے۔ پھ</mark>ر اختر شیرانی کایہ شعر بھی یاد آتا ہے۔

<mark>مٹ جائی</mark>ں گے مگر ہم مٹنے نہ دیں گے اس کوہے جا ن و دل سے (پیاری ہم کو زباں ہماری (اختر شیرانی

<mark>یوں</mark> تو اردو ہماری مادری زبان کہلاتی ہے ، پر ان کے تلفظ کی <mark>اصل</mark> اب کچھ ہی حد تک باقی رہ گئی ہے۔ اردو بولنا پڑھنا لکھنا <mark>بہت م</mark>شکل کام کی طرح لگاتا ہے پر کوئی مجھ سے پوچھے تو <mark>میں ک</mark>ہونگی کہ یہ اتنا بھی مشکل کام نہیں ہے ۔

اردو کو پڑھنے کے لئے میں نے بچوں کے آپس میں مقابلے بھی کرتی ہوں ابھی کی بات ہے کے انھیں میں نے چند الفاظ یا جملے پڑھ کر سنائیں اور پھر طلباء کوکچھ وقت دیا گیا جس میں وہ خود سے انھیں پڑھنے کی کوشش کریں بعد اس کے انھیں وقت کی قید کے ساتھ الفاظ اور جملوں کو پڑھنے کے لئے کہا گیا اوراس مقابلے میں انھیں دئے گئے وقت کے مطابق یا اس کے اندر زیادہ زیادہ الفاظ اور جملوں کو پڑھنا تھا اس میں بچوں نے مزہ بھی کیا اور ان کو اس طرح سے پڑھنا بھی آسان

آج کل بچوں کو لُڈو کھیلنا تو ہے حد پسند ہے میں نے اس کا فائدہ لیتے ہوئے ان کے ساتھ اسی کھیل کے ساتھ انھیں حروف , الفاظ کو پڑھایا اور ان کو لکھایا بھی بچوں کے لئے کھیل تھا پر اس کے ذریعے انھیں نے جو سیکھا انھیں وہ یاد بھی رکھیں گے۔ جیسے لُڈو کے ڈائس پر آئے نمبر کے ساتھ انھیں کوائن کو جس جگہ پر رکھنا ہوگا اس پر لکھے حروف کے ساتھ انھیں لفظ بولنا ہوگا یا انھیں سارے کوائن جہاں جہاں ہوں ان حروف کو ملا کر الفاظ بنانے ہونگے اسی طرح حروف الفاظ اور جملے بہت کچھ پڑھا اور لکھا جاسکتا ہے۔ بس ایسے ہی کچھ چیزیں نئے نئے اندز اور مقابلوں کے ذریعے بچوں میں اردو زبان کو پڑھنے کے لئے دلچسپی پیدا کی جاسکتی ہے۔





Nazam Ek Kawa Pyasa Tha by( Batool Fatima C2 A)



Nazam Chidiya Rani by (Mohammed Abdul Rehman C2A)(Left), Nazam Abbu Laye Motor Car by (Mirza Hassan Abbas C2 A)(Right)



About Dr mohammed Iqbal (youm-eurdu) by (Mutahar Ahmed C4A)



Nazam Murghi Aur Chidiya by (Mohammed Ali Khan C2A)



### چنداماما

ماما ،چندا ماما گھر سے جلدی واپس آنا ہم بچپن کے ہیں ہم جولی مل کر کھیلیں آنکھ مچولی بادل پار ہے دیس تمھارا كيسا انوكها بهيس تمهارا کرنوں کی اک سیڑھی لے کر چھم چھم اس سے آؤ اتر کر تم سب کے دل کو بہلانا گانا پیارے نغمے یہ سمجھانا ، یہ بتلانا بڑا انمول مل جل کر سب رہنا بھائی کهانا تم سب دوده ملائی



Nazam Chanda Mama by (Huriya Tanzila C2D)

### **TELUGU**

### <mark>"మాతృభాష తెలుగును ప్రేమించండి"</mark> By Amina Nawaz, Telugu Teacher & TL

<mark>"అమ్మ చే</mark>తిలో గోరు ముద్ద తెలుగురుచి రాగాల పాల ముద్ద <mark>తెలుగుఅమ్మ</mark> రూపమే… భాషఅమృత జలపాతం… నా తెలుగు <mark>భాష"\_\_ యు</mark>వ శ్రీ మురళి తెలుగు భాషా పండితులు

<mark>శిశువుకి తొలి</mark> గురువు అమ్మ. ఆ అమ్మ ఒడి నుంచి నేర్చుకునే భాష <mark>మాతృభాష.</mark> దేశ భాషలందు తెలుగు లెస్స అని అన్నారు శ్రీ కృష్ణ <mark>దేవరాయ</mark>లు.తెలుగు ప్రాశస్త్యం గురించి చెప్పారు.మన తెలుగు <mark>భాషకు</mark> చాలా ప్రాముఖ్యత ఉందన్న సంగతి మనము <mark>తెలు</mark>సుకోవాలి.ముఖ్యంగా మనం తెలంగాణ రాష్ట్రంలో, తెలుగు వారమైన మనం ఖచ్చితంగా తెలుసుకోవాలి.ఎందుకంటే రాష్ట్ర భాషా అయినప్పటికీని మరియు మన బోధన ప్రక్రియలో మొదటి మరియు <mark>ద్వితీ</mark>య భాషగా ఉంది. చాలా మందికి ఈ విషయం ఇప్పటికి <mark>తెలియ</mark>కపోవచ్చు. ఏమిటంటే ప్రపంచ ఉత్తమ లిపిలలో రెండవ <mark>ఉత్తమ</mark> స్థానంలో తెలుగు భాష నిలబడి ఉండటం మనకు గర్వించదగ్గ విషయం. ఇంతటి ప్రాధాన్యత ఉన్న తెలుగు భాషను వదిలి పరాయి వ్యక్తీకరణకు వినియోగించడం <mark>బా</mark>ధేస్తుంటుంది. అన్ని భాషలు నేర్చుకోవాలి కానీ మన మాతృభాష <mark>మరియు రాష్ట్ర</mark> భాషను మనం మరవకూడదు.మనం మన తెలుగు భాషను కాపాడుకోవాల్సిన బాధ్యత కూడా మనదే అన్న సంగతి <mark>అంద</mark>రూ గుర్తుపెట్టుకోవాలి. కవులు,పండితులు, మేధావులు అఖరికి <mark>విదేశీలు</mark> పరభాష పాలకులు కూడా మెచ్చుకున్న భాష తెలుగు <mark>భాష.తె</mark>లుగు నశించడానికి అసలు కారణం తెలుగు వారే. పరిస్థితి ఇలాగే సాగితే మరొ కొన్ని సంవత్సరాల తర్వాత తెలుగు భాష చరిత్రలో కలిసిపోవడం ఖాయం. ఏదిఏమైన " తెలుగు భాషను <mark>కాపా</mark>డుకుందాం, తెలుగు వెలుగులను అందరికి పంచుదాం"

భాషలో అందం ఎలా కావాలంటే అలా మలచుకునే భావం సంగీతంలా వినిపించే పలుకుబడి ప్రపంచంలోనే తెలుగు భాషను గుర్తించింది. ఇలాంటి తెలుగు భాష పరిస్థితి రోజు రోజుకి భాషాభిమానులకి కన్నీరు మున్నిరు తెప్పిస్తుంది.మాతృభాషలో బోధన,మాతృభాషలో పాలన అనేది తెలుగు రాష్ట్రాలలో కేవలం మాటలకే పరిమితమయింది. నీతులు చెప్పేందుకే కానీ ఆచరించేందుకు కాదన్నట్టుగా మారింది పాలకులు పరిస్థితి. భాష అభిమానం ఉన్న కొంతమంది భాషను బతికిస్తామన్న ముందుకు వచ్చిన పట్టించుకునేవారు ఎవరు లేకపోవడంతో పరభాష విజ్ఞానం పెరుగుతుంది.అమ్మలాంటి తెలుగు భాషను కాపాడుకోవడానికి విద్యార్థి దశ నుంచి చర్చలు అనేది ప్రారంభం కావాలి.

"తెలుగు భాషలోనే చదవండి....చదివించండి.తెలుగు భాషలోనే మాట్లాడండి.... మాట్లాడించండి.తెలుగు భాషకు వెలుగులద్దుదాం.... ప్రపంచానికి చాటి చెప్పుదాం.తెలుగు భాషతోనే సమాజాన్ని నిర్మిద్దాం....తెలుగు భాషకే పట్టం కడదాం".

### కాలం మార్పులు

By Rudrinka Prathyusha, Telugu Teacher

కాలం అనేది అమూల్యమైనది. గడిచిన క్షణం తిరిగి రానిది, కాబట్టి ప్రతి క్షణాన్ని వృధా చేయకుండా చూసుకోవాలి. కాలా<mark>ను</mark>గుణంగా ఎన్నో మార్పులు వస్తుంటాయి. ప్రతి వస్తువులో కాని, ప్రదేశంలో కాని, మనిషిలో కాని, <mark>చివరకు</mark> ప్రకృతిలో కూడా మార్పు సహజం. మార్పు అనేది మంచ<mark>ి కోసం</mark> జరగాలి. మంచిని ప్రేరేపించడానికి, పెంపొందించడానికి జ<mark>రగాలి.</mark> ప్రపంచంలో కాలనుగుణంగా ఎన్నో మార్పులు జరిగాయి.

మానవ మేధస్సు చాలా అతీతమైనది మానవుడు తలచుకుంటే ఏదైనా సాధించగలడు.నాటి విద్యకి నేటి విద్యకి చాలా మార్పులు ఏర్పడ్డాయి. ఒకప్పటి విద్య పుస్తకాల్లో ఉంటే, నేటి విద్య సామూహికంగా అన్నిటిని తనదైన శైలిలో కలుపుకుంటు విరివిగా విస్తృతంగా వ్యాపించింది. నాటి విద్య కోసం విద్యార్థులు ఉపాధ్యాయులు పాఠశాలలకు, గ్రంధాలయలకు వెళ్ళేవారు, కాని కాలం మారుతున్న కొద్ది విద్యా విధానంలో కూడ మార్పులు సంభవించాయి. మానవుని మేధస్సు కంప్యూటర్, ఇంటర్నెట్ గూగుల్ అనే సాధనాలను ఒక్కొక్కటి కాలనుగుణంగా గుర్తించడం మొదలు పెట్టింది .దీని కారణంగా విద్యార్థులు ప్రతి విషయాన్ని క్లుప్తంగా తెలుసుకొనగలుగుతున్నారు. ఒకప్పుడు గ్రహంబెల్ కనుగొన్న టెలిఫోన్ నేటి కాలానికి అనేక మార్పులను సంతరించుకుంటూ రూపాలు మార్చుకుంటూ విరివిగా ఉత్పాదన కొనసాగిస్తున్నది. ఈ ఉత్పాదన వలన విద్యార్థులకు,యువకులకు ఎన్ని ఉపయోగాలు ఉన్నాయో అంతకు అంత నష్టాలు ఉన్నాయి

#### లాభాలు:-

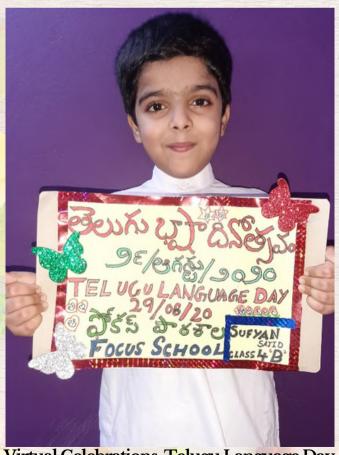
నాటి కాలంలో విద్యార్థులు ఏదైనా విషయాన్ని గురించి తెలుసుకోవడానికి పెద్దవాళ్ళను సంప్రదించాల్సి ఉంటుంది లేదా గ్రంధాలయానికి వెళ్ళి చాలా సమయాన్ని కేటాయించవలసి వచ్చేది, కానీ నేటి కాలంలో విద్యార్థులు అ అవసరం లేకుండా వారు ఉన్న ఫోన్లో ఇంటర్నెట్ సహాయంతో సమాచారాన్ని సేకరించగలుగుతున్నారు. దీనికోసం ప్రత్యేకించి ఎవరి దగ్గరికి వెళ్ళవలసిన అవసరం లేకుండా వారికి వారే కావలసిన సమాచారాన్ని తక్కువ సమయంలో సమాచారాన్ని పొందగలుగుతున్నారు.ప్రతి 100 సంవత్సరాలకు ప్రపంచాన్ని వణికిస్తూ ఏదో ఒక మహమ్మారి వ<mark>ంటి</mark> వ్యాధులు ప్రభలుతున్న ఈ 20 వ శతాబ్దంలో కరోనా అనే మహమ్మారి వ్యాధి వచ్చిన మన విద్యా శాఖ మాత్రం మారిన కాలానికి <mark>తగ్గట్టు</mark> మానవ మేధస్సును అతీతం చేసుకుంటూ టెక్నాలజీని మరింతగా పెంపొందించి ఇంటి వద్దనే విద్యార్థులు,ఉపాధ్యాయులు ఆన్ లైన్ లో విద్య అనే సాధనాన్ని ఉపయోగించారు. ఉపాధ్యాయులు, విద్యార్థు<mark>లు</mark> ఆన్లైన్ విధ్యను అభ్యసిస్తున్నారు.

"కాలం ఆగలేదు అలాగే నేనేమి తక్కువ కాదు అంటు మార్పు ఆగలేదు" కాలంతో పాటు విద్యా విధానంలో కూడా మార్పులు సంభవించాయి. ఒకప్పుడు పాఠశాలలో అభ్యసించే విద్యను ఇప్పుడు ఇంటి నుండి అభ్యసిస్తున్నారు. కాలం మారింది, విద్య విధానం మారింది. మార్పు మంచికే జరగాలి, చెడుకు జరగకూడదు. అయితే మంచి తో పాటు చెడు కూడా సావాసం చేస్తుంది. అలాగే మన ఆన్లైన్ సేవలో చెడు కూడా ఉంటుంది. అయితే విద్యార్థులు ఆన్లైన్ లో విధ్యను మంచికై ఉపయోగించుకుంటున్నారు లేక చెడుకు వినియోగించుకుంటున్నారు, అనేది గమనించవలసిన విషయం .

ఆన్ లైన్ లో విద్యను అభ్యసించే టప్పుడు, తల్లిదండ్రులు ఇద్దరు సంపాదనకై ఉపాధి కొరకు పరుగులు తీస్తున్నారు. కానీ తమ పిల్లలు చెడు ప్రభావాలకు లోనుకాకుండా తల్లిదండ్రులు సలహాలను సూచనలను నిరంతరం ఇస్తూ అవగాహనను కల్పిస్తూ, జాగ్రత్తలు చెబుతూ, మంచి మాటలు తెలుపుతూ, అనుకూలమైన మాటలు అనుకూలమైన వాతావరణాన్ని కల్పించాలి.



Poster of Telugu Language Day Virtual Celebrations by C3



Virtual Celebrations-Telugu Language Day



**Achulu Letters** 



**Character of Telugu Story** 



**Achulu with Words** 

### PHYSICAL EDUCATION

### Significance of Physical Education

By Hasan Nawaz, Physical Education Teacher & TL

Physical education is that part of education which takes place through activities which involves the motor mechanism of the human body and which result in the individual formulating behaviour patterns.

Generally, physical education is associated with the competitive sports or development of muscles with physical activities. Physical education is an integral part of education. It has been simply defined as instruction in the development and care of the body. It is the overall development of young people to develop their physical, social and emotional <mark>hea</mark>lth as well as their intellect. Physical education or physical training has assumed importance only during the last few years. This occurred after educationists realised that physical education activities also develop the minds of the students.

#### The skills of Physical Education:-

- Skills Development to attain skills such as strength, sports IQ, speed, power, endurance, and overall fitness.
- Sportsmanship Participation is more important than winning.
- · Good health.

Physical education allows children to experience healthy social interactions as part of a team. Physical activity is a great way to relieve stress, promoting positive mental health and enhance learning aptitude. The aim of physical education is the wholesome development of the personality of an individual which means making an individual physically fit, mentally alert, emotionally balanced, socially well adjusted, morally true and spiritually uplifted.



**Catching Practice** 



**Balancing Activity** 



Yoga-For Health & Wellbeing



**Eye & Hand Coordination** 



**Strengthening Activity** 



**Core Strengthening** 







#### **Education Amidst the Pandemic**

By Junaid Ziaee, Parent of Tabinda Ziaee

It's been nine months now since the lockdown started due to the pandemic around the globe and the whole world has gone upside down. Factories, companies, schools, colleges, hospitals, parks, colonies, cinema halls, malls, hotels, shops, markets, etc were all shut down. The epidemic due to Corona first started to cause uneasiness, then fear, irritation and panic everywhere due to which work in each and every institution slowed down and then ground down to a halt for a seemingly neverending period.

The worst to get hit was the Educational institutions, and because of the stagnancy in the mode of education, studying and teaching has become very difficult. Safety precaution are to be taken for every scenario but in this case when the opponent is invisible and very tiny where, neither the naked eye can see nor the mind can feel the presence through the use of any of the senses, the challenge is quite dominating. Even in this negative atmosphere, there is light at the end of the tunnel. As the saying goes, by and large, work has started in all sectors of the society keeping in mind the safety of everyone, because of the undying and fighting spirit of the frontline workers, health officials and researchers who are bringing back life into the normal routine. Thus, schools and colleges have opened virtually, that is, the world of online education is up and running, much to the delight of the learning community.

Alhamdulillah and thanks only to the Almighty God, teaching in all schools and colleges has started from some months now through most of the applications commonly known as apps nowadays. Home Schooling which was but a far fetched thought has become a necessity. Nevertheless, my say at the conclusion is that seeing, reading and realising the many harmful after-effects of over usage of the internet and over-dependence on the screen time, gives us many answers unsolved, which are being felt by teachers and parents alike keeping in mind

that education should not stop and also that the health of the child should not be compromised and so changes are being done and are constantly being done in this regards and hopefully, things will get much better.

By God's grace, I have been working in the field of education for the last 20 years and have been fortunate enough to have taught in various schools, institutes and colleges both in India and abroad. Seeing the situation now, the way education is being taught is a reality which we all are facing, something none of us imagined. I am very happy by the strength, positive outlook persistence, determination shown by parents, children and teachers. God willing, the ray of hope and positivity will touch every sector and industry running, where jobs have been very badly hit. I am confident that the children of today will lead the way with hope, brightness and positivity everywhere and be torchbearers in any field in the years to come.....A student signing off in search of knowledge.....



Waiting to go to School!

By Zubaida Mahmood Ali, Parent of Asma A.,

Hasan A & Abbas A.

"Come on beta, wake up! It's time to get ready for school!" This is the first thing I tell my kids as I wake them up in the morning. The routine is the same, start with the 3 B's: bathroom, brush and breakfast. The next few steps are where it all changes, before they had to wear a uniform and go to school, now they just change their clothes and log in to attend classes.

Given our situation, I'm grateful that online school is available for my kids but I've come to

realize that school is much more than just a place to be educated. Kids get freedom at school that they don't have at home. They're free to learn, to interact, to play, to explore, to experiment and to ask questions. Now staying at home, their activities are limited and they're unable to express themselves as freely as before. Children need peers and learn best when they are surrounded by a learning environment.

At school, kids learn important lessons on social behaviour as well. They learn how to make friends, play with each other, include everyone, how to communicate and willingly try new things as long as their friends are with them. Their creativity knows no bounds. My kids keep asking me, when they can go back to school, to meet with and talk to their friends. Or when can their friends come over? The bonds of friendship that develop require kids to interact with each other in person rather than online.

My children talking to their teachers and interacting with them in person. The teachers are doing an excellent job by trying to maintain the level of education our children receive despite being limited themselves. However, it is not the same. Online doesn't have the same feeling, the same experience as actually being in a school, in a classroom, sitting with friends while the teacher is filling young minds with wonderful things that make their imagination soar!

I am grateful to all the teachers' hard work in trying to make learning still fun and interactive for their students. Nevertheless, my children and I are looking forward to when it is safe for the school to reopen and we all get our freedom back!



### Shaping the Identity

By Sumayya Samreen, Parent of Sufyan Sajid-C4B

School and education was just - a lesson, a story, question and answer or fill-ups for him. Speaking in English was just - good morning, thank you, yes or no. My child didn't know what inquiry meant at all. Now, after six months at Focus School, he is at a stage where he met with himself and actually realised his true potential. Focus School provided a platform where my child met with the world which was out of the limited area of the textbooks, where the child was expected to learn only that which was provided between the pages of a textbook. When I enrolled my child in an IB school, I was nervous about how my child would study without textbook guidance. But now, it gives me immense satisfaction to see him doing wonders, inquiring and connecting the knowledge gained to the real world in which he lives. He now speaks the English language with newfound confidence, asks questions around the family, gives and accepts challenges, and much more

Sufyan was new to PYP and confused to a great with terminology its transdisciplinary nature itself. The outbreak of pandemic led to learning through gadgets, which was another challenge he had to conquer. With a great deal of guidance from teachers and the coordinator, my child managed to overcome all barriers and gained confidence. I liked the concept of introducing children to themselves with the help of learner profiles. He became more caring, thinker, balanced and principled. He started taking risks, showing courage, and is becoming knowledgeable. He was often hesitant to speak but now is eager to show his talent.

I saw a new Sufyan Sajid. I realised that if we give little access, what wonders a child can do. Where he used to watch 'Veer The Robo Boy' on YouTube, he started watching videos of types of forces, multiplication facts, Mangalyaan mission, APJ. Abdul Kalam, Kabir Das ke dohe, DIY paper crafts, making working models and physical exercises at home.

Writing which was just a story based from textbooks, changed to informative writing or picture composition, where he gathered information and started writing with a script in his mind. The computer which was just a machine for him now became a learning tool where he is able to create different presentations, add links, share his screen, explore different apps, and compose a mail to his respective teachers, a skill, and he was unaware of.

The virtual library is another great resource which helped him realise that there are many books, excluding the syllabus, where he can read anything he liked. Choosing Toddle as a platform to enhance learning not only organised all the students' work but also made task completion easy to a large extent.

I have seen a drastic development and a complete transformation in my son. I would like to thank all his teachers for giving him new challenges in each subject and not to forget, the school Principal, Minhaj Sir and Vice Principal, Sheherbanoo Ma'am for their constant appreciation that helped in boosting my child's confidence.



Taking Learning Forward

By Arjumand Fatima, Parent of Musab Nawaz

C4C

I have seen my son connect learning to his present situation several times.

He still remembers the topics discussed in his early school years and never misses a chance to bring about a positive change.

During the recent rainfalls in the city, Musab applied his knowledge gained through the uniton Natural Hazards and the preventive measures taught to deal with each calamity. He kept a watchful eye on news updates and made sure all gadgets - mobiles, power banks, emergency lights, torches, laptops etc. were charged in case there was a power cut. He stocked up some essentials like grains, bread, eggs and jam to avoid frequenting outdoors in the rain. He even went a step ahead to blow his pool float to be on the safer side.

This thoughtful initiative by a 9-year-old is applaud-worthy keeping in view the other distractions he faces every day. Soon after the rains stopped and the weather forecast showed sunny days ahead, he went out with his father to see the areas affected most and was devastated to see their losses. He came across a cow in search of food, eating from a polythene bag and then it started taking the plastic into its mouth. Musab went near the cow and pulled the plastic bag out of its mouth. He then picked up other polythene bags lying around which can pose threat to stray animals that feed on litter.



### Taking Action

By Atiya Fatima, Parent of Daniya Baseer C2D

I have often heard Daniya's teacher asking her students their understanding of the lesson that was just delivered and how they plan to apply their knowledge in making their home, society or the world a better place. This has subconsciously prompted my daughter to come up with responsible, thoughtful and meaningful action that will make an impact in her surroundings. It is always a proud moment when I see her connect learning to the surrounding.

Taking action gives a sense of purpose to students learning through experience and enables their voice to shine through. This is extremely empowering as it is not just a mandate from teachers and parents, but a life long mindset they develop.

However, taking action is not always easy. During their unit 'Everything in its place', Daniya made several 'Daily Routine Charts' and spotted errors in it herself. Either she missed adding a routine or the timings she predicted were not working out. With a new idea each day, she went on trying. About a week later, she was able to see her scheduler chart giving her the desired results. This is the kind of real-world learning I was happy to see develop in my child. The motivation to sustain and persevere through setbacks is an integral part of our learning process.

Anyone can be an action-taker and there is no such thing as a small action. What started as a trial and error based scheduler chart developed into a task tracker over the months and eventually a goal setter during the Reading Marathon Week. She was able to figure out the number of books she can accommodate in a week and worked rigorously throughout the day to complete her tasks within the scheduled time frame. This small act of sticking to a routine helped her with her sleep patterns too and she proudly shared it with her classmates during their next unit on 'Health and well-being'.

T	Week: August-03→08					
Activities	Mon	TUE	WED	THUR	FRI	SAT
Brush and fresh uD	<b>/</b>	/	/	/	/	~
Break fast	/	/	/	/	/	/
Attend class	/	/	~	/	/	-
Clean my room	~	/	1	-	/	~
Attend class	/	/	/	/	/	-
Lunch	~	<b>/</b>	/	/	/	1
Watch TV/play	~	/	/	/	/	/
Home work	~	/	/	/	/	/
Sleep	/	/	~	/	V	~

#### Virtual Learning

By Reshma Minsaria, Parent of Shafaat Minsaria 5A

Every cloud has a silver lining! This phrase stands very true in current circumstances. Although the recent time seems bleak, there were a few positive outcomes as well:

- We could spend quality time with our loved ones
- Most children utilized their time by productively engaging themselves in mastering new skills.
- Virtual learning came as a blessing in disguise to keep children constructively busy. Children enjoy learning and at the same time teachers are giving their best to make them learn and understand all concepts.

At the end of the day, hats off to all the teachers and students for making virtual learning a great success!

#### Article on Floods in Hyderabad

By Arsheen Jamal C4A

Flood have large social consequences for communities and individuals.





It include loss of human life, damage to property, destruction of crops, loss of live stocks and deterioration of health conditions owing to waterborne diseases.





Affects: Water damage from flooding produce a veritable cornucopia of health and safety risks if water is not immediately cleaned up, including structural damage, electrical damage and risk sharp glasses and metals.





Deal with situation: Flash floods can come with no warning cause outages, disrupt transportation, damage buildings and create landslides

- a) Evacuate if told to do so.
- b) Move to higher ground or floor.
- c) Stay where you are.
- d) Make a plan for your households including your pets so that you and your family knows what to do? And where to go? \* To protect yourself from flood & COVID-19.









### INDEPENDENCE DAY CELEBRATION TIMELINE ACTIVITY



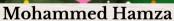




**Syed Ibrahim** 

Ali Raza







Zuha Fatima



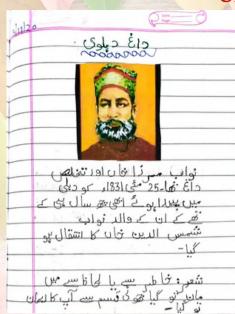
Rabab Fatima

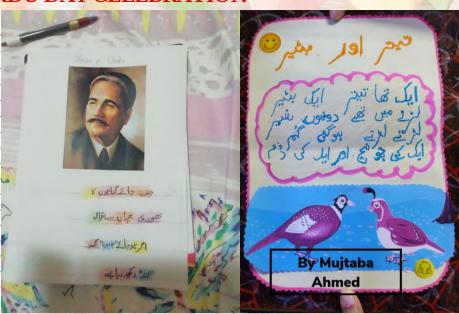
### **DRESSED-UP AS FREEDOM FIGHTERS**





#### **URDU DAY CELEBRATION**





#### **TELUGU DAY CELEBRATION**

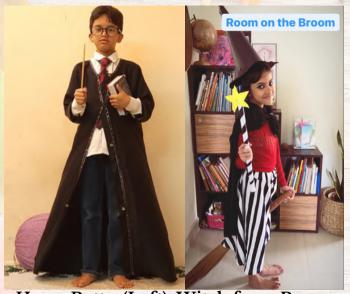


**CHARACTER DRESS-UP** 

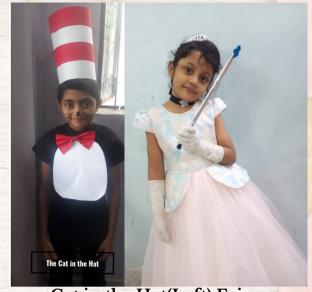


Vampire(Left), Satyameva Jayate(Center), :The Little Nutbrown Hare(Right)

### **CHARACTER DRESS-UP**



Harry Potter(Left), Witch from Room on the Broom(Right)



Cat in the Hat(Left),Fairy Godmother(Right)



Class 3A Party



Teacher's Day(Left), Vana Mahotsav Celebration(Center), Cake Baked on Children's Day(Right)

### **ARTS**





Mohammed Abdul Nafay 4C(Left), Mohammed Abdul Majid 2D,(Center), Sy<mark>eda</mark> Zainab Raza 4B(Right)







Abbas Hyder Ali 3A(Left), Mir Alamdar Ali 3B(Center), Syeda Zaynab Abedi 2D(Right)







Syed Muzammil 5B(Left), Dena Zehra 2B(Center), Syed Ali Mustafa 2C(Right)







God<mark>ugul</mark>u Manasvini 5A(Left), Kulsum Ali 3B(Center), Shanaya 3A(Right)

### FOCUS EDUCATION SERVICES

BY ASMA ZAIDI, EARLY YEARS COORDINATOR

Focus High School has been involved in outreach programs for any school that has come forward to seek help. Whether it is for Teacher Training in Kargil schools or aid in the form of resources, we've never backed out.

This year, we are proud to announce the inauguration of FOCUS EDUCATION SERVICES- a new division of our school that is dedicated to School Improvement programs and Teacher Training. We have in our team ex-Teach for India fellow Mr Aqueel Rizvi and Mr Shoeb Sayed. We are currently working with 12 schools across India- namely in Lucknow, Kargil and Delhi. We have also tied up with Literacy International Schools, a US based non-government organisation.

Our Teacher Training division is handled by Ms Lulu Fatima. We have three streams for Teacher Training-Pre-Primary (regular and online), PYP and MYP IB-teacher training, CENTA training for Middle School teachers. CENTA is sending 6 qualified candidates for training to FHS this term who will be doing an internship under the leadership of our teachers.

Pre-Primary Teacher Training is the need of the hour. According to our new National Education Policy, early years are now a part of formal schooling and have received their due importance.

There is a great need and urgency for parents and teachers to be formally trained to understand child development and child psychology.

Our first batch has twelve teachers enrolled for PPTT and 4 for IB-PYP and 1 for IB-MYP. The IB candidates have successfully completed their training.

The Pre-Primary teachers have been assigned as mentors for guidance, they have regular guest lectures and activities to promote self-esteem and exposure to best teaching practices.





Reviewer

Sheherbanoo Fathi

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